



Risk Warning. As a participant in this recreational activity, you may be exposing yourself to risk and harm. The ride organiser and leaders wish to warn you that there are risks and hazards inherent in cycling activities. Cycling can be a dangerous activity. You are responsible to take care to prevent putting yourself, your fellow participants and/or others in danger. By taking part in this program you accept the warning as to risk, you agree to ride in a safe & responsible manner, and to obey all the Australian road rules. We remind you that if you are not a member of Bicycle NSW and DUBBUG you may not be covered for public liability.

Date	Ride name	Details	Km	Grading	Comments	Start: Time & Place	Leader/Coordinator
11/11/2018	Garden Mania (Group B)	Urunga > Freeway to Waterfall Way > Old Hwy > Mailmans Track > Freeway to Lindsay's Rd > Middle Boambee Rd > McAlpine Way> Ayshire Park Rd > Middle Boambee Rd> Lindsays Rd> Garden Mania (coffee). Lindsays Rd> Cycleway to Lyons Rd > Freeway to Mailmans Track > Old Highway > Urunga		Medium - some hills	Road Bike	Urunga BP 8:00am	P.Jones Ph:0408 652 103
11/11/2018	Garden Mania (Group A)	Urunga > Freeway to Lindsay's Rd > South Boambee Rd and return > Lindsays Rd > Garden Mania (coffee). Cycleway to Lyons Rd > Freeway > Urunga		Easy	Road Bike	Urunga BP 8:00am	A.Brighton Ph:0427 556 028
18/11/2018	Yellow Rock Rd	Urunga > Giinagay Way> Hungry Head Rd> Giinagay Rd> Yellow Rock Rd> North St> Queen St> Keevers Dr> Mylestrom Dr> North Beach coffee. Return: Mylestrom Dr> Keevers Dr> Giinagay Way> Urunga.		Easy/Medium	Road Bike	Urunga BP 8:00am	P.Jones Ph:0408 652 103
25/11/2018	Bellingen (via South Arm)	Urunga> Short Cut Rd> South Arm> Bowraville Rd> Bellingen (coffee). Return: Hammond St> Wheatly St> North Bank> Keevers Dr> Giinagay Way> Old Pacific Hwy>Urunga		Easy/Medium	Road Bike	Urunga BP 8:00am	B.Goodman Ph:0411 817 211
25/11/2018	en (via North Bank)	Urunga> Giinagay Way> Old Pacific Hwy>Keevers Dr> North Bank Rd > Wheatly St> Hammond St> Bellingen (coffee). Return: Hammond St> Wheatly St> North Bank> Keevers Dr> Giinagay Way> Old Pacific Hwy>Urunga		Medium	Road Bike	Urunga BP 8:00am	A.Brighton Ph:0427 556 028
02/12/2018	Bowraville Puff	Urunga> Freeway to Nambucca Roundabout> Link Rd> Old Coast Rd> Wirrimbi Rd> Rodeo Dr> High St Bowraville (Coffee). Return:High St> Rodeo Dr>Wirrimbi Rd> Old Coast Rd> Freeway to Urunga	70km	Medium/Hard	Road Bike	Urunga BP 8:00am	P.Jones Ph:0408 652 103
02/12/2018	Crossmaglen	Urunga > Freeway to Mailmans Roundabout > Pine Creek Way > Butlers Road > Gleniffer Road > Crossmaglen > Gleniffer Rd > Pine Creek Way > Butterfly House (coffee). Return Pine Creek Way > Archville Station Rd > Pine Creek Way> Urunga	50	Easy	Road Bike	Urunga BP 8:00am	B.Goodman Ph:0411 817 211
09/12/2018	Coffs Creek	Urunga > Freeway to Lyons Road > Cycleway to Isle Dr > Pacific Highway to Combine St > Elisabeth St > McLean St > Lyster St > West High St . Murdoch St > Scarba St > Coffs St > join cycleway at swimming pool > Coffs Creek Walkway to Dolphin Marine Magic (coffee). Return: Coffs Creek Walkway back to swimming pool > Gordon St > Albany St > Earl St > Freeway to Mailmans Track > Old Hwy to Urunga.	70	Medium	Road Bike/hybrid	Urunga BP 8:00am	I.Scott Ph: 0409 766 698
16/12/2018	Mystery Tour	TBA			MTB	Urunga 8:00am	R.Janzen 0448222374



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Date	Ride name	Details	Km	Grading	Comments	Start: Time & Place	Leader/Coordinator
16/12/2018	Garden Mania	Urunga > Freeway to Lindsay's Rd > South Boambee Rd and return > Lindsays Rd > Garden Mania (coffee). Cycleway to Lyons Rd > Freeway > Urunga		Easy	Road Bike	Urunga BP 8:00am	A.Brighton Ph:0427 556 028
16/12/2018	Xmas Ride	Urunga > Pine Creek Way> Butlers Road> Gleniffer Road> Crossmaglen> Gleniffer Rd> Pine Creek Way> Mylestrom Dr> Alma Doepal Reserve - Coffee. Return	50	Easy	Road Bike	wear tinsel!	R.Janzen 0448222374
23/12/2018						Urunga 8:00am	R.Janzen Ph: 0448 222 374
30/12/2018	Phillip Hughes Bridge	Giinagay Way > Nambucca Link Rd > Old Coast Rd to Phillip Hughes Bridge> Old Pacific Hwy (Giinagay Way) to Valla Beach (coffee) > Giinagay Way return	62	moderate	some hills near Hungry Head turnoff & just after Nambucca turnoff	Urunga BP 8:00am	D Spears 0400862254