

Lower Mainland Nature Viewing Region

Metro Vancouver Area

Port Moody Shoreline Parks



Foreshore with Pilings: photo by Bill Kinkaid



Creek View: photo by Bill Kinkaid

A chain of small parks surrounding Port Moody Arm, at the extreme eastern tip of Burrard Inlet. Forty-one named creeks drain into the Arm from Admiralty Point in the north to Burnaby Mountain in the south.

[Burke Mountain Naturalists](#)

[Photo Gallery](#)

Geographical Description	Georgia Basin
Area/ Trail Length	3km one way from Rocky Point Park to Old Orchard Park.
Seasons to Visit	Year round.
Habitat	Western hemlock/red-cedar, bigleaf maple/red alder, and Douglas-fir woods, intertidal mud flats, marsh, and riparian.
Viewing Highlights	Boardwalk through marsh and intertidal mud flats, good for waterfowl and shorebirds in winter. The woods are good for birding and botanising year-round. Marine intertidal habitat. At least fifty-five species of fish have been recorded in the creeks and the intertidal here.

Other Features	Public dock at Rocky Point Park for boating and fishing. Fish Hatchery at Noons Creek. The remains of an old sawmill are located on the north side of the inlet.
Main Access	Free parking at Rocky Point Park at the end of William Street north of St John's Street. Several bus routes run along St John's on the south side, and Moody Centre Skytrain and the West Coast Express station is one block from Rocky Point Park. Bus 181 runs along loco Road on the north side.
Secondary Accesses	Parking at Old Orchard Park at loco Road and Bentley Road. There are several pedestrian accesses along loco Road and Murray Street.
Cautions	Bears and cougars are rare but be watchful. Trails, rocky shore and boardwalk (sometimes flooded in storms and at extreme high tides) may be slippery in wet and cold conditions. Watch for joggers, cyclists and dogs.
Jurisdiction	City of Port Moody Parks
Regulations	No camping or fires. Observe local signs regarding dogs and cycling.
Facilities	Picnic sites with flush toilets at Rocky Point and Old Orchard Parks. Boat dock, swimming pool, water park, skateboard park and playground at Rocky Point Park. Swimming beach at Old Orchard. Food concessions and Boathouse restaurant at Rocky Point. Other restaurants and amenities along St John's Street and in Newport Village to the east.
Other Recreational Activities	Swimming, boating, canoeing, kayaking, fishing.
Other Connections	
History	
FMI	City of Port Moody Parks 469-4676
Links	Port Moody Ecological Society Rocky Point Park Burke Mountain Naturalists Important Bird & Biodiversity Areas