

Penz Strength Center (lower level) Schedule: Oct 14th - Oct 20th

* The lower level will be reserved during the shaded blocks. Please plan your workouts accordingly!

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
6:00 - 7:00	CLOSED	Football/Golf 6:00 - 7:45	OPEN 6:00 - 4:15	Golf 6:45 - 7:45	OPEN 6:00 - 2:00	Golf 6:45 - 7:45	CLOSED		
7:00 - 8:00		OPEN 12:00 - 8:00		OPEN 7:45 - 10:00		OPEN 7:45 - 10:00		OPEN 7:45 - 10:00	Football 8:00 - 9:30
8:00 - 9:00				CLOSED FOR CHAPEL		CLOSED FOR CHAPEL		CLOSED FOR CHAPEL	OPEN 9:30 - 11:15
9:00 - 10:00				OPEN 11:00 - 4:15		OPEN 11:00 - 4:15		OPEN 11:00 - 4:15	Football 11:15-12:15
10:00 - 11:00				OPEN 11:00 - 4:15		OPEN 11:00 - 4:15		OPEN 11:00 - 4:15	OPEN 12:15 - 8:00
11:00 - 12:00				W Soccer / Softball M Basketball 4:15 - 5:30		Tennis 4:15 - 5:15		Softball / M Hockey 4:15 - 5:30	
12:00 - 1:00	W Basketball / Baseball Volleyball 5:30 - 6:30	Track 5:15 - 6:30	W Basketball 5:30 - 6:30	Track 5:15 - 6:30	Baseball 4:15 - 5:15				
1:00 - 2:00	CLOSED	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 5:15 - 8:00	CLOSED		
2:00 - 3:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	CLOSED			
3:00 - 4:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00				
4:00 - 5:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	CLOSED			
5:00 - 6:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00				
6:00 - 7:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	CLOSED			
7:00 - 8:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00					
8:00 - 9:00	CLOSED	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	CLOSED			
9:00 - 10:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00				
10:00 - 11:00		OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00	OPEN 6:30 - 11:00				