Period	Timings	Session	Group	Staff	Room	Summary	Additional students joining group	ıps
Tutor	8.45am to 9.15am	Matthew Johnson - Industry response to Health lifestyles ie Physical and mental health	All tutor groups	Year 7 Tutors	Tutor bases	Overview of Kraft in the food industry https://meet.		
Tutor	o. rount to o. roun	Triyotoa and montal nodalis.	3	rear ratios	Tator bases	geogra.communi coov ipq.adminoci capii i		
		MUFC	8ab/En1 - MMC Mon P5	MSW	Outside	Discussion on Mental health and Sport	Alex Barlow and Alfie Booth	
		School Nurses till 10am	8ab/En2 - JTw	SHA	XG5	Discussions on heathy living and nutrition	Lacey Bowler and Macy Bradwell	
		Glossop Military Fitness	8ab/En3 - FBa Mon P3	ABr	Extension	Physical exercise session	Max Broster and William Fielding	
		Chartwells	8ab/En4 - MMc Mon P3	DED	FC4	Nutrition and cooking healthy meals	Rosie Horton, Archie Quinlan and Jayden Lowth	
		Nutrition for health - Clare R	8ab/En5 - SGi	FWA	GT1	How can sugar affect our Physical and Mental Health?	Harvey Robinson, Harry Ryan and Faith Scott	
1	1 9.15am to 10.15am	Brian Buller	8cd/En1 - FBa Mon P5	HJo	XG4	Knife crime and the effects on Physical and Mental health	Carston Carter and Sam Darby	
		Mary Mansfield - Yoga	8cd/En2 - BBr	JHA	Theatre	Relaxation for Body and Mind	Macey Coe and Annie Fisher-Dodson	
		Reiki - Tashashakrashed	8cd/En3 - VGa	JPE	Drama Studio	Exercises for Mental and Physical Health	Charlotte Kennedy and Lottee Macklin	
						Online Support for Mental Health https://meet.google. com/kfn-gkzz-ond?		
		The Mix - Online session	8cd/En4 - KOs	JTH	FC3	authuser=0&hs=122&ijlm=1699132547650	Lewis Lomas and Jay Naughton	
						Online Support for Mental Health https://meet.google. com/kfn-gkzz-ond?		
		The Mix - Online session	8cd/En5 - HLo	Cover	GH2	authuser=0&hs=122&ijlm=1699132547650	Fletcher Preston, Kane Sharlotte and Jasmine Tandy	
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						Online Support for Mental Health https://meet.google. com/kfn-gkzz-ond?		
		The Mix - Online session	8ab/En1	CRO DSM	FC3 FC4	authuser=0&hs=122&ijlm=1699132547650	Alex Barlow and Alfie Booth	
		Chartwells	8ab/En2	DSM	FU4	Nutrition and cooking healthy meals Online Support for Mental Health https://meet.google.	Lacey Bowler and Macy Bradwell	
		The Mix - Online session	8ab/En3	FBA	FE2	com/kfn-gkzz-ond?	May Proster and William Fielding	
		MUFC	8ab/En3 8ab/En4	HLO	PE2 Outside	authuser=0&hs=122&ijlm=1699132547650 Discussion on Mental health and Sport	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth	
2	10.15am to 11.15am		8ab/En5	HRO	Extension	Exercise for Physical and Mental Health	Harvey Robinson, Harry Ryan and Faith Scott	
_						Online Support for Mental Health https://meet.google.		
		The Mix - Online session	8cd/En1	JCL	GH2	com/kfn-gkzz-ond? authuser=0&hs=122&ijlm=1699132547650	Carston Carter and Sam Darby	
		Nutrition for health - Clare R	8cd/En2	JTH	GT1	How can sugar affect our Physical and Mental Health?	Macey Coe and Annie Fisher-Dodson	
		Mary Mansfield - Yoga	8cd/En3	MMC	Theatre	Relaxation for Body and Mind	Charlotte Kennedy and Lottee Macklin	
		Reiki - Tashashakrashed	8cd/En4	STA	Drama Studio	Exercises for Mental and Physical Health	Lewis Lomas and Jay Naughton	
		Brian Buller	8cd/En5	BBR	XG4	Knife crime and the effects on Physical and Mental health	Fletcher Preston, Kane Sharlotte and Jasmine Tandy	
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		Reiki - Tashashakrashed	8ab/En1 8ab/En2	JWADDINGTON		Exercises for Mental and Physical Health	Alex Barlow and Alfie Booth	
		Emma Thompson - Yoga -12pm to 12.30pm		KOS	Dance Studio	Relaxation for body and mind	Lacey Bowler and Macy Bradwell	
		Chartwells	8ab/En3	MMI SHA cover JTh	FC4	Nutrition and cooking healthy meals	Max Broster and William Fielding	
				MMI				
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses	8ab/En3 8ab/En4 8ab/En5	MMI SHA cover JTh and JTHh take the session SJO	FC4 FM2 (need a room change?) XG5	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC	8ab/En3 8ab/En4 8ab/En5 8cd/En1	MMI SHA cover JTh and JTHh take the session SJO VGA	FC4 FM2 (need a room change?) XG5 Outside	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on Mental health and Sport	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses	8ab/En3 8ab/En4 8ab/En5	MMI SHA cover JTh and JTHh take the session SJO	FC4 FM2 (need a room change?) XG5	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on health living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC	8ab/En3 8ab/En4 8ab/En5 8cd/En1	MMI SHA cover JTh and JTHh take the session SJO VGA	FC4 FM2 (need a room change?) XG5 Outside	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on Mental health and Sport	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental Health How can sugar affect our Physical and Mental Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUPC Glossop Military Fitness Brian Buller	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI	FC4 FM2 (need a room change?) XG5 Outside Extension XG4	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre	Nutrition and cooking healthy meals A session white looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on health alhealth and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/Kfn-gkz-cod/?	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth	
3	11.30am to 12.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga	8ab/En3 8ab/En4 8ab/En5 8ad/En1 8ad/En2 8ad/En3 8ad/En4 8ad/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy	
3		Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reid - Tashashakrashed	8ab/En3 8ab/En4 8ab/En5 8ad/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on health length with the property of the	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth	
3	11.30am to 12.30pm 12.30pm to 1.30pm Mary Mansfield free	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En4 8ab/En4	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussions on healthy living and nutrition Discussions on healthy living and nutrition Discussions on health lealth and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.com/kin-ptz-ond/s Latinutser-Okshe-1228.ijlm=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott	
3	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga School Nurses	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En1 8ab/En1 8ab/En3 8cd/En3 8cd/En5 8cd/En5 8cd/En5 8cd/En5 8cd/En5 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/kfn-gkz-2024/jim=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby	
3	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En4 8ab/En4	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio	Nutrition and cooking healthy meals A session white looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on healthy living and nutrition Discussion on health lealth and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.com/Knig/szc.20d? authuser=0&hs=12284jim=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition Discussions on Mental health and Sport	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson	
3	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reikl - Tashashakrashed Erman Thompson - Yoga School Nurses MUFC Glossop Military Fitness	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En5 8ab/En1 8ab/En2 8ab/En1 8ab/En2 8ab/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En3	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/kfn-ykz-cz-28-gi/m=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition Discussions on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Exercise for Physical and Mental Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fieldding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin	
3	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancerdise The Mix - Online session Nutrition for health - Clare R Reiki - Tashsaharkanshed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En1 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En2 8ab/En3 8ab/En5 8cd/En4 8cd/En3 8cd/En4 8cd/En5 8cd/En1 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension	Nutrition and cooking healthy meals A session whihc looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on healthy living and nutrition Discussion on healthy living and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.com/kfn-gkze-ond? authuser-08/hs-122&ijlm=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on health yilving and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton	
3	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reikl - Tashashakrashed Erman Thompson - Yoga School Nurses MUFC Glossop Military Fitness	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En5 8ab/En1 8ab/En2 8ab/En1 8ab/En2 8ab/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En3	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/kfn-ykz-cz-28-gi/m=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition Discussions on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Exercise for Physical and Mental Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fieldding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin	
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4	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reisi - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En5 8cd/En3 8cd/En4 8cd/En5 8cd/En5 8cd/En5 8cd/En5 8cd/En1 8cd/En2 8cd/En3	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MMMI RCO ETR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio Dance Studio XG5 Outside Extension XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/kft-gkz-cz-26/aj/m=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Physical and Mental Health Physicals on Mental Health? Exercises for Mental and Physical Health Discussions on health pleath and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell	
4	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reid - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga Del and PE Del and PE	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En3 8ab/En4 8ab/En5 8cd/En3 8cd/En4 8cd/En5 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension XG5 Outside Extension XG5 Outside Extension XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall Sports Hall	Nutrition and cooking healthy meals A sassion white looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on health lealth and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.com/Kin-gizc_2nd? authuser=0&hs-1228.ijm=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding	
4	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reisi - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En5 8cd/En3 8cd/En4 8cd/En5 8cd/En5 8cd/En5 8cd/En5 8cd/En1 8cd/En2 8cd/En3	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MMMI RCO ETR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio Dance Studio XG5 Outside Extension XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall	Nutrition and cooking healthy meals A session whith clooks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/Kni-ylez-ord/article/signer-1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health How can sugar affect our Physical Health Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise for Physical and Mental Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell	
4	12.30pm to 1.30pm	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reid - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga Del and PE Del and PE	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En3 8ab/En4 8ab/En5 8cd/En3 8cd/En4 8cd/En5 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension XG5 Outside Extension XG5 Outside Extension XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall Sports Hall	Nutrition and cooking healthy meals A sassion white looks at the effects of Music on both Physical and Mental Health. Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on health lealth and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google.com/Kin-gizc_2nd? authuser=0&hs-1228.ijm=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on healthy living and nutrition Discussion on healthy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Kinfle crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding	
4	12.30pm to 1.30pm Mary Mansfield free	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE DEI and PE Glossop Military Fitness Brian Buller Glossop Military Fitness Brian Buller Fitness Fitness Brian Buller Fitness	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En5 8ab/En6 8cd/En6 8cd/En7	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA STA MSW	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio Extension XG5 Outside Extension XG5 Outside Extension XG6 TC4 Drama Studio Sports Hall Sports Hall Sports Hall Extension XG4 Dance Studio	Nutrition and cooking healthy meals A session whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health How can sugar affect our Physical Health Chaine Support for Mental Health https://met.google. Discussions on Mental health https://met.google. Discussions of Mental and Physical Health How can sugar affect our Physical and Mental Health? Exercise for Mental and Physical Health How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Exercises for Mental and Physical Health Discussions on health planting and nutrition Discussions on health planting and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Relaxation for body and mind	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby	
4	12.30pm to 1.30pm Mary Mansfield free	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE DEI and PE Glossop Military Fitness Brian Buller Emma Thompson - Yoga Sarah - Dancercise	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En4 8cd/En5 8ab/En4 8cd/En2 8cd/En3 8cd/En4 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA STA EMA MSW SGR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall Sports Hall Extension XG4 FC4 Drama Studio Trama Studio Drama Studio Drama Studio Drama Studio Trama Studio T	Nutrition and cooking healthy meals A sassion whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Kinife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health How can sugar affect our Physical and Mental Health How can sugar affect our Physical Health Online Support for Mental Health thitps://meet.google.com/kfn-gkz-cod/? authuser-0&hs-1228.ijm-1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knific crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise or Mental and Physical Health Relaxation for body and Mental health Relaxation for body and Mental health Relaxation for body and Mental health Relaxation for Mental and Physical Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Alex Barlow and Alfie Booth Max Broster and Walp Bradwell Max Broster and Macy Bradwell Max Broster and Macy Bradwell Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson	
4	12.30pm to 1.30pm Mary Mansfield free	Chartwells The benefits of music to Mental health School Nurses MUPC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reils - Tashsahkrashed Emma Thompson - Yoga School Nurses MUPC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE Glossop Military Fitness Brian Buller Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE Glossop Military Fitness Brian Buller Glossop Military Fitness Brian Buller Glossop Military Fitness Brian Buller Glossop Allitary Fitness Brian Buller Glossop Allitary Fitness Brian Buller	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En5 8ab/En1 8ab/En6 8ab/En7 8ab/En7 8ab/En7 8ab/En7 8ab/En7 8cd/En8 8cd/En8	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA STA EMA MSW SGR CRO CRO	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall Sports Hall Sports Hall Sports Hall Sports Hall And Studio Theatre XG5 Dance Studio XG4 And Studio Theatre XG5 Dance Studio Theatre	Nutrition and cooking healthy meals A session whith clooks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental Health How can sugar affect our Physical and Mental Health How can sugar affect our Physical and Mental Health? Relaxation for Body and Mind Exercise for Mental and Physical Health Online Support for Mental Health https://meet.google. com/Kni-ylez-ox/Edijim=1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Exercise for Physical and Mental Health Knife crime and the effects on Physical and Mental health Exercise for Mental and Physical Health Discussions on healthy living and nutrition	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin	
4	12.30pm to 1.30pm Mary Mansfield free	Chartwells The benefits of music to Mental health School Nurses MUFC Glossop Military Fitness Brian Buller Nutrition for health - Clare R Mary Mansfield - Yoga Sarah - Dancercise The Mix - Online session Nutrition for health - Clare R Reiki - Tashashakrashed Emma Thompson - Yoga School Nurses MUFC Glossop Military Fitness Brian Buller Chartwells Mary Mansfield - Yoga DEI and PE DEI and PE Glossop Military Fitness Brian Buller Emma Thompson - Yoga Sarah - Dancercise	8ab/En3 8ab/En4 8ab/En5 8cd/En1 8cd/En2 8cd/En3 8cd/En4 8cd/En5 8ab/En1 8ab/En2 8ab/En3 8ab/En4 8ab/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En3 8cd/En4 8cd/En5 8ab/En4 8cd/En2 8cd/En3 8cd/En4 8cd/En4 8cd/En5	MMI SHA cover JTh and JTHh take the session SJO VGA AHA CHI DED HRO ABO FBA CRY DSM ABR KOS STA SLE MSW MMI RCO ETR JLA STA EMA MSW SGR	FC4 FM2 (need a room change?) XG5 Outside Extension XG4 GT1 Theatre Theatre FE2 GT1 Drama Studio Dance Studio XG5 Outside Extension XG4 FC4 Drama Studio Sports Hall Sports Hall Extension XG4 FC4 Drama Studio Trama Studio Drama Studio Drama Studio Drama Studio Trama Studio T	Nutrition and cooking healthy meals A sassion whihe looks at the effects of Music on both Physical and Mental Health. Discussions on heathy living and nutrition Discussions on Mental health and Sport Exercise for Physical and Mental Health Kinife crime and the effects on Physical and Mental health How can sugar affect our Physical and Mental Health How can sugar affect our Physical and Mental Health How can sugar affect our Physical Health Online Support for Mental Health thitps://meet.google.com/kfn-gkz-cod/? authuser-0&hs-1228.ijm-1699132547650 How can sugar affect our Physical and Mental Health? Exercises for Mental and Physical Health Relaxation for body and mind Discussions on heathy living and nutrition Discussions on heathy living and nutrition Discussion on Mental health and Sport Exercise for Physical and Mental Health Knific crime and the effects on Physical and Mental health Nutrition and cooking healthy meals Relaxation for Body and Mind Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise and the effects on Physical and Mental health Exercise or Mental and Physical Health Relaxation for body and Mental health Relaxation for body and Mental health Relaxation for body and Mental health Relaxation for Mental and Physical Health	Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton Fletcher Preston, Kane Sharlotte and Jasmine Tandy Alex Barlow and Alfie Booth Lacey Bowler and Macy Bradwell Max Broster and William Fielding Rosie Horton, Archie Quinlan and Jayden Lowth Harvey Robinson, Harry Ryan and Faith Scott Carston Carter and Sam Darby Macey Coe and Annie Fisher-Dodson Charlotte Kennedy Sardon Lottee Macklin Lewis Lomas and Jay Naughton Macey Coe and Annie Fisher-Dodson Charlotte Kennedy and Lottee Macklin Lewis Lomas and Jay Naughton	

Presenters on Thri	ve Day	
MUFC	Dan Millen	Glossopdale School
School Nurses	Emma Cook	Glossopdale School Nurse
Glossop Military Fitness	Andy Cornner	andycornner@yahoo.co.uk
Chartwells	Aisha Blakemre	aisha.blakemorerazaq@compass-group.co.uk
Nutrition for health - Clare R	Clare Rowley	Glossopdale School
Police - Knife Crime	Brian Buller	brian.buller@derbyshire.police.uk
Mary Mansfield - Yoga	Mary Mansfield	marymansfieldyoga@gmail.com
Reiki - Tashashakrashed	Natasha Lincoln	tashaschakrashed@gmail.com
The Mix - Online session	Andy Rayment	andy.rayment@themix.org.uk
The Mix - Online session	Emma Hardwell	emma.hardwell@themix.org.uk
Sarah - Dancercise	Sarah Richardson	srh_richardson@yahoo.com
Emma Thompson - Yoga	Emma Thompson	yogaandfitnesswithemma@gmail.com