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Game	Note							
Fruit Ninja	Quest + subscription							
Green Hell	Quest + subscription	Can't find any mention of an upgrade for Q3. Maybe with update for multiplayer in Q4 2024 ?						
Hand Physics Lab	Quest + subscription							
Jurassic World Aftermath	Quest + subscription							
Myst	Quest + subscription	Doesn't seem to be optimized for quest 3 : https://www.reddit.com/r/myst/comments/1du8xok/riven_quest_3_update/						
Ragnarock	Quest + subscription							
Red Matter 1	Quest + subscription							
Sports Scramble	Quest + subscription							
The Climb	Quest + subscription							
Township Tale	Quest + subscription	Mentioned here (https://mkai.org/heres-every-quest-3-vr-game-getting-a-graphics-upgrade/), but nothing anywhere else						
Until your fall	Quest + subscription							
Warhammer 40,000: Battle Sister	Quest + subscription	Saw websites saying "Enhanced for Meta Quest 3". But no update since version 1.2.4 2 years ago?						

https://communityforums.atmeta.com/t5/VR-Experiences/Games-getting-a-Quest-3-Update/td-p/1095191
https://www.reddit.com/r/OculusQuest/comments/1791wig/older_quest_games_that_have_been_updated_with/