Municipality	Name	Street Address	City	Postal Code	Phone Number	Distribution Day	Distribution Hours	Restrictions	Other Services	Visits allowed per week (within organization)	Weekend Distribution (Y/N)	Delivery Available	Registration Needed	Information Needed to Register	Walkin (W) or Appointment (A) Needed	Income Cut-off	Website
Bowen Island Municipal	Little Red Church Food Bank	1122 Miller Rd	Bowen Island	V0N 1G1	(604) 819-8050												
City of Burnaby	Greater Vancouver Food Bank (South Burnaby United Church)	7341 Gray Ave	Burnaby	V5J 3E6		M	9:00-11:30 am	Priority mobility, families (children under 6) & seniors (55+) 9:30-10:30 am; All other members 10:30-11:30 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (Christ Church Cathedral)	690 Burrard St	Vancouver	V6C 2L1		Th	9:00-11:00 am	Priority mobility & families (children under 6) 9:00-9:30 am; Seniors (55+) 9:30-10:30 am; All other members 10:30-11:30 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (South Van Neighbourhood House)	6570 Victoria St	Vancouver	V5P 3J7		T	10:00 am - 12:00 pm	Priority mobility 10:00-10:30 am; families (children under 6) 10:30-11:00 am; Seniors (55+) and All members 11:00am-12:00 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Burnaby	Greater Vancouver Food Bank (Southside Community Church)	7135 Walker Ave	Burnaby	V5E 3C6		T	9:00-11:30 am	Priority mobility 9:00-9:30 am; families (children under 6) & seniors (55+) 9:30-10:30 am; All other members 10:30-11:30 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (Kaaisa Neighbourhood House)	2625 Oxford St	Vancouver	V5L 1C1		T	11:00 am - 1:00 pm	Priority mobility 11:00-11:30 am; families (children under 6) & seniors (55+) 11:30 am - 12:30 pm; All other members 12:30-1:00 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (Neenca Terrace)	2202 Cassiar St	Vancouver	V5M 3W9		W	9:00-11:30 am	Priority mobility, families (children under 6) & seniors (55+) 9:00-10:30 am; All other members 10:30-11:30 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of North Vancouver	Greater Vancouver Food Bank (North Shore Neighbourhood Hou	225 East 2nd St	North Vancouver	V7L 1C4		W	9:00-11:30 am	Priority mobility, families (children under 6) & seniors (55+) 9:00-10:30 am; All other members 10:30-11:30 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (St. Margaret's Cedar Cottage Ch	2150 East 22nd Ave	Vancouver	V5N 2P1		W	9:00-11:00 am	Priority mobility & families (children under 6) 9:00-9:30 am; Seniors (55+) 9:30-10:30 am; All other members 10:30-11:00 am	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of New Westminster	Greater Vancouver Food Bank (New West Community Food Hub)	613 Queens Ave	New Westminster	V3M 1L1		Th	10:30 am-12:30 pm	Priority mobility 10:30-10:45 am; families (children under 6) 10:45-11:15 am; Seniors (55+) 11:15-11:45 am; All other members 11:45 am-12:30 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (St. Augustine's Church)	3680 Hudson St.	Vancouver	V6P 4M9		Th	10:30 am-12:00 pm	Priority mobility & families (children under 6) 10:30-10:45 am; Seniors (55+) 10:45-11:30 am; All other members 11:30 am-12:00 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (Sexsmith Neighbourhood House)	1019 Broughton St.	Vancouver	V6G 1X7		F	9:30 am-1:00 pm	Priority mobility & families (children under 6) 9:30-9:45 am; Seniors (55+) 10:15-10:45 am; All other members 11:45 am-1:00 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Vancouver	Greater Vancouver Food Bank (Mount Pleasant Community Cent	1 Kingsway St.	Vancouver	V5T 3K7		F	10:30 am-12:30 pm	Priority mobility & families (children under 6) 10:30-11:00 am; Seniors (55+) 11:00-11:30 am; All other members 11:30 am-12:30 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Burnaby	Greater Vancouver Food Bank (North Burnaby Neighbourhood	8908 Hastings St.	Burnaby	V5B 3P6		F	10:00 am-12:30 pm	Priority mobility 10:00-10:30 am; Seniors (55+) 10:30-11:00 am; Families (children under 6) 11:00-11:45 am; All other members 11:45 am-12:30 pm	Formula, baby food, diapers	1	N		Y	Govt ID for all household members, proof of address	W	N	https://foodbank.bc.ca/
City of Richmond	Richmond Food Bank Society (Head Office)	100-5860 Cedarbridge Wa	Richmond	V6X 2A7		M/Th	11:00 am - 1:00 pm		Formula, baby food, diapers	1	N	Y (with Doctor's or Community Agency N	Y	Govt ID for all household members, proof of address	W	N	http://richmondfoodbank.org
City of Richmond	Richmond Food Bank Society (Cambie Road)	5720 Cambie Rd	Richmond	V6X 2A7		T	10:00 am - 1:00 pm		Formula, baby food, diapers	1	N	Y (with Doctor's or Community Agency N	Y	Govt ID for all household members, proof of address	W	N	http://richmondfoodbank.org
City of Richmond	Richmond Food Bank Society (Westside United Church)	5700 Westminster Hwy	Richmond	V7C 1T6		W	9:30-11:30 am		Formula, baby food, diapers	1	N	Y (with Doctor's or Community Agency N	Y	Govt ID for all household members, proof of address	W	N	http://richmondfoodbank.org
City of Richmond	Richmond Food Bank Society (Richmond Baptist Church)	5640 Blundell Rd	Richmond			Th	10:00 - 11:30 am		Formula, baby food, diapers	1	Y	Y (with Doctor's or Community Agency N	Y	Govt ID for all household members, proof of address	W	N	http://richmondfoodbank.org
City of Surrey	Surrey/North Delta Food Bank	10752 City Parkway	Surrey	V3T 2C7		M/Th/Fr	9:00 am-5:00 pm			1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Delta	Surrey/North Delta Food Bank (North Delta)	11300 84 Ave	Delta			F (every 2nd Tuesday)	10:00 am -12:00 pm			1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Surrey	Surrey/North Delta Food Bank (Newton Green Timbers)	14235 84 Ave	Surrey			W (every 2nd Wednesday)	12:00-2:00 pm			1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Surrey	Surrey/North Delta Food Bank (Cloverdale)	5950 179 St	Surrey			T (every 2nd Tuesday)	10:00 am-12:00 pm			1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Surrey	Surrey/North Delta Food Bank (Main Depot) [Seniors]	10752 City Parkway	Surrey	V3T 2C7		W (every 2nd Wednesday)	2:30-3:00 pm	Seniors (55+) only		1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Surrey	Surrey/North Delta Food Bank (Main Depot)	10752 City Parkway	Surrey	V3T 2C7		Th (every 2nd Thursday)	6:00-7:00 pm	Only for clients unable to attend regular distribution hours		1 (per 14 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Proof of schedule conflict. Appointment needed to register	A	Y	https://www.surreyfoodbank.org/
City of Surrey	Surrey/North Delta Food Bank (Main Depot) [Tiny Bundles]	10752 City Parkway	Surrey	V3T 2C7		M/Th/Fr	9:30 am-5:00 pm	Tiny Bundles Program (families with pregnant moms, and children under one year of age)	Full week's worth of nutrition, diapers, baby food	1 (per 7 days)	N	Y (with Doctor's note)	Y	Govt ID for all adult household members, proof of address (must be north of 80 Ave in Surrey, North Delta, or Cloverdale); proof of low income, proof of dependents (physical care cards of all children in household). Appointment needed to register	W	Y	https://www.surreyfoodbank.org/
City of Surrey	Sources BC White Rock/South Surrey Food Bank	2363 156 St	Surrey	V4A 4V5	(604) 531-8368	T	9:00 am-6:00 pm		"Out of Hours" bag with 2-3 days worth of food for clients who arrive outside of regular Distribution Hours, those who are homeless, or those who can not arrive they live in the catchment area	1	N		Y	Govt ID, proof of address, caencards for all children	W		https://www.sourcebc.ca/our-services/sources-white-rock-south-surrey-food-bank/
City of Surrey	Sources BC White Rock/South Surrey Food Bank	2363 156 St	Surrey	V4A 4V5	(604) 531-8368	W	10:00 am-2:00 pm		"Out of Hours" bag with 2-3 days worth of food for clients who arrive outside of regular Distribution Hours, those who are homeless, or those who can not arrive they live in the catchment area	1	N		Y	Govt ID, proof of address, caencards for all children	W		https://www.sourcebc.ca/our-services/sources-white-rock-south-surrey-food-bank/
City of Surrey	Sources BC White Rock/South Surrey Food Bank	2363 156 St	Surrey	V4A 4V5	(604) 531-8368	Th	10:00 am-2:00 pm		"Out of Hours" bag with 2-3 days worth of food for clients who arrive outside of regular Distribution Hours, those who are homeless, or those who can not arrive they live in the catchment area	1	N		Y	Govt ID, proof of address, caencards for all children	W		https://www.sourcebc.ca/our-services/sources-white-rock-south-surrey-food-bank/
City of Port Moody	Blaire Family and Community Services	2025 Clark St.	Port Moody	V3H 1Z1	(604) 931-2055	F	11:30 am-2:00 pm			1	N		Y	Current ID, proof of address for all adults in household; caencards and/or immigration cards for all family members, income source	W		http://blairecsociety.ca/food-bank/
City of Delta	South Delta Food Bank	4545 Ladner Trunk Rd	Delta	V4K 1Z1	(604) 946-6330	W	9:00-11:00 am		Includes a light meal	1	N		Y		W		http://www.delta.ca/docs/default-source/human-resources-and-corporate-planning/delta-food-resources/delta-food-resources-march-2018.pdf?sfvrsn=2
City of Langley	Sources BC Langley Food Bank	5673 200 St.	Langley	V3A 1M7						1	N			Govt ID, proof of address, caencards for all children	W		https://www.sourcebc.ca/our-services/sources-langley-food-bank/
City of Maple Ridge	Friends in Need Food Bank	9-22726 Dewdney Trunk	Maple Ridge	V2X 8R9		T/W/Th/F	9:00 am-12:30 pm		"Out of Hours" bag with 2-3 days worth of food for clients who arrive outside of regular Distribution Hours, those who are homeless, or those who can not arrive they live in the catchment area	1	N		Y	Govt ID, secondary ID, proof of address, proof of income (registration only on Tuesday 9:00am-12:00pm)	W		http://www.friendsinneedfood.com/
City of Port Coquitlam	Blaire Family & Community Services (Port Coquitlam)	2211 Pointe Ave	Port Coquitlam		(604) 931-2055	W	12:00 - 2:00 pm			1	N		Y	Current ID, proof of address for all adults in household; caencards and/or immigration cards for all family members, income source	W		http://blairecsociety.ca/food-bank/
City of Coquitlam	Blaire Family & Community Services (Coquitlam)	1395 Austin Ave	Coquitlam		(604) 931-2055	W	12:00 - 2:30 pm			1	N		Y	Current ID, proof of address for all adults in household; caencards and/or immigration cards for all family members, income source	W		http://blairecsociety.ca/food-bank/
City of Pitt Meadows	Friends in Need Food Bank (Pitt Meadows)	12240 Harris Rd	Pitt Meadows	V3Y 2K9	(604) 460-8669	T	9:00 am-12:30 pm			1	N		Y	Govt ID, secondary ID, proof of address, proof of income (registration only on Tuesday 9:00am-12:00pm and Wednesday 9:00-11:45am)	W		http://www.friendsinneedfood.com/
City of Pitt Meadows	Friends in Need Food Bank (Pitt Meadows)	12240 Harris Rd	Pitt Meadows	V3Y 2K9	(604) 460-8669	W	9:00 am-12:30 pm				N			Govt ID, secondary ID, proof of address, proof of income (registration only on Tuesday 9:00am-12:00pm and Wednesday 9:00-11:45am)	W		http://www.friendsinneedfood.com/
City of Vancouver	Sage Community Food Bank	2325 Oxford St	Vancouver			F (2nd & 4th each month)	4:00-5:30 pm			1 (per 14 days)	N		N	No registration required	W		https://sagecommunityfoodbank.com/
City of Surrey	Muslim Food Bank	13085 115 Ave	Surrey		1-866-820-2028	1st and 4th each month		Provides halaal, kosher, vegan, and vegetarian options.		1 (per 14 days)	Y		Y		W		https://www.muslimfoodbank.com/
City of Langley	Langley Food Bank	5768 203 St	Langley	V3A 5W5	(604) 533-0675	M/W/F	10:00 am-2:00 pm			1	N		Y	Govt ID, proof of address in Langley (Appointment need to register after first visit and requires proof of address in Langley, Govt ID, caencards/birth certificate for children), proof of income. Registration renewed every 6 months	W		http://langleyfoodbank.com