

| Item | Quantity | Comments | Links to Example | Avg. Price |
|---|----------|--|----------------------------|------------|
| Climbing harness | 1 | Must have gear loops. Adjustable leg loops not required, but harness must fit over both light layers as well as warm thick layers of clothing. | Click Here | \$55 |
| Climbing helmet | 1 | Must be CE or UIAA approved. No bike or ski helmets. | Click Here | \$70 |
| Belay/rappel device | 1 | ATC Guide or similar. | Click Here | \$30 |
| Rescue pulley | 1 | Must be prusik-minding. | Click Here | \$15 |
| Locking carabiners | 4 | At least 2 should be large, type "HMS". | Click Here | \$48 |
| Non-locking carabiners | 4 | Standard size any style non-locking carabiners. | Click Here | \$32 |
| 4' length of 5mm perlon | 1 | For your auto-block prusik. REI cord not recommended. | | \$2 |
| 6' length of 6mm perlon | 1 | For your personal prusik. REI cord not recommended. | | \$2 |
| 16'-22' length of 6mm perlon (cut into 2 prusiks) | 1 | For glacier prusiks, a different color than your personal prusik. Length of cord required ranges from 16' to 22', based on height. FOTH pg 379 has sizing chart. REI cord not recommended. | | \$5 |
| 11' length of 1" tubular webbing | 1 | For chest harness. | | \$3 |
| Single-length (24") sewn runners | 2 | | Click Here | \$20 |
| Double-length (48") sewn runner | 1 | | Click Here | \$15 |
| Personal anchor | 1 | Must be a pre-sewn PAS. | Click Here | \$30 |
| Ice axe leash | 1 | Alternate: 7' length of 5/8" tubular webbing. | Click Here | \$18 |
| Ice axe | 1 | No longer than bottom of the shaft touching your ankle when hanging in your hand, no shorter than mid-calf. Must have steel head, shaft can be other material. | Click Here | \$80 |
| Crampons | 1 | These MUST BE STEEL. No exceptions. A tyvek bag is nice to protect other gear from the sharp points. | Click Here | \$170 |
| Snow picket | 1 | 24" length (36" is okay if you already have one). | Click Here | \$20 |
| Wands | 8 | Can be made from garden supplies (see link to example). | Click Here | \$10 |
| Micro spikes | 1 | Nice for Mt. Si if conditions are icy. | Click Here | \$60 |