

Room 615 - Analy Village Weight Room

Spring 2023

Santa Rosa Hours: Mon/Wed 7:30-10:30am , 12-1:30pm, and 2:30-7pm Tues/Thurs 7:30-10:30am, 12-7pm, and Friday 8am-1pm

Section: 6235 **KFIT 61** 1.5 units 52.5 hours of participation

Section: 6237 **KFIT 61** 1 unit 35 hours of participation

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00						
6:15						
6:30						
6:45						
7:00						
7:15						
7:30	Sather	DePaola	Sather	DePaola		
7:45	7:30-9am	7:30-9am	7:30-9am	7:30-9:30am		
8:00					Sather	
8:15					8-11am	
8:30						
8:45						
9:00	Campbell	Campbell	Campbell	Campbell		
9:15	9-10:30am	9-10:30am	9-10:30am	9-10:30am		
9:30						
9:45						
10:00						
10:15						
10:30						
10:45						
11:00					Chaidez	
11:15					11-1pm	
11:30						
11:45						
12:00	Chaidez	Kinahan	Dave Latourette	Kinahan		
12:15	12-1:30pm	12-2pm	12-1:30pm	12-2pm		
12:30						
12:45						
1:00						
1:15						
1:30						
1:45						
2:00		Fitzpatrick		Fitzpatrick		
2:15						
2:30	Thiele	2-3:30pm	Thiele	2-3:30pm		
2:45	2:30-4pm		2:30-4pm			
3:00						
3:15						
3:30		McMillan		McMillan		
3:45		3:30-4:30pm		3:30-4:30pm		
4:00						
4:15	Wellman		Wellman			
4:30	4-5:30pm	Duerr	4-5:30pm	Duerr		
4:45		4:30-7pm		4:30-7pm		
5:00						
5:15						
5:30	Chaidez		Chaidez			
5:45	5:30-7pm		5:30-7pm			
6:00						
6:15						
6:30						
6:45						
7:00						
7:15						
7:30						
7:45						
8:00						
8:15						
8:30						
8:45						
9:00						

9:15					
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