



<b>Southwest Chili and Corn Muffins (double recipe)</b>	<b>Mexican Pizza (double recipe)</b>	<b>Chickpea Wrap (double recipe)</b>
6 (15 oz) can(s) black beans		
<i>0.5 cup(s) nutritional yeast</i>		
<i>1 cup(s) whole grain bread crumbs</i>		
<i>pickles</i>		
<i>cajun seasoning</i>		
<i>2 tsp chili powder</i>		
<i>coconut oil</i>		
<i>coconut spray oil</i>		
<i>1 tsp ground cumin</i>		