

COVID-19

Resource Guide

★ FOOD

★ ONLINE LEARNING

★ CHILDCARE

★ HOUSING

★ EXPLAINING COVID-19 TO KIDS

★ TRANSPORTATION



HOMEWOOD
CHILDREN'S VILLAGE

This document has been created so that we can centrally store resources for families who might be in need during COVID-19 quarantines. Please be sure to check all of the tabs but reach out to JaLissa (jcoffee@hcvpgh.org) if you feel a resource is missing and needs to be added.

We will update our Facebook page with information as frequently as it makes sense to do so.

EXPLAINING COVID-19 TO KIDS

Mentor	Connection In A Time of Social Distancing
Mentor	Tips For Mentors Shifting to Text Based Communication
Search Institute	Checklist for Building Developmental Relationships w/Young People
NPR	Just For Kids: A 3 minute Comic Exploring the New Coronavirus
PBSKIDS	How To Talk To Your Kids About the Coronavirus
National Association of School Psychologist	Talking to Kids About COVID-19: A Parent Resource
Center for Disease Control & Prevention (CDC)	Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children
Western Pych	Help Your Child Deal With Anxiety from COVID-19 Examples of Anxiety in Children
Public Source	Six Tips For Helping Kids During Social Distancing
COVID-19 GENERAL INFO	
HCV & Pitt	Resources & Information to Share
Human Rights Campaign	LGBTQ Community & COVID 19
Human Services Center Corporation	COVID-19 Resources (Mental Health, Food, Community Created Resources)
PA Dept. of Health	How To Get Tested For COVID-19
PA Career Links	Google Form to survey how COVID-19 pandemic has impacted individual employment and service needs
Small Business & Entrepreneurship	Guide To The Cares Act

GENERAL RESOURCES		
Society of St. Vincent de Paul	Serves people in zipcode: 15208 Services: Furniture and Food	Facebook Page
Aunt Bertha	Search for free or reduced cost services like medical care, food, job training, and more.	Search Zip Code for Services
Free Store Wilkinsburg	Store Shopping Hours: Saturdays 11am-2pm	Wilkinsburg Free Store
BigBurgh	Offers a free, easy-to-use way to find information on more than 170 no-cost services throughout Pittsburgh, including clinics, shelters, food pantries and more.	Vulnerable & homeless populations in Pittsburgh can access various resources throughout the city
PHRESH 2020	Updates on food/shopping, financial assistance, educations, utilities/rent	Pittsburgh Resource List for COVID-19
Pittsburgh Brown Mamas	List of Various Resources	Brown Mamas Resource List
RENT/MORTGAGE ASSISTANCE		
Pittsburgh Housing Assistance Resource Portal (5/15/20)	The Housing Assistance Resources Portal (HARP) for the City of Pittsburgh is a guide that offers housing-related resources whether you are interested in renting, currently renting, interested in buying a house, a current home-owner, a landlord, or currently experiencing homelessness.	HARP-PGH
The Allegheny Link	Assists Allegheny County residents with any disability - find needed services over the age of 60 - remain safely in their community who are experiencing or at risk of homelessness - find stable housing who are pregnant, or parents and caregivers of children to six years of age - get referrals to home-visiting programs	Allegheny Link Website
Community Human Services	CHS empowers individuals and families to live in stable housing, connect to community resources, build relationships, and access quality food.	CHS Website
The Bloomfield-Garfield Corporation	To be eligible to apply for financial assistance, applicants should reside within the city of Pittsburgh, must be employed, or enrolled in a degree-seeking educational program, or disabled, or senior citizens (age 65 or older). Those who have been laid off within the past 120 days, or are currently on unpaid family or medical leave	Emergency small grant financial support for Pittsburgh Residents from the Neighborhood in Crisis Fund
Housing Stabilization Fund- URA/Urban League (412) 227-4163	Purpose is to provide rental, mortgage, and utility assistance to workers affected by the outbreak because their hours were cut/or not able to work.	4/6/2020-Currently suspending application until 500 current applications have been screened and processed
United Way's PA 2-1-1 Southwest	Resource navigators can help connect individuals and families with food pantries, health care services, tax prep assistance, utility and eviction prevention assistance and more.	Dial 2-1-1, text zip code to 898-211, or visit PA211sw.org. To receive text messages with the most up-to-date information and resources, sign up at pa211sw.org/text-alerts.
Regional Housing Legal Services	Can I stay in my home if I can't pay?	Information for Homeowners & Renters in PA Affected by the Coronavirus
		Protection For Homeowners
Freddie Mac		Freddie Mac Covid-19 Response
Fannie Mae	Our mortgage relief options can help you feel safe at home if your employment or income are affected.	Help for Homeowners
Fannie Mae	If you live in a rental property financed by Fannie Mae and your employment or income have been affected, we can help you navigate your financial challenges with our Disaster Response Network.	Help for Renters
UTILITIES		
Homewood YMCA/Dollar Energy Fund	Provides up to \$500 in utility assistance	Call Jose Diaz at 412.436.0524 for details
Just Harvest	Public Assistance Programs * Coronavirus Emergency Public Assistance Measures * Other Emergency Resources	Various resources to help with COVID 19
Pittsburgh Sewer & Water		
Duquesne Light	Has ceased electricity shutoffs. Bills accrue, however, so try to be as up-to-date with payments as possible.	
First Energy	Has suspended shutoffs and offering payment options	
Comcast	2 months free for new Internet Essentials customers (1-855-846-8376) or www.internetessentials.com	
Heating Assistance/ LIHEAP	Helps families living on low incomes pay their heating bills in the form of a cash grant	Low Income Home Energy Assistance Program
Regional Housing Legal Services		Utility Assistance

GENERAL RESOURCES			
Fresh Access	Our Fresh Access program enables shoppers to use their food stamps – as well as credit and debit cards – to buy fresh, nutritious, and locally-grown food.		
Doorstep Delivery	Doorstep Delivery is for individuals who cannot access food assistance through a pantry or direct distribution site because they do not have access to a vehicle and/or are unable to attend distributions due to health concerns or other sensitive factors.	Great Pittsburgh Community Food Bank	
Society of St. Vincent de Paul	Serves people in zipcode: 15208 Services: Furniture and Food	Facebook Page	
Aunt Bertha	Search for free or reduced cost services like medical care, food, job training, and more.	Search Zip Code for Services	
Free Store Wilksburg	Store Shopping Hours: Saturdays 11am-2pm	Wilksburg Free Store	
BigBurgh	Offers a free, easy-to-use way to find information on more than 170 no-cost services throughout Pittsburgh, including clinics, shelters, food pantries and more.	Vulnerable & homeless populations in Pittsburgh can access various resources throughout the city	
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PPS/SCHOOL DISTRICTS FOOD			
FOOD PANTRIES & MEAL PROGRAMS			
East End Cooperative Ministries 2038 Bedford Ave Pittsburgh, Pennsylvania 15219 Email: neashia@hdcg.org	Distribution Hours Monday - Friday 9:30am-11:30am/1pm-3pm Closed weekends and holidays The Community Kitchen serves hot lunches every Monday through Friday from 12:15 pm to 1:15 pm.	Client must have ALL information to receive food. PHOTO ID: Name, date of birth, photo. PHOTO ID: Name, date of birth, photo. PROOF OF INCOME: For every member of the household: current paystub, benefits letter, etc. (unless client receives no income). *If you have no income source, you will be asked to sign a Non-Income Affidavit at the time of registration.	
Neighborhood Resilience Project 2038 Bedford Ave Pittsburgh, Pennsylvania 15219 Email: neashia@hdcg.org	Distribution Hours: Days and times vary Feed the Hood & the Hill District Consensus Group have joined to extend Grab & Go Hot Dinners to sites in the Hill District & Wilksburg	Click to View Flyer with Days and Times	
Community Delivery Hotline (412) 568-3579	Call or text for a neighbor to deliver your groceries, medical supplies, and care packages during COVID-19		
Allegheny County Food Pantries	Extensive list of food pantries in the county	Allegheny County Food Pantries	
*Salvation Army 8020 Frankstown Ave. Pittsburgh, Pennsylvania 15208 (412) 242-1434 x2060 (Main Office)	Distribution Hours Monday - Friday 11am-1pm Potential for lunches to run out by 1pm	Services Provided: Serving lunches to families daily. Providing meals to families for the weekend given out on Fridays only during lunch hours.	
*Mt. Ararat Community Activity Center 745 Negley Ave Pittsburgh, Pennsylvania 15206 (412) 441-1852 x1814	<i>Stop by to receive perishable items such as meats and vegetables, meals, and groceries. There is food for those in an emergency as well as the elderly, among others.</i> Distribution Hours 2nd Saturday of each month 8am-10am	Services Provided: Food Pantry	Service Area: 15206 zip codes
Jefferson Manor Food Pantry 201 Jefferson Road Pittsburgh, Pennsylvania 15235 (412) 242-7748	Senior Living Apt. Building		
Dumplin Hall Food Pantry 502 Hay Street Wilksburg, PA 15221 (412) 727-2031	Senior Living Apt. Building		
Wilksburg Community Ministry 702/704 Wood Street Wilksburg, PA 15221 (412) 241-8072	Distribution Hours Call to schedule appointment	Services Provided: Food Pantry	Service Area: Wilksburg
Holy Rosary Food Pantry 7114 Kelly St Pittsburgh, PA 15208 (412) 731-4195	Distribution Hours 1st Wednesday of each month 10am-12pm 3rd Wednesday of each month 10am-12pm	Services Provided: Food Pantry	Service Area: 15206 and 15208 zip codes

Homewood YMCA Food Pantry 7140 Bennett St Pittsburgh, PA 15208 (412) 243-2900	Distribution Hours 2nd Thursday of each month 11am-2pm 4th Thursday of each month 11am-2pm	Services Provided: Food Pantry	Service Area: Homewood, parts of Larimer & Wilkinsburg
Produce to People - Homewood 7430 Tioga St Pittsburgh, PA 15208 (412) 460-3663	Distribution Hours 2nd Saturday of each month 10am-12pm	Services Provided: Distribution to individuals & families of 30-50 lbs of food consisting mostly of fresh produce	Notes: Helen S. Faison K-5
Better Living Community Services 1205 Wood St Pittsburgh, PA 15221 (412) 241-5773	Distribution Hours 2nd Wednesday of each month 9am-11am	Services Provided: Food Pantry	Service Area: Wilkinsburg
House of Bread Outreach 1111 Wood St. Pittsburgh, PA 15221 (412) 731-6221	Distribution Hours Mondays 5pm-6pm Thursdays 5pm-6pm	Services Provided: Soup Kitchen	Service Area: Open to Everyone
St. James Ministries Center Food Pantry 723 Rebecca Avenue Pittsburgh, PA 15221 (412) 241-1309	Distribution Hours 3rd Saturday of each month 9am-11am	Services Provided: Food Pantry	Service Area: Wilkinsburg
Chain of Hope Food 611 S Ave. Pittsburgh, PA 15221 (412) 247-5018	Distribution Hours Thursdays 9am-11am	Services Provided: Food Pantry	Service Area:
List of Pantries Pittsburgh	Allegheny County Food Pantries		
Sarah Heinz House (SHH) One Heinz Street Pittsburgh, PA 15212 (412) 231-2377	Offering a drive-through meal service in their circle drive for those youth who rely on SHH for meals in the evening from 4:30-6:00 pm Monday-Friday during their closure period (3/14-3/29)	https://www.sarahheinzhouse.org/events/sarah-heinz-house-closed-coronavirus-safety/	
The Community Emergency Response Team One Heinz Street Pittsburgh, PA 15212 (412) 231-2377	Providing an opportunity for food drop-off to help vulnerable populations while practicing social distancing.		
The Light of Life Rescue Mission	Provides food and other resources to displaced families	Call 412-258-6100 for more information	

TECHNOLOGY

Internet Essentials	Free to low cost internet option through Comcast. Offering qualifying students and parents are eligible for 60 days of free internet	https://internetessentials.com/
Xfinity	Until further notice, all Xfinity WiFi Public Hotspots are now open to everyone on the "xfinitywifi" SSID	https://wifi.xfinity.com/
Google	All G Suite customers will soon have free access to more advanced features including: ~Larger meetings for up to 250 participants per call ~Live streaming for up to 100K viewers within domain ~Record meetings to Google Drive	G Suite Update Details
University of Pittsburgh	Connecting to the internet. Accessing e-mail. Using computers and computer applications. Setting up and using phones and tablets. Troubleshooting software problems.	Flyer w/Hours for Tech Support
University of Pittsburgh	During the COVID-19 crisis, Pitt students, faculty, and staff are volunteering to provide technology support to members of the public and community-based organizations.	Community Tech Support

	ONLINE EDUCATION	
PPS	PPS Online Learning Updates	Dates for start of remote learning
The Chicago HBCU Alumni Alliance	Register For the Virtual HBCU College Tour	Saturday April 18, 2020 @ 9:30am
	FOR EDUCATORS/ADULTS	
Literature	CommonLit	A reading program that reaches all students
Mathematics	Illustrative Mathematics	free access to our library of tasks and resources, and the latest articles, case studies, and wisdom from our respected curriculum authors.
Mathematics	Zearn	400 hours of digital lessons with on-screen teachers and supportive remediation available for free during this time through no-cost individual accounts
Khan Academy	Khan Academy	Personalized education activities
Share My Lesson	Share My Lesson	Remote learning resources to address the needs of children who may have to stay home from school for prolonged periods of time.
Google	Google Applied Digital Skills	Teach from Anywhere. Engage your students outside the classroom. Keep your students learning, even when you're not together, by assigning these lessons to teach digital skills.
	FOR STUDENTS (self-directed, little help needed)	
Khan Academy 4-18yrs	Khan Academy	Personalized education activities
Scholastic for PK-9th	Scholastic Learn At Home	Day-by-day projects to keep kids reading, thinking, growing
Amazing Educational Resources	Amazing Educational Resources	A growing list of various resources
Pittsburgh Public Schools	The Clever Portal Login	A helpful video on how to use and login to CLEVER
Pittsburgh Public Schools	Grade Level Activity Packets	Supplemental grade-level activity packets
Read Works	Read Works.org	Leveled Reading Passages
Steel Smiling	Steel Smiling FB Page	Bridging the gap between Black people and mental health support through education, advocacy, and awareness. Free weekly mental health and wellness program on their Facebook
First Book	Coronavirus: For Educators	Resources to Support Educators & Students at Home

Venture Outdoors

[Venture Outdoors.org](http://VentureOutdoors.org)

Create outdoor experiences wherever you are!
This virtual learning program is designed to help
you bring the outdoors, indoors.

CHILDCARE	PROVIDING	HOURS	CONTACT	NOTES
Life's Work of Western PA	Has a program that provides monthly free diapers to low-income families in need		Contact info: Ken Davison Director of Family Services at 412-471-2600 x.326 or kdavison@lifesworkwpa.org	Life's Work
Pressley Ridge			COVID 19 Resources for Parents of Kids w/Special Needs	
Attachment & Trauma	Trauma Informed Parenting Info		Trauma Informed Parenting	
Jeannie Taylor (HCV)	Diaper Request		jtaylor@hcvpgh.org	Email Jeannie with ~Name of parent ~phone number ~address ~diaper size
Early Learning Resource Center	Childcare		ELRC Rep 412.350.3617	This office can help find open child care facilities in her area. They are working remotely as well so leave a message.
Circles of Greater Pittsburgh Tammy Thompson Executive Director Gallery on Penn at 5937 Penn Ave. 412-623-9596	Formula, Diapers, Baby Wipes	Operation Hours: M-W-F 11am-3pm	Tammy Thompson (tthompson@CirclesPgh.org) or Keisha Young (Keisha@CirclesPgh.org)	COVID-19 Community Crisis Support Google Form
Local Organizations for Diapers & Formula			Diapers and Infant Formula Resources	
The Center That Cares Jeron X Grayson Community Center 1852 Enoch St Pittsburgh, PA 15219 (412) 262-2737	Consolidating locations. An emergency out of school time care site. Providing breakfast, lunch, and dinner.	Operation Hours: M-F 8am-6pm		If you are available to volunteer during school closures or have food resources available please email your contact information to info@centerthatCARES.org.
Pittsburgh Brown Mamas	Pgh Brown Mama's Resource List			
ADULTCARE	PROVIDING	HOURS	CONTACT	NOTES
Pennsylvania Assistive Technology Foundation	Helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want.		PATF Website	
Safe Kids Worldwide	A parent's checklist to preventing injuries		Home Car & Activity Safety	
Pittsburgh Cares 3505 Bulter St. Pittsburgh, PA 15201 (412) 471-2114	The Buddy Program is working to pair high-risk individuals with a local "buddy" to check in, run errands, and generally provide help and comfort.		COVID-19 Buddy Registration Form	If you're interested in becoming a buddy or would like to request a buddy for yourself or someone else please fill out the registration form using link
Kidsburgh.Org	Six ways parents can get relief from coronavirus anxiety			COVID 19 Guides, Health & Wellness

PERSONAL FINANCIAL ASSISTANCE		
Greater Pittsburgh Arts Council	Emergency Fund For Artist	Designed to assist artists of all disciplines living in Allegheny, Beaver, Butler, Fayette, Greene, Indiana, Lawrence, Washington, and Westmoreland counties in Southwestern Pennsylvania. In response to the current pandemic, artists may request up to \$500 in assistance. There are no deadlines.
Very Well Health	Grants for Families Living w/Autism	List of organizations that offers small grants (\$100-\$500). Links to resources as well
Cash App	Cash App & Your Stimulus Payment	If you declared less than \$75,000 of income on your last tax return, you'll get \$1,200. If you're married and declared a combined income of less than \$150,000, you'll get another \$1,200.
Office of Unemployment Compensation	Eligibility Requirements	Compensaion for those with hours cut due to Covid-19. Check website for eligibility
Hebrew Free Loan Association Pittsburgh	Loan Program to Address COVID-19	Provides interest-free loans on a nonsectarian basis for up to \$5,000 to residents of Allegheny, Beaver, Butler, Westmoreland, Washington, and Armstrong counties who are facing financial challenges caused by the Coronavirus/COVID-19 outbreak.
Pittsburgh Financial Empowerment Center	Free One-On-One Financial Counseling Extensive List of Financial Resources	The FEC helps clients take control of their debt, deal with debt collectors, improve their credit, create a budget, save, connect to safe and affordable financial products, and much more. The Pittsburgh Financial Empowerment Center has financial resources available to all Allegheny County residents.
BUSINESS FINANCIAL ASSISTANCE		
The Urban Redevelopment Authority of Pittsburgh (URA)	U.S. Small Business Administration Guide	Resources for small business borrowers, as well as small businesses located in the City of Pittsburgh, potentially impacted by the Coronavirus (COVID-19)
SBA Economic Injury Disaster Loan (EIDL)		
U.S. Chamber of Commerce	Coronavirus Emergency Business Loans	Coronavirus Emergency Business Loans

TRANSPORTATION		
Community Delivery Hotline	No Car? No Problem.	essential items to Allegheny County residents who might otherwise be unable to reach them
Pittsburghers for Public Transit	Pghers For Public Transit	Rear door entry and no fare transit to protect frontline transit workers begins March 25, 2020
Port Authority	Modified Schedule Effective March 25, 2020	Operating on reduced schedules amid COVID-19 outbreak

SHELTER & EMERGENCY SERVICES		
Shephard's Heart	Veteran's Home & Ministry	Transitional housing for homeless veteran's
Pleasant Valley Men's Shelter	Pleasant Valley Shelter	The Pleasant Valley Men's Shelter accommodates the needs of 25 men who are homeless every night of the year. Call 412-321-4272
Women's Center & Shelter of Greater Pittsburgh	COVID-19 Response & Resources	The COVID-19 epidemic presents unique challenges for those affected by domestic violence (DV), service providers, and the community that supports us.
The Light of Life Rescue Mission	Call 412-258-6100 for more information	Provides food and other resources to displaced families
Pennsylvania Family Support Alliance	Coping with Stress and Disaster During COVID-19	Mandated Reporter Training Dates
The Bloomfield-Garfield Corporation (BGC)	Neighbors in Need Crisis Fund	Must be: ~ employed ~enrolled in a degree-seeking educational program ~disabled or senior citizens (age 65 or older). ~laid off within the past 120 days ~ or currently on unpaid family or medical leave
ANIMAL EMERGENCY SERVICES		
Humane Animal Rescue	Pet Helpline & Resources	Helpline phone number: 412.345.0348 Helpline email address: pethelpline@HumaneAnimalRescue.org

VOTING		
Office of Rep. Ed Gainey	2020 Mail-In Ballot Date Information	
2020 Census		
LEGAL		
PA Law Help	PA Law Help Website	Helpful resources about your legal rights, the law and the courts, and locate legal assistance and forms that may be available to help you resolve your problem

JOBS		
United States Steel Corporation	Current open jobs within the Pgh area	
UNEMPLOYMENT		
State of PA	Unemployment Updates	
Restaurant Strong Fund	Grants for Restaurant Workers	Requirements: ~Full-time Minimum of 30 hrs p/wk (multiple restaurants) ~Employed for 3 months or longer at the same location ~Worked in a restaurant, bar, cafe or nightclub located PA ~Submit the last two full-time (30 hour) pay stubs
USBG National Charity Foundation	Eligibility Requirements for Bartenders Program	Bartender Emergency Assistance Program

HEALTH & WELLNESS			
Partners for Quality	Children and adolescents between the ages of 2 and 21 who have serious emotional and behavioral challenges may benefit from BHRSCA. These services are provided in various settings, including the home, school, and community.	Behavioral Health Rehabilitation Services for Children and Adolescents	
PPS	Ways for families, individuals, and kids to stay active while at home	Resources, Ideas, Workouts that can be done at home	
WTAE	Lots of people sheltering at home now because of the coronavirus pandemic are thinking about planting a vegetable garden. It offers more than food: Growing vegetables is a family activity, gives everyone a reason to get out in the fresh air, provides exercise and saves money.	How To Start A Vegetable Garden Instructions	
Embrace Pittsburgh	EMBRACE Pittsburgh and The Pittsburgh Penguins Foundation are here to help you Cope with COVID. Together, we've created a series of videos – MindHacks – that include skills and drills to help you through this stressful time.	Mental Health Hacks	
Health & Wellness Resources	This packet holds many resources that we hope you will find helpful in improving or managing your well-being while social distancing at home.	Links to websites and vidoes	
Human Rights Campaign		LGBTQ Community & COVID 19	