



OVERALL MEN'S RANKINGS ALL TIME WILKS 2011-2018



TOTAL

RANK	NAME	WILKS
1	Tony Cliffe	528.21
2	Stephen Manuel	524.62
3	Jordan McLaughlin	501.72
4	Tom Martin	495.96
5	Edward Obakhavbaye-Hanson	462.57
6	Andy Foster	451.18
7	Michael Carty	450.39
8	Marvin Turner	444.74
9	Joel Mcmanus	442.99
10	Ross Shahin-Ajerlo	441.77
11	Jac Lewis	440.46
12	Frazer Pennington	440.10
13	James Doyle	439.75
14	DANNY POTTER	439.20
15	Ryan Jones	435.36
16	Haydn Crook	434.13
17	Michael Giles	433.68
18	Adil Khan	432.51
19	Thomas Chang	432.45
20	Lok Yin Nicolaus Yeung	424.64

SQUAT

RANK	NAME	WILKS
1	Stephen Manuel	198.73
2	Tony Cliffe	195.63
3	Jordan McLaughlin	195.15
4	Frazer Pennington	177.73
5	Tom Martin	167.51
6	Andy Foster	164.71
7	Edward Obakhavbaye-Hanson	161.56
8	James Doyle	159.45
9	Joel Mcmanus	159.20
10	Michael Carty	158.71
11	Kalvin Hughes	158.46
12	Haydn Crook	156.29
13	Christian Whittaker	155.98
14	David Heath	155.93
15	Jac Lewis	155.10
16	John McBride	154.74
17	Kurtis Charnock	154.71
18	Adil Khan	152.75
19	Marvin Turner	152.74
20	Jonathan Zatman	152.11

BENCH

RANK	NAME	WILKS
1	Tony Cliffe	135.29
2	ANDY RIGBY	134.49
3	Stephen Manuel	127.22
4	Jordan McLaughlin	126.71
5	Ross Shahin-Ajerlo	119.71
6	Joel Mcmanus	117.67
7	Ewan Cunliffe	115.63
8	Jac Lewis	115.56
9	SLAWOMIR KOCHAN	113.82
10	Gabrielius Rusas	112.77
11	Marvin Turner	112.08
12	DANNY POTTER	111.60
13	Andy Foster	111.30
14	Scott Squire	110.89
15	Michael Carty	110.62
16	Martin Mcgimpsey	109.88
17	Matthew Sowerby	109.50
18	Tom Martin	108.98
19	PAUL MORRIS	108.55
20	Edward Obakhavbaye-Hanson	107.71

DEADLIFT

RANK	NAME	WILKS
1	Tom Martin	221.24
2	Tony Cliffe	202.63
3	Stephen Manuel	202.42
4	Chris Graham	194.74
5	Edward Obakhavbaye-Hanson	194.60
6	Christopher Rattray	190.68
7	Josh Wahlers	189.42
8	Marvin Turner	188.29
9	IAN SHAW	188.18
10	Thomas Chang	187.11
11	TRISTAN KENNEDY	183.49
12	James Doyle	183.49
13	Jordan McLaughlin	182.57
14	Lok Yin Nicolaus Yeung	180.70
15	Adil Khan	180.17
16	DANNY POTTER	180.00
17	Ross Shahin-Ajerlo	179.56
18	Andy Foster	179.35
19	Michael Giles	178.18
20	Andy Evans	177.30

OVERALL MEN'S RANKINGS
IPF POINTS 2019+

RANK	NAME	KGS
1	Frazer Pennington	782.5
2	Tom Griffiths	692.5
3	Tom Wilks	650.0
4	Michael Leon Wynn	632.5
5	Aidan Sharp	630.0
6	Josh Pearson	592.5
7	Lean Neale	587.5
8	Daniel Williamson	580.0
9	Craig Prince	577.5
10	Fadhli Mohamed	575
11	Daniel Frampton	575
12	Stephen Irving	565.0
13	Christian McCarlie	555
14	Thomas Price	550.0
15	Simon Beer	550.0
16	Mark Hutchings	540.0
17	Connor Burkhill	522.5
18	Anthony McNamara	522.5
19	Oli Clarke	520.0
20	Thomas Edwards	517.5

RANK	NAME	IPF PTS
1	Frazer Pennington	605.47
2	Michael Leon Wynn	595.62
3	Aidan Sharp	587.07
4	Tom Wilks	586.78
5	Daniel Frampton	572.92
6	Oli Clarke	572.66
7	Tom Griffiths	572.26
8	Connor Burkhill	561.80
9	Lean Neale	534.98
10	Fadhli Mohamed	529.93
11	Callum McGovern	519.23
12	Dan Couton	512.80
13	Mark Hutchings	511.44
14	Simon Beer	505.40
15	Thomas Price	502.85
16	Ebrahim Chowdhury	501.67
17	Cameron Bates	488.58
18	Callum Glendinning	485.68
19	Craig Prince	484.95
20	Ben Stevenson	478.29

OVERALL MEN'S RANKINGS
53KG

TOTAL

RANK	NAME	KG
1	Wei Wen Tan	320
2	Pierce Smith	177.5
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SQUAT

RANK	NAME	KG
1	Wei Wen Tan	98
2	Pierce Smith	50
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BENCH

RANK	NAME	KG
1	Wei Wen Tan	136
2	Pierce Smith	85
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DEADLIFT

RANK	NAME	KG
1	Wei Wen Tan	98
2	Pierce Smith	50
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OVERALL MEN'S RANKINGS 59KG

TOTAL

RANK	NAME	KG
1	Callum Glendinning	373
2	Callum McGovern	362.5
3	Christopher Rattray	487.5
4	Dean Barton	430
5	Dean Murray Barton	385
6	Ebrahim Chowdhury	412.5
7	EREN OGUZ	300
8	Graham Hayes	413
9	Henry Chay	435
10	Joel Wakeham	425.5
11	Richard Gould	307.5
12	Saul Fielden	245
13	Shahid Ahmed	402.5
14	Shoaib Mahmood	270
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SQUAT

RANK	NAME	KG
1	Christopher Rattray	167.5
2	Ebrahim Chowdhury	160
3	Joel Wakeham	157.5
4	Henry Chay	155
5	Dean Barton	155
6	Shahid Ahmed	152.5
7	Graham Hayes	147.5
8	Dean Murray Barton	130
9	Callum McGovern	127.5
10	Callum Glendinning	125
11	Richard Gould	102.5
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BENCH

RANK	NAME	KG
1	Ebrahim Chowdhury	110
2	Graham Hayes	105.5
3	Christopher Rattray	100
4	Joel Wakeham	87.5
5	Shahid Ahmed	85.0
6	Dean Barton	85
7	Henry Chay	82.5
8	Dean Murray Barton	77.5
9	Callum McGovern	72.5
10	Shoaib Mahmood	70
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DEADLIFT

RANK	NAME	KG
1	Christopher Rattray	220
2	Henry Chay	197.5
3	Dean Barton	190
4	Callum Glendinning	183
5	Joel Wakeham	180.5
6	Dean Murray Barton	177.5
7	Graham Hayes	175
8	Shahid Ahmed	165.0
9	Callum McGovern	162.5
10	EREN OGUZ	152.5
11	Ebrahim Chowdhury	145
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OVERALL MEN'S RANKINGS

66KG

TOTAL

RANK	NAME	KG
1	Thomas Chang	548
2	Ben Dandy	502.5
3	Connor Burkhill	498.5
4	Christopher Rattray	490
5	Lee moran	482.5
6	Kurtis Charnock	480
7	Oli Clarke	477.5
8	Jonathan Zatman	468
9	Andy Kershaw	465
10	Danny Staples	455
11	Danny Smith	455
12	Junaid Ali	452.5
13	John Turner	450
14	Henry Chay	445
15	Callum McGovern	445
16	Nicholas Rattue	440
17	Aleksandr Pinegin	440
18	Aziz Ahmed	435
19	Andrew Kershaw	432.5
20	Peter Barlow	422.5

SQUAT

RANK	NAME	KG
1	Jonathan Zatman	193
2	Thomas Chang	182.5
3	Kurtis Charnock	175
4	Connor Burkhill	175
5	Christopher Rattray	170
6	Ben Dandy	167.5
7	Oli Clarke	162.5
8	Lee moran	162.5
9	Peter Barlow	160
10	Nicholas Rattue	160
11	Danny Smith	160
12	Andy Kershaw	160
13	Junaid Ali	157.5
14	Henry Chay	157.5
15	Danny Staples	155
16	Callum McGovern	155
17	Aodhan Phillips-Lees	155
18	Adam Zegveldt	155.0
19	John Turner	150
20	Raitis Girvics	145

BENCH

RANK	NAME	KG
1	Aleksandr Pinegin	135
2	Connor Burkhill	131
3	Thomas Chang	130.5
4	Ben Dandy	130
5	John Turner	125
6	Rory Siddron	122.5
7	Oli Clarke	115
8	Lee moran	115
9	Andy Kershaw	115
10	Danny Staples	112.5
11	Steve Dunn	107.5
12	Kurtis Charnock	105
13	Danny Smith	105
14	Christopher Rattray	105
15	Aziz Ahmed	105
16	Andrew Kershaw	105
17	Mark Stone	102.5
18	Peter Barlow	100
19	Callum McGovern	100
20	Raitis Girvics	95

DEADLIFT

RANK	NAME	KG
1	Thomas Chang	235
2	Oli Clarke	215
3	Christopher Rattray	215
4	Lee moran	205
5	Henry Chay	205
6	Callum Glendinning	205
7	Ben Dandy	205
8	Kurtis Charnock	200
9	Junaid Ali	200
10	Connor Burkhill	200
11	Danny Smith	195
12	Nicholas Rattue	190
13	Danny Staples	190
14	Callum McGovern	190
15	Aziz Ahmed	190
16	Andy Kershaw	190
17	Samsaam Baig	187.5
18	Andrew Kershaw	187.5
19	Shariq Haidery	185
20	Steve Dunn	180

OVERALL MEN'S RANKINGS 74KG

TOTAL

RANK	NAME	KG
1	Danny Potter	610
2	Adil Khan	595
3	Lok Yin Nicolaus Yeung	587.5
4	Kurtis Charnock	565
5	Josh Wahlers	550
6	Connor Burkhill	532.5
7	LokYin Nicolaus Yeung	527.5
8	Adam Bennett	527.5
9	Oli Clarke	525
10	Stuart Ogden	520
2	Tunde Ogunfolaju	517.5
3	Adam Mack	517.5
4	Phillip Gregory	515
5	Michael Roskell	512.5
6	ANDRIS SLISERIS	510
7	Ben Dandy	507.5
8	Joe Callaghan	502.5
9	Rory Siddron	500
10	Dan Haslam	500
11	Chris Bennett	500

SQUAT

RANK	NAME	KG
1	Lok Yin Nicolaus Yeung	210
2	Kurtis Charnock	210
3	Adil Khan	207.5
4	Danny Potter	205
5	LokYin Nicolaus Yeung	200
6	Tom Allen	185
7	Oli Clarke	185
8	Michael Roskell	185
9	Connor Burkhill	185
10	Adam McAvoy	185
2	Aodhan Phillips-Lees	182.5
3	Phillip Gregory	180
4	Josh Wahlers	180
5	Joe Callaghan	180
6	Ben Dandy	180
7	Stuart Ogden	177.5
8	Ryan Molloy	175
9	Phil Gregory	175
10	JOHN CORCORAN	175
11	Adam Mack	175

BENCH

RANK	NAME	KG
1	Danny Potter	155
2	Adil Khan	142.5
3	Simon Barrington	140
4	Connor Burkhill	137.5
5	Simon Newton	132.5
6	Ben Dandy	132.5
7	Dan Haslam	130
8	Lok Yin Nicolaus Yeung	127.5
9	Adam Bennett	127.5
10	Phillip Gregory	125
11	Oli Clarke	125
12	Nathan Hill	125
13	MARK HORROBIN	125
14	George William Lamb	125
15	Chris Bennett	125
16	Aodhan Phillips-Lees	125
17	ANDRIS SLISERIS	125
18	Ahmed Kadry	125
19	Thomas Chang	122.5
20	STUART OGDEN	122.5

DEADLIFT

RANK	NAME	KG
1	Josh Wahlers	260
2	Lok Yin Nicolaus Yeung	250
3	Danny Potter	250
4	Adil Khan	250
5	Tunde Ogunfolaju	240
6	Kurtis Charnock	235
7	Adam Bennett	232.5
8	Adam Mack	230
9	Oli Clarke	225
10	STUART OGDEN	222.5
11	Michael Evans	220
12	LokYin Nicolaus Yeung	220
13	Chris Bennett	220
14	Michael Roskell	217.5
15	Rory Siddron	215
16	Kriss Bennett	215
17	George William Lamb	215
18	ANDRIS SLISERIS	215
19	JOHN CORCORAN	212.5
20	Joe Callaghan	212.5

**OVERALL MEN'S RANKINGS
83KG**

TOTAL

RANK	NAME	KG
1	Jac Lewis	657.5
2	James Doyle	655
3	Joel Mcmanus	640
4	Michael Giles	635
5	Adil Khan	630
6	Raymond Thompson	622.5
7	David Heath	617.5
8	Edward Obakhavbaye-Hanson	615
9	John McBride	612.5
10	Ian Shaw	610
11	Adrian Cook	602.5
12	Kalvin Hughes	595
13	Scott Gee	590
14	Jack Plaister	590
15	Michael Wynn	585
16	David Clifford	582.5
17	Ahmed Kadry	580
18	TRISTAN KENNEDY	577.5
19	Stu Nicholson	575
20	PAUL KOPEC	575

SQUAT

RANK	NAME	KG
1	James Doyle	237.5
2	Joel Mcmanus	230
3	Jac Lewis	230
4	David Heath	230
5	Michael Giles	227.5
6	John McBride	225
7	Raymond Thompson	222.5
8	Adil Khan	222.5
9	Adrian Cook	220
10	Ian Shaw	217.5
11	Edward Obakhavbaye-Hanson	217.5
12	Scott Gee	215
13	Matthew Galley	215
14	Kalvin Hughes	215
15	Michael Wynn	212.5
16	Jack Plaister	210.0
17	Daniel Frampton	210
18	David Clifford	207.5
19	TRISTAN KENNEDY	205
20	PAUL KOPEC	205

BENCH

RANK	NAME	KG
1	Jac Lewis	172.5
2	Joel Mcmanus	170
3	PAUL MORRIS	162.5
4	PAUL KOPEC	152.5
5	Adil Khan	152.5
6	Neil fisher	150
7	Michael Giles	150
8	Kalvin Hughes	150
9	John McBride	150
10	DANNY POTTER	150
11	Adrian Cook	147.5
12	Scott Gee	145
13	Noris Gotfridsons	145
14	James Doyle	145
15	Raymond Thompson	140
16	Dan Frampton	140
17	Arron O'Neill	140
18	Ahmed Kadry	140
19	Lee McNeil	137.5
20	Stuart Nicholson	135

DEADLIFT

RANK	NAME	KG
1	Ian Shaw	280.5
2	TRISTAN KENNEDY	272.5
3	James Doyle	272.5
4	Michael Giles	265
5	Matthew Simpson	262.5
6	Edward Obakhavbaye-Hanson	262.5
7	Raymond Thompson	260
8	Josh Wahlers	260
9	Chris Graham	260
10	David Heath	257.5
11	Jac Lewis	255
12	Adil Khan	255
13	PAUL KOPEC	250
14	David Clifford	250
15	John McBride	247.5
16	Clark Thompson	247.5
17	Jack Plaister	245.0
18	philip reid	242.5
19	Oliver Neely	242.5
20	Michael Wynn	242.5

OVERALL MEN'S RANKINGS 93KG

TOTAL

RANK	NAME	KG
1	Tom Martin	785
2	Stephen Manuel	785
3	Edward Obakhavbaye-Hanson	725
4	Michael Carty	712.5
5	Ryan Jones	690
6	Haydn Crook	687.5
7	Chris Graham	665
8	John McBride	650
9	Kalvin Hughes	647.5
10	Jake Turner	642.5
11	Benjamin Jenkins	640
12	Aidan Sharp	640
13	James Doyle	637.5
14	Michael Leon Wynn	632.5
15	IAN SHAW	632.5
16	gavin clark	630
17	Stephen Burrows	622.5
18	Joseph Spratt	622.5
19	Andy Evans	622.5
20	Tristan Kennedy	615

SQUAT

RANK	NAME	KG
1	Stephen Manuel	290
2	Tom Martin	265
3	Ryan Jones	265
4	Michael Carty	257.5
5	Edward Obakhavbaye-Hanson	252.5
6	Kalvin Hughes	250
7	Haydn Crook	247.5
8	John McBride	240
9	Benjamin Jenkins	240
10	gavin clark	235
11	Daniel Jackson	235.0
12	Joseph Spratt	230
13	Jake Turner	230
14	IAN SHAW	230
15	James Doyle	227.5
16	Tom Wilks	220
17	Stephen Burrows	220
18	Jaqob Bagley	220
19	Danny Davies	220
20	Connor Lannon	220.0

BENCH

RANK	NAME	KG
1	Andy Rigby	205
2	Stephen Manuel	192.5
3	Michael Carty	175
4	Tom Martin	172.5
5	Haydn Crook	167.5
6	Edward Obakhavbaye-Hanson	167.5
7	Ryan Jones	160
8	gavin clark	160
9	Kalvin Hughes	157.5
10	Fadhil Mohamed	157.5
11	Danny Davies	157.5
12	John McBride	155
13	Stephen Burrows	152.5
14	Jake Turner	152.5
15	Jack Southwick	152.5
16	Sam Plaister	150
17	RIK PARTRIDGE	150
18	Paul Constantine	150
19	Liam Rushworth	150
20	Josh Pollard	150

DEADLIFT

RANK	NAME	KG
1	Tom Martin	350
2	Chris Graham	310
3	Stephen Manuel	305
4	Edward Obakhavbaye-Hanson	305
5	Tristan Kennedy	285
6	IAN SHAW	285
7	Michael Carty	280
8	Andy Evans	275
9	Aidan Sharp	275
10	Michael Leon Wynn	272.5
11	Haydn Crook	272.5
12	Ryan Jones	265
13	James Doyle	265
14	Carl Robinson	265
15	scott huddart	260
16	Jake Turner	260
17	Dan Casson	260
18	Benjamin Jenkins	260
19	Thomas Price	255
20	Rob Williams	255

OVERALL MEN'S RANKINGS 105KG

TOTAL

RANK	NAME	KG
1	Stephen Manuel	869.5
2	Tom Martin	791
3	Marvin Turner	742.5
4	Tom Griffiths	675
5	Marvelous James	675
6	Paul Jackson	672.5
7	Chris Graham	667.5
8	MARK TAYLOR	660
9	Tom Warburton	652.5
10	Christopher Horton	652.5
11	Tom Wilks	650
12	Arran Sullivan	650
13	Jake Turner	645
14	James Crosbie	642.5
15	Alexander Halliwell	642.5
16	Sean Broley	640.5
17	Danny Davies	640
18	Ben Deller-Rust	640
19	James Hannon	637.5
20	Joshua Critchley	635

SQUAT

RANK	NAME	KG
1	Stephen Manuel	331
2	Tom Martin	270
3	Marvin Turner	255.0
4	Danny Davies	245
5	Sean Broley	240.5
6	Tom Griffiths	240
7	Marvelous James	240
8	MARK TAYLOR	240
9	Joshua Critchley	240
10	Dan Casson	240
11	Arran Sullivan	240
12	Tom Wilks	235
13	Paul Jackson	232.5
14	Jake Turner	232.5
15	Christopher Horton	232.5
16	Yiannis Verenakis	230
17	Darren Sloan	230
18	Alexander Halliwell	230
19	James Hannon	225.0
20	James Barnett	225.0

BENCH

RANK	NAME	KG
1	ANDY RIGBY	225
2	Stephen Manuel	212.5
3	Ewan Cunliffe	190
4	Marvin Turner	187.5
5	Matthew Sowerby	180
6	Christopher Horton	172.5
7	Tom Martin	170
8	MARK TAYLOR	170
9	Christian McCarlie	170
10	Paul Jackson	165
11	Charles Banks	165
12	Yiannis Verenakis	162.5
13	Wayne Phillips	162.5
14	Tom Warburton	162.5
15	Danny Davies	162.5
16	Tim Watkiss	160
17	Arran Sullivan	160
18	Sam McLeod	157.5
19	Jake Turner	157.5
20	Tom Griffiths	155

DEADLIFT

RANK	NAME	KG
1	Tom Martin	351
2	Stephen Manuel	335.5
3	Marvin Turner	315.0
4	Chris Graham	307.5
5	Paul Jackson	290
6	Matt Pipe	290
7	Marvelous James	285
8	Ben Deller-Rust	285
9	Tom Griffiths	280
10	James Crosbie	277.5
11	Tom Wilks	275
12	Tom Warburton	275
13	James Hannon	267.5
14	Alexander Halliwell	267.5
15	Daniel Taylor	265.0
16	Dan Casson	265
17	Jake Turner	262.5
18	Tom Macmillan	260.5
19	Wayne Phillips	260
20	Sean Broley	260

**OVERALL MEN'S RANKINGS
120KG**

TOTAL

RANK	NAME	KG
1	Tony Cliffe	917.5
2	Stephen Manuel	842.5
3	Christian Whittaker	710
4	Kevin Woods	705
5	Andy Philp	705
6	ewan cunliffe	700
7	Andy Foster	697.5
8	Tom Griffiths	692.5
9	Tamas Kurcz	685
10	Rob Darvill	675
11	James Hannon	665
12	Alex Halliwell	665
13	Bob Evans	660
14	Jordan McLaughlin	655
15	glenn speakman	652.5
16	Frazer Pennington	652.5
17	Francis Melia	652.5
18	Ryan Dean	650
19	Matt Brown	650
20	Josh Hayford	647.5

SQUAT

RANK	NAME	KG
1	Tony Cliffe	340
2	Stephen Manuel	310
3	Christian Whittaker	270
4	Frazer Pennington	257.5
5	Bob Evans	255
6	Andy Foster	255
7	Matt Brown	252.5
8	glenn speakman	252.5
9	Tom Griffiths	250
10	Sean Broley	250
11	Rob Darvill	250
12	ewan cunliffe	250
13	Alex Halliwell	250
14	Matthew Brown	245
15	Kevin Woods	245
16	Ryan Dean	240
17	James Hannon	240
18	David Charnock	240
19	Andy Philp	240
20	yiannis verenakis	235

BENCH

RANK	NAME	KG
1	Tony Cliffe	235
2	ANDY RIGBY	220
3	Stephen Manuel	205
4	SLAWOMIR KOCHAN	195
5	Gabrielius Rusas	192.5
6	ewan cunliffe	192.5
7	Will Freeman Dunn	180
8	Jordan McLaughlin	175
9	Neil Ronaldson	172.5
10	Tamas Kurcz	170
11	Ryan Dean	170
12	Kevin Woods	170
13	David Hannah	170
14	Andy Philp	170
15	Andy Foster	167.5
16	Wayne Phillips	165
17	Tom Griffiths	162.5
18	Ryan Hayes	160
19	James Hannon	160
20	Christian Whittaker	160

DEADLIFT

RANK	NAME	KG
1	Tony Cliffe	350
2	Stephen Manuel	335
3	Marvin Turner	300
4	Andy Philp	300
5	Kevin Woods	290
6	Tom smith	285
7	Tom Griffiths	285
8	Tamas Kurcz	285
9	Rob Darvill	285
10	Christian Whittaker	285
11	Josh Hayford	282.5
12	Andy Foster	280
13	Sam Laycock	275
14	Chris Hubel	275
15	Francis Melia	270
16	David Charnock	267.5
17	Paul Sutton	265
18	James Hannon	265
19	ewan cunliffe	265
20	Marcus Pemrick	262.5

OVERALL MEN'S RANKINGS

120KG+

TOTAL

RANK	NAME	KG
1	Tony Cliffe	915
2	Jordan McLaughlin	900
3	Andy Foster	810
4	Frazer Pennington	782.5
5	Ross Shahin-Ajerlo	775
6	Chris Hubel	677.5
7	Mark Edwards	660.5
8	Peter Ratcliffe	630
9	Rob Evans	600.0
10	Paul Williamson	595
11	David Charnock	595
12	Mark Ellinor	590
13	Ian Walker	590
14	Daniel Williamson	580.0
15	Joshua Astley	570
16	Freddie Sewell	570
17	Stephen Irving	565.0
18	Tom Potts	550
19	Marc Caldecott	540
20	Lee Bates	530

SQUAT

RANK	NAME	KG
1	Jordan McLaughlin	352.5
2	Tony Cliffe	340
3	Frazer Pennington	315
4	Andy Foster	305
5	Ross Shahin-Ajerlo	260
6	Matt Brown	260
7	Bob Evans	250
8	Mark Edwards	240.5
9	Peter Ratcliffe	240
10	Ian Walker	240
11	Chris Hubel	232.5
12	Tom Potts	230
13	Rob Evans	230.0
14	Paul Williamson	225
15	David Charnock	215
16	Mark Ellinor	210
17	Joshua Astley	202.5
18	Stephen Irving	200.0
19	Martyn Blundell	200
20	Freddie Sewell	200

BENCH

RANK	NAME	KG
1	Jordan McLaughlin	227.5
2	Tony Cliffe	220
3	Ross Shahin-Ajerlo	210
4	Scott Squire	205
5	Martin Mcgimpsey	200
6	Andy Foster	200
7	Frazer Pennington	195
8	Tom Linklater	185
9	RICK BOOTH	165
10	Andy Gregory	165
11	Joshua Astley	162.5
12	Mark Edwards	155
13	Daniel Williamson	155.0
14	John Stokes	152.5
15	Bryn Evans	150
16	Freddie Sewell	145
17	Chris Hubel	145
18	Rob Evans	142.5
19	Ian Walker	140
20	David Charnock	140

DEADLIFT

RANK	NAME	KG
1	Tony Cliffe	355
2	Jordan McLaughlin	327.5
3	Andy Foster	320
4	Ross Shahin-Ajerlo	315
5	Chris Hubel	300
6	Frazer Pennington	287.5
7	Mark Edwards	265
8	Peter Ratcliffe	257.5
9	Mark Ellinor	247.5
10	Marc Caldecott	245
11	Paul Williamson	242.5
12	Stephen Irving	240.0
13	Lee Bates	240
14	David Charnock	240
15	Rob Evans	227.5
16	Freddie Sewell	225
17	Daniel Williamson	225.0
18	Martyn Blundell	210
19	Ian Walker	210
20	Joshua Astley	205