

TITLE OF POST	CATEGORY OF CONTENT	LINK	CHANNEL	DAY/DATE	WEEK NUMBER	CONTENT STAGE
How to Work Less and Get More Done	Productivity/ Business	https://shailajav.com/work-less-do-more-in-business/	Personal Blog	May 28th, 2021	1	2
Creating Content without Social Media Validation	Social Media	https://shailajav.medium.com/can-you-create-content-without-social-media-validation-5cbda917a6cf	Medium	May 31, 2021	1	2
How to Never Run out of Inspiration	Creativity	https://anchor.fm/shailajav/episodes/Creative-Affluence-How-to-Never-Run-Out-of-Inspiration-e12061s	Podcast	June 1, 2021	1	2
How I use Google Keep for my Business	Productivity/ Business	https://youtu.be/514cg4uNEH8	YouTube	June 3, 2021	1	2
Why I turned off comments on my Blog	Blogging	https://shailajav.com/blogging-without-comments/	Personal Blog	June 7, 2021	2	2
How I suddenly have more time in my Day	Productivity	https://shailajav.medium.com/how-i-suddenly-have-more-time-on-my-hands-6cfa02a637	Medium	June 7, 2021	2	1
Non Technical Guide to SEO	Blogging	https://shailajav.com/non-technical-guide-to-seo-for-beginners/	Personal Blog	June 8, 2021	2	2
How to find the motivation to create content	Creativity	https://anchor.fm/shailajav/episodes/How-to-Always-Find-the-Motivation-to-Create-Content-e12d0v0	Podcast	June 8, 2021	2	2
Daily Mindfulness Practices	Mindfulness	https://shailajav.com/simple-ways-to-practise-daily-mindfulness/	Personal Blog	June 9, 2021	2	2
Why every biz owner needs a calendar	Productivity	https://medium.com/authentic-solopreneurs/why-every-business-owner-needs-a-daily-calendar-5aed6998ed97	Medium	June 9, 2021	2	1
How to Stand Out in a Crowded Marketplace	Business	https://shailajav.com/how-to-stand-out-in-a-crowded-marketplace/	Personal Blog	June 10, 2021	2	2
How to add custom links to gallery Images in WordPress	WordPress Tips	https://youtu.be/1fCC80Y9FqI	YouTube	June 11, 2021	3	1
Why I deleted my twitter account	Social Media	https://shailajav.com/deleted-my-twitter-account/	Personal Blog	June 12, 2021	3	2
How my Brain processes things differently now	Productivity	https://medium.com/intentional-and-creative-business/how-my-brain-processes-things-differently-now-6640eb807e81	Medium	June 13, 2021	3	1
This Gentle Habit helps in my Marketing	Business	https://medium.com/authentic-solopreneurs/what-i-learned-from-this-gentle-habit-1ad3cceaab	Medium	June 15, 2021	3	1
Starting a Business? Don't do it for the money	Business	https://anchor.fm/shailajav/episodes/Starting-a-Business-Don't-Do-it-for-the-Money-e12gmp5	Podcast	June 15, 2021	3	1
Why Niche Does Not Matter	Blogging	https://shailajav.com/niche-does-not-matter/	Personal Blog	June 16, 2021	3	2
Add Custom Links to Gallery Images in WP	WordPress Tips	https://shailajav.com/add-custom-links-gallery-images-wordpress/	Personal Blog	June 17, 2021	3	2
How to Stop Relying on External Validation	Social Media	https://shailajav.medium.com/how-to-stop-relying-on-external-validation-28c292a41d43	Medium	June 18, 2021	4	1
Why We Need Quiet Time	Mindfulness	https://shailajav.medium.com/why-we-need-quiet-time/	Medium	June 19, 2021	4	1
My 60 Day Social Media Sabbatical	Social Media	https://shailajav.com/social-media-sabbatical/	Personal Blog	June 19, 2021	4	1
How to use Affiliate Marketing in Your Niche	Affiliate Marketing	https://youtu.be/zsAZ5KPGWn8	YouTube	June 19, 2021	4	2
Why You Must Stop Bookmarking Articles to Read Later	Productivity	https://medium.com/intentional-and-creative-business/why-you-must-stop-bookmarking-articles-to-read-641b12d99940	Medium	June 20, 2021	4	1
Why Affiliate Marketing is a Good Source of Income	Affiliate Marketing	https://youtu.be/wG7_-i0CDB8	YouTube	June 21, 2021	4	2
What to Do when you don't feel like Writing	Writing	https://shailajav.medium.com/2-things-to-do-when-you-dont-feel-like-writing-e191a8dfc08e	Medium	June 21, 2021	4	2
How to Use Storytelling in your Content Strategy	Creativity	https://youtu.be/BuuXITwZp8	YouTube short	June 21, 2021	4	2
How to Embrace Obscurity as a Writer	Creativity	https://shailajav.medium.com/why-more-writers-should-learn-to-embrace-obscurity-2044cb541489	Medium	June 22, 2021	4	1
How to use your email list for affiliate marketing	Affiliate Marketing	https://youtu.be/dNDsgADA4Dk	YouTube	June 22, 2021	4	2
How to join the right affiliate networks and programs	Affiliate Marketing	https://youtu.be/KinC-U-SxdQ	YouTube	June 23, 2021	4	2
How to Counter the Google Effect	Intentional Living	https://shailajav.medium.com/do-you-rely-on-your-phone-a-lot-2fbb818af0b7	Medium	June 26, 2021	5	1
Caroline Leon Interview	Business	https://anchor.fm/shailajav/episodes/How-to-Grow-an-Online-Business-using-Ethical-Strategies-with-guest-Caroline-Leon-e13hf4fa-a5himsi	Podcast	June 29, 2021	5	1
How to Grow an Online Business the Ethical Way	Business	https://shailajav.com/caroline-leon-interview/	Personal Blog	June 29, 2021	5	1
How to Find and Engage with your target audience	Blogging	https://youtu.be/a_JAXoyH2pl	YouTube	July 1, 2021	5	2
Why I Follow Less than 20 People on Medium	Productivity	https://shailajav.medium.com/why-i-follow-less-than-20-people-on-medium-205018a0a1d0	Medium	July 2, 2021	6	1
6 Ways to Improve Engagement	Blogging	https://shailajav.medium.com/6-ways-to-improve-reader-engagement-on-your-blog-e35c47e37966	Medium	July 3, 2021	6	2
The One Minute Rule to Beat procrastination	Productivity	https://shailajav.com/one-minute-rule/	Personal Blog	July 4, 2021	6	2

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Chat with Mamatha Ramesh	Social Media	https://anchor.fm/shailajav/episodes/Thriving-without-Social-Media---A-Chat-with-Mamatha-Ramesh-e140d25/a-a5himsi	Podcast	July 6, 2021	6	1
Thriving without social media	Social Media	https://shailajav.com/thriving-without-social-media/	Personal blog	July 6, 2021	6	2
Why you need to follow the Depth year	Creativity	https://medium.com/intentional-and-creative-business/why-the-year-of-depth-is-something-you-need-to-follow-4cf9618173a1	Medium	July 6, 2021	6	2
Caroline Leon Interview on YouTube	Business	https://youtu.be/9ponHsPuAdk	YouTube	July 8, 2021	6	
Case Study Interview 1 - Ranjitha Jeurkar	Business	https://anchor.fm/shailajav/episodes/Client-Case-Study--Showcase-Ranjitha-Jeurkar-of-Connex-Coaching-NVC-e1428v6	Podcast	July 13, 2021	7	
Case Study Interview 1 - Ranjitha Jeurkar	Business	https://youtu.be/OpJ10XJ6Tlc	YouTube	July 13, 2021	7	
How Distance gives you perspective	Productivity	https://medium.com/gentleness-ambassadors/why-stepping-back-is-more-important-than-you-realize-ad9fc0900ffa	Medium	July 14, 2021	7	
Case Study Interview 1 - Ranjitha Jeurkar	Business	https://shailajav.com/case-study-ranjitha-jeurkar-nvc/	Personal blog	July 14, 2021	7	
How to Download IGTV video to your PC	Social Media	https://youtu.be/X2kRbgAALjM	YouTube	July 15, 2021	7	
Choosing the path of authentic connection	Social Media	https://medium.com/authentic-solopreneurs/why-i-choose-the-path-of-authentic-connection-f24e07fea3d3	Medium	July 21, 2021	8	
How to Create Content from a Space of Love	Creativity	https://anchor.fm/shailajav/episodes/How-to-Create-From-a-Space-of-Love-e14092g	Podcast	July 20, 2021	8	
How to Create Content from a Space of Love	Creativity	https://shailajav.com/create-content-space-of-love/	Personal blog	July 22, 2021	8	
How to Create Content from a Space of Love	Creativity	https://youtu.be/YzXEC0PRUlg	YouTube	July 22, 2021	8	
Why you should not start a business for the money	Business	https://shailajav.com/business-with-passion/	Personal Blog	July 26, 2021	9	
Why you should not start a business for the money	Business	https://medium.com/authentic-solopreneurs/why-you-should-not-start-a-business-for-the-money-4da96bcb6dad	Medium	July 26, 2021	9	
WHy Coaches should offer free consult calls	Business	https://anchor.fm/shailajav/episodes/Why-More-Coaches-Should-Offer-Free-Clarity-Sessions-e154q4j	Podcast	July 28, 2021	9	
WHy Coaches should offer free consult calls	Business	https://shailajav.com/free-consult-calls/	Personal Blog	July 28, 2021	9	
I Quit Social Media for 60 days and here's what I learnt	Social Media	www.shailajav.com/quit-social-media	Personal Blog	July 30, 2021	9	
Lessons from 60 Day Sabbatical	Social Media		Instagram	July 30, 2021	9	

