



MOHLER MMA - ADULTS - GRAPEVINE

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214-738-0640

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	11:00-12:00pm - Boxing (Beginner)	11:00-12:30pm -Brazilian Jiu-Jitsu (Beginner)	11:00-12:00pm - Boxing (Beginner)	11:00-12:30pm - Brazilian Jiu-Jitsu (Beginner)	10:30-11:30am Boxing (Beginner)	1:30-3:00pm - Brazilian Jiu-Jitsu (All Levels)
7:00-8:00pm - Brazilian Jiu-Jitsu (Beginner)	11:00-12:00pm - Boxing (Inter/Adv)	11:00-12:30pm - Brazilian Jiu-Jitsu (Inter/Adv)	11:00-12:00pm - Boxing (Inter/Adv)	11:00-12:30pm - Brazilian Jiu-Jitsu (Inter/Adv)	10:30-11:30am Boxing (Inter/Adv)	
7:00-8:30pm - Brazilian Jiu-Jitsu (Inter/Adv)	6:30-7:30pm - Boxing (Beginner)	7:00-8:00pm - Brazilian Jiu-Jitsu (Beginner)	6:30-7:30pm - Boxing (Beginners)	7:00-8:30pm - Brazilian Jiu-Jitsu (All Levels)	11:30am-12:30pm - Muay Thai Kickboxing (Beginner)	
	6:30-7:30pm Boxing (Inter/Adv)	7:00-8:30pm - Brazilian Jiu-Jitsu (Inter/Adv)	6:30-7:30pm - Boxing (Inter/Adv)		11:30am-1:00pm - Muay Thai Kickboxing (Inter /Adv)	
	6:30-7:30pm - Muay Thai Kickboxing (Beginner)		6:30-7:30pm - Muay Thai Kickboxing (Beginner)		1:00-2:30pm - Brazilian Jiu-Jitsu (Beginner)	
	6:30-7:30pm - Muay Thai Kickboxing (Inter /Adv)		6:30-7:30pm - Muay Thai Kickboxing (Inter /Adv)		1:00-2:30pm - Brazilian Jiu-Jitsu (Inter/Adv)	
	7:00-7:45 - Brazilian Jiu-Jitsu (Basics/Technique only)		7:00-7:45pm - Brazilian Jiu-Jitsu (Basics/Technique only)			
	7:30-8:30pm - Advanced Sparring for Boxing & MMA. Must have 6 month exp.					

Timestamp

Untitled Question