

Pokémon	Original Trainer	ID Number	Shiny?	Ball	Tera Type	Origin	IV Spread					Available?	Proof	Information:
							HP	Atk	Def	SpA	SpD			
Scarlet/Violet Snacksworth Legendary Pokémon														
Articuno	Hammy	555584	No	Your choice	Ice	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Zapdos	Hammy	555584	No	Your choice	Electric	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Moltres	Hammy	555584	No	Your choice	Fire	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Raikou	Hammy	555584	No	Your choice	Electric	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Entei	Hammy	555584	No	Your choice	Fire	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Suicune	Hammy	555584	No	Your choice	Water	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Lugia	Hammy	555584	No	Your choice	Water	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Ho-Oh	Hammy	555584	No	Your choice	Fire	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Latias	Hammy	555584	No	Your choice	Psychic	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Latios	Hammy	555584	No	Your choice	Psychic	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Kyogre	Hammy	555584	No	Your choice	Water	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Groudon	Hammy	555584	No	Your choice	Fire	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Rayquaza	Hammy	555584	No	Your choice	Flying	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Cobalion	Hammy	555584	No	Your choice	Fighting	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Terrakion	Hammy	555584	No	Your choice	Fighting	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Virizion	Hammy	555584	No	Your choice	Fighting	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Zekrom	Hammy	555584	No	Your choice	Dragon	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Solgaleo	Hammy	555584	No	Your choice	Psychic	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Lunala	Hammy	555584	No	Your choice	Psychic	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Glastrier	Hammy	555584	No	Your choice	Ice	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Spectrier	Hammy	555584	No	Your choice	Ghost	Not caught	x	x	x	x	x	Yes	Profile (ask)	
Legends Arceus Legendary Pokémon														
Dialga	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Palkia	Hammy	233314	No	Origin Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Giratina	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Uxie	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Mesprit	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Azelf	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Manaphy	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Cresselia	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Darkrai	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Heatran	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Regigigas	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Tornadus	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Thundurus	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Landorus	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Enamorus	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Shaymin	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Arceus	Hammy	233314	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Dialga	Hammy	141965	No	Origin Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Palkia	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Giratina	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Uxie	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Mesprit	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Azelf	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Manaphy	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Phione	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Cresselia	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Darkrai	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Heatran	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Regigigas	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Tornadus	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Thundurus	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Landorus	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Shaymin	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	
Arceus	Hammy	141965	No	H-Poké Ball	X	Self-caught	x	x	x	x	x	Yes	Profile (ask)	

u/ChocoHammy's Pokémon trade sheet
Thanks to u/frankiestez for the spreadsheet template!

Pokémon	Original Trainer	ID Number	Shiny?	Ball	Tera Type	Origin	IV Spread					Trade Post	Proof	Event Name (if any)	Information:	What I received in return:	Who I traded with:	u/ChocoHammy's Pokémon trade sheet Thanks to u/frankiesteez for the spreadsheet template!
							HP	Atk	Def	SpA	SpD							
Completed Trades																		
Charizard	Hammy	580938	No	Poké Ball	Dragon	Self-caught	31	31	31	31	31	31	Link	No Proof	Not an Event	Nightst Mark	SH Cosmog	u/foob0059
Scraftie	Hammy	580938	No	Poké Ball	Dragon	Self-caught	31	31	31	31	31	31	Link	No Proof	Not an Event	Nightst Mark	DRAG Decoys	u/TheRedCar1
H-Typhlosion	Hammy	31858	No	Poké Ball	Fire	Self-caught	31	31	31	31	31	31	Link	No Proof	Not an Event	Nightst Mark	SwSh Regidrago	u/googlemam10
Exaucino	Hammy	141365	No	W-Poké Ball	X	Self-caught	31	31	31	31	31	31	Link	No Proof	Not an Event		Calyx	u/jas096
Iron Hands	Manco	240405	No	Cherish Ball	Water	Self-redeemed	31	31	31	31	31	31	Link	Private	Manco's Iron Hands	Italian, Competitive set, Battle Champion Ribbon, Partner Ribbon	Kalkeo	u/Walker15367
Flutter Mane	￼￼￼	240505	No	Cherish Ball	Fairy	Self-redeemed	31	31	31	31	31	31	Link	Above	Shin's Flutter Mane	Korean, Competitive set, Battle Champion Ribbon, Partner Ribbon	Calyx	u/Walker15367
Gyrados	Sophia	240512	No	Cherish Ball	Steel	Self-redeemed	31	31	31	31	31	31	Link	Above	Melvin's Gyrados	English, Competitive set, Battle Champion Ribbon, Partner Ribbon	0 ATK Calyx	u/Walker15367