

BDS 2024 Summer Youth Class Schedule

Class/Genre	Age	Level	Mon	Tues	Wed	Thurs	Sat
ACRO							
Pre-acro/Hip Hop	3	primary	4:00 PM				
Pre-acro/Hip Hop	4	primary		5:00 PM			11:00 AM
Pre-acro/Hip Hop	5	primary		6:00 PM			10:00 AM
Acro	6-8	L1	4:00 PM		6:00 PM		10:00 AM
Acro	8+	L1/2	6:30 PM	5:00 PM			
Acro	9+	L2			7:30 PM		
Acro	9+	L2/3	5:00 PM		7:00 PM		
Acro	12+	L3		6:00 PM			
Acro	12+	L4		5:00 PM			
AERIAL							
Intro to Aerial	8-11	open					9:00 AM
Intro to Aerial	12+	open	7:00 PM				
BALLET							
Pre-Ballet	3	primary	4:00 PM				
Pre-Ballet	4	primary		4:00 PM			10:00 AM
Pre-ballet	5	primary					9:00 AM
Ballet (1 hr)	6-8	1	4:00 PM	5:00 PM	4:00 PM		11:00 AM
Ballet (1.5 hr class)	7-9	L2 with L1 approval	5:00 PM				
Ballet (1.5 hr class)	9+	L2 with L1 approval	5:00 PM	3:30 PM			
Ballet (1.5 hr class)	12+	L2 with L1 approval			4:30 PM		
Ballet (1.5 hr class)	9+	2		4:30 PM	6:00 PM		
Ballet (1.5 hr class)	12+	2			6:00 PM		
Ballet (1.5 hr class)	9+	L3 with L2 approval	7:00 PM				
Ballet (1.5 hr class)	12+	L3 with L2 approval			4:30 PM		
Ballet (1.5 hr Class)	12+	3	5:00 PM	4:00 PM			
Ballet (1.5 hr Class)	12+	4		6:00 PM			
Ballet (1.5 hr Class)	12+	L5 with L4 approval	4:00 PM				
Pre-pointe (30 min class)	9+	Pre	6:30 PM				
Pre-pointe (30 min class)	11+	Pre		5:30 PM			
Pointe	12+	Beg	6:30 PM				

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Pointe	12+	1/2		7:30 PM			
Pointe	12+	2	5:30 PM				
Intro to Ballet (teen/adult)	16+	Beg			7:30 PM		
Variations (optional en pointe)	9+	Open			7:30 PM		
BALLROOM							
Ballroom	7-10	Beg/Int			4:00 PM		
Ballroom	11-15	Int			5:00 PM		
CONTEMPORARY/LYRICAL							
Lyrical	6-8	Beg			5:00 PM		
Contemporary	6-8	Beg		5:00 PM			
Contemporary	9-11	Int	6:30 PM	6:00 PM			
Contemporary	12+	Beg/Int			6:00 PM		
Contemporary	12+	Int	7:30 PM	7:00 PM			
Lyrical	12+	Int/Adv			3:30 PM		
Contemporary	12+	Adv	7:30 PM				
Contemporary Improv	12+	Int/Adv		4:00 PM			
Contemporary (1.5 hr class)	14+	Adv			5:30 PM		
DANCERS AND DREAMERS							
Creative Movement (45 min class)	2	primary		4:00 PM			9:00 AM
Classic Combo	3	primary		5:00 PM			10:00 AM, 11:00 AM
Classic Combo	4	primary			5:00 PM		9:00 AM
Classic Combo	5	primary	5:00 PM	4:00 PM			11:00 AM
Pre-acro/Hip Hop	3	primary	4:00 PM				
Pre-acro/Hip Hop	4	primary		5:00 PM			11:00 AM
Pre-acro/Hip Hop	5	primary		6:00 PM			10:00 AM
Pre-Ballet	3	primary	4:00 PM				
Pre-Ballet	4	primary		4:00 PM			10:00 AM
Pre-ballet	5	primary					9:00 AM
Pre-jazz (by invite only)	5-7				4:00 PM		
DANCE FITNESS							
Kids' Dance Party	7-11	Open		4:45 PM			
HIP HOP							
Pre-acro/Hip Hop	3	primary	4:00 PM				
Pre-acro/Hip Hop	4	primary		5:00 PM			11:00 AM

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Pre-acro/Hip Hop	5	primary		6:00 PM			10:00 AM
Hip Hop	6-8	L1	5:00 PM	5:00 PM			
Hip Hop	9-11	L1	4:00 PM	6:00 PM			
Hip Hop	9+	L2	6:00 PM				
Hip Hop	10+	L2/3		4:00 PM			
Hip Hop	12+	L3		8:00 PM			
Hip Hop	14+	L4/5		7:00 PM			
JAZZ							
Pre-jazz (by invite only)	5-7				4:00 PM		
Jazz	6-8	L1	5:00 PM				
Jazz	6-8	L1/2		6:00 PM			
Jazz	7-9	L1/2	4:00 PM				
Jazz	9+	L2		7:00 PM			
Jazz	12+	L1/2			5:00 PM		
JAZZ TECH							
Jazz Tech	6-8	L1		4:00 PM			
Jazz Tech	9+	L2	6:00 PM		5:00 PM		
Jazz Tech	12+	L2/3	4:00 PM		6:00 PM		
Jazz Tech	12+	L3/4	6:30 PM				
Jazz Tech (1.5 hr class)	12+	L3-5			4:30 PM		
JUMPS & TURNS							
Jumps & Turns	9-11	L2/3 Int			3:30 PM		
Jumps & Turns	12+	L1/2 Beg	5:00 PM				
Jumps & Turns	12+	L3 Int		4:00 PM			
Jumps & Turns	12+	L4/5 Adv			3:30 PM		
MODERN							
Modern	10+	Intro		6:00 PM			
Stretch and Strength/Flexibility							
Stretch and Strength/Flexibility	6-10	Open		6:00 PM			
Stretch and Strength/Flexibility	11+	Int		7:00 PM			
TAP							
Tap	9+	L2/3	4:00 PM				
Tap	12+	L3/4	5:30 PM				
Tap	6-8	L1	6:30 PM				
				Updated: 1/12/24			