

**2017 USRowing Annual Convention  
Sarasota, FL --- November 30-December 3, 2017  
Program of Events**

**Thursday, November 30**

Day	Time	Track	Program	Speaker	Sponsor	Room
Thursday	7:00am-6:00pm		USRowing Registration & Help Desk			Conference Center Registration Desk
Thursday	7:00am-9:00am	Meals	Breakfast			Vendor Area
Thursday	8:00am-9:15am	Coaches	Level 2 Coaching Certification - Module 1 Coaching Philosophy & Role, Ethics, Positive, Inclusion	Mike Penn		Salon B
Thursday	9:00am-9:30am	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- Introductions & Objectives for the Day	Richard Butler & Deb Arenberg	RegattaCentral	Salon A
Thursday	9:15am-11:00am	Coaches	Level 2 Coaching Certification - Module 2 Safety, Health, Rules	Larry Laszlo		Salon B
Thursday	9:30am-10:15am	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Where have we Been & Where are we Going? Town Hall"	Richard Butler	RegattaCentral	Salon A
Thursday	10:30am-11:00am	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Para Coaches Panel"	Ellen Minzer, Stephanie Parrish, Joe Dobson	RegattaCentral	Salon A
Thursday	11:00am-12:00pm	Coaches	Level 2 Coaching Certification - Module 3 Learning & Teaching	Larry Laszlo		Salon B
Thursday	11:00am-12:00pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Understanding Primary & Secondary Dimensions of Diversity"	Richard Butler	RegattaCentral	Salon A
Thursday	12:00pm-1:00pm	Meals	Lunch			Vendor Area
Thursday	12:00pm-1:00pm	Meetings	USRowing By-Law Proposal Informational Session			Salon B
Thursday	1:00pm-6:00pm	Coaches	Level 2 Coaching Certification - Module 4 Basic Rowing Technique			Nathan Benderson Park Finish Tower
Thursday	1:00pm-6:00pm	Coaches	Level 2 Coaching Certification - Module 5 Hands-on Rigging	Larry Laszlo & Mike Shannon		Nathan Benderson Park Finish Tower
Thursday	1:30pm-2:30pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Privilege!"	Richard Butler	RegattaCentral	Salon A
Thursday	2:30pm-3:00pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Changes & Growth in the Sport - Before, During, After" Para Athlete Panel	Scott Brown, Betsy Mitchell, Helman Roman	RegattaCentral	Salon A
Thursday	3:00pm-3:30pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Program Round Tables"		RegattaCentral	Salon A
Thursday	3:30pm-4:30pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Positive Coaching & Cultural Bridging"	Amanda Kraus	RegattaCentral	Salon A
Thursday	4:30pm-5:00pm	Administrator	America Rows Inclusion & Adaptive Rowing Forum -- "Closing Remarks"	Richard Butler & Deb Arenberg	RegattaCentral	Salon A
Thursday	6:00pm-7:00pm	Referees	Referee Programs - Safesport Clinic	John Wik		Florida
Thursday	8:00-9:30pm	Meetings	Dad Vails Coach Advisory Committee Meeting			The Keys

**Friday, December 1**

Day	Time	Track	Program	Speaker	Sponsor	Room
Friday	7:00am-5:00pm		USRowing Registration & Help Desk			Conference Center Registration Desk
Friday	7:00am-8:00am	Meals	Breakfast			Vendor Area
Friday	8:00am-10:00am	Referees	Referee Regional Coordinators Meeting (Regional Coordinators Only)			Florida

Friday	8:00am-12:00pm	Coaches	Level 2 Coaching Certification - Module 6 Rowing Physiology	Mike Shannon		Nathan Benderson Park Finish Tower
Friday	8:00am-9:00am	Administrators	Business of Rowing - "RegattaCentral: What's New for 2018 - Next Generation Preview"	Steve Lopez Traci Stocker	RegattaCentral	Salon G
Friday	8:20am-9:50am	Coaches	CRCA Collegiate Coaches Conference - Session 1	Sara Lopez		Salon H
Friday	9:00am-10:00am	Administrators	Business of Rowing - "Fundamentals of Fundraising"	Amanda Kraus	RegattaCentral	Salon G
Friday	10:00am-3:30pm	Referees	Referee Programs - Referee Committee Meeting			Florida
Friday	10:00am-10:25am	Coaches	CRCA Collegiate Coaches Conference - Trends in Recruiting Legislation	Bill Zack		Salon H
Friday	10:00am-3:00pm	Meetings	IRA General Meeting			Tropics
Friday	10:15am-11:45am	Administrators	Business of Rowing - "Recruiting & Hiring Coaches (Administrators Only)"	John Wik, Bonnie Mueller	RegattaCentral	Salon G
Friday	10:15am-11:45am	Administrators	Business of Rowing - "Double-Goal Coach (Coaches Only)"	Positive Coaching Alliance	RegattaCentral	Salon AB
Friday	10:30am-12:00pm	Coaches	CRCA Collegiate Coaches Conference - Expert in Recruiting, Session 1	Dan Tudor		Salon H
Friday	12:00pm-1:00pm	Meals	Lunch			
Friday	12:00pm-1:00pm	Meetings	USRowing By-Law Proposal Informational Session			Siesta/Casey
Friday	1:00pm-4:00pm	Coaches	Level 2 Coaching Certification - Module 7 Basic Training Methodology	Mike Shannon		Nathan Benderson Park Finish Tower
Friday	1:00pm-2:15pm	Administrators	Business of Rowing - "Corporate Team Building, One Stroke at a Time"	Tom Feaster Joe Haney	RegattaCentral	Salon G
Friday	1:00pm-2:50pm	Coaches	CRCA Collegiate Coaches Conference - Expert in Recruiting, Session 2	Dan Tudor		Salon H
Friday	2:30pm-4:00pm	Administrators	Business of Rowing - "Year Round Revenue"	Matt Knifton, Stephen Rodrigues, Bob Whitford, Kane Larin, Tome Feaster, Geoff Weber	RegattaCentral	Salon G
Friday	3:00pm-3:45pm	Coaches	CRCA Collegiate Coaches Conference - Answering Your Questions	Andy Teitelbaum		Salon H
Friday	3:30pm-4:30pm	Meetings	USRowing Athlete Development Advisory Committee Meeting			Longboat/Lido
Friday	3:30pm-5:00pm	Referees	Referee College - National Championship Chiefs/Deputies Meeting			Florida
Friday	4:00pm-4:30pm	Coaches	Level 2 Coaching Certification - Study Break			Nathan Benderson Park Finish Tower
Friday	4:00pm-5:00pm	Administrators	Business of Rowing - "Member Services Partner Panel"	Susan Smith, Jules Zane, Wendy Pierce, Traci Stocker	RegattaCentral	Salon G
Friday	4:00pm-5:15pm	Coaches	CRCA Collegiate Coaches Conference - CRCA General Membership Meeting			Salon H
Friday	4:30pm-6:00pm	Coaches	Level 2 Coaching Certification - Test			Nathan Benderson Park Finish Tower
Friday	5:00pm-7:00pm	Social Event	Happy Hour			Vendor Area

**Saturday, December 2**

Day	Time	Track	Program	Speaker	Sponsor	Room
Saturday	5:30am-6:15am	Social Event	Concept2 Erg Workout - Session 1		Concept2	Boathouse
Saturday	6:15am-7:00am	Social Event	Concept2 Erg Workout - Session 2		Concept2	Boathouse
Saturday	7:00am-5:00pm		USRowing Registration & Help Desk			Conference Center Registration Desk
Saturday	7:00am-8:00am	Meals	Breakfast		Connect-a-Dock	Vendor Area
Saturday	7:45-8:00am	Coaches	Advanced Coaches Conference - Opening Remarks	Kris Korzeniowski		Salon G
Saturday	8:00am-9:00am	Coaches	Advanced Coaches Conference - General Session - Part 1 "Follow the Leader: Building Successful Coaching Staffs"	Jen Baker		Salon G
Saturday	8:00am-9:00am	Coaches	Advanced Coaches Conference - General Session - Part 2 "The Science of Training Young Athletes"	Christine Brooks		Salon H
Saturday	8:00am-9:00am	Athletes	Junior Day - "Breakfast with Champions"	Scott Brown, Meghan O'Leary		Tropics
Saturday	8:00am-10:00am	Referees	Referee Programs - Referee Committee Meeting Final Session			Florida
Saturday	9:00am-10:00am	Administrators	Regatta Management - "What's New for 2018 - Next Generation Preview"	Steve Lopez, Traci Stocker	RegattaCentral	Siesta/Casey
Saturday	9:00am-10:00am	Athletes	Masters Program - "Rapid Recovery Through Superb Snacking"	Liz Fusco		Lido/Longboat
Saturday	9:00am-10:15am	Athletes	Junior Day - "A Healthful Approach to Erasing Those Aches and Pains"	Marc Nowak		Tropics
Saturday	9:05am-10:05am	Coaches	Advanced Coaches Conference - Breakout "Strategies for Working with Your Team to Get the Results you Both Want"	Yaz Farooq		Salon G
Saturday		Coaches	Advanced Coaches Conference - Breakout "Questions and Answers"	Mike Teti	Shimano	Salon H
Saturday		Coaches	Advanced Coaches Conference - Breakout "Rowing Technique on the Erg"	Bill Manning	Experience Columbia SC	Salon A
Saturday		Coaches	Advanced Coaches Conference - Breakout "Development of the Young Athlete - USA Jr 1x Sculler"	Casey Galvanek		Salon B
Saturday	10:00am-3:00pm	Referees	Referee College			Florida
Saturday	10:00am-11:00am	Athletes	Masters Program - "Coaching Masters"	Mark Borchelt		Lido/Longboat
Saturday	10:00am-5:30pm	Coaches	Level 1 Coaching			Ringling
Saturday	10:15am-11:45am	Administrators	Regatta Management - "Is Your Event Sufficiently Prepared to Handle Emergencies?"	Rich Collins	RegattaCentral	Siesta/Casey
Saturday	10:25-11:25am	Coaches	Advanced Coaches Conference - Breakout "The Scientific Training and Monitoring of the Competitive Rower"	Inigo San Millan	Experience Columbia SC	Salon A
Saturday		Coaches	Advanced Coaches Conference - Breakout "Simple Biomechanics from Coach to Coach"	Greg Hughes	Shimano	Salon H
Saturday		Coaches	Advanced Coaches Conference - Breakout "Questions and Answers"	Tom Terhaar		Salon G
Saturday	10:30am-12:00pm	Athletes	Junior Day - "Honoring the Sport & Making Your Teammates Better"	Positive Coaching Alliance		Tropics
Saturday	11:00am-12:00pm	Athletes	Masters Program - "Let's Hear it for the Masters"	Patrick McNerney, Susan Smith, Jules Zane		Lido/Longboat
Saturday		Coaches	Advanced Coaches Conference - Breakout "Rib Stress Injuries - Diagnosis - Treatment - Prevention"	Marc Nowak	Experience Columbia SC	Salon A

Saturday	11:30am-12:30pm	Coaches	Advanced Coaches Conference - Breakout "My Rowing Technique, Philosophy, Teaching, Drills..."	Steve Gladstone	Shimano	Salon H
Saturday		Coaches	Advanced Coaches Conference - Breakout "Boat Selection: Using Coach Tools, Science, & Pixie Dust"	Chris Kerber		Salon G
Saturday		Coaches	Advanced Coaches Conference - Breakout "Coaching Masters: Adapting Technique as You Age"	Marlene Royle		Salon B
Saturday	12:00pm-2:00pm	Meals	Annual Meeting Luncheon -- Annual Meeting begins at 1:00pm in Salon G			
Saturday	1:00pm-5:00pm	Meetings	USRowing Board of Directors Meeting			Boardroom
Saturday	1:00pm-2:15pm	Administrators	Regatta Management - "Creating a Risk Management Plan that You Will Actually Use"	James Rawson	RegattaCentral	Siesta/Casey
Saturday	1:00pm-2:00pm	Athletes	Junior Day - "Your Path to the National Team"	Ethan Curran		Tropics
Saturday	1:15pm-2:45pm	Athletes	Masters Program - "Head Over Hands"	Amanda Myhrberg		Lido/Longboat
Saturday	1:55-2:55pm	Coaches	Advanced Coaches Conference - General Session - Part 1 "How to be a More Effective Coach: How to Capture the Body, Mind, and Spirit of Athletes"	Jeff Duke		Salon G
Saturday	1:55-2:55pm	Coaches	Advanced Coaches Conference - General Session - Part 2 "The Future of Rowing: Expanding the Sport's Access to Youth from Under-Resourced Communities"	Amanda Kraus		Salon H
Saturday	2:00pm-3:00pm	Athletes	Junior Day - "College Recruiting 101"	Bill Manning		Tropics
Saturday	2:30pm-3:15pm	Administrators	Regatta Management - "Working with Your Referees"	John Wik	RegattaCentral	Siesta/Casey
Saturday	3:00pm-4:45pm	Athletes	Masters Program - "Rowing Hygiene & Health - Small Details - Big Gains"	Marc Nowak		Lido/Longboat
Saturday	3:00pm-5:00pm	Athletes	Junior Day - "Big Boats, Bigger Business"	Bonnie Mueller		Tropics
Saturday	3:05pm-4:05pm	Coaches	Advanced Coaches Conference - Breakout "Strategies for Working with Your Team to Get the Results you Both Want"	Yaz Farooq	Experience Columbia SC	Salon A
Saturday		Coaches	Advanced Coaches Conference - Breakout "Questions and Answers"	Mike Teti	Shimano	Salon H
Saturday		Coaches	Advanced Coaches Conference - Breakout "Development of the Young Athlete - USA Jr 1x Sculler"	Casey Galvanek		Salon B
Saturday	3:30pm-5:00pm	Referees	FISA Meeting -- Overview of Candidate & Umpire Nomination Procedures	Panel Discussion		Florida
Saturday	3:30pm-5:00pm	Referees	Referee Programs - Candidate Clinic			Boathouse
Saturday	3:30pm-5:00pm	Administrators	Regatta Management - "Volunteers... They're Out There Waiting For You To Call. You Just Don't Know It."	James Rawson	RegattaCentral	Siesta/Casey
Saturday	4:20pm-6:00pm	Coaches	Advanced Coaches Conference - General Session "Panel Discussion: Rowing Technique"	Steve Gladstone, Mike Teti, Tom Terhaar, Casey Galvanek		Salon G
Saturday	6:30-10:00pm	Social Event	"Taste of NBP" and USRowing Awards Reception		Visit Sarasota	Nathan Benderson Park

**Sunday, December 3**

Day	Time	Track	Program	Speaker	Sponsor	Room
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Sunday	5:30am-6:15am	Social Event	Concept2 Erg Workout - Session 1		Concept2	Boathouse
Sunday	6:15am-7:00am	Social Event	Concept2 Erg Workout - Session 2		Concept2	Boathouse
Saturday	7:00am-12:30pm		USRowing Registration & Help Desk			Conference Center Registration Desk
Sunday	7:00am-8:00am	Meals	Breakfast			Vendor Area
Sunday	8:00am-9:30am	Coaches	Advanced Coaches Conference - General Session "Panel Discussion: Small Boats in the College Program"	Yaz Farooq, Steve Gladstone, Mike Teti, Tom Terhaar, Chris Kerber, Casey Galvanek		Salon G
Sunday	9:00am-1:00pm	Meetings	USRowing Board of Directors Meeting			Boardroom
Sunday	9:40am-10:40am	Coaches	Advanced Coaches Conference - Breakout "The Scientific Training and Monitoring of the Competitive Rower"	Inigo San Millan	Experience Columbia SC	Salon A
Sunday		Coaches	Advanced Coaches Conference - Breakout "My Rowing Technique, Philosophy, Teaching, Drills..."	Steve Gladstone	Shimano	Salon H
Sunday		Coaches	Advanced Coaches Conference - Breakout "Questions and Answers"	Tom Terhaar		Salon G
Sunday	11:30am-12:30pm	Coaches	Advanced Coaches Conference - Breakout "Rib Stress Injuries - Diagnosis - Treatment - Prevention"	Marc Nowak	Shimano	Salon H
Sunday		Coaches	Advanced Coaches Conference - Breakout "Boat Selection: Using Coach Tools, Science, & Pixie Dust"	Chris Kerber		Salon B
Sunday		Coaches	Advanced Coaches Conference - Breakout "Coaching Masters: Adapting Technique as You Age"	Marlene Royle	Experience Columbia SC	Salon A