



MEN'S AGE-ADJUSTED RANKINGS 2018 - WILKS



TOTAL

RANK	NAME	WILKS
1	Jordan McLaughlin	501.72
2	Henry Chay	481.57
3	David Clifford	464.57
4	Andy Foster	450.77
5	Michael Carty	450.39
6	Trevor Walker	447.69
7	Marvin Turner	444.74
8	Joel McManus	442.99
9	Ross Shahin-Ajerlo	441.77
10	Jac Lewis	440.46
11	Frazer Pennington	440.10
12	Danny Potter	439.20
13	Ryan Jones	435.36
14	Michael Giles	433.68
15	Wayne Phillips	432.80
16	Mark Smith	429.17
17	Christopher Rattray	422.53
18	Raymond Thompson	419.79
19	Ian Shaw	418.77
20	Peter Ratcliffe	416.95

SQUAT

RANK	NAME	WILKS
1	Tony Cliffe	191.42
2	Frazer Pennington	177.73
3	Henry Chay	171.59
4	Andy Foster	169.89
5	David Clifford	167.25
6	Ryan Jones	167.20
7	Michael Carty	162.77
8	Joel McManus	159.20
9	Michael Giles	155.38
10	Jac Lewis	155.10
11	Marvin Turner	152.74
12	Jonathan Zatman	152.11
13	Benjamin Jenkins	151.55
14	Ian Shaw	150.55
15	Raymond Thompson	150.05
16	Mark Smith	149.62
17	Peter Ratcliffe	149.47
18	Ross Shahin-Ajerlo	148.76
19	Matt Brown	148.23
20	Adrian Cook	147.95

BENCH

RANK	NAME	WILKS
1	Andy Rigby	160.76
2	Tony Cliffe	135.29
3	Jordan McLaughlin	125.46
4	Ross Shahin-Ajerlo	119.71
5	Joel McManus	117.67
6	Scott Squire	116.98
7	Jac Lewis	115.56
8	Wayne Phillips	112.46
9	Danny Potter	111.60
10	Andy Foster	111.30
11	Marvin Turner	111.00
12	Michael Carty	110.62
13	Mark Smith	110.38
14	Martin Mcgimpsey	109.88
15	Christian McCarlie	107.84
16	Frazer Pennington	107.40
17	Aleksandr Pinegin	106.00
18	Mark Henkelis	105.72
19	Tom Linklater	104.01
20	Christopher Horton	103.79

DEADLIFT

RANK	NAME	WILKS
1	Henry Chay	218.64
2	Trevor Walker	203.95
3	Tony Cliffe	201.50
4	David Clifford	199.39
5	Ian Shaw	194.02
6	Christopher Rattray	190.68
7	Jordan McLaughlin	182.57
8	Marvin Turner	181.19
9	Tristan Kennedy	181.13
10	Danny Potter	180.00
11	Josh Wahlers	179.96
12	Ross Shahin-Ajerlo	179.56
13	Michael Giles	178.18
14	Andy Evans	177.30
15	Michael Carty	177.00
16	Paul Jackson	175.38
17	Raymond Thompson	175.33
18	Aidan Sharp	174.81
19	Wayne Phillips	173.80
20	Peter Ratcliffe	173.07