

SAN DIEGO CIRCUS CENTER

NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:30 - 12:45 WARM UP (PRIVATE)	12:30 - 12:45 WARM UP (PRIVATE)	12:30 - 2:00 FLEXIBILITY - SPLITS	12:00 - 1:30 FLEX - BACK/SHOULDERS	12:00 - 12:55 HANDSTANDS	9:00 - 10:55 NUTRITION (commitment required)
12:45 - 2:15 BALLET LEVELS 1, 2	12:45 - 2:15 MODERN DANCE	2:00 - 2:30 OBJECT MANIPULATION	1:35 - 2:05 OBJECT MANIPULATION	12:30 - 12:45 WARM UP (PRIVATE)	10:00 - 10:55 CYR WHEEL YOUTH CIRCUS (8-12 YRS)
3:00 - 5:00 MASTERS PROGRAMS	2:15 - 2:45 OBJECT MANIPULATION	3:00 - 5:00 MASTERS PROGRAMS	2:30 - 4:15 MASTERS PROGRAMS	12:45 - 2:15 BALLET LEVELS 1, 2	10:00 - 12:00 PREPARATORY MEETING
3:30 - 4:30 YOUTH CIRCUS (8-12 YRS)	3:00 - 5:00 MASTERS PROGRAMS	3:30 - 4:30 YOUTH CIRCUS (8-12 YRS)	4:30 - 6:00 PREP CLOWNING	3:00 - 5:00 MASTERS PROGRAMS	11:00 - 11:55 ACTIVE FLEX - SPLITS YOUTH PARKOUR (8-15YRS) YOUTH SILKS (8-12 YRS)
5:00 - 5:55 HANDSTANDS CHINESE POLE ACTIVE FLEX - SPLITS LYRA LEVEL 2, 3 YOUTH SILKS (8-12 YRS) YOUTH PARKOUR/TUMBLING	4:00 - 4:55 KINDER CIRCUS (4-5 YRS)	5:00 - 5:55 FLEXIBILITY - SPLITS TEETERBOARD LEVEL 2 CONTEMPORARY DANCE SILKS LEVEL 1	4:00 - 4:55 JUNIOR CIRCUS (6-7 YRS) YOUTH SILKS (8-12YRS)	5:00 - 5:55 TEETERBOARD TRAPEZE (STATIC)	12:00 - 12:55 HANDSTANDS DUO TRAPEZE CONTEMPORARY DANCE
6:00 - 6:55 HAND TO HAND TUMBLING ACTIVE FLEX - BACK MODERN DANCE TRAPEZE (STATIC)	5:00 - 5:55 TUMBLING LEVEL 1 SILKS LEVEL 1 HANDSTANDS ACTIVE FLEX - SPLITS	6:00 - 6:55 RUSSIAN BAR / BANQUINE TUMBLING LEVEL 1 CHINESE POLE TRAMP WALL SILKS LEVELS 2, 3	5:00 - 5:55 FLEXIBILITY - SPLITS HANDSTANDS TRAMP WALL YOUTH SILKS LEVEL 2	6:00 - 7:25 ACT EXPLORATION (contact for prerequisites) 7:30 - 8:15 CONDITIONING	1:00 - 1:55 STRAPS LYRA LEVEL 1 BALLET LEVELS 1, 2 HAND TO HAND TRAMP WALL
7:00 - 7:55 STRAPS TRAMP WALL SLACKWIRE TIGHTWIRE BALLET LEVELS 1, 2	6:00 - 6:55 ACTIVE FLEX - BACK MODERN DANCE TRAMPOLINE HAND TO HAND	7:00 - 7:55 HANDSTANDS TRAMPOLINE STRAPS TUMBLING LEVEL 2	6:00 - 6:55 FLEX - BACK/SHOULDERS SILKS LEVEL 1 TUMBLING LEVEL 1 HAND TO HAND TRAMPOLINE		2:00 - 2:55 SILKS LEVELS 1,2 TRAMPOLINE RUSSIAN BAR / BANQUINE
8:00 - 9:00 CONDITIONING	7:00 - 7:55 CYR WHEEL CONDITIONING	8:00 - 8:55 CONDITIONING	7:00 - 7:55 TRAMPOLINE DUO TRAPEZE SILKS LEVELS 2,3 HZH - COLUMNS - TRIO		3:00 - 4:00/4:30 CONDITIONING 3:30 - 5:00 BIRTHDAY PARTIES!

www.SanDiegoCircusCenter.org

PLEASE VISIT OUR WEBSITE FOR DETAILED INFORMATION REGARDING THE CLASSES AND PROGRAMS LISTED ABOVE.
 OUR WEBSITE SCHEDULE IS ALWAYS CURRENT, AND WE STRONGLY ENCOURAGE PRE-REGISTERING FOR CLASSES ONLINE!
 PRE-REGISTERING ENABLES US TO CONTACT YOU IMMEDIATELY IF THERE ARE ANY CHANGES TO THE CLASS OR CLASSES YOU REGISTERED FOR.
 THIS SCHEDULE AND CLASSES MAY BE CHANGED OR CANCELLED AT ANY GIVEN TIME, AND WE APOLOGIZE IN ADVANCE FOR ANY INCONVENIENCE.

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SAN DIEGO CIRCUS CENTER : 2050 HANCOCK STREET SUITE A, SAN DIEGO, CA 92110 : 619-487-1239 : info@SanDiegoCircusCenter.org

YOUTH (17 and under)			ADULT		
DROP IN RATE : \$22			DROP IN RATE : \$25		
CLASS PACKS			CLASS PACKS		
		PER CLASS			PER CLASS
5 PACK	\$100	\$20	5 PACK	\$115	\$23
10 PACK	\$180	\$18	10 PACK	\$220	\$22
20 PACK	\$320	\$16	20 PACK	\$400	\$20
MONTHLY MEMBERSHIPS			MONTHLY MEMBERSHIPS		
		PER CLASS			PER CLASS
TIER 2 (2 classes/wk or 9/mo)	\$170	\$18.88	TIER 2 (2 classes/wk or 9/mo)	\$190	\$21.11
TIER 3 (3 classes/wk or 13/mo)	\$225	\$17.30	TIER 3 (3 classes/wk or 13/mo)	\$250	\$19.23
TIER 4 (4 classes/wk or 17/mo)	\$280	\$16.47	TIER 4 (4 classes/wk or 17/mo)	\$300	\$17.64
TIER 5 (5 classes/wk or 21/mo)	\$330	\$15.71	TIER 5 (5 classes/wk or 21/mo)	\$350	\$16.66
UNLIMITED (no limit per wk or mo)	\$410	-	UNLIMITED (no limit per wk or mo)	\$480	-

SDCC also offers an "ON TRACK" program that offers our students, instructors, and outside professionals an unmatched facility, exclusive apparatuses and independent experience in their training. Please contact us for details on how to become a member of ON TRACK.

PLEASE CONTACT US FOR INFORMATION AND RATES REGARDING :

- BIRTHDAY PARTIES -
- PRIVATE PARTIES -
- FESTIVALS -
- FUNDRAISERS -
- SCHOOL / SCOUTING GROUPS -
- SPECIAL EVENTS -