

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
8/18/2015			2 - Tuesday	8/17/2015	2015 - 08 - August		
8/19/2015			3 - Wednesday	8/17/2015	2015 - 08 - August		
8/20/2015	153.40		4 - Thursday	8/17/2015	2015 - 08 - August		
8/21/2015	154.80		5 - Friday	8/17/2015	2015 - 08 - August		
8/22/2015	153.00		6 - Saturday	8/17/2015	2015 - 08 - August		
8/23/2015	156.00		7 - Sunday	8/17/2015	2015 - 08 - August		
8/24/2015			1 - Monday	8/24/2015	2015 - 08 - August		
8/25/2015			2 - Tuesday	8/24/2015	2015 - 08 - August		
8/26/2015			3 - Wednesday	8/24/2015	2015 - 08 - August		
8/27/2015			4 - Thursday	8/24/2015	2015 - 08 - August		
8/28/2015			5 - Friday	8/24/2015	2015 - 08 - August		
8/29/2015			6 - Saturday	8/24/2015	2015 - 08 - August		
8/30/2015			7 - Sunday	8/24/2015	2015 - 08 - August		
8/31/2015			1 - Monday	8/31/2015	2015 - 08 - August		
9/1/2015			2 - Tuesday	8/31/2015	2015 - 09 - September		
9/2/2015			3 - Wednesday	8/31/2015	2015 - 09 - September		
9/3/2015			4 - Thursday	8/31/2015	2015 - 09 - September		
9/4/2015			5 - Friday	8/31/2015	2015 - 09 - September		
9/5/2015			6 - Saturday	8/31/2015	2015 - 09 - September		
9/6/2015			7 - Sunday	8/31/2015	2015 - 09 - September		
9/7/2015			1 - Monday	9/7/2015	2015 - 09 - September		
9/8/2015			2 - Tuesday	9/7/2015	2015 - 09 - September		
9/9/2015			3 - Wednesday	9/7/2015	2015 - 09 - September		
9/10/2015			4 - Thursday	9/7/2015	2015 - 09 - September		
9/11/2015			5 - Friday	9/7/2015	2015 - 09 - September		
9/12/2015			6 - Saturday	9/7/2015	2015 - 09 - September		
9/13/2015			7 - Sunday	9/7/2015	2015 - 09 - September		
9/14/2015			1 - Monday	9/14/2015	2015 - 09 - September		
9/15/2015			2 - Tuesday	9/14/2015	2015 - 09 - September		
9/16/2015			3 - Wednesday	9/14/2015	2015 - 09 - September		
9/17/2015			4 - Thursday	9/14/2015	2015 - 09 - September		
9/18/2015			5 - Friday	9/14/2015	2015 - 09 - September		
9/19/2015			6 - Saturday	9/14/2015	2015 - 09 - September		
9/20/2015			7 - Sunday	9/14/2015	2015 - 09 - September		
9/21/2015			1 - Monday	9/21/2015	2015 - 09 - September		
9/22/2015			2 - Tuesday	9/21/2015	2015 - 09 - September		
9/23/2015			3 - Wednesday	9/21/2015	2015 - 09 - September		
9/24/2015			4 - Thursday	9/21/2015	2015 - 09 - September		
9/25/2015			5 - Friday	9/21/2015	2015 - 09 - September		
9/26/2015			6 - Saturday	9/21/2015	2015 - 09 - September		
9/27/2015			7 - Sunday	9/21/2015	2015 - 09 - September		
9/28/2015			1 - Monday	9/28/2015	2015 - 09 - September		
9/29/2015			2 - Tuesday	9/28/2015	2015 - 09 - September		
9/30/2015			3 - Wednesday	9/28/2015	2015 - 09 - September		
10/1/2015			4 - Thursday	9/28/2015	2015 - 10 - October		
10/2/2015			5 - Friday	9/28/2015	2015 - 10 - October		
10/3/2015			6 - Saturday	9/28/2015	2015 - 10 - October		
10/4/2015			7 - Sunday	9/28/2015	2015 - 10 - October		
10/5/2015			1 - Monday	10/5/2015	2015 - 10 - October		
10/6/2015			2 - Tuesday	10/5/2015	2015 - 10 - October		
10/7/2015			3 - Wednesday	10/5/2015	2015 - 10 - October		
10/8/2015			4 - Thursday	10/5/2015	2015 - 10 - October		
10/9/2015			5 - Friday	10/5/2015	2015 - 10 - October		
10/10/2015			6 - Saturday	10/5/2015	2015 - 10 - October		
10/11/2015			7 - Sunday	10/5/2015	2015 - 10 - October		
10/12/2015			1 - Monday	10/12/2015	2015 - 10 - October		
10/13/2015			2 - Tuesday	10/12/2015	2015 - 10 - October		
10/14/2015			3 - Wednesday	10/12/2015	2015 - 10 - October		
10/15/2015			4 - Thursday	10/12/2015	2015 - 10 - October		

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
10/16/2015			5 - Friday	10/12/2015	2015 - 10 - October		
10/17/2015			6 - Saturday	10/12/2015	2015 - 10 - October		
10/18/2015			7 - Sunday	10/12/2015	2015 - 10 - October		
10/19/2015			1 - Monday	10/19/2015	2015 - 10 - October		
10/20/2015			2 - Tuesday	10/19/2015	2015 - 10 - October		
10/21/2015			3 - Wednesday	10/19/2015	2015 - 10 - October		
10/22/2015			4 - Thursday	10/19/2015	2015 - 10 - October		
10/23/2015			5 - Friday	10/19/2015	2015 - 10 - October		
10/24/2015			6 - Saturday	10/19/2015	2015 - 10 - October		
10/25/2015			7 - Sunday	10/19/2015	2015 - 10 - October		
10/26/2015			1 - Monday	10/26/2015	2015 - 10 - October		
10/27/2015			2 - Tuesday	10/26/2015	2015 - 10 - October		
10/28/2015			3 - Wednesday	10/26/2015	2015 - 10 - October		
10/29/2015			4 - Thursday	10/26/2015	2015 - 10 - October		
10/30/2015			5 - Friday	10/26/2015	2015 - 10 - October		
10/31/2015			6 - Saturday	10/26/2015	2015 - 10 - October		
11/1/2015			7 - Sunday	10/26/2015	2015 - 11 - November		
11/2/2015			1 - Monday	11/2/2015	2015 - 11 - November		
11/3/2015			2 - Tuesday	11/2/2015	2015 - 11 - November		
11/4/2015			3 - Wednesday	11/2/2015	2015 - 11 - November		
11/5/2015			4 - Thursday	11/2/2015	2015 - 11 - November		
11/6/2015			5 - Friday	11/2/2015	2015 - 11 - November		
11/7/2015			6 - Saturday	11/2/2015	2015 - 11 - November		
11/8/2015			7 - Sunday	11/2/2015	2015 - 11 - November		
11/9/2015			1 - Monday	11/9/2015	2015 - 11 - November		
11/10/2015			2 - Tuesday	11/9/2015	2015 - 11 - November		
11/11/2015			3 - Wednesday	11/9/2015	2015 - 11 - November		
11/12/2015			4 - Thursday	11/9/2015	2015 - 11 - November		
11/13/2015			5 - Friday	11/9/2015	2015 - 11 - November		
11/14/2015			6 - Saturday	11/9/2015	2015 - 11 - November		
11/15/2015			7 - Sunday	11/9/2015	2015 - 11 - November		
11/16/2015			1 - Monday	11/16/2015	2015 - 11 - November		
11/17/2015			2 - Tuesday	11/16/2015	2015 - 11 - November		
11/18/2015			3 - Wednesday	11/16/2015	2015 - 11 - November		
11/19/2015			4 - Thursday	11/16/2015	2015 - 11 - November		
11/20/2015			5 - Friday	11/16/2015	2015 - 11 - November		
11/21/2015			6 - Saturday	11/16/2015	2015 - 11 - November		
11/22/2015			7 - Sunday	11/16/2015	2015 - 11 - November		
11/23/2015			1 - Monday	11/23/2015	2015 - 11 - November		
11/24/2015			2 - Tuesday	11/23/2015	2015 - 11 - November		
11/25/2015			3 - Wednesday	11/23/2015	2015 - 11 - November		
11/26/2015			4 - Thursday	11/23/2015	2015 - 11 - November		
11/27/2015			5 - Friday	11/23/2015	2015 - 11 - November		
11/28/2015			6 - Saturday	11/23/2015	2015 - 11 - November		
11/29/2015			7 - Sunday	11/23/2015	2015 - 11 - November		
11/30/2015			1 - Monday	11/30/2015	2015 - 11 - November		
12/1/2015			2 - Tuesday	11/30/2015	2015 - 12 - December		
12/2/2015			3 - Wednesday	11/30/2015	2015 - 12 - December		
12/3/2015			4 - Thursday	11/30/2015	2015 - 12 - December		
12/4/2015			5 - Friday	11/30/2015	2015 - 12 - December		
12/5/2015			6 - Saturday	11/30/2015	2015 - 12 - December		
12/6/2015			7 - Sunday	11/30/2015	2015 - 12 - December		
12/7/2015			1 - Monday	12/7/2015	2015 - 12 - December		
12/8/2015			2 - Tuesday	12/7/2015	2015 - 12 - December		
12/9/2015			3 - Wednesday	12/7/2015	2015 - 12 - December		
12/10/2015			4 - Thursday	12/7/2015	2015 - 12 - December		
12/11/2015			5 - Friday	12/7/2015	2015 - 12 - December		
12/12/2015			6 - Saturday	12/7/2015	2015 - 12 - December		
12/13/2015			7 - Sunday	12/7/2015	2015 - 12 - December		

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
12/14/2015			1 - Monday	12/14/2015	2015 - 12 - December		
12/15/2015			2 - Tuesday	12/14/2015	2015 - 12 - December		
12/16/2015			3 - Wednesday	12/14/2015	2015 - 12 - December		
12/17/2015			4 - Thursday	12/14/2015	2015 - 12 - December		
12/18/2015			5 - Friday	12/14/2015	2015 - 12 - December		
12/19/2015			6 - Saturday	12/14/2015	2015 - 12 - December		
12/20/2015			7 - Sunday	12/14/2015	2015 - 12 - December		
12/21/2015			1 - Monday	12/21/2015	2015 - 12 - December		
12/22/2015			2 - Tuesday	12/21/2015	2015 - 12 - December		
12/23/2015			3 - Wednesday	12/21/2015	2015 - 12 - December		
12/24/2015			4 - Thursday	12/21/2015	2015 - 12 - December		
12/25/2015			5 - Friday	12/21/2015	2015 - 12 - December		
12/26/2015			6 - Saturday	12/21/2015	2015 - 12 - December		
12/27/2015			7 - Sunday	12/21/2015	2015 - 12 - December		
12/28/2015			1 - Monday	12/28/2015	2015 - 12 - December		
12/29/2015			2 - Tuesday	12/28/2015	2015 - 12 - December		
12/30/2015			3 - Wednesday	12/28/2015	2015 - 12 - December		
12/31/2015			4 - Thursday	12/28/2015	2015 - 12 - December		
1/1/2016			5 - Friday	12/28/2015	2016 - 01 - January		
1/2/2016			6 - Saturday	12/28/2015	2016 - 01 - January		
1/3/2016			7 - Sunday	12/28/2015	2016 - 01 - January		
1/4/2016			1 - Monday	1/4/2016	2016 - 01 - January		
1/5/2016			2 - Tuesday	1/4/2016	2016 - 01 - January		
1/6/2016			3 - Wednesday	1/4/2016	2016 - 01 - January		
1/7/2016			4 - Thursday	1/4/2016	2016 - 01 - January		
1/8/2016			5 - Friday	1/4/2016	2016 - 01 - January		
1/9/2016			6 - Saturday	1/4/2016	2016 - 01 - January		
1/10/2016			7 - Sunday	1/4/2016	2016 - 01 - January		
1/11/2016			1 - Monday	1/11/2016	2016 - 01 - January		
1/12/2016			2 - Tuesday	1/11/2016	2016 - 01 - January		
1/13/2016			3 - Wednesday	1/11/2016	2016 - 01 - January		
1/14/2016			4 - Thursday	1/11/2016	2016 - 01 - January		
1/15/2016			5 - Friday	1/11/2016	2016 - 01 - January		
1/16/2016			6 - Saturday	1/11/2016	2016 - 01 - January		
1/17/2016			7 - Sunday	1/11/2016	2016 - 01 - January		
1/18/2016			1 - Monday	1/18/2016	2016 - 01 - January		
1/19/2016			2 - Tuesday	1/18/2016	2016 - 01 - January		
1/20/2016			3 - Wednesday	1/18/2016	2016 - 01 - January		
1/21/2016			4 - Thursday	1/18/2016	2016 - 01 - January		
1/22/2016			5 - Friday	1/18/2016	2016 - 01 - January		
1/23/2016			6 - Saturday	1/18/2016	2016 - 01 - January		
1/24/2016			7 - Sunday	1/18/2016	2016 - 01 - January		
1/25/2016			1 - Monday	1/25/2016	2016 - 01 - January		
1/26/2016			2 - Tuesday	1/25/2016	2016 - 01 - January		
1/27/2016			3 - Wednesday	1/25/2016	2016 - 01 - January		
1/28/2016			4 - Thursday	1/25/2016	2016 - 01 - January		
1/29/2016			5 - Friday	1/25/2016	2016 - 01 - January		
1/30/2016			6 - Saturday	1/25/2016	2016 - 01 - January		
1/31/2016			7 - Sunday	1/25/2016	2016 - 01 - January		
2/1/2016			1 - Monday	2/1/2016	2016 - 02 - February		
2/2/2016			2 - Tuesday	2/1/2016	2016 - 02 - February		
2/3/2016			3 - Wednesday	2/1/2016	2016 - 02 - February		
2/4/2016			4 - Thursday	2/1/2016	2016 - 02 - February		
2/5/2016			5 - Friday	2/1/2016	2016 - 02 - February		
2/6/2016			6 - Saturday	2/1/2016	2016 - 02 - February		
2/7/2016			7 - Sunday	2/1/2016	2016 - 02 - February		
2/8/2016			1 - Monday	2/8/2016	2016 - 02 - February		
2/9/2016			2 - Tuesday	2/8/2016	2016 - 02 - February		
2/10/2016			3 - Wednesday	2/8/2016	2016 - 02 - February		

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
2/11/2016			4 - Thursday	2/8/2016	2016 - 02 - February		
2/12/2016			5 - Friday	2/8/2016	2016 - 02 - February		
2/13/2016			6 - Saturday	2/8/2016	2016 - 02 - February		
2/14/2016			7 - Sunday	2/8/2016	2016 - 02 - February		
2/15/2016			1 - Monday	2/15/2016	2016 - 02 - February		
2/16/2016			2 - Tuesday	2/15/2016	2016 - 02 - February		
2/17/2016			3 - Wednesday	2/15/2016	2016 - 02 - February		
2/18/2016			4 - Thursday	2/15/2016	2016 - 02 - February		
2/19/2016			5 - Friday	2/15/2016	2016 - 02 - February		
2/20/2016			6 - Saturday	2/15/2016	2016 - 02 - February		
2/21/2016			7 - Sunday	2/15/2016	2016 - 02 - February		
2/22/2016			1 - Monday	2/22/2016	2016 - 02 - February		
2/23/2016			2 - Tuesday	2/22/2016	2016 - 02 - February		
2/24/2016			3 - Wednesday	2/22/2016	2016 - 02 - February		
2/25/2016			4 - Thursday	2/22/2016	2016 - 02 - February		
2/26/2016			5 - Friday	2/22/2016	2016 - 02 - February		
2/27/2016			6 - Saturday	2/22/2016	2016 - 02 - February		
2/28/2016			7 - Sunday	2/22/2016	2016 - 02 - February		
2/29/2016			1 - Monday	2/29/2016	2016 - 02 - February		
3/1/2016			2 - Tuesday	2/29/2016	2016 - 03 - March		
3/2/2016			3 - Wednesday	2/29/2016	2016 - 03 - March		
3/3/2016			4 - Thursday	2/29/2016	2016 - 03 - March		
3/4/2016			5 - Friday	2/29/2016	2016 - 03 - March		
3/5/2016			6 - Saturday	2/29/2016	2016 - 03 - March		
3/6/2016			7 - Sunday	2/29/2016	2016 - 03 - March		
3/7/2016			1 - Monday	3/7/2016	2016 - 03 - March		
3/8/2016			2 - Tuesday	3/7/2016	2016 - 03 - March		
3/9/2016			3 - Wednesday	3/7/2016	2016 - 03 - March		
3/10/2016			4 - Thursday	3/7/2016	2016 - 03 - March		
3/11/2016			5 - Friday	3/7/2016	2016 - 03 - March		
3/12/2016			6 - Saturday	3/7/2016	2016 - 03 - March		
3/13/2016			7 - Sunday	3/7/2016	2016 - 03 - March		
3/14/2016			1 - Monday	3/14/2016	2016 - 03 - March		
3/15/2016			2 - Tuesday	3/14/2016	2016 - 03 - March		
3/16/2016			3 - Wednesday	3/14/2016	2016 - 03 - March		
3/17/2016			4 - Thursday	3/14/2016	2016 - 03 - March		
3/18/2016			5 - Friday	3/14/2016	2016 - 03 - March		
3/19/2016			6 - Saturday	3/14/2016	2016 - 03 - March		
3/20/2016			7 - Sunday	3/14/2016	2016 - 03 - March		
3/21/2016			1 - Monday	3/21/2016	2016 - 03 - March		
3/22/2016			2 - Tuesday	3/21/2016	2016 - 03 - March		
3/23/2016			3 - Wednesday	3/21/2016	2016 - 03 - March		
3/24/2016			4 - Thursday	3/21/2016	2016 - 03 - March		
3/25/2016			5 - Friday	3/21/2016	2016 - 03 - March		
3/26/2016			6 - Saturday	3/21/2016	2016 - 03 - March		
3/27/2016			7 - Sunday	3/21/2016	2016 - 03 - March		
3/28/2016			1 - Monday	3/28/2016	2016 - 03 - March		
3/29/2016			2 - Tuesday	3/28/2016	2016 - 03 - March		
3/30/2016			3 - Wednesday	3/28/2016	2016 - 03 - March		
3/31/2016			4 - Thursday	3/28/2016	2016 - 03 - March		
4/1/2016			5 - Friday	3/28/2016	2016 - 04 - April		
4/2/2016			6 - Saturday	3/28/2016	2016 - 04 - April		
4/3/2016			7 - Sunday	3/28/2016	2016 - 04 - April		
4/4/2016			1 - Monday	4/4/2016	2016 - 04 - April		
4/5/2016			2 - Tuesday	4/4/2016	2016 - 04 - April		
4/6/2016			3 - Wednesday	4/4/2016	2016 - 04 - April		
4/7/2016			4 - Thursday	4/4/2016	2016 - 04 - April		
4/8/2016			5 - Friday	4/4/2016	2016 - 04 - April		
4/9/2016			6 - Saturday	4/4/2016	2016 - 04 - April		

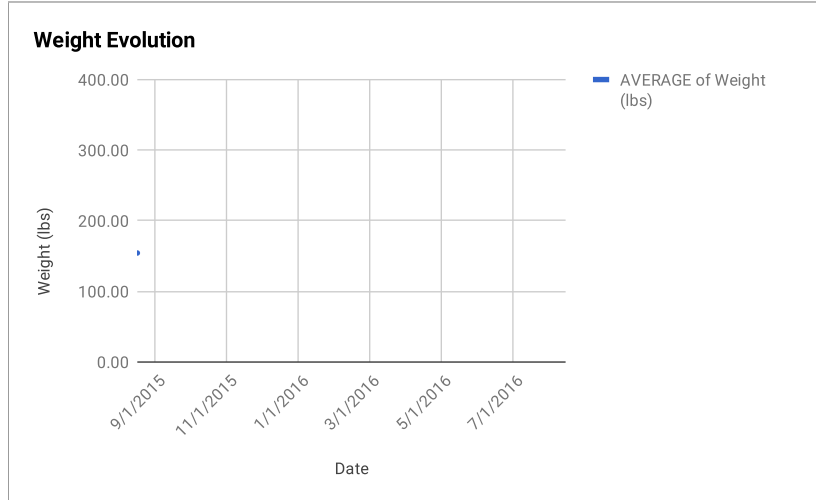
Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
4/10/2016			7 - Sunday	4/4/2016	2016 - 04 - April		
4/11/2016			1 - Monday	4/11/2016	2016 - 04 - April		
4/12/2016			2 - Tuesday	4/11/2016	2016 - 04 - April		
4/13/2016			3 - Wednesday	4/11/2016	2016 - 04 - April		
4/14/2016			4 - Thursday	4/11/2016	2016 - 04 - April		
4/15/2016			5 - Friday	4/11/2016	2016 - 04 - April		
4/16/2016			6 - Saturday	4/11/2016	2016 - 04 - April		
4/17/2016			7 - Sunday	4/11/2016	2016 - 04 - April		
4/18/2016			1 - Monday	4/18/2016	2016 - 04 - April		
4/19/2016			2 - Tuesday	4/18/2016	2016 - 04 - April		
4/20/2016			3 - Wednesday	4/18/2016	2016 - 04 - April		
4/21/2016			4 - Thursday	4/18/2016	2016 - 04 - April		
4/22/2016			5 - Friday	4/18/2016	2016 - 04 - April		
4/23/2016			6 - Saturday	4/18/2016	2016 - 04 - April		
4/24/2016			7 - Sunday	4/18/2016	2016 - 04 - April		
4/25/2016			1 - Monday	4/25/2016	2016 - 04 - April		
4/26/2016			2 - Tuesday	4/25/2016	2016 - 04 - April		
4/27/2016			3 - Wednesday	4/25/2016	2016 - 04 - April		
4/28/2016			4 - Thursday	4/25/2016	2016 - 04 - April		
4/29/2016			5 - Friday	4/25/2016	2016 - 04 - April		
4/30/2016			6 - Saturday	4/25/2016	2016 - 04 - April		
5/1/2016			7 - Sunday	4/25/2016	2016 - 05 - May		
5/2/2016			1 - Monday	5/2/2016	2016 - 05 - May		
5/3/2016			2 - Tuesday	5/2/2016	2016 - 05 - May		
5/4/2016			3 - Wednesday	5/2/2016	2016 - 05 - May		
5/5/2016			4 - Thursday	5/2/2016	2016 - 05 - May		
5/6/2016			5 - Friday	5/2/2016	2016 - 05 - May		
5/7/2016			6 - Saturday	5/2/2016	2016 - 05 - May		
5/8/2016			7 - Sunday	5/2/2016	2016 - 05 - May		
5/9/2016			1 - Monday	5/9/2016	2016 - 05 - May		
5/10/2016			2 - Tuesday	5/9/2016	2016 - 05 - May		
5/11/2016			3 - Wednesday	5/9/2016	2016 - 05 - May		
5/12/2016			4 - Thursday	5/9/2016	2016 - 05 - May		
5/13/2016			5 - Friday	5/9/2016	2016 - 05 - May		
5/14/2016			6 - Saturday	5/9/2016	2016 - 05 - May		
5/15/2016			7 - Sunday	5/9/2016	2016 - 05 - May		
5/16/2016			1 - Monday	5/16/2016	2016 - 05 - May		
5/17/2016			2 - Tuesday	5/16/2016	2016 - 05 - May		
5/18/2016			3 - Wednesday	5/16/2016	2016 - 05 - May		
5/19/2016			4 - Thursday	5/16/2016	2016 - 05 - May		
5/20/2016			5 - Friday	5/16/2016	2016 - 05 - May		
5/21/2016			6 - Saturday	5/16/2016	2016 - 05 - May		
5/22/2016			7 - Sunday	5/16/2016	2016 - 05 - May		
5/23/2016			1 - Monday	5/23/2016	2016 - 05 - May		
5/24/2016			2 - Tuesday	5/23/2016	2016 - 05 - May		
5/25/2016			3 - Wednesday	5/23/2016	2016 - 05 - May		
5/26/2016			4 - Thursday	5/23/2016	2016 - 05 - May		
5/27/2016			5 - Friday	5/23/2016	2016 - 05 - May		
5/28/2016			6 - Saturday	5/23/2016	2016 - 05 - May		
5/29/2016			7 - Sunday	5/23/2016	2016 - 05 - May		
5/30/2016			1 - Monday	5/30/2016	2016 - 05 - May		
5/31/2016			2 - Tuesday	5/30/2016	2016 - 05 - May		
6/1/2016			3 - Wednesday	5/30/2016	2016 - 06 - June		
6/2/2016			4 - Thursday	5/30/2016	2016 - 06 - June		
6/3/2016			5 - Friday	5/30/2016	2016 - 06 - June		
6/4/2016			6 - Saturday	5/30/2016	2016 - 06 - June		
6/5/2016			7 - Sunday	5/30/2016	2016 - 06 - June		
6/6/2016			1 - Monday	6/6/2016	2016 - 06 - June		
6/7/2016			2 - Tuesday	6/6/2016	2016 - 06 - June		

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month				<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
6/8/2016			3 - Wednesday	6/6/2016	2016 - 06 - June				
6/9/2016			4 - Thursday	6/6/2016	2016 - 06 - June				
6/10/2016			5 - Friday	6/6/2016	2016 - 06 - June				
6/11/2016			6 - Saturday	6/6/2016	2016 - 06 - June				
6/12/2016			7 - Sunday	6/6/2016	2016 - 06 - June				
6/13/2016			1 - Monday	6/13/2016	2016 - 06 - June				
6/14/2016			2 - Tuesday	6/13/2016	2016 - 06 - June				
6/15/2016			3 - Wednesday	6/13/2016	2016 - 06 - June				
6/16/2016			4 - Thursday	6/13/2016	2016 - 06 - June				
6/17/2016			5 - Friday	6/13/2016	2016 - 06 - June				
6/18/2016			6 - Saturday	6/13/2016	2016 - 06 - June				
6/19/2016			7 - Sunday	6/13/2016	2016 - 06 - June				
6/20/2016			1 - Monday	6/20/2016	2016 - 06 - June				
6/21/2016			2 - Tuesday	6/20/2016	2016 - 06 - June				
6/22/2016			3 - Wednesday	6/20/2016	2016 - 06 - June				
6/23/2016			4 - Thursday	6/20/2016	2016 - 06 - June				
6/24/2016			5 - Friday	6/20/2016	2016 - 06 - June				
6/25/2016			6 - Saturday	6/20/2016	2016 - 06 - June				
6/26/2016			7 - Sunday	6/20/2016	2016 - 06 - June				
6/27/2016			1 - Monday	6/27/2016	2016 - 06 - June				
6/28/2016			2 - Tuesday	6/27/2016	2016 - 06 - June				
6/29/2016			3 - Wednesday	6/27/2016	2016 - 06 - June				
6/30/2016			4 - Thursday	6/27/2016	2016 - 06 - June				
7/1/2016			5 - Friday	6/27/2016	2016 - 07 - July				
7/2/2016			6 - Saturday	6/27/2016	2016 - 07 - July				
7/3/2016			7 - Sunday	6/27/2016	2016 - 07 - July				
7/4/2016			1 - Monday	7/4/2016	2016 - 07 - July				
7/5/2016			2 - Tuesday	7/4/2016	2016 - 07 - July				
7/6/2016			3 - Wednesday	7/4/2016	2016 - 07 - July				
7/7/2016			4 - Thursday	7/4/2016	2016 - 07 - July				
7/8/2016			5 - Friday	7/4/2016	2016 - 07 - July				
7/9/2016			6 - Saturday	7/4/2016	2016 - 07 - July				
7/10/2016			7 - Sunday	7/4/2016	2016 - 07 - July				
7/11/2016			1 - Monday	7/11/2016	2016 - 07 - July				
7/12/2016			2 - Tuesday	7/11/2016	2016 - 07 - July				
7/13/2016			3 - Wednesday	7/11/2016	2016 - 07 - July				
7/14/2016			4 - Thursday	7/11/2016	2016 - 07 - July				
7/15/2016			5 - Friday	7/11/2016	2016 - 07 - July				
7/16/2016			6 - Saturday	7/11/2016	2016 - 07 - July				
7/17/2016			7 - Sunday	7/11/2016	2016 - 07 - July				
7/18/2016			1 - Monday	7/18/2016	2016 - 07 - July				
7/19/2016			2 - Tuesday	7/18/2016	2016 - 07 - July				
7/20/2016			3 - Wednesday	7/18/2016	2016 - 07 - July				
7/21/2016			4 - Thursday	7/18/2016	2016 - 07 - July				
7/22/2016			5 - Friday	7/18/2016	2016 - 07 - July				
7/23/2016			6 - Saturday	7/18/2016	2016 - 07 - July				
7/24/2016			7 - Sunday	7/18/2016	2016 - 07 - July				
7/25/2016			1 - Monday	7/25/2016	2016 - 07 - July				
7/26/2016			2 - Tuesday	7/25/2016	2016 - 07 - July				
7/27/2016			3 - Wednesday	7/25/2016	2016 - 07 - July				
7/28/2016			4 - Thursday	7/25/2016	2016 - 07 - July				
7/29/2016			5 - Friday	7/25/2016	2016 - 07 - July				
7/30/2016			6 - Saturday	7/25/2016	2016 - 07 - July				
7/31/2016			7 - Sunday	7/25/2016	2016 - 07 - July				
8/1/2016			1 - Monday	8/1/2016	2016 - 08 - August				
8/2/2016			2 - Tuesday	8/1/2016	2016 - 08 - August				
8/3/2016			3 - Wednesday	8/1/2016	2016 - 08 - August				
8/4/2016			4 - Thursday	8/1/2016	2016 - 08 - August				
8/5/2016			5 - Friday	8/1/2016	2016 - 08 - August				

Date	Weight (lbs)	Calories Eaten	Day of Week	Start of Week	Month		<a href="https://www.coach.me/aismail">https://www.coach.me/aismail</a>
8/6/2016			6 - Saturday	8/1/2016	2016 - 08 - August		
8/7/2016			7 - Sunday	8/1/2016	2016 - 08 - August		
8/8/2016			1 - Monday	8/8/2016	2016 - 08 - August		
8/9/2016			2 - Tuesday	8/8/2016	2016 - 08 - August		
8/10/2016			3 - Wednesday	8/8/2016	2016 - 08 - August		
8/11/2016			4 - Thursday	8/8/2016	2016 - 08 - August		
8/12/2016			5 - Friday	8/8/2016	2016 - 08 - August		
8/13/2016			6 - Saturday	8/8/2016	2016 - 08 - August		
8/14/2016			7 - Sunday	8/8/2016	2016 - 08 - August		
8/15/2016			1 - Monday	8/15/2016	2016 - 08 - August		
8/16/2016			2 - Tuesday	8/15/2016	2016 - 08 - August		
8/17/2016			3 - Wednesday	8/15/2016	2016 - 08 - August		

<https://www.coach.me/aismail>

	AVERAGE of Weight (lbs)	AVERAGE of Calories Eaten
8/17/2015	154.30	#DIV/0!
8/24/2015	#DIV/0!	#DIV/0!
8/31/2015	#DIV/0!	#DIV/0!
9/7/2015	#DIV/0!	#DIV/0!
9/14/2015	#DIV/0!	#DIV/0!
9/21/2015	#DIV/0!	#DIV/0!
9/28/2015	#DIV/0!	#DIV/0!
10/5/2015	#DIV/0!	#DIV/0!
10/12/2015	#DIV/0!	#DIV/0!
10/19/2015	#DIV/0!	#DIV/0!
10/26/2015	#DIV/0!	#DIV/0!
11/2/2015	#DIV/0!	#DIV/0!
11/9/2015	#DIV/0!	#DIV/0!
11/16/2015	#DIV/0!	#DIV/0!
11/23/2015	#DIV/0!	#DIV/0!
11/30/2015	#DIV/0!	#DIV/0!
12/7/2015	#DIV/0!	#DIV/0!
12/14/2015	#DIV/0!	#DIV/0!
12/21/2015	#DIV/0!	#DIV/0!
12/28/2015	#DIV/0!	#DIV/0!
1/4/2016	#DIV/0!	#DIV/0!
1/11/2016	#DIV/0!	#DIV/0!
1/18/2016	#DIV/0!	#DIV/0!
1/25/2016	#DIV/0!	#DIV/0!
2/1/2016	#DIV/0!	#DIV/0!
2/8/2016	#DIV/0!	#DIV/0!
2/15/2016	#DIV/0!	#DIV/0!
2/22/2016	#DIV/0!	#DIV/0!
2/29/2016	#DIV/0!	#DIV/0!
3/7/2016	#DIV/0!	#DIV/0!
3/14/2016	#DIV/0!	#DIV/0!
3/21/2016	#DIV/0!	#DIV/0!
3/28/2016	#DIV/0!	#DIV/0!
4/4/2016	#DIV/0!	#DIV/0!
4/11/2016	#DIV/0!	#DIV/0!
4/18/2016	#DIV/0!	#DIV/0!
4/25/2016	#DIV/0!	#DIV/0!
5/2/2016	#DIV/0!	#DIV/0!
5/9/2016	#DIV/0!	#DIV/0!
5/16/2016	#DIV/0!	#DIV/0!
5/23/2016	#DIV/0!	#DIV/0!
5/30/2016	#DIV/0!	#DIV/0!
6/6/2016	#DIV/0!	#DIV/0!
6/13/2016	#DIV/0!	#DIV/0!
6/20/2016	#DIV/0!	#DIV/0!
6/27/2016	#DIV/0!	#DIV/0!
7/4/2016	#DIV/0!	#DIV/0!
7/11/2016	#DIV/0!	#DIV/0!
7/18/2016	#DIV/0!	#DIV/0!
7/25/2016	#DIV/0!	#DIV/0!
8/1/2016	#DIV/0!	#DIV/0!
8/8/2016	#DIV/0!	#DIV/0!
8/15/2016	#DIV/0!	#DIV/0!
<b>Grand Total</b>	154.30	#DIV/0!



Add a series to start visualizing your data



<https://www.coach.me/aismail>

	<b>AVERAGE of Weight (lbs)</b>	<b>AVERAGE of Calories Eaten</b>
<b>2015 - 08 - August</b>	154.30	#DIV/0!
<b>2015 - 09 - September</b>	#DIV/0!	#DIV/0!
<b>2015 - 10 - October</b>	#DIV/0!	#DIV/0!
<b>2015 - 11 - November</b>	#DIV/0!	#DIV/0!
<b>2015 - 12 - December</b>	#DIV/0!	#DIV/0!
<b>2016 - 01 - January</b>	#DIV/0!	#DIV/0!
<b>2016 - 02 - February</b>	#DIV/0!	#DIV/0!
<b>2016 - 03 - March</b>	#DIV/0!	#DIV/0!
<b>2016 - 04 - April</b>	#DIV/0!	#DIV/0!
<b>2016 - 05 - May</b>	#DIV/0!	#DIV/0!
<b>2016 - 06 - June</b>	#DIV/0!	#DIV/0!
<b>2016 - 07 - July</b>	#DIV/0!	#DIV/0!
<b>2016 - 08 - August</b>	#DIV/0!	#DIV/0!
<b>Grand Total</b>	154.30	#DIV/0!