Rochester Figure Skating Club

2024-2025 Ice Schedule

Effective Tuesday, September 3, 2024 through Friday, May 23, 2025

Contract Due Sunday, August 11, 2024. Late Fee will be applied after the registration deadline. Ice Show placement will be dependent on the number of units registered for by Sentember 30, 2024 and must be maintened until after Show performances.

No Ice: Saturday, March 29 through Saturday, April 5, 2025 (Spring break)

Additional time changes: See the 2024-2025 Ice Contract for a list of additional class time exceptions.

Summer Interim: Saturday, May 24 through Saturday, June 7, 2025

No Ice: Monday, April 28, 2025

This schedule is for planning purposes only. Please register at: https://www.rochesterfsc.

• 5:30 –6:15 Flex & Pilates (Gym)

• 6:30 –7:15 Synchro Off-ice (Gym)

levels. This class is designed for skaters to

learn jumps and spins and to get ready for

the Pre-Preliminary Skating Skills test level.

** NOTE: Tues and Thurs 3:30-4:00 pm

session will be cancelled if less than 6 skaters register for the sessions.

org/contractreg.html

	Monday		Tuesday			Wednesday	<i>,</i>	Thursday		Friday			Saturday	$\Box T$
	Zam		Zam	1		Zam		Zam		Zam		10:00		10:00
:00		6:00			6:00		6:00		6:00		6:00	10:15		10:15
3:15		6:15			6:15		6:15		6:15		6:15	10:30		10:30
5:30		6:30			6:30		6:30		6:30	-	6:30	10:45	Learn2Skate	10:45
:45	Synchro	6:45			6:45		6:45		6:45	-	6:45	11:00		11:00
:00	Open (South)	7:00	Oper	ı	7:00	Open	7:00	Open	7:00	Open	7:00	11:15		11:15
7:15	15 min blocks	7:15	15 min bl	ocks	7:15	15 min blocks	7:15	15 min block	s 7:15	15 min blocks	7:15	11:30	Zam	11:30
7:30	5.00.00	7:30			7:30		7:30		7:30		7:30	11:45	BS 6-Pre-Bronze	11:45
7:45		7:45			7:45		7:45		7:45		7:45	12:00	Singles	12:00
:00		8:00			8:00		8:00		8:00		8:00	12:15	Fund. Free Style	12:15
3:15		8:15			8:15		8:15		8:15		8:15	12:30	Low Power &	12:30
3:30		8:30			8:30		8:30		8:30		8:30	12:45	Edge	12:45
8:45		8:45			8:45		8:45		8:45		8:45	1:00		1:00
9:00		9:00			9:00		9:00		9:00		9:00	1:15	Open	1:15
												1:30		1:30
3:00		3:00			3:00		3:00		3:00		3:00	1:45	Zam	1:45
3:15		3:15			3:15		3:15		3:15		3:15	2:00		2:00
3:30		3:30	**0	oen	3:30 3:45		3:30	* * Open	3:30		3:30	2:15	Open	2:15
3:45		3:45		* * Open			3:45	* * Open	3:45		3:45	2:30		2:30
:00		4:00	Open		4:00	Svnchro	4:00		4:00	Open	4:00	2:45	SS/Dance	2:45
1:15	Open	4:15			4:15	(North rink)	4:15	Open			4:15	3:00	Open	3:00
:30		4:30	SS/Dai		4:30	,	4:30		4:30	Zam	4:30	3:15	·	3:15
1:45	SS/Dance Medium Edge	4:45	BS 6- Pre-	High Power	4:45	High Edge		Open Pow	or	Adaptive Open	4:45	3:30	Zam	3:30
5:00	Zam (South)	5:00	Bronze	(South)	5:00	Zam (Sout	h) 5:00	(Sou		Skating (South)	5:00	3:45		3:45
5:15	•	5:15	Open		5:15	Open (15min) Jumps Open off-ice	_	Open	5:15		5:15	4:00	Synchro	4:00
5:30	Open	5:30			5:30 5:45		۵ .	-	5:30	-	5:30 5:45	4:15		4:15
:45		5:45	Zam			(gym		Zam	5:45 6:00	Learn 2 Skate	6:00	4:30 4:45		4:30
::00	•	6:00			6:00	Open (15min	')				6:15	5:00	-	4:45 5:00
6:15 6:30	Open	6:15			6:15 6:30	Jumps (on-ice	6:30		6:15		6:30	5:15	Zam	5:15
:45	7	6:45	Learn 2 Skate		6:45	Open	6:45	Learn 2 Skate			0.30	5.15	1	
:00	Zam	7:00			7:00		7:00			Contract for Leveled Id		on the	Learn2Skate Sessions. For reference only.	
':15	Learn 2 Skate	7:15			7:15		7:15			owing tests <u>passed</u>	_	Dec Feco	South Rink	
:30	Explorers	7:30			7:30		7:30			en: No Test (must har ate badge)				
.30 7:45		7:45			7:45		7:45	Synchro	BS	6-Pre-Bronze: Bas	On-Ice Classes: North Rink			
3:00	TBD	8:00			8:00			Zam		Pre-Bronze Singles			On-Ice Classes: South Rin	
3:15	טפו	8:15	Zam		8:15		8:00 8:15	Zaiii		Low Power/Edge: No Test (must have passed Pre-Free Skate badge) to Preliminary			Register for 15 minute bloc Off-Ice Classes	
3:30		8:30	Adults on the		8:30		8:30	Synchro		ating Skills				
3:45	8:		Edge		8:45		8:45			Medium Power: Preliminary to Bronze			Times will be adjusted to accommodate on-ice session	
:00		9:00			9:00	9:00			_	Skating Skills Medium Edge: Preliminary to Bronze			Monday:	
		9.00							aium Eage: Preiimir iting Skills	• 6:15 –6:45 Stars (Gym) Tuesday:				
202	4-2025 School	Voor	Schodula	Even	ntion	2			- 1	jh Power: Pre-Silver	to Gold Ska	ating	• 5:20–5:50 Jur	nps (Gym)
							_		Ski				Wednesday:	
	ter Interim: Monday ce: Afternoon Friday							(ohin)	,	Jh Edge: Pre-Silver to		•	• 5:30 –6:00 Ju Thursday:	mps (Gym)
	ce: Saturday, March						01 1110 1		Fu	ndamental Freestyl	e: Open to	aıı	• 5:30 –6:15 Fle	0 Diletes