

Canadian Organizations/ Groups/ Charities Supporting POC

Are you a firm believer as well as Toronto specific organizations/groups/non-profits that support Black Communities in Canada/Toronto. If you are able, check them out and read more about them & their mission on their website. Support from great organizations like these allowed me to have resources & helpful people who've come across that have helped me learn more! Let us know if there is anything we should add!

Black Canadian Organizations	
Organization	Description
Black Youth Helpline	Innovative, professional, culturally relevant perspectives to understanding and addressing the root causes of challenges faced by children, youth, and families. Services: Multicultural Youth Helpline & Services, Stay-in-School Initiatives, Parent & Family Support, Referral Assistance, Professional, culturally relevant youth and family assessments and intervention
Black Lives Matter - Canada	Canadian chapter of #BlackLivesMatter, an international organization and movement fighting police and state violence and Anti-Black Racism Platform upon which Black communities across Canada can actively dismantle all forms of anti-Black racism, liberate Blackness, support Black healing, affirm Black existence, and create freedom to love and self-determine.
Celebration of Black Canadians	National non-profit organization driven by organizations across the country that advances the social, economic, political and cultural interests of Canadians of African descent. Priority Areas: Total health, higher education, criminal justice reform, address Anti-Black Racism, community building, economic security
Black Health Alliance	Community-led registered charity working to improve the health and well-being of Black communities in Canada. Mission: to reduce the racial disparities in health outcomes and promote health and well-being for people from the diverse Black communities in Canada.
Harriet Tubman Community Organization	Non-profit agency dedicated to building meaningful and developmental relationships with young people, experiencing racialization between the ages 9-29 years old. Mission is to deliver meaningful youth-centered, sustainable, educational, culturally relevant programs and initiatives.
Black Business and Professional Organization	Non-profit, charitable organization that addresses equity and opportunity for the Black community in business, employment, education and economic development. Mission: to advance Canada's Black communities by delivering programs that support business and professional excellence, higher education and economic development.
Black North Initiative	Committed to the removal of anti-Black systemic barriers negatively affecting the lives of Black Canadians

Black Toronto Organizations	
Organization	Description
Caribbean African Canadian Social Services	Not-for-profit, full-fledged Social Services Agency dedicated to supporting individuals, families and youth to reach their full potential. Mission: Providing culturally appropriate social services that enrich the lives of the African, Caribbean and Diaspora communities in the Greater Toronto Area.
Black Women in Motion	Black Women in Motion is a Toronto-based, youth-led organization that empowers and supports the advancement of Black women and survivors of sexual violence. Work with anti-racist, intersectional feminist, trauma-informed and survivor-centred framework to create culturally-relevant content, educational tools, healing spaces and economic opportunities for Black women.
Women's Health in Women's Wings	Community Health Centre for racialized women living in Toronto and surrounding municipalities. Primary health care team of highly skilled health care professionals specialize in the health and wellness needs of racialized women and prioritizes those from African, Caribbean, Latin American and South Asian communities. Services are fully accessible and designed to address the barriers that prevent women from being in excellent health.
Across Boundaries	Providing equitable, holistic mental health and addiction services for racialized communities within an anti-racist, anti-Black racism and anti-oppression frameworks.
No Centre For The Arts	Toronto-based charitable organization that supports advocates and promotes an appreciation of arts from across the Afro-Diaspora. Share to build the creative capacities and support the development of a healthy identity in Black youth.
Ali Can Foodbank	Toronto is a youth and parent driven initiative that intervenes to fight against anti-Black racism in the school system and to create educational alternatives for Black children. Run Saturday school program, curriculum fairs, students conference, and training programs to engage youth in Black liberatory education, as well as do research on Black liberatory education and participate in campaigns to create systemic change.
Black CAP-TCO	A community based non-profit organization that has been at the forefront of championing Food Justice and Food Sovereignty for Toronto's African, Caribbean, Black (ACB) community.
Black Legal Action Centre	Black Canadian for AIDS Prevention has worked to respond to the threat of HIV and AIDS in Toronto's African, Caribbean and Black communities. Mission: Reduce the spread of HIV infection within Toronto's Black communities, and enhance the quality of life of people living with or affected by HIV/AIDS.
CEE Centre For Young Black	Non-profit community legal clinic that provides free legal services for low or no-income Black residents of Ontario. Toronto-based charity that is dedicated to addressing the economic
Zero Gun Violence Movement	Group of community leaders, parents, advocates and concerned citizens, working towards ending gun violence across the Greater Toronto Area.
Orama Collective	A community-directed group of birth workers of colour, living and working in Toronto, who are dedicated to the reclamation of traditional and holistic childbearing and birthing practices, amongst safer and more BIPOC-led.
Nabu Community Health Centre	Multidisciplinary, non-for-profit, community led organization established to serve the Black Community across the GTA as its priority population. Provides comprehensive primary healthcare in combination with health promotion programs and activities, and work in close partnership with other community-based health and social services.
Tropicana	Toronto based multi-service organization, provides all youth, newcomers, people of Black and Caribbean heritage and others in need with opportunities and alternatives that lead to success and positive life choices. Achieves mission through culturally appropriate programs such as counselling, child care, educational and employment services and youth development.
Walnut Foundation	Work with Black Community in identifying the needs of Black Men in the areas of health and related issues; and to provide a forum for discussion in a comfortable, safe and supportive environment.

Resource	Description	Creator
https://blacklivesmatters.ca/en-ca/	Links to petitions, and great resources for information	
Anti-Racism Allyship Starter Pack	Lots of resources and tools on racism and Anti-Blackness & how to be a better ally.	Tatum Dorrel Matt Herndon Jordan Dorrel
Anti-Racism Resource List	Anti-Racism resource list, a great place to start! Lots of great resources here.	
Justice in June	Lots of great resources if you don't know where to start! They even planned out an outline/schedule of resources to go through each day! Made for June but you can apply it to any month!	Ashum Gupta & Bryanna Wallace
Anti-Racism Books	Anti-Racism Books	@lane_mount
The Skin We're In	Book by Desmond Cole about the struggle against racism in Canada.	Desmond Cole
White Privilege	Guide to White Privilege	@Courtneyahndeg
Understanding White Privilege	Examples of White Privilege	@AnnaTheWolf
Eds & Peds and a Book!	How to be actively antiracist	Based on list by Sarah Sophie Flicker & Alyssa Klein
Allyship	Doc and Don't of Allyship	@Shaynaa
Books	Books by Black Authors	@_ineboicase
Problems with being 'Not Racist'	The Problem with being 'Not Racist'	@Rhetmic
Racial Gaslighting	What racial gaslighting sounds like.	@Opogochukwu
Racism in Canada	Racism in Canada	@Ashley_goodin_art
Educational Resources	Books, Movies, Podcasts	@indigo
Systemic Racism	Facts & Figures	@Cheskatango
Racism Defined	Different types of racism defined	@mentalhealthcare
Common Responses	Guide of responses to common remarks on protests	@magiswe
Race, Microaggression & Common Themes	Common themes what they sound and look like	@biancabergado
Black Hosted Podcasts	Diversity podcast subscriptions	@NoohAmber
Defund the Police	Why people say defund the police	@thetaskivists
Digital Blackbox	What is it	@statalpino
Black Canadian Women	Important Black Canadian Women	@blacksounds
Uncomfortable Conversations with a Black Man	A great YouTube series by Emmanuel Acho having uncomfortable conversations about race	Emmanuel Acho
Systemic Racism Explained	Video Explaining Systemic Racism	Viola Davis
Neutrality	Patrice C. Washington tells her own personal story about discrimination she has faced	@SeekWisdomPCW
Boings	Video on being and looking from The Daily Show	@TheDailyShow
40 Years of Racism, Too Tall	James A. White Sr. shares a story about discrimination, coping with it and why silence isn't the answer	James A. White Sr.
100 Ways White People can make life less frustrating for people of color		Keslene Boom
Why saying All Lives Matter is not helpful, problematic, and wrong		@Blessmessy

IT'S A PRIVILEGE TO EDUCATE YOURSELF ABOUT RACISM INSTEAD OF EXPERIENCING IT.
-AHMED ALI

Canadian Organizations/ Groups/ Charities Supporting POC

Here are some Canadian as well as Toronto specific organizations/ groups/ non-profits that support Indigenous Communities in Canada/ Toronto. If you are able to, please read more about them & their missions on their websites. Support some great organizations! Let us know if there is anything we should add!

Canadian Indigenous Organizations/ Groups / Charities	
Organization	Description
Native Women's Association of Canada	- National Indigenous Organization representing the political voice of Indigenous women, girls and gender diverse people in Canada, inclusive of First Nations on and off reserve, status and non-status, disenfranchised, Métis and Inuit - Founded on the goal to enhance, promote and foster the social, economic, cultural and political well-being of Indigenous women within their respective communities and Canadian societies
Inspire	- National Indigenous registered charity that invests in the education of First Nations, Inuit and Métis people for the long term benefit of these individuals, their families and communities, and Canada - Vision is to enrich Canada through Indigenous education and by inspiring achievement
Legacy of Hope Foundation	- National Indigenous charitable organization with the mandate to educate and create awareness and understanding about the Residential School System including the intergenerational impacts while trying to address racism, foster empathy and understanding and inspire action to improve the situation of Indigenous Peoples today
Canadian Roots Exchange	- A group of Indigenous and non-Indigenous youth who believe that in order to bridge the gap between Canada's peoples and work towards reconciliation - Hold exchanges, workshops, conferences and leadership trainings, across Canada in an effort to break down stereotypes, open a dialogue, and build honest relationships between Indigenous and non-Indigenous people living on this land.
Inuit Tapiriit Kanitami	- The National Representative Organization Protecting and Advancing the Rights and Interests of Inuit in Canada - Addressing significant social and economic challenges around issues such as education, health, poverty and housing through research, political advocacy, public outreach and education
Reconciliation Canada	- Reconciliation Canada is leading the way in engaging Canadians in dialogue and transformative experiences that revitalize the relationships among Indigenous peoples and all Canadians - Our model for reconciliation engages people in open and honest conversation to understand our diverse histories and experiences.
Sew on Fire Ministries	- Sew on Fire provides humanitarian aid and gift items with the purpose of sharing God's love. - Enables Canadians to use their talents, get involved, be a part of an outreach and work together to bring joy into peoples lives
The Art for Aid Project	- The Art For Aid Project works to support Canadian First Nations, Inuit and Métis art education programs through access to quality art supplies, awareness and fundraising efforts - Work to connect Indigenous youth to art and knowledge of their culture by ensuring art supplies are in remote schools and communities
True North Aid	- True North Aid is dedicated to serving and supporting northern Indigenous communities in Canada through practical humanitarian support (including include self-determination, reconciliation, water, food, health, housing, hope and education)
First Nations Child & Family Caring Society	- The Caring Society works to ensure the safety and well-being of First Nations youth and their families through education initiatives, public policy campaigns and providing quality resources to support communities. - The Caring Society champions culturally based equity for First Nations children and their families so that they can grow up safely at home, be healthy, achieve their dreams, celebrate their languages and culture and be proud of who they are
The Gord Downie/ Chanie Wenjack Foundation	- DFW aims to build cultural understanding and create a path towards reconciliation between Indigenous and non-Indigenous peoples - Goal is to improve the lives of Indigenous people by building awareness, education, and connections between all Canadians
Honouring Indigenous Peoples	- HIP is a community circle of indigenous people and Rotarians working together to build respect and good friendship across Canada - Goals to empowering indigenous people and creating awareness and understanding of indigenous issues amongst Rotary members and others
I Love First Peoples	- Empowers Indigenous children and youth to succeed through education and the motivation to stay in school - Bridge communities through practical projects that promote reconciliation and education and raise awareness about reconciliation across Canada and around the globe
Not Just Tourists	- Not Just Tourists was founded with the purpose of getting medical supplies to those who can't afford them - Through volunteers aspire to Change the way people travel and start the journey for ordinary tourists to become humanitarians and prevent the waste of usable medical supplies and get them to those in most need
Indigenous Awareness Canada	- Indigenous Awareness Canada offers Online Indigenous Awareness Training and facilitates in-person workshops - Mission is to assist all Canadians, to learn about Canada's Indigenous People and to help non-Indigenous Canadians and Indigenous peoples move toward reconciliation
Circles for Reconciliation	- Aim is to establish trusting, meaningful relationships between Indigenous and non-Indigenous peoples as part of the 94 Calls to Action from the Truth and Reconciliation Commission - Means to achieve this is the creation of small gatherings of an equal number of Indigenous and non-Indigenous people in discussion circles

Indigenous Organizations/ Groups / Charities Based in Toronto	
Organization	Description
2-Spirited People of the 1st Nations	- Provide prevention education and support for 2-Spirit, including First Nations, Métis and Inuit people living with or at risk for HIV and related co-infections in the Greater Toronto Area
Aboriginal Legal Services	- To strengthen the capacity of the Aboriginal community and its citizens to deal with justice issues and provide Aboriginal controlled and culturally based justice alternatives - The Centre had been operating legal-related programs for Aboriginal people in Toronto
Mizwe Bik Aboriginal Employment Services	- Mizwe Bik provides the Greater Toronto Area's Aboriginal community with training initiatives and employment services - Mission is to provide services to the Aboriginal peoples in the Greater Toronto Area; to work with employers to secure employment opportunities; to deliver federal and provincial programs; and, promote Aboriginal entrepreneurship and the development of our economies
Native Canadian Centre of Toronto	- NCCCT offers a wide range of programs and services based on Indigenous cultural traditions and teachings - Mission is to empower the Indigenous community in Toronto by providing programs that support their spiritual, emotional, physical and mental well-being
Native Child and Family Services of Toronto	- Native Child and Family Services of Toronto (NCFST) is a multi-service urban Aboriginal agency providing holistic, culture-based programs and services for Aboriginal children and families - Implements a service model that is culture-based and respects the values of Aboriginal people, the extended family and the right to self-determination
Na-Me-Res (Native Men's Residence)	- Helping Aboriginal men in Toronto lead healthy, self-determined lives - Safe space for Aboriginal men to learn new skills and live healthy lives on or off the streets - Offer emergency shelter and housing program
Native Women's Resource Centre of Toronto	- The Native Women's Resource Centre of Toronto (NWRCT) is a community-based organization dedicated to providing resources and support to urban Indigenous women and their families - Delivers culturally relevant programs and services that empower and build the collective capacity and self-sufficiency of Indigenous women
Toronto Council Fire Native Cultural Centre	- Toronto Council Fire Native Cultural Centre is an autonomous, vibrant cultural agency that involves and serves the Indigenous community with confidence for and commitment to their well-being - Provide counselling, material assistance and other direct services to First Nations people as well as to encourage and enhance spiritual and personal growth

Resources	
Resource	About
Indigenous Documentaries	- Based in Canada. Post by @baytalks
21 Things You May Not Know About The Indian Act	- Understand the legal document and its repercussions on generations of Indigenous Peoples in Canada. Written by Bob Joseph
Books	- Learn more about Indigenous History in Canada
Books by Indigenous Authors	- List of books.
About Truth and Reconciliation	- How you can participate in Truth and Reconciliation
Personal Acts of Reconciliation	- 10 actions to take to learn more about Reconciliation
Participate on National Day for Truth and Reconciliation	- How to meaningfully participate. A guide for Allies. Post by 4rs_youth_movement
Support Canada's Indigenous Communities	- Post by CurioCitytoronto
Indigenous Resources for Allies	- Resources put together by mysourtoronto
The Legacy of Silence	- Information by websuweten_checkpoint
What is Orange Shirt Day	- About Orange Shirt Day. Post by theindigenousfoundation

Canadian Organizations/ Groups/ Charities Supporting POC

In light of the growing Anti-Asian racism in Canada due to Covid-19, here are some links to resources about racism against the AAPI community as well as organizations working against racism, that we have researched and put together. Let us know if there is anything else we should add!

Asian Canadian Organizations / Groups / Charities	
Organization	Description
Chinese Canadian National Council for Social Justice	Organization that educates, engages and advocates for equity and justice for all in Canada. Collects and analyzes data and incident reports, as well as amplifying advocacy and education.
Canadian Race Relations Foundation	Agency dedicated to the elimination of racism and all forms of racial discrimination in Canadian society.
#Elimin8Hate	Harness the power of arts, film, and media to educate, empower, and eliminate racism against Asian Canadians. Interrupt, dismantle and eliminate anti-Asian racism at the individual, institutional and systemic level by harnessing the power of arts, film and media.
Fight Covid Racism	Platform that allows individuals to share their experiences of racism and tracks/ records instances of Anti-Asian racism during Covid-19
Project 1907	Grassroots group made up of Asian women that aims to elevate Asian voices that are underrepresented and undervalued in mainstream political, social and cultural discourse
Action! Chinese Canadians Together	Builds the capacity of Chinese Canadian leaders committed to creating a more equitable society in Canada
Hua Foundation	Strengthen capacity among Asian diasporic youth, in solidarity with other communities, to challenge, change, and create systems for a more equitable and just future.
Asian Mental Health Collective	Make mental health easily available, approachable, and accessible to Asian communities worldwide
Butterfly	Formed by sex workers, social workers, legal and health professionals. It provides support to, and advocates for, the rights of Asian and migrant sex workers
Act 2 End Racism	Coalition of concerned citizens and community groups of Asian descent. Aim to focus on Canadians affected by COVID-19 triggered related racism
Canadian Society for Asian Arts	Promote the understanding and appreciation of the arts of Asia by conceptualizing, organizing and presenting programs, exhibitions and publications that build bridges and explore links between and among cultures
The Chinese Canadian Collective	Ottawa based non-profit organization dedicated towards examining Chinese Canadian experiences, issues + representation.
Chinese Cultural Centre of Greater Toronto	Takes leadership role in promoting and preserving Chinese culture and heritage in the context of Canadian society.
Japanese Canadian Cultural Centre	A not-for-profit organization which celebrates the unique culture, history, and legacy of Japanese Canadians for the benefit of all Canadians
Mon Sheong Foundation	Caring for the elderly, nurturing the young, and serving the community.

Resources	
Resource	About
AAPI Resources	Resources to help support the AAPI community and understand the history of AAPI's in the West. A great link filled with links to organizations, petitions, places to donate, resources to read and watch, as well as a list of voices to follow to diversify your feed.
Anti-Asian Racism Resources	A great resource with links to articles and educational resources on the history of Anti-Asian Racism in Canada. Places to donate, petitions, mental health resources, legal aid, and other helpful resources.
Stop AAPI Hate	Stop AAPI hate coalition created by the AAPI Equity Alliance.
National Council of Asian Pacific Americans	Inclusive digital campaign that creates a space for national discussion about meaningful and relatable representation of Asian American and Pacific Islander community.
National Picture of Anti-Asian Racism in Canada	Post by proj907
Canada's History of Anti-Asian Racism	Article from Toronto.com
Resources for Combatting Anti-Asian Racism & Learning about Canadians of Asian Descent	A great link of all kinds of resources put together by the Asia Pacific Foundation of Canada.
Asian Canadian Organizations	More organizations working to Stop Asian Hate.
Additional Asian Canadian Organizations and Their Instagrams	Post by representasianproject

Canadian Organizations/ Groups/ Charities Supporting POC

[Links to organizations/ groups/ resources supporting Muslim communities in Canada and tackling Islamophobia in Canada. Let us know if there is anything we should add!](#)

Organizations/ Groups Supporting Muslim Communities		Resources	
Organization	About	Resource	About
Muslim Association of Canada	Largest Muslim organization in Canada. MAC brings a balanced, constructive and engaged understanding of Islam that aims to inspire Muslims in Canada.	Islamophobia in Canada	Article by Takwa Souissi. Defines Islamophobia and talks about history and present issues regarding Islamophobia in Canada.
National Council of Canadian Muslims	An independent, non-partisan and non-profit organization. Built from within the Canadian Muslim community, NCCM is a leading voice for Muslim civic engagement and the promotion of human rights	Untold Stories of Islamophobia in Canada	Report by Islamic Relief Canada
Muslim Anti-Racism Collaborative	Provide racial justice education and resources to advance racial justice. Cultivate solutions to advance racial equity, Connect people to foster a multi-racial network, and Create spaces for learning and developing racial equity.	Canadian Muslim Experiences	Article by CBC
Muslim Resource Centre for Social Support and Integration	A not-for-profit, charitable, anti-violence and social support agency promoting family safety and wellbeing within London's diverse Muslim communities.	Canadian Islamophobia Industry Research Project	Study supports M-103 through its objectives to analyze, document and map the Islamophobia industry in Canada. M-103 called on the Canadian government to "condemn Islamophobia and all forms of systemic racism and religious discrimination," asking the government to "recognize the need to quell the increasing public climate of hate and fear."
ANNISAA Organization of Canada	ANNISAA is a Muslim women's empowerment organization providing a significant benefit to the Muslim community by empowering Muslim women and girls to effectively address the challenges of integration and self-empowerment through educational enrichment, healthy living, and social development, aiming to serve women of all faiths, race, origins, ethnicities, and abilities.	Muslim Organizations in the GTA	Online hub and directory for Muslim organizations in the GTA
Muslim Welfare Canada	Committed to serving those in need, irrespective of religion, nationality, caste or creed. Many different programs across Canada.	National Day of Remembrance and Action Against Islamophobia	Information and Resources
Canadian Council of Muslim Women	Organization dedicated to the empowerment, equality and equity of all Muslim women in Canada. Our mission is to affirm the identities of Canadian Muslim women and promote their lived experiences through community engagement, public policy, stakeholder engagement and amplified awareness of the social injustices that Muslim women and girls endure in Canada, while advocating for their diverse needs and equipping local CCMW chapters with the necessary resources to maximize national efforts and mobilize local communities to join the movement	Islamophobia in Toronto	Information and Resources
		Islamic Foundation of Toronto	