

	IV Spread						Nature	Ability	Egg Moves	Ball		Hidden Power	Other info
	HP	Atk	Def	Sp. Atk	Sp. Def	Speed							
Abra	31	X	31	31	31	31	Timid	Magic Guard		#REF!	Poke Ball		
Absol	31	31	31	X	31	31	Jolly	Justified	Play Rough Megahorn Feint Attack Double Edge	#REF!	Poke Ball		
Alpom	31	31	31	X	31	31	Jolly	Run Away	Fake Out	#REF!	Poke Ball		
Aron	31	31	31	X	31	31	Impish	Sturdy	Stealth Rock Superpower Iron Head	#REF!	Safari Ball		
Beldum	31	31	31	X	31	31	Adamant	Clear Body		#REF!	Poke Ball		
Bulbasaur	31	X	31	31	31	31	Bold	Overgrow	Giga Drain	#REF!	Poke Ball		
Carvanha	31	31	31	X	31	31	Adamant	Speed Boost		#REF!	Poke Ball		
Chansey	31	X	31	31	31	31	Calm	Natural Cure	Seismic Toss Aromatherapy Counter Metronome	#REF!	Love Ball		
Charmander	31	31	31	X	31	31	Jolly	Blaze	Dragon Dance Flare Blitz Crunch	#REF!	Poke Ball		
Chimchar	31	31	31	X	31	31	Adamant	Iron Fist	Fake Out Thunder Punch Fire Punch	#REF!	Poke Ball		
Cleffa	31	X	31	31	31	31	Calm	Magic Guard	Wish	#REF!	Poke Ball		
Corphish	31	31	31	X	31	31	Adamant	Adaptability Hyper Cutter	Aqua Jet Knock Off Dragon Dance	#REF!	Poke Ball		
Croagunk	31	31	31	X	31	31	Adamant	Dry Skin	Drain Punch	#REF!	Poke Ball		
Cyndaquil	31	X	31	31	31	31	Modest	Blaze	Extrasensory	#REF!	Poke Ball		
Darumaka	31	31	31	X	31	31	Jolly	Hustle		#REF!	Poke Ball		
Deino	31	X	31	31	31	31	Modest	Hustle	Earth Power Dark Pulse	#REF!	Premier Ball		
Dratini	31	31	31	X	31	31	Adamant	Marvel Scale	Dragon Dance Extreme Speed	#REF!	Premier Ball		
Drilbur	31	31	31	X	31	31	Jolly	Mold Breaker	Rapid Spin	#REF!	Poke Ball		
Eevee	31	X	31	31	31	31	Timid Sassy Bold Calm	Anticipation/ Run Away (dependant on Nature, ask for more details)	Wish (only on some natures)	#REF!	Poke Ball		
Electrike	31	EVEN	30	31	31	31	Timid	Static		#REF!	Poke Ball	ICE	

		IV Spread					Nature	Ability	Egg Moves	Ball	Hidden Power	Other info	
		HP	Atk	Def	Sp. Atk	Sp. Def	Speed						
Espurr		31	X	31	31	31	31	Bold/Timid	Own Tempo		#REF!	Luxury Ball	
Ferroseed		31	31	31	X	31	0	Sassy	Iron Barbs	Leech Seed Spikes Stealth Rock	#REF!	Poke Ball	
Fletchling		31	31	31	X	31	31	Adamant	Gale Wings		#REF!	Poke Ball	
Foongus		31	X	31	31	31	31	Calm	Regenerator		#REF!	Poke Ball	
Frillish		31	X	31	31	31	31	Bold	Water Absorb	Recover	#REF!	Poke Ball	
Gastly		31	X	31	31	31	31	Timid	Levitate		#REF!	Poke Ball	
Gible		31	31	31	X	31	31	Jolly	Rough Skin	Outrage Iron Head	#REF!	Poke Ball	
Gligar		31	31	31	X	31	31	Impish	Immunity		#REF!	Poke Ball	
Growlithe		31	31	31	X	31	31	Adamant	Intimidate	Morning Sun Flare Blitz Close Combat	#REF!	Poke Ball	
Hawlucha		31	31	31	X	31	31	Jolly	Unburden		#REF!	Poke Ball	
Helioptile		31	EVEN	30	31	31	31	Modest	Solar Power		#REF!	Poke Ball	ICE
Heracross		31	31	31	X	31	31	Jolly	Moxie	Rock Blast	#REF!	Poke Ball	
Honedge		31	31	31	X	31	0	Brave	No Guard	Shadow Sneak	#REF!	Poke Ball	
		31	X	31	31	31	0	Quiet	No Guard	Destiny Bond Wide Guard Metal Sound Shadow Sneak			
Horsea		31	X	31	31	31	31	Modest	Sniper	Signal Beam Water Pulse Clear Smog Muddy Water	#REF!	Poke Ball	
Houndour		31	X	31	31	31	31	Timid	Flash Fire	Destiny Bond	#REF!	Moon Ball	
Kangaskhan		31	31	31	X	31	31	Jolly	Early Bird	Comet Punch	#REF!	Safari Ball	
Klefki		31	31	31	X	31	31	Impish	Prankster		#REF!	Premier Ball	
Koffing		31	X	31	31	31	31	Bold	Levitate	Pain Split	#REF!	Poke Ball	
Larvesta		31	X	31	31	31	31	Timid	Flame Body		#REF!	Poke Ball	
Larvitar		31	31	31	X	31	31	Adamant	Guts	Dragon Dance Stealth Rock	#REF!	Poke Ball	
Lileep	#REF!	31	X	31	31	31	31	Relaxed	Storm Drain	Stealth Rock Recover	#REF!	Poke Ball	

		IV Spread						Nature	Ability	Egg Moves	Ball	Hidden Power	Other info
		HP	Atk	Def	Sp. Atk	Sp. Def	Speed						
Litwick	#REF!	31	X	31	31	31	31	Modest/Timid	Infiltrator		#REF!	Poke Ball	
Machop		31	31	31	X	31	31	Adamant	No Guard		#REF!	Poke Ball	
Magikarp		31	31	31	X	31	31	Adamant	Swift Swim		#REF!	Poke Ball	
Magnemite		31	X	31	31	31	31	Modest	Sturdy		#REF!	Poke Ball	FIRE
		31	EVEN	31	30	31	30		Magnet Pull				
Marill		31	31	31	X	31	31	Adamant	Huge Power	Belly Drum Aqua Jet Superpower	#REF!	Lure Ball	
Mawile		31	31	31	X	31	31	Adamant	Intimidate		#REF!	Poke Ball	
Meditite		31	31	31	X	31	31	Jolly	Pure Power	Drain Punch Fake Out Bullet Punch Psycho Cut	#REF!	Poke Ball	
Mienfoo		31	31	31	X	31	31	Jolly	Regenerator	Knock Off	#REF!	Quick Ball	
Mudkip		31	31	31	X	31	0	Relaxed	Torrent	Curse	#REF!	Poke Ball	
Munna		31	X	31	31	31	0	Sassy	Forewarn	Baton Pass Barrier	#REF!	Poke Ball	
Murkrow		31	31	31	X	31	31	Adamant	Prankster	Brave Bird Whirlwind	#REF!	Poke Ball	
Noibat		31	X	31	31	31	31	Timid	Infiltrator	Tailwind	#REF!	Poke Ball	
Onix		31	31	31	X	31	0	Relaxed	Sturdy	Stealth Rock	#REF!	Poke Ball	
Pawniard		31	31	31	X	31	31	Adamant	Defiant	Stealth Rock Psycho Cut Sucker Punch	#REF!	Poke Ball	
Phanpy		31	31	31	X	31	31	Impish	Pickup	Ice Shard Play Rough	#REF!	Heavy Ball	
Pinsir		31	31	31	X	31	31	Jolly	Hyper Cutter	Close Combat Quick Attack Bug Bite	#REF!	Sport Ball	
Poliwag		31	X	31	31	31	31	Bold	Swift Swim		#REF!	Poke Ball	
Ponyta		31	31	31	X	31	31	Jolly	Flash Fire	Morning Sun	#REF!	Poke Ball	
Ralts		31	31	31	X	31	31	Jolly	Telepathy	Shadow Sneak	#REF!	Poke Ball	
Rhyhorn		31	31	31	X	31	0	Brave	Rock Head		#REF!	Heavy Ball	
Riolu		31	31	31	X	31	31	Jolly	Inner Focus	Bullet Punch Crunch Blaze Kick	#REF!	Poke Ball	
Rotom		31	X	31	31	31	31	Timid	Levitate		#REF!	Poke Ball	

	IV Spread						Nature	Ability	Egg Moves	Ball		Hidden Power	Other info
	HP	Atk	Def	Sp. Atk	Sp. Def	Speed							
Rufflet	31	31	31	X	31	31	Adamant	Sheer Force		#REF!	Poke Ball		
Sandile	31	31	31	X	31	31	Jolly	Moxie		#REF!	Poke Ball		
Scraggy	31	31	31	X	31	31	Jolly	Moxie	Drain Punch Dragon Dance Ice Punch	#REF!	Poke Ball		
Scyther	31	31	31	X	31	31	Adamant	Technician		#REF!	Poke Ball		
Shelder	31	31	31	X	31	31	Adamant	Skill Link	Icicle Spear Rock Blast	#REF!	Poke Ball		
Shinx	31	31	31	X	31	31	Adamant	Intimidate	Thunder Fang Fire Fang Ice Fang Night Slash	#REF!	Moon Ball		
Shroomish	31	31	31	X	31	31	Adamant	Quick Feet	Bullet Seed	#REF!	Poke Ball		
Shuppet	31	31	31	X	31	31	Adamant	Cursed Body	Destiny Bond Gunk Shot	#REF!	Dream Ball		
Skarmory	31	31	31	X	31	31	Impish	Sturdy	Brave Bird Stealth Rock Whirlwind	#REF!	Ultra Ball		
Sneasel	31	31	31	X	31	31	Adamant	Inner Focus	Icicle Crash Pursuit Fake Out	#REF!	Poke Ball		
Squirtle	31	X	31	31	31	31	Modest	Torrent	Aura Sphere	#REF!	Poke Ball		
Starly	31	31	31	X	31	31	Adamant	Reckless	Double-Edge	#REF!	Poke Ball		
Staryu	31	X	31	31	31	31	Timid	Natural Cure		#REF!	Poke Ball		
Swablu	31	X	31	31	31	31	Modest	Natural Cure	Hyper Voice	#REF!	Moon Ball		
Swinub	31	31	31	X	31	31	Adamant	Thick Fat	Stealth Rock Icicle Crash	#REF!	Poke Ball		
Tailow	31	31	31	X	31	31	Jolly	Guts	Defog	#REF!	Poke Ball		
Tangela	31	30	31	30	31	EVEN	Relaxed	Regenerator	Giga Drain Leech Seed	#REF!	Poke Ball	FIRE	
Timburr	31	31	31	X	31	31	Adamant	Guts	Drain Punch Mach Punch	#REF!	Poke Ball		
Togepi	31	X	31	31	31	31	Calm	Serene Grace	Extrasensory Nasty Plot	#REF!	Poke Ball		
Torchic	31	31	31	X	31	31	Adamant	Speed Boost	Baton Pass Counter	#REF!	Poke Ball		
Totodile	31	31	31	X	31	31	Adamant	Torrent	Dragon Dance Aqua Jet Ice Punch Crunch	#REF!	Poke Ball		
Tropius	31	31	31	X	31	31	Adamant	Wish Wash	Bullet Punch Vacuum Wave	#REF!	Poke Ball		

