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Breakout Title	Description	Leader(s)	Meeting Day	Meeting Time	Location	Requirements to enroll	Max. Capacity	Status
A Theology of Sex and the Body	We talk about sex — including God's view of sex, a holistic approach to sex ethics, healing from sexual sin, and how to think about (and have) sex in ways that build community and fortify our relationships with each other and with God.	Falon Barton	Tuesday	6:00 PM	Virtual only	n/a	100	Open
Anti-Racism and the Cross	As Christians we are called to actively move from non-racist thinking to anti-racist actions. This Breakout is for beginners who want to engage anti-racist work with thoughtfulness, preparation, and a concrete action plan to live by our commitments.	Candace Williams and Brittany Mountford	Thursday	10:55 AM	Virtual only	n/a	50	FULL
Be Unshakably Devoted (BUD)	BUD is a men's ministry that creates an atmosphere of brotherhood in which we journey through life together chasing after the heart of Jesus.	Tanner Wesp, Aadarsh Patel, Nick Ingold, Paul Burdett, and Kelvin Kelley	Monday	8:00 PM	On campus with a virtual option	Men	50	Open
Bible Talk: The Call of Jesus	Jesus talked most about the kingdom of God. If you're interested in learning about this revolutionary lifestyle and making changes to live out God's kingdom mission, join us as we seek to understand and respond to the radical call of Jesus.	Brendan Nee, Ai Kojima, and Bruce Mackie	Monday	9:00 PM	Virtual only	n/a	50	Open
Blinded by the Light: How Whiteness Shapes our Spirituality	We investigate how our individual and collective perspectives of the Bible have been shaped by our racial identities. This Breakout will be one in which you must commit to listening to understand and leaning into discomfort.	Bethy Butler and Joshua Jackson	Thursday	10:55 AM	Virtual only	n/a	50	Open
Business As Mission	We explore and invite you into an exciting and emerging faith-driven movement called Business As Mission (BAM), which focuses on creating impact through the integration of faith, mission, and business.	Rob Touchstone, Lauren Pinkston, and Alexandria Arnette	Thursday	10:55 AM	On campus with a virtual option	n/a	50	Open
Christians in Social Movements	In this lecture-based Breakout we explore the role that Christians have played and are playing in social movements like the abolition of slavery, women's equality, economic justice, and the protection of workers, immigrants, and the environment.	Emily Stutzman	Thursday	10:55 AM	Virtual only	n/a	50	Open
Collegiate 100	Members of the student org, Collegiate 100, and students who are interested in joining, gather for fellowship and study.	Prentice Ashford and Reggie Blair	Thursday	10:55 AM	On campus with a virtual option	Current and prospective members of Collegiate 100	25	Open
Delight Ministries	Delight Ministries is a nationwide college women's ministry focused on building Christ-centered community and chasing after the heart of Jesus.	Lauren Scott, London Hord, Hadlee Chubb, Ashlyn Cribbs, Maddy Eder, Taylor Edmundson, and Falon Barton	Monday	8:00 PM	On campus with a virtual option	Women	50	FULL
Delta Omega	This Breakout for Delta Omega is a space where members of DO can learn about the Word of God and grow in fellowship with each other through discussion and Scripture.	Rylee Davy and Jan Harris	Thursday	10:55 AM	On campus with a virtual option	Delta Omega members	50	Open
Discipleship in Action	We talk about topics related to discipleship — like prayer, worship, and service — and what it looks like to put them into practice. Together we work to become better equipped to put our faith into action!	Autumn DiScala	Thursday	10:55 AM	Virtual only	n/a	40	Open
Elam Book Study of Boundaries	We study the book <i>Boundaries</i> by Henry Cloud and John Townsend. This book offers a biblical framework for setting healthy physical, mental, emotional, and spiritual boundaries.	Nora Johnson and Anmarie Alexander	Thursday	10:55 AM	On campus with a virtual option	Elam residents	25	FULL
Elam Book Study of the Enneagram	We study the book <i>The Road Back To You</i> by Ian Morgan Cron and Suzanne Stabile. This book integrates the wisdom of the enneagram with Christian spirituality so that we may come to know ourselves, each other, and God better.	Nora Johnson and Hope Branscome	Thursday	8:00 PM	On campus with a virtual option	Elam residents	25	FULL
Engineering and the Importance of Trust in Relationships	Leveraging examples from engineering, we study the essential role of trust in relationships with God and with God's children.	David Elrod	Thursday	10:55 AM	On campus with a virtual option	n/a	50	Open
Faith and Arts	Arts Breakout has three sections: Musical, Narrative, and Visual Arts. You will rotate between sections each week to see how our Christian faith intersects and informs the world of art and culture.	Brinn Daniels, Randy Gill, and Scott Baker	Thursday	10:55 AM	Virtual only	n/a	300	Open
Faith and Culture	We seek to cultivate openness and understanding about the effects of culture in faith within the university and around the world.	Erastos Evdoxiadis and Juan Reveles	Thursday	10:55 AM	Virtual only	n/a	50	FULL

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Faith and Science	We invite Christians and non-Christians, scientists and non-scientists to pursue truths found in God's word and creation. We cultivate a space to ask difficult questions about the interaction of science and faith in ways that honor Scripture and science.	John Lewis, Jon Lowrance, Alan Bradshaw, Brian Ellis, and Jacob Richardson	Thursday	10:55 AM	On campus with a virtual option	n/a	20	FULL
Fanning	We create space for residents to fellowship together while discussing different topics related to life in college.	Rachael Clark and the Fanning RAs	Thursday	10:55 AM	On campus with a virtual option	Fanning residents	25	Open
Fellowship of Christian Athletes (FCA)	The goal of FCA is to create a community where people are known and loved. We open the Bible each week and have fun together as we grow towards the heart of God. You do NOT have to be an athlete to be a part of FCA — all are welcome!	Taylor Edmundson, Pari Manooagian, and Chris Klotz	Tuesday	8:00 PM	On campus with a virtual option	n/a	50	Open
First Gen Bisons: Building and Maintaining Relationships	We focus on learning how to build and maintain healthy relationships with parents, mentors, friends, significant others, and ourselves, especially while juggling the unique pressures as a first-generation college student.	Patricia Pena and Laura Delgado	Thursday	10:55 AM	Virtual only	Students who are first generation (parents or guardians did not graduate college in the U.S.)	50	Open
Food, Diet Culture, and the Body	We explore what the Bible says about food, gluttony, and our bodies. From this foundation, we critically analyze modern diet culture and what our relationship to food and our bodies should be.	Emily Thompson	Thursday	6:00 PM	Virtual only	n/a	50	Open
Forgotten Treasures: Exploring Overlooked Books in the Bible	We dive into books of the Bible that are often overlooked or forgotten. Just because we don't read them much doesn't mean we shouldn't! Together, we explore the valuable and unique ways that we can encounter God in these books.	Blaine Donoho	Thursday	10:55 AM	Virtual only	n/a	50	FULL
Gamma Lambda	We set aside this time for intentional worship, prayer, study of Scripture, and fellowship with one another.	Ashley Newby, Evie McDowell, and Marcy Binkley	Thursday	10:55 AM	Virtual only	Gamma Lambda members	50	Open
Global Learning	Our time is spent creating a community that is intentionally globally minded. We hope to inspire students to integrate their faith with their passion to be a global citizen.	Rebecca Zanolini, Chandler Brais, and Erin Richardson	Thursday	10:55 AM	Virtual only	Students who have studied abroad or intend to study abroad	50	Open
High Rise Fifth Floor	We are a small group for High Rise residents that live on the fifth floor.	Joshua Vielmette and Mike Smith	Thursday	9:30 PM	On campus with a virtual option	High Rise fifth-floor residents	30	Open
Homeward	We have honest conversations about faith and the life of Jesus in a home only half a mile from campus.	Dave and Leanne Bruno	Thursday	7:00 PM	Off campus (1/2 mile from Lipscomb) with a virtual option	n/a	15	FULL
IDEAL	This is an inclusive worship environment in which IDEAL students with disabilities and traditional Lipscomb students participate. We seek to grow, learn, and worship God together!	Sarah Roe-Hall	Thursday	10:55 AM	On campus with a virtual option	Students who have or intend to sign up to be a chapel mentor, or are willing to be called upon to be a chapel mentor	30	Open
International Justice Mission (IJM)	We study what modern slavery looks like, what IJM (an anti-human-trafficking organization) is doing to put an end to this injustice, and how we as Christians are called to respond to the sin and pain of modern slavery.	Elena Walker, Fiona O'Neal, and Terry Briley	Thursday	10:55 AM	Virtual only	n/a	30	Open
Johnson	In a society chasing happiness, what does it look like to live a life defined by joy? We explore what joy is and how to access it in everyday situations.	Maddie Stephenson and Asa Bailey	Thursday	8:00 PM	Virtual only	Johnson residents	50	Open
Kappa Chi	We seek to deepen our spiritual journeys, as we invite Christ to lead us to a better understanding of Scripture, while redefining our spiritual relationships as a group.	JaKeyal Smith and Terry Briley	Thursday	10:55 AM	Virtual only	Kappa Chi members	10	Open
Knowing Jesus' Personality	Based on the book <i>Beautiful Outlaw</i> by John Eldredge, we explore the different personality traits of Jesus to discover just how much we can relate to him today. Knowing Jesus fully helps us understand his unique identity so that we, too, may find our own identity in Christ.	Jeremy King	Thursday	10:55 AM	Virtual only	n/a	50	Open
Life is Good and Life is Hard: Holding the Tension of Both	We walk through the Psalms together in a space where we encourage questions, we do not fear doubts, and we adore God. Everyone is welcome here, no matter where you are on your faith journey.	Shelli Walker	Monday	7:00 PM	On campus with a virtual option	n/a	30	FULL
Living Your Calling in Your Career	We explore what it means to have a life calling. Join us as we explore how God has equipped us with talents and has planned for us to do good in our lives and careers.	Monica Wentworth and Allison West	Thursday	10:55 AM	Virtual only	n/a	50	Open

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Men's	We are a community of men in search of truth, goodness, and beauty. Together we walk through the Scriptures, asking some of the "big questions" about topics like God, salvation, the good life, and our identity.	Morgan Johnson	Thursday	10:55 AM	On campus with a virtual option	Men	50	Open
More Than a Job: Purpose, Calling, Vocation	Why am I here, who am I meant to be, and what am I meant to do? Maybe you've asked these questions before — maybe you're asking them now! We interview faculty and staff members about discerning vocation and finding purpose that includes and exceeds their jobs.	Brent Roe-Hall	Wednesday	11:00 AM	Virtual only	n/a	100	Open
OCCM (Orthodox Christian Campus Ministries)	OCCM aims to create biblical awareness on topics and events relevant to college students. All students are welcome in hopes of improving fellowship and Christ-driven life within our campus community.	Jessica Makram, Mathew Khalil, Rita Girgiss, Diana Makram, David Iskander, and Bethy Butler	Thursday	10:55 AM	On campus with a virtual option	n/a	60	Open
Passion	Time travel with us as we watch past Passion Conference messages and teachings from other Christian leaders. Learn more about God, yourself, how to love others well, and how to be more present with this one wild and precious life we have been given.	Patrick Chappell, Andrew Butcher, and Nate Messer	Wednesday	4:00 PM	On campus with a virtual option	n/a	50	Open
Phi Sigma	We join together for times of prayer, worship, spiritual disciplines, testimonies, and devotionals led by fellow members and our chaplain!	Maddie Lillicrap and Molly Mansfield	Thursday	10:55 AM	On campus with a virtual option	Phi Sigma members	50	FULL
Pi Delta	Together we enjoy a time of prayer, worship, devotionals, and testimonies to deepen our relationship with one another and in Christ. This is a place where we grow as individuals and as a club.	Gabi Suazo and Lauren Pinkston	Thursday	10:55 AM	On campus with a virtual option	Pi Delta members	50	FULL
Praying the Scriptures to Begin the Week	Start your week in the best way! We try out different spiritual practices together, like Lectio Divina, Ignatian imaginative prayer, and festooning. Whether they are new or familiar to you, you will encounter the Bible — and God — in a whole new way.	Falon Barton	Monday	9:00 AM	Virtual only	n/a	50	Open
Praying the Scriptures to End the Week	Close your week in the best way! We try out different spiritual practices together, like Lectio Divina, Ignatian imaginative prayer, and festooning. Whether they are new or familiar to you, you will encounter the Bible — and God — in a whole new way.	Falon Barton	Friday	9:00 AM	Virtual only	n/a	50	Open
Sacred Pathways: Exploring How We Connect with God	Each of us is different, and our worship personalities are different, too. Each week we explore one of the nine ways to connect with God so that we can better understand how we most vividly encounter God — and discover new practices along the way!	Deron Smith, Brent Roe-Hall, and Falon Barton	Tuesday	3:30 PM	Virtual only	n/a	50	Open
Sewell	We gather for community and fellowship. We discuss a book called <i>Love Secrets</i> by John Mark Pantana, which unpacks the theology and biblical backing behind his worship album entitled "Love Secrets."	Jake Gettys, Carson Roach, and Nate Barton	Monday	3:00 PM	On campus with a virtual option	Sewell residents	50	Open
SID (Sigma Iota Delta)	We come together to participate in Christian fellowship and brotherhood through intentional study of the Word, supporting each other in prayer, and walking together and sharing our faith as followers of Jesus.	Matthew Jones, Bailey Provo, and George Goldman	Thursday	10:55 AM	On campus with a virtual option	Sigma Iota Delta members	50	Open
Sigma Alpha	Members meet to disciple and grow together as a club and as brothers in Christ.	Caleb Lawhon and Julio Rivas	Thursday	10:55 AM	On campus with a virtual option	Sigma Alpha members	30	Open
Student Athletes	We explore how athletes use their gifting in sport for the glory of God and to positively influence others. We explore what it means to "live a greater story" in the context of sport.	Chris Klotz	Thursday	10:55 AM	Virtual only	Student athletes	300	Open
Sunrise Slayers	We are men who desire to start the day in the Bible while also forming a community of honesty, vulnerability, and brotherhood. We study and memorize Scripture each week and enjoy starting our day together.	Chris Klotz, JT Caver, and Dylan Bierman	Wednesday	7:00 AM	On campus with a virtual option	Men	25	Open
Tau Phi: Unashamed	We believe that Jesus lived on this earth, died for our sins, and was raised from the dead. We know in this world being a Christian is challenging, so we strive to be unashamed of the Gospel and be a light to the world.	Judson Chaudoin, Sam Day, and Nicole Anderson	Thursday	10:55 AM	On campus with a virtual option	Tau Phi members	50	Open
The "I Don't Want to Go to Chapel" Chapel	For those who might not be excited about any chapel option, join Dean Sturgeon in a Zoom-based breakout as he shares inspirational stories and connects them to the Psalms.	Al Sturgeon and Matt Paden	Thursday	10:55 AM	Virtual only	n/a	unlimited	Open

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The Chosen Study	Watch the first season of "The Chosen" series with us! Each week we watch an episode and discuss it as a group. We talk about the show's portrayal of Jesus and the disciples, and the scriptures that correspond with each episode.	Josie Clark and Falon Barton	Monday	3:00 PM	On campus with a virtual option	n/a	50	Open
The Christian Walk in Simple Terms	Through accessible and relevant discussions, we explore how to joyfully walk with Jesus through all the twists and turns, highs and lows, heartbreaks and victories of life. We run the race in the joy, peace, and love of our amazing Savior!	Ken Solts	Thursday	10:55 AM	On campus with a virtual option	n/a	50	Open
The Church and the Community Around Us	When we hear "mission," many of us primarily think of a call to go abroad. This group talks about "mission" as the church's responsibility to serve those in our backyard, first and foremost.	Olivia Malham, Andrea Zahler, and Emily Bruff	Thursday	10:55 AM	On campus with a virtual option	n/a	20	Open
The Forum	The Forum: the Roman center of open discussion. We encourage open discussion based on different readings and historical context in order to ask big questions about faith.	Emily Blankenship, Lily Hall Mullins, and Cecelia Ramsey	Tuesday	5:00 PM	Virtual only	n/a	20	Open
The Navigators	The Navigators is an international ministry with a simple goal: to know Christ and make Him known. Through fellowship, worship, and Bible study, we invite you to join our community as we learn and grow toward Christ together.	Janelle Spiers, Matt Stuart, Staci Paskewitz, Michael Balsamo, and Earl Lavender	Wednesday	7:00 – 8:30 PM	Virtual only	n/a	50	Open
The Prayin' Bison of Lipscomb	Join others committed to growing through praying the Psalms to change the world — starting with ourselves. We pray, do prayer walks, and learn together.	Scott Sager and Ralston Drake	Wednesday	6:30 PM	On campus with a virtual option	n/a	50	Open
Theta Psi	After a semester of sharing our stories and struggles, we will look at how we can practically take the next step in our faith by talking through spiritual disciplines that will help form us into the image and likeness of Christ.	Jake Gettys, Kyle Marsh, Andrew Butcher, Jesse Russell, and Landon Parrish	Thursday	10:55 AM	On campus with a virtual option	Theta Psi members	50	Open
Wellbeing and Wholehearted Living	Our wellbeing plays a vital role in shaping our connection with ourselves, with God, and with others. In this Breakout we discuss wholehearted living and the importance of developing healthy habits to cultivate a grounded and well-balanced life.	Paige Benda and Sarah McCormack	Thursday	10:55 AM	Virtual only	n/a	50	Open
What Kind of God Is God?	It's one of the most important questions we will ever ask. The kind of God we believe in impacts all of life, affecting the way we respond to God, to other people, to ourselves, and to the world. So, what kind of God do you believe in?	Deron and Becca Smith	Wednesday	6:00 PM	Virtual only	n/a	25	Open
Women in Engineering	We provide a supportive and encouraging yet challenging space for women who are engineering students to build a community of deeper relationships with each other and with Christ.	Kirsten Dodson	Thursday	10:55 AM	On campus with a virtual option	Women Engineering majors	25	Open
Women's – Trajectory: Where Are You Headed?	We walk together to discover our worth in Christ and navigate living into a greater story within our own unique design. We empower each other to know Jesus and live confidently in Christ.	Shannon O'Brien	Thursday	10:55 AM	Virtual only	Women	100	Open
Women's Athletics – Trajectory: Where Are You Headed?	We walk together to discover our worth in Christ and navigate living into a greater story within our own unique design. We empower each other to know Jesus and live confidently in Christ.	Shannon O'Brien	Monday	6:00 PM	Virtual only	Women athletes	75	Open