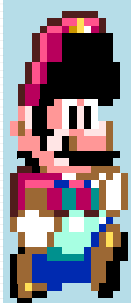


Table with columns: Pokemon, Ability (0%), Nature, Egg Moves, Percent %, Available (0% Held). This appears to be a list of Pokemon with their abilities, natures, egg moves, and availability percentages.

Main grid area for the spreadsheet, consisting of numerous columns and rows, mostly containing empty cells.



Pokémon	Ability (HA)	Nature	Egg Moves	Female %	Available (On Hand)	Notes
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