

Date	Calorie Intake	Average Calorie Intake	What I ate that day
2021-03-22	0	0	nothing
2021-03-23	0	0	nothing
2021-03-24	1600	533.3333333	4 ultimate supreme pizza slices, 1 three meat pizza slices from little caesars
2021-03-25	1000	650	2 Ultimate supreme pizza slices, 1 three meat pizza slices from little caesars, 2 ultra violet monster energy drinks
2021-03-26	50	530	2 Ultra Violet Monster Energy drinks
2021-03-27	0	441.6666667	nothing
2021-03-28	0	378.5714286	nothing
2021-03-29	1200	481.25	1 whole Rotisserie chicken prepared hot and ready food city
2021-03-30	1,940	643.3333333	1 Chalupa supreme, 2 spicy potato soft tacos, 1 5-layer burrito, 1 large baja blast, 1 chips and nacho sauce
2021-03-31	1260	705	3 cheesy bean and rice burrito
2021-04-01	1300	759.0909091	3 beef burrito
2021-04-02	0	695.8333333	nothing
2021-04-03	4000	950	Rio De Brazil Steakhouse Brazilian Buffet
2021-04-04	1950	1021.428571	1 Triple Whopper Extra Mayo, 13 Piece Nuggets, 1 Hi-C Drink
2021-04-05	1,850	1076.666667	27 Piece Nuggets, 1 Large Onion Rings
2021-04-06	2,100	1140.625	Long John Silver Platter - 2 Battered Alaskan Pollocks, 1 Battered All White Chicken, 3 Battered Shrimp, 8 Hushpuppies, 1 Cole Slaw, 1 Sierra Mist
2021-04-07	0	1073.529412	nothing
2021-04-08	1700	1108.333333	4 Packs of Shrimp Flavored Top Ramen
2021-04-09	1805	1145	4 McChickens, 1 Great Value Granola Bar.
2021-04-10	0	1087.75	nothing
2021-04-11	1200	1093.095238	1 whole Rotisserie chicken prepared hot and ready food city
2021-04-12	2000	1134.318182	LYO Steak Burger - Fresh Ground Steak Burger, Medium Rare, Smoked Gouda, BBQ Aioli, Carmelized Onions, Fried Egg, Benton's Bacon - Side of Sweet Potato Waffle Fries & Honey Mustard
2021-04-13	2000	1171.956522	4 Quarter pound lettuce Cheese Burger Wraps
2021-04-14	2000	1206.458333	4 Quarter pound lettuce Cheese Burger Wraps
2021-04-15	2500	1258.2	Salads + KFC - Large Popcorn Nuggets, 1 Classic Chicken Sandwich, 1 Spicy Chicken Sandwich, 1 Mountain Dew Sweet Lightning Large
2021-04-16	4000	1363.653846	Taco Bell - Chalupa Cravings Box(Chalupa Supreme, 5-Layer Burrito, Chips & Nacho Cheese, Large Baja Blast), 3 Beefy Potato-Rito, 3 Cheesy Bean & Rice Burrito
2021-04-17	2200	1394.62963	McDonald's - 3 McChickens(Extra Mayo) + Slice of Kraft American Cheese, 3 Cookies
2021-04-18	1100	1384.107143	McDonald's - 2 McChickens + Slice of Kraft American Cheese, Taco Bell - 1 Beefy Soft Taco
2021-04-19	1500	1388.103448	Go Burrito
2021-04-20	1500	1391.833333	Go Burrito
2021-04-21	1500	1395.322581	Go Burrito
2021-04-22	1500	1398.59375	Go Burrito
2021-04-23	3000	1447.121212	Go Burrito
2021-04-24	4500	1536.911765	Go Burrito
2021-04-25	0	1493	nothing
2021-04-26	0	1451.527778	nothing
2021-04-27	0	1412.297297	nothing
2021-04-28	0	1375.131579	nothing
2021-04-29	0	1339.871795	nothing
2021-04-30	0	1306.375	nothing
2021-05-01	0	1274.512195	nothing
2021-05-02	0	1244.166667	nothing
2021-05-03	0	1215.232558	nothing
2021-05-04	0	1187.613636	nothing
2021-05-05	0	1161.222222	nothing
2021-05-06	0	1135.978261	nothing
2021-05-07	0	1111.808511	nothing
2021-05-08	0	1088.645833	nothing
2021-05-09	0	1066.428571	nothing
2021-05-10	0	1045.1	nothing
2021-05-11	0	1024.607843	nothing
2021-05-12	0	1004.903846	nothing
2021-05-13	0	985.9433962	nothing
2021-05-14	0	967.6851852	nothing
2021-05-15	0	950.0909091	nothing
2021-05-16	0	933.125	nothing
2021-05-17	0	916.754386	nothing
2021-05-18	0	900.9482759	nothing
2021-05-19	0	885.6779661	nothing
2021-05-20	0	870.9166667	nothing
2021-05-21	0	856.6393443	nothing
2021-05-22	0	842.8225806	nothing
2021-05-23	0	829.4444444	nothing
2021-05-24	0	816.484375	nothing
2021-05-25	0	803.9230769	nothing
2021-05-26	0	791.7424242	nothing
2021-05-27	0	779.9253731	nothing
2021-05-28	0	768.4558824	nothing
2021-05-29	0	757.3188406	nothing
2021-05-30	0	746.5	nothing
2021-05-31	0	735.9859155	nothing
2021-06-01	0	725.7638889	nothing
2021-06-02	0		nothing
2021-06-03	0		nothing
2021-06-04	0		nothing
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2021-06-30	0		nothing
2021-07-01	0		nothing
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2021-08-13	0		nothing
2021-08-14	0		nothing
2021-08-15	0		nothing
2021-08-16	0		nothing
2021-08-17	0		nothing