

## Nurse Assistant: 135 Hours - Upper Valley High Schools



#REF!

51.3902

"Upon program completion, students may be eligible to sit for the state Certified Nurse Assistant written and skills exam to become a licensed Certified Nurse Assistant (CNA). CNAs work under the supervision of licensed nursing professionals. CNA's are the health professionals that patients encounter most often. They are a very important part of the Health Care Team.

CNA's are qualified to care for patients in:

- Assisted Living Centers
- Long Term Care Centers
- Home Health Agencies
- Hospitals

The primary duty of a CNA is for direct patient care including:

- Attending to daily needs such as bathing and other tasks for hygiene
- Assisting patients with eating difficulties
- Helping patients with range of motion exercises
- Recording and monitoring vital signs
- Remaining alert for any changes in the patient's behavior or condition that might signal that the patient is having any trouble.

Students are trained under the direction of a licensed nurse in a patient's physical, emotional, and social care. This program will cover:

- Professional ethics
- Basic safety and emergencies
- Communication skills
- Body mechanics
- Nutrition
- Patient mobility
- Restorative care
- Vital signs
- Infection control
- Body systems and diseases
- Personal care of the patient
- The patient's environment

Both classroom theory and clinical experience in a health care facility are provided. The clinical experience may not be scheduled at the same time as class. Health Care Provider BLS and First Aid certifications through the American Heart Association are included in the program.

OUTCOMES	Delivery Method	DE/DE - Traditional ILT
MATC Nurse Assistant Program Certificate	Enrollment Availability	High School Juniors and Seniors (8/20)
Students are prepared to sit for the State of Utah Certified Nurse Assistant Certification Exam	Financial Aid Available	No
Healthcare Provider BLS and First Aid Certificate	VA Qualified	No

### PREREQUISITES

#REF!

Students must be 16 years old prior to the first day of class.

Students must have TB testing and a Hepatitis B vaccine, or sign a waiver form.

Students may enroll in ONE of the following sessions:

SESSION	LOCATION	ROOM	START DATE	END DATE	START TIME	END TIME	DAYS	INSTRUCTOR	NOTES
---------	----------	------	------------	----------	------------	----------	------	------------	-------

Fall 2016	Park City	TBD	8/24/2016	6/9/2017	11:23 AM	12:51 PM	White	Vicki Lucas	This program will run on the Park City High School schedule
Fall 2016	Park City	TBD	8/24/2016	6/9/2017	12:57 PM	2:25 PM	White	Vicki Lucas	
Fall 2016	North Summit	TBD	8/25/16	5/26/17	11:00 AM	12:45 PM	T, Th	Gene Dye	This program will run on the North Summit High School schedule
Fall 2016	South Summit	TBD	8/25/16	6/2/17	8:55 AM	10:05 AM	T,H, F	Sandra Galovich	This program will run on the South Summit High School schedule
<b>TUITION /FEES</b>		<b>COST</b>	<b>NOTES</b>						
	Registration Fee	\$0.00							
	Technology Use Fee	\$0.00							
	Program Fees	\$160.00	Fee includes Textbook and Workbook and Blood Pressure Kit						
	Tuition	\$0.00							
	<b>Total Tuition and Fees</b>	<b>\$160.00</b>	#REF!						
<b>REQUIRED PROGRAM MATERIALS</b>		<b>COST</b>	<b>NOTES</b>						
	Scrubs	\$20.00							
	<b>Total</b>	<b>\$20.00</b>							
<b>OPTIONAL PROGRAM MATERIALS</b>		<b>COST</b>	<b>NOTES</b>						
	CNA State Exam	\$75.00							
	Missed Clinicals	-	Missed clinicals will result in fines of \$10 the 1st time, 2nd \$25, 3rd \$50 and so on						
	<b>Total</b>	<b>\$75.00</b>							
<b>PROGRAM COMPONENTS</b>			<b>LAB</b>	<b>LECTURE</b>	<b>HYBRID</b>	<b>TOTAL</b>	<b>NOTES</b>		
<b>Unit 1</b>						0			
	Certification					0			
	Nurse Assistant Job Description					0			
	Nurse Assistant Code of Ethics (Professionalism)					0			
	CNA Scope of Responsibilities/Orientation					0			
	<b>Sub Total</b>			3		3			
<b>Unit 2</b>						0			
	Infection Control		3	6		9			
<b>Unit 3</b>						0			
	Measuring Vital Signs					0			
	O2					0			
	<b>Sub Total</b>		6	8		14			
<b>Unit 4</b>						0			
	Hygiene and Grooming					0			
	Vision & Hearing					0			
	<b>Sub Total</b>		3	8		11			
<b>Unit 5</b>						0			
	The Patients and Residents Enviroment					0			
	Linens and Bed making					0			
	Height and Weight					0			
	Admission, Discharge & Transfer					0			
	<b>Sub Total</b>		3	3		6			
<b>Unit 6</b>						0			
	Basic Safety/Emergencies/CPR					0			

Restraints				0	
Dressing Change				0	
<b>Sub Total</b>	3	3		6	
<b>Unit 7</b>				0	
Body mechanics/Ergonomics				0	
Assisting the Patient with mobility				0	
Decubitus Ulcers				0	
Rehabilitation & Restorative Care				0	
Bedcradle, footboard, trocanter roll				0	
Pain				0	
<b>Sub Total</b>	3	6		9	
<b>Unit 8</b>				0	
Nutrition				0	
IV's and I & O				0	
<b>Sub Total</b>	1	5		6	
<b>Unit 9</b>				0	
Elimination/Toileting				0	
Urinary & Digestive System				0	
Specimens				0	
<b>Sub Total</b>	3	6		9	
<b>Unit 10</b>				0	
Death and Dying	1	2		3	
<b>Unit 11</b>				0	
Communication				0	
Basic Human Needs				0	
<b>Sub Total</b>		6		6	
<b>Unit 12</b>				0	
Cognitive Impairment and Mental Illness		3		3	
<b>Unit 13</b>				0	
Body systems				0	
Diseases and Conditions				0	
<b>Sub Total</b>		8		8	
<b>Unit 14</b>				0	
Job Seeking/Professionalism		2		2	
<b>Unit 15</b>				0	
CPR	6			6	
Final Lab	10			10	
<b>Clinical Externship</b>	24			24	
<b>Total</b>	<b>66</b>	<b>69</b>	<b>0</b>	<b>135</b>	

\*\*\*\*\* Additional Information \*\*\*\*\*

#REF!

#REF!

#REF!

#REF!
#REF!
#REF!
This Program is COE approved