

OBSERVATION GRID	PROJECT: ROMANTIC INTEREST
Name	
Date and Time	
Location	
OBSERVATION CATEGORIES +	FIELD NOTES +
COMMUNICATION	
What kind of vocabulary do they use? Make note of lexical field used.	Rude words (-/+) / Cute words (-/+) / Lexical fields: love, projects, etc.
In text messages, what kind of emojis do they use? Take a closer attention to cute, heart emojis	Emojis, context and occurrence
How do they present themselves to you?	Trying to shine?
Do they show vulnerability? Pay attention to the kind of stories they share; do they talk about some doubts or fears they have, etc.	Confessions; advice asked, etc.
Do they value/ask for your opinion?	Tricky situation they asked your help for.
Body language: they are displaying signs of either (and): - light stress - excitement - happiness to be around you - willingness to communicate - openness	Body language: gestures+ comparison to baseline
Who initiates communication (texting, calls, dates, etc.) most of the time?	Them/you/equal
BEHAVIOR	
Do you feel they are going out of their way to please you?	Making time to see you/talk with you vs. prioritizing other activities
Do they bring a present or have a specific attention for you when you meet?	yes/no/which attention?
Do you feel they are dressing up when you meet?	Try to compare with their baseline.
Do you feel they are paying a special attention to their grooming when you meet?	Try to compare with their baseline. Plus, do they feel freshly shaved, hair cut, are they wearing this nice shirt they know you like, etc. Did they just have a kebab plus fries and do they smell like fried food?
Do they act generously when you are around?	Can be materialistic or not
Can you pick up any sign of specific care and attention? Can you tell if it's their baseline or if they are specific to the moments you spend together?	Cute attentions, bringing back common memories, researching about a topic you discussed, etc.
Are they late to the dates/calls?	Yes / No / Why
How do they react when you initiate light touches with them? (slightly touching their wrist or shoulder)	They feel un-at-ease? They freeze? They hold your touch? They reciprocate?
AMBITION, POSITIVE INFLUENCE	
Do they share small or big successes they achieved since you know each other?	
Do they refer to an improvement they made since you discussed the topic together?	
VISION	
Do they mention common projects you can start collectively, for now or for the future?	Is is you and them / group project? Common interests?
How do they react when you mention future-related projects (any kind) that include them?	

