

Ilford AC club fixtures		Version 24.08		Date 05/08/2024					
Date	Event	Venue	Terrain	Club target	Distance	League	Age groups	Registration	Deadline
Sat 5/10/2021	Ilford AC Essex League (TBC)	Hainault Forest	XC	YES	5m	Essex League			
Sun 6/10/2024	Southend 10 Classic	Southend	Road		10K			<a href="#">LINK</a>	
Tue 8/10/2024	Hog Hill	Hainault	Road		5K	Chingford League			
Sat 12/10/20	Essex XC Relays Championships	Weald Park	XC	YES	5m	Essex Championships			
Sun 13/10/20	Tiptree 10	Tiptree	Road		10m			<a href="#">LINK</a>	
Sat 26/10/20	Basildon AC Essex league (TBC)	Gloucester Park, Basildon	XC	YES	5m	Essex League			
Sun 27/10/20	Wix 5	Tiptree	Road		10m			<a href="#">LINK</a>	
Sat 2/11/2024	Eastbrook End	Eastbrook End Cou	XC		5m	Chingford league			
Sun 10/11/20	Essex Championships - 10m	Stebbing	Road	YES	10 miles	Essex Championships - Grand Prix		<a href="#">LINK</a>	
Sat 16/11/20	Colchester Harriers Essex League (TBC)	TBC	XC	YES	5m	Essex League			
Sat 23/11/20	Trent Park	Trent Park	XC		5m	Chingford league			
Sat 16/11/20	Chelmsford AC and Havering AC Essex League (TBC)	Writtle	XC	YES	5m	Essex League			
Sun 1/12/2024	British Masters 5K Championships	Battersea Park	Road		5K				
Sat 07/12/20	SEAA Masters XC Championships	Oxford	XC	YES	5m	SEAA			
Wed 11/12/20	Velopark	Stratford	Road		5K	Chingford League			
Sat 14/12/20	Essex Masters XC Championships	Chingford	XC	YES	5m	Essex Championships			
Sat 4/1/2025	Essex XC County Championships	Gloucester Park, Basildon	XC	YES	12K	Essex Championships			
Sat 18/1/2021	Epping Forest	Chingford	XC		5m	Chingford league			
Sat 1/2/2025	Victoria Park	Hackney	Road		5m	Chingford League			
Sat 8/2/2025	Southend AC Essex League (TBC)	Hockley	XC	YES	5m	Essex League			
Sat 8/3/2025	Wanstead Flats	Wanstead	XC		5m	Chingford league			
Sun 16/03/20	Essex Grand Prix - Essex 20	Carver Barracks	Road	YES	20m	Essex Championships - Grand Prix		<a href="#">LINK</a>	