

BOSU Plank Results					Average Team Scores										
Results					Coach Dan										
Place	Name	Team	Time	Points	Place	Men	Time			Team	Final Score				
1	Nicholas Usher	Coach Joey	0:12:02	1100	1	Kerry Hartman	0:09:07	C o a c h D a n		Coach Dan	0:05:16				
2	Connor Anderson	APFit Now	0:09:44	1050	2	Alisa Gealey	0:07:38			Coach Joey	0:04:42				
3	Ryan Tierney	Coach Joey	0:09:38	1000	3	Shay Powell	0:06:04			Coach Paige	0:01:25				
4	Kerry Hartman	Coach Dan	0:09:07	950	4	Ed Talarico	0:05:55			AP Fit Now	0:03:03				
5	Alisa Gealey	Coach Dan	0:07:38	900	5	Jorge Garcia	0:05:09								
6	Jenna Vogen	Coach Joey	0:07:23	850	6	Kevin Finn	0:05:03			Average Scores					
7	Shay Powell	Coach Dan	0:06:04	800	7	Michele Premoshis	0:03:41			Place	Team	Score	Points		
8	Ed Talarico	Coach Dan	0:05:55	750	8	Jen Hartman	0:03:30			1	Coach Dan	0:05:16	3000		
9	Adrianne	APFit Now	0:05:45	700	9	Jenna Nymick	0:03:23			2	Coach Joey	0:04:42	2000		
10	Jorge Garcia	Coach Dan	0:05:09	650	10	Ally Schenk	0:03:11			3	AP Fit Now	0:03:03	1000		
11	Rachel Tarr	APFit Now	0:05:05	600	11	Matt Schenk	0:02:19			4	Coach Paige	0:01:25	500		
12	Kevin Finn	Coach Dan	0:05:03	550	12	George Briggs	0:02:06								
13	Michele Premoshis	Coach Dan	0:03:41	500	13	Brandon Hanson	0:02:05								
14	Jen Hartman	Coach Dan	0:03:30	450	14	Gina Swanson	0:01:43								
15	Jenna Nymick	Coach Dan	0:03:23	400	15	TJ Taylor	0:01:29								
16	Ally Schenk	Coach Dan	0:03:11	350	16	Alex Swanson	0:01:27								
17	Corey Kroboth	Coach Joey	0:03:11	300	17	Carolyn Kerr	0:01:26								
18	Ben Avon	Coach Joey	0:03:09	250	18	Sara Faith	0:01:04								
19	A A-Ron Morgan	Coach Joey	0:03:01	200	19	Rachel Smith	0:01:00								
20	Jess Hanson	Coach Paige	0:03:01	150	20	Nicole Miller	0:00:56								
21	Daryl Criss	Coach Joey	0:02:40	100	21	Chris Dattalo	0:00:31								
22	Matt Schenk	Coach Dan	0:02:19	100	22	Mandy	0:00:28								
23	Liz Carr	Coach Joey	0:02:09	100	23	Elliot Carr									
24	George Briggs	Coach Dan	0:02:06	100	24	Jeff Bondy									
25	Sara McCall	Coach Joey	0:02:06	100	25	Kevin Kerr									
26	Brandon Hanson	Coach Dan	0:02:05	100	26	Trey									
27	Unsa	APFit Now	0:01:54	100	27	Coach Dan									
28	Gina Swanson	Coach Dan	0:01:43	100	28	Sam Stephenson									
29	David K	Coach Paige	0:01:38	100	29	Peggy Nicholson									
30	Rob H	Coach Joey	0:01:37	100	30										
31	Laura E	APFit Now	0:01:35	100	1	Nicholas Usher	0:12:02								
32	Sandy Valentine	APFit Now	0:01:33	100	2	Ryan Tierney	0:09:38								
33	Kamy Harris	Coach Paige	0:01:33	100	3	Jenna Vogen	0:07:23								
34	Emily Garcia	Coach Paige	0:01:32	100	4	Corey Kroboth	0:03:11								
35	Claire	APFit Now	0:01:30	100	5	Ben Avon	0:03:09								
36	TJ Taylor	Coach Dan	0:01:29	100	6	A A-Ron Morgan	0:03:01								
37	Alex Swanson	Coach Dan	0:01:27	100	7	Daryl Criss	0:02:40								
38	Carolyn Kerr	Coach Dan	0:01:26	100	8	Liz Carr	0:02:09								
39	Liz Anderson	Coach Joey	0:01:26	100	9	Sara McCall	0:02:06								
40	Danielle Carosi	APFit Now	0:01:21	100	10	Rob H	0:01:37								
41	Bella Taylor	Coach Joey	0:01:20	100	11	Liz Anderson	0:01:26								

42	Joe D	Coach Paige	0:01:20	100	12	Bella Taylor	0:01:20	C o a c h J o e y						
43	Caitie Williams	Coach Paige	0:01:18	100	13	Jen Roethlein	0:01:12							
44	Jen Roethlein	Coach Joey	0:01:12	100	14	TJ Smith	0:01:11							
45	TJ Smith	Coach Joey	0:01:11	100	15	Bradley	0:01:10							
46	Brett	APFit Now	0:01:10	100	16	Robyn Keenan	0:01:05							
47	Bradley	Coach Joey	0:01:10	100	17	Saineel	0:01:04							
48	Robyn Keenan	Coach Joey	0:01:05	100	18	Sarah Reiland	0:01:00							
49	Sara Faith	Coach Dan	0:01:04	100	19	Debra R	0:00:55							
50	Saineel	Coach Joey	0:01:04	100	20	Robbie Williams	0:00:51							
51	Francesca	Coach Paige	0:01:03	100	21	Stephanie Ertel	0:00:51							
52	Werner	Coach Paige	0:01:02	100	22	Jake Cunningham	0:00:48							
53	Rachel Smith	Coach Dan	0:01:00	100	23	George Gittens	0:00:19							
54	Sarah Reiland	Coach Joey	0:01:00	100	24	Ben Niesen								
55	Nicole Miller	Coach Dan	0:00:56	100	25	Mike Tobias								
56	Debra R	Coach Joey	0:00:55	100	26	Joey								
57	Rena	APFit Now	0:00:54	100	27	Julia Halvas								
58	Charlie T	Coach Paige	0:00:54	100	28	Kelly Tobias								
59	Nick	Coach Paige	0:00:53	100	29	Lisa Talarico								
60	Nicole Celender	Coach Paige	0:00:52	100	30									
61	Robbie Williams	Coach Joey	0:00:51	100	1	Jess Hanson	0:03:01	C o a c h P a i g e						
62	Stephanie Ertel	Coach Joey	0:00:51	100	2	David K	0:01:38							
63	Jake Cunningham	Coach Joey	0:00:48	100	3	Kamy Harris	0:01:33							
64	Donovan H	Coach Paige	0:00:40	100	4	Emily Garcia	0:01:32							
65	Gracie G.	Coach Paige	0:00:39	100	5	Joe D	0:01:20							
66	Jenna Kroboth	Coach Paige	0:00:35	100	6	Caitie Williams	0:01:18							
67	Jen Smith	Coach Paige	0:00:35	100	7	Francesca	0:01:03							
68	Candice Chalus	Coach Paige	0:00:34	100	8	Werner	0:01:02							
69	Chris Dattalo	Coach Dan	0:00:31	100	9	Charlie T	0:00:54							
70	Mandy	Coach Dan	0:00:28	100	10	Nick	0:00:53							
71	Isabella M	Coach Paige	0:00:25	100	11	Nicole Celender	0:00:52							
72	George Gittens	Coach Joey	0:00:19	100	12	Donovan H	0:00:40							
73	Victoria D	Coach Paige	0:00:18	100	13	Gracie G.	0:00:39							
74	Jess Wooten	Coach Paige	0:00:10	100	14	Jenna Kroboth	0:00:35							
75	Elliot Carr	Coach Dan		0	15	Jen Smith	0:00:35							
76	Jeff Bondy	Coach Dan		0	16	Candice Chalus	0:00:34							
77	Kevin Kerr	Coach Dan		0	17	Isabella M	0:00:25							
78	Trey	Coach Dan		0	18	Victoria D	0:00:18							
79	Coach Dan	Coach Dan		0	19	Jess Wooten	0:00:10							
80	Sam Stephenson	Coach Dan		0	20	Cole M								
81	Peggy Nicholson	Coach Dan		0	21	Isaac								
82		Coach Dan		0	22	Nik A								
83	Ben Niesen	Coach Joey		0	23	Rudy								
84	Mike Tobias	Coach Joey		0	24	Taveon								
85	Joey	Coach Joey		0	25	Barry								

86	Julia Halvas	Coach Joey	0	26			
87	Kelly Tobias	Coach Joey	0	27			
88	Lisa Talarico	Coach Joey	0	28			
89		Coach Joey	0	29	Jeane Criss		
90	Cole M	Coach Paige	0	30	Paige Chalus		
91	Isaac	Coach Paige	0	1	Connor Anderson	0:09:44	A P F i t N o w
92	Nik A	Coach Paige	0	2	Adrienne	0:05:45	
93	Rudy	Coach Paige	0	3	Rachel Tarr	0:05:05	
94	Taveon	Coach Paige	0	4	Unsa	0:01:54	
95	Barry	Coach Paige	0	5	Laura E	0:01:35	
96		Coach Paige	0	6	Sandy Valentine	0:01:33	
97		Coach Paige	0	7	Claire	0:01:30	
98		Coach Paige	0	8	Danielle Carosi	0:01:21	
99	Jeane Criss	Coach Paige	0	9	Brett	0:01:10	
100	Paige Chalus	Coach Paige	0	10	Rena	0:00:54	
101	Brandon Benvenhulfi	APFit Now	0	11	Brandon Benvenhulfi		
102	Anthony	APFit Now	0	12	Anthony		
103		APFit Now	0	13			
104		APFit Now	0	14			
105		APFit Now	0	15			
106		APFit Now	0	16			
107		APFit Now	0	17			
108		APFit Now	0	18			
109		APFit Now	0	19			
110		APFit Now	0	20			
111		APFit Now	0	21			
112		APFit Now	0	22			
113		APFit Now	0	23			
114	Kate	APFit Now	0	24	Kate		
115	Erica	APFit Now	0	25	Erica		
116	Mary	APFit Now	0	26	Mary		
117	Nonna	APFit Now	0	27	Nonna		
118	Melissa	APFit Now	0	28	Melissa		
119	Christina	APFit Now	0	29	Christina		
120		APFit Now	0	30			