

# 908 Westfield - 2021 Open Heat Sign Up

Please fill in your name for a heat, as well as a judge slot!

## WORKOUT 21.3 - Fri, March 26

\*\*\*All athletes should sign up as a judge for at least one heat!\*\*\*

No group warm up, please be ready at least 5 minutes prior to your heat starting, so we can stick to our schedule!

### HEAT #1

4:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Eric levine	Stina	Rx
2	Sara Liptack	Meggie Smith	RX
3	Amanda Wendler	Rich stevens	Scaled
4	Kenny Pace	Phil Jones	Scaled
5	Jenna Kanterman		Not sure
6			
7			
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12			

### HEAT #2

5:15 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Stina	Eric levine	
2	Brian Colleran	Sara Liptack	Scaled
3		Kenny Pace	
4	Joe D	Jenna Kanterman	Scaled
5	Meggie Smith	Rachel Hamilton	RX
6	Rob Davies	Alex Salt	Scaled
7	Rich stevens	Jon Hargreaves	
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### WORKOUT 21.3

<https://games.crossfit.com/workouts/open/2021/3>

### WORKOUT 21.4

<https://games.crossfit.com/workouts/open/2021/4>

### HEAT #3

5:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Christian Paglinawan	Eric levine	Rx
2	Maren Siegel	Meggie Smith	Scaled
3	Daniel Santana	Brian Colleran	Scaled
4	Alex Salt	Rob Davies	
5		Joe D	
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11			
12			

### HEAT #4

6:15 PM

	ATHLETE NAME	JUDGE NAME	Division
1		Meggie Smith	
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# 908 Westfield - 2021 Open Heat Sign Up

Please fill in your name for a heat, as well as a judge slot!

## WORKOUT 21.2 - Fri, March 19

\*\*\*All athletes should sign up as a judge for at least one heat!\*\*\*

No group warm up, please be ready at least 5 minutes prior to your heat starting, so we can stick to our schedule!

### HEAT #1

4:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Joe Sullivan	Tim Carroll	Scaled
2	Mark Ippoliti	Alex Salt	Scaled
3	Eric levine	Stina	RX
4	Karen Kelly	Erin Carroll	RX
5	Kenny "soft ass" Pace	Joe	Rx/SAB
6	Meggie Smith ( soft ass box PLZ)	Rachael	Rx/soft box
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9			
10			
11			
12			

### HEAT #2

5:15 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Daniel Santana	Eric levine	Scaled
2	Alex Salt	Mark Ippoliti	Scaled
3	Heather	Paige	Rx /soft box
4	Joe Della Rocca	KP	scaled
5	Jacob Wendler	Rich stevens	scaled
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### WORKOUT 21.2

<https://games.crossfit.com/workouts/open/2021/2>

### HEAT #3

5:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Christian Paginawan	Rich S	Rx
2	Sarah Levin		Rx
3	Rob Davies	Daniel Santana	Sx
4	Rich stevens	Jacob Wendler	Rx
5	Stina	Erin	
6	Alex Dabrowski		Sx
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### HEAT #4

6:15 PM

	ATHLETE NAME	JUDGE NAME	Division
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12			

# 908 Westfield - 2021 Open Heat Sign Up

Please fill in your name for a heat, as well as a judge slot!

## WORKOUT 21.1 - Fri, March 12

\*\*\*All athletes should sign up as a judge for at least one heat!\*\*\*

No group warm up, please be ready at least 5 minutes prior to your heat starting, so we can stick to our schedule!

### HEAT #1

4:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1			
2	Alex Salt	Mark Ippoliti	Scaled
3	Jenna Kanterman	Sam Grzywacz	RX
4	Eric levine	Stina	Rx
5	Amanda Wendler	Jacob Wendler	Scaled
6	Rob Davies		Scaled
7	Pam Sheridan		
8	Eric levine		
9			
10			
11			
12			

### HEAT #2

5:15 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Mark Ippoliti	Alex Salt	RX
2	Brian Colleran	Jenna Kanterman	Scaled
3	Daniel Santana	Eric levine	Scaled
4	Sam Grzywacz	Stina	Rx
5	Jacob Wendler	Amanda Wendler	Scaled
6	Rachael Hamilton	Rob Davies	Scaled
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11			
12			

### WORKOUT 21.1

<https://games.crossfit.com/workouts/open/2021#workoutDescription>

### HEAT #3

5:45 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Joe Della Rocca	Mark Doherty	Scaled
2	Christian Paglinawan	Brian Colleran	Rx
3	Sarah Levin	Eric Levine	Scaled
4	Stina	Sam	Rx
5	Kenny Pace	Gabe Perez	Rx
6	MaryKate Laino		Scaled
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12			

### HEAT #4

6:15 PM

	ATHLETE NAME	JUDGE NAME	Division
1	Mark Doherty	Joe Della Rocca	55+ Scaled
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