Audience											
Audience	immediate need (for direct distribution)	immediate need (maning internation)	Free I beneficies New Technologies (Melline (vice cont)								
			Free Ukrainian New Testament from Biblica (via app) https://play.google.com/store/apps/details?id=com,								
"faith-based resources are in red	"Beyond Dataster". The booklet offers practical ways to care for yoursal and your lowed once. It also can help your recover emotionally and apitually from the insuran you experienced. Items allowed enables in international the second second methods. With the insurance of the second		bbles strainian								
	to care for yourself and your										
	loved onez. It also can help you recover emotionally										
	https://cloud.acuidex.io/api/asseta/ht-										
	beacon/aa658cle-30/-4737-e13b-8ce90492c220/	Trauma Healing Institute (THI) "Helping People	"Healing the Wounds of Trauma" Https://bibles.								
	anuidex in/ani/assets/hi-beacon/Sec75051-6/a-	ip/api/assets/hi-beacon/761852ce-19c5-436d-	resources the strong wounds trauma setupes addion-								
adult refugees/women	4/07/08/02/367cm/96/645/	9177-3cddde811533/	print-demand								
	Stevend Disseter' postcards <u>https://cloud.scuides.</u> originalissets/Thi-beacon/Ba5590c.0404-091-0292- 07Dis6c5c405/										
	5710e8c5c496/										
	Rapid Pyschological First Aid - flash card, in English	efn									
	https://www.caleonine. org/assets/media/focuments/CSTS_RPFA_Card_H alp_You_Family_Friends_Card_Cot_off_and in Upaninan Https://www.caleonine. org/assets/media/focuments/CSTS_RPFA_Card_H	OTO									
	elp You Family Friends Card Cut off and in										
	org/asseta/media/documenta/CSTS RPFA Card H										
	Helping Others Calm an Acute Stress Response, in Ukrainian Mite Jaway cationine.	Helping Others Calif. 90 (2014) Stress Response, in English Most Patrice Sciences									
	BC Too Family France Late Lite Unit VI or Helping Others Calm an Acute Stress Response, in Upanican Magazineworkhonites, projessets/media/documents/CSTS Helping Calm. ASR Card Cut UNIT VI.pdf	org/asseta/media/documenta/CSTS_Helping_Cal									
	Soft Carls Cut DNC CVIDE EXTENSIVE fast of mental health resources available at the Centre for the Study of Traumatic Stream, Uranime (the Curve creamber on health or the devine (other cancers of kentre) Managing Media Exposure during a Orbits, Ukrainian head Curventing methion.	IN A SIC CARD COLDS									
	EXTENSIVE list of mental health resources available	available at the Centre for the Study of Traumatic									
	at the Centre for the Study of Traumatic Stress,	Stress, English <u>https://www.catuonline.</u>									
	ukonine/other-languages/ukrainian	ukraine-mental-beath-resources									
	Managing Media Exposure during a Crisis, Ukrainian										
	https://pscentre.org/wp. content/uploads/2022/03/SoMe_prade_ukr.pdf? wps.search-thue	Health Service Higs how surceases cro/wo-									
	wps_search-that	content/uploads/2022/03/Stress-and-refupees.pd									
	Ribles "The Sorderra" trauma research book for										
	Billion, "The Survivors", Issume resource book for children to Russissen The Survivors as a fort mappene to provide children with a massers during the the ware in Distance. It appears the process of halping and ensity they are superimoting. It issues there advances a matter. Concentrational Advances - Survivors - Str. PEACORF, and "Concentrational Advances - Survivors - Str. PEACORF, and "Concentrational Advances - Survivors - Str. PEACORF, and "Notes New", a feering public to integration "Concentrational Advances - Survivors -										
	response to provide children with a resource during the war in Ukraine. It begins the process of helivion										
	children find comfort in the midst of the uncertainty										
	inconvery may are experiencing. <u>Mos.</u>	Guidance for protecting displaced children: https:									
abild anti-second	content/uploards/Ukrainian_Survivora-SE_READER_	//www.unicef.org/emergencies/guidance-									
child refugees	"Cost is With Ma", a family mode to lister offer	Monthly Cipacio chi chi chi catang									
	"God is With Me", a family guide to living after disaster. ENGLISH only This booklet is intended to										
	help parents and caregivers help children to feel safe during times of uncertainty and change. <u>Ittas</u> , times doubles comin laptic/214/timespo/God% 2014%	Supporting a child during bombing (English, Duration, Libration) https://doi.org/10.1016/j.									
	Invest dropbox.com/s/up5p02s48strpp/God%20in%	intheportukraine/how you can support your-									
	2011/http://disci.2011/signal.activation. 2011/http://www.mice.com/signal.com	child-during-bombing-ennak									
	war-sme materiling Tips from World Without Orphans, in Ukrainian 7 short parenting tips to help										
	you and your children during a crisis hitse.										
	gra/ service/38503/download/id/695711/name/Tips_	Psychological First Aid (PFA) Parenting guide for									
	Ukrainian, ALL pdf and in English https:	infants/toddlers https://www.nctan.									
	grg/ service/35503/download/id/555803/name/Tips	or helping infants and toddlers after disasters									
	Anothelihoutophana, one) annotacity (VISSO2) Insure Tiro, English and Psychological First Ald Parenting Tips for pre-school age obligated has film brancasana tack sheeticals; part list in character parametrical sheeticals; part of the character parametrical sheeticals;	22									
	Psychological Pirat Aid Parenting Tips for pre-school age children, in Ukrainian: https://www.nctan.	PPA Parenting Guide for Pre-school age children EN https://www.ncbin.									
	orginitesidefaultifiles resources fact sheetipts-	orgistes/defaultfles/resources/pfa_parent_tps	1								
		PTA Parenting tips for school-age children EN									
	Supporting a child during bombing (English, Russian,	https://www.rctan.									
	Supporting a child Adving bombing (Doylah, Russian Unsinen) altan Underfords interactivitation brance and a state of the state of the state of the state New V Tak to Children about Wir in Unanian Mark State Children about Wir in Unanian Mark State Children about Wir in Unanian Mark State (Children about State) and State Mark State (Children about State) and State (Children about State) and State) and Sta	or helping achool age children after disasters									
	you can support your child during bombing errusk										
	https://pacentes.org/wp-	children in English https://pacente.org/wp-									
	content/uploads/2022/03/how 2 talk to children a hout ward KD ndDany searchafting and Disater	contentiuploads/2019/05/PFA-Module-3-Children ruff, And in Librainian Mina-Inscrints conten-									
	https://pacentre.org/wp-	content/uploads/2022/03/PFA_Modul-									
	content/uploads/2022/03/flyer_rus.pdf2	3 Children for-population Ukr.pdf7									
		Taking to Children about War, English <u>https:</u> (ascentus englwp: content/uploads/2022/02/how 2 talk to children									
		(pacente orging-									
		contentiuploads/2022/03/PL how 2 talk to chill non-shout war VER pd?vapy search-how and									
		ten about war VER pdPapy search-true and									
		Romanian <u>https://bscentre.org/wp-</u> content/uploads/2022/03/fyer_ro.pdf?									
		wpy_search-inue									
	THE & December day for balance advisements in	PIES Presenting line for balance orderenance (EV									
	PVA Parenting tips for helping adolescents, in Unatrians: <u>blow investors</u> , organizations of files have under fact sheat blad bas- tic currents for supporting adolescents us pdf	hitse/ferrer clan.									
teen refupees	orginitesi defaultifies insources fact a heatiple lips. for carents for supporting addissorts us off	orgistesidefaultifies/securoes/bfa_parent_tips_ or helping adolescents after disasters will	1								
should assume the best by	The Headington Institute has a whole range of recourses for those remonding to crisis clineater	THI, "Training Disaster Responders In Spiritual	LAND International Theorem Computations 11								
workers	The Headington Institute has a whole range of resources for those responding to crisis/disaster <u>https://www.headington-institute.org/</u>	com/showcase/7256577	LAMb International "Trauma Competency for Caregivers" <u>http://tambinternational.org/?page_id=321</u>								
keeping in mind special care for helpers	Miss //www.headinoion-institute.com/ "Taking Care of Yoursell", Tips for Adults from the National Child Teaumatic Stress Network (<u>Figure</u> Network of an organization of the stress of the stress stress that the stress of th										
war, sesual violence or trauma; older	"Taking Care of Yoursell", Tips for Adults from the										
volunteers who have been suffering due to isolation: neurola from the former Postet	National Child Traumatic Stress Network	Reach/Johal Tree to have a tracers	World Without Derbana training for church								
sphere	sheet/taking care of yourself.pdf	conversation"	World Without Orphans training for churches and families								
		SIM "Peer Responder" resource									
	Managing Media Exposure during a Crisis, English It can be challenging to absorb and reflect on the										
	Call be charaverging to assore and remer on the consistently opdated and hequently distributing material presented in a newa feed during war firm. It is important to take control over the forma speed on models. <u>Home Viscentite controls</u> , contently clearly 2022 OVERSHe, guide coll										
	updated and frequently disturbing material										
	important to take control over the	THI "Safe Listener's Pornise" in English <u>Most</u> //www.traumahealingbasics.crg/safe-interem- ptomiae									
	Sime spent on media. <u>https://pscentre.org/wp-</u> content/uploads/2022/03/SoMe_ouide.rvff	Deven traunahealingbasics org/safe-listeners- promise									
	Managing Media Exposure during a Crisis. Polish										
	Managing Media Exposure during a Crisis, Polish https://spoentise.org/wp- contenti.vploads/2022/03/PL_FbNZSp-	WHO "Peerfusionical First Aid" (PEA) Inter-									
	Content/uploads/2022/03/PL_FbN25p- Solile_guide_VER.pdf?upy_search-true	WHO 'Psychological First Aid' (PFA) <u>Hitse:</u> (20000 sho introduced international (PFA) <u>Hitse:</u> Basic PFA training in Romanian <u>Hitse: Repostance</u> Intrinsibilitiesem handle/1005544615/070224154									
		Basic PFA training in Romanian <u>Mos Japps who</u>									
		ntere process handle/10005/44515/078024154 8205_nam.pdf									
		8205_nm.odf memorid=CE4A21EAC30AFE638D08E883AFB 15AFA7mquance=3									
		Resir DFA training in Linguistan May/many site									
		Basic PFA training in Ukrainian <u>http://appa.who.</u> int/ria/bita/nam/handia/10005/44015/970017015									
		0787-skrpd?nequence=72									
		PPA Field Operations guide (Guide for delivering Psychological First Aid) <u>Hos Jawwincton</u> organizacidefaultifies insources/pha_field_operations on_ouide.pdf									
		ong/altes/default/files/resources/bits field operations, mide pdf									
		PFA wallet card, "5 core actions" https://www.									
		ocian. orgistesidefaultifies/resources/pfs_welletcard.									
		PIA for First Responders - short summary in English https://store.samhaa. com/sitesticles/Marsh/Christoperh05.0210.pdf									
		English https://store.sambaa. gov/sites/default/files/07/briv/nmh05-0210.pdf									