

# APRIL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
					All-Star Cheer Extravaganza	All-Star Cheer Extravaganza
14	15	16	17	18	19	20
No practices except Worlds and Summit	Bring a Friend Week	Bring a Friend Week	Bring a Friend Week	Bring a Friend Week	Last day of classes and practices (except Worlds/Summit)	
21	22	23	24	25	26	27
						World Championships
28	29	30				
World Championships	World Championships					

## NOTES

# MAY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Summit	Summit	
5	6	7	8	9	10	11
	Test It Out and Spring Session Begins					
12	13	14	15	16	17	18
						Gym Closed
19	20	21	22	23	24	25
Gym Closed	Gym Closed					
26	27	28	29	30	31	

## NOTES

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# JUNE 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <b>TRYOUTS</b>
2 <b>TRYOUTS</b>	3 <b>TRYOUTS</b>	4 <b>TRYOUTS</b>	5 <b>TRYOUTS</b>	6 <b>TRYOUTS</b>	7	8 Team Reveals and First Day of Training
9	10 Week Day Practices Begin for All-Star Teams	11	12	13	14	15
16	17	18	19	20	21	22 Gym Wide Consistency Camp
23 Gym Wide Consistency Camp	24	25	26	27	28	29
30						

# JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Gym Closed	2	3 Level 1 All-Star Camp South	4 Level 1 All-Star Camp South	5 Level 1 All-Star Camp South	6 Level 3/6/7 NT Camp
7 Level 3/6/7 NT Camp	8 Level 1 All-Star Camp North	9 Level 1 All-Star Camp North	10 Level 1 All-Star Camp North	11	12	13
14	15	16	17 Level 2-4 All-Star Camp South	18 Level 2-4 All-Star Camp South	19 Level 2-4 All-Star Camp South	20 Level 6/7 Camp
21 Level 6/7 Camp	22 Level 2-5 All-Star Camp North	23 Level 2-5 All-Star Camp North	24 Level 2-5 All-Star Camp North	25	26	27
28	29	30	31			

## Recreational Camps:

Week 1 – July 2-5 – South – Mermaid Camp

Week 2 – July 8-12 – North – Mermaid Camp

Week 3 – July 15-19 – South - Unicorn Camp

Week 4 – July 22-26 – North – Unicorn Camp

Week 5 – July 29-Aug 2 – South – Super Hero Camp

# AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
					<b>All-Star Break Begins</b>	Gym Closed
4	5	6	7	8	9	10
Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed
11	12	13	14	15	16	17
Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed
18	19	20	21	22	23	24
Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed	Gym Closed
25	26	27	28	29	30	31
Gym Closed	<b>All-Star Practices Resume</b>	<b>All-Star Practices Resume</b>	<b>All-Star Practices Resume</b>	<b>All-Star Practices Resume</b>	Gym Closed	Gym Closed

## NOTES

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# SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Gym Closed	2 Gym Closed	3	4	5	6	7 <b>Weekend Practice begin for All-Star</b>
8 <b>Weekend Practice begin for All-Star</b>	9 <b>Prep Cheer and Fall Class Session Begins</b>	10	11	12	13 Friday Night Practices Teams TBA	14 All-Star Team Re-Assignment
15	16	17	18	19	20 Friday Night Practices Teams TBA	21 <b>Skills Camp</b>
22 <b>Skills Camp</b>	23	24	25	26	27	28
29	30					

## NOTES

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# OCTOBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
					Thanksgiving Gym Closed	Thanksgiving Gym Closed
13	14	15	16	17	18	19
Thanksgiving Gym Closed	Thanksgiving Gym Closed				Friday Night Practices Teams TBA	Saturday Night Practices Teams TBA
20	21	22	23	24	25	26
					Friday Night Practices Teams TBA	
27	28	29	30	31		
				Halloween All practices cancelled for Junior and younger		

## NOTES

# NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 <b>Crunch Time Critique</b>
3 <b>Crunch Time Critique</b>	4	5	6	7	8 Gym Closed	9 Gym Closed
10 Gym Closed	11 Gym Closed	12	13	14	15 Friday Night Practices Teams TBA	16 Saturday Night Practices Teams TBA
17	18	19	20	21	22 Friday Night Practices Teams TBA	23
24 <b>LIMELIGHT</b>	25	26	27	28	29	30

NOTES



# DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 <b>Battle at the Border Lloydminster</b>
8	9	10	11	12	13	14
15	16	17	18	19	20 Winter Break	21 Winter Break
22 Winter Break	23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break
29 Winter Break	30 Winter Break	31 Winter Break				

## NOTES

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Winter Break	Winter Break	Winter Break	<b>Practices Resume</b>
5	6	7	8	9	10	11
	Winter Session Rec Classes and Tumbling Begins				Friday Night Practices Teams TBA	
12	13	14	15	16	17	18
					Friday Night Practices Teams TBA	Saturday Night Practices Teams TBA
19	20	21	22	23	24	25
					<b>Cold Snap Championships</b>	<b>Cold Snap Championships</b>
26	27	28	29	30	31	
<b>Cold Snap Championships</b>						

## NOTES

# FEBRUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 CheerFest Abbotsford
2 CheerFest Abbotsford	3	4	5	6	7 Friday Night Practices Teams TBA	8 Rise Up Championships Stony Plain
9	10	11	12	13	14 Friday Night Practices Teams TBA	15 Saturday Night Practices Teams TBA
16	17	18	19	20	21	22 Red Deer Cheer Challenge
23	24	25	26	27	28	29 NCA Dallas

## NOTES

Practices are running Family Day Long Weekend due to events the following two weekends.

# MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>NCA Dallas</b>	2	3	4	5	6 Friday Night Practices Teams TBA	7 <b>Warmen Cheer Classic</b>
8 <b>Warmen Cheer Classic</b>	9	10	11	12	13 Friday Night Practices Teams TBA	14 <b>Aloha Championships Phoenix</b>
15 <b>Aloha Championships Phoenix</b>	16 <b>Aloha Championships Phoenix</b>	17	18	19	20 Spring Break Gym Closed	21 Spring Break Gym Closed
22 Spring Break Gym Closed	23 Spring Break Gym Closed	24 Spring Break Gym Closed	25 Spring Break Gym Closed	26 Spring Break Gym Closed	27 Spring Break Gym Closed	28 <b>Practices Resume</b>
29	30	28				

## NOTES

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# APRIL 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
					Canadian Nationals	Canadian Nationals
	6	7	8	9	10	11
Canadian Nationals						
12	13	14	15	16	17	18
				Last Day of Practices	All-Star Cheer Extravaganza	All-Star Cheer Extravaganza
19	20	21	22	23	24	25
					World Championships	World Championships
26	27	28	29	30		
World Championships	World Championships					

## NOTES

Regular Practices Easter Weekend

# 2019

## JANUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## FEBRUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## JULY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## AUGUST

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## SEPTEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**OCTOBER**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**NOVEMBER**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**DECEMBER**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				