Download this Google sheet to your system to input the figures	
Cells for Data Entry	
Insurance Planning	
Your current Monthly Income (After Tax)	120,000
Approx Annual Bonus	-
% of Income spent on family	55%
Monthly Income for Family	66,000
Number of years until retirement	28
Expected return on claim amount to be invested	
(Low risk securities)*	7%
Expected growth in income till retirement	8%
Expected income earned till retirement	82,405,258
Total Insurance Requirement	12,393,933
Less: Present Insurance Cover	10,000,000
Net Insurance Requirement	2,393,933

^{*}This step ensures that if the life insurance claim happens today or anytime in future, the claim amount can be invested in the low-risk portfolio and every month the family can withdraw enough money to meet their expenses.