

ARROYO GRANDE HIGH SCHOOL ATHLETIC DEPARTMENT

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ATHLETIC DEPARTMENT CONTACTS

ATHLETIC ADMINISTRATION

Principal:	Brad Grumbles	brad.grumbles@lmusd.org
Asst. Principal:	Andrea Lee	andrea.lee@lmusd.org
Athletic Director:	Mike Wolstenholm	michael.wolstenholm@lmusd.org
Asst. Athletic Director:	James Carter	james.carter@lmusd.org
Athletic Trainer:	Matt Quijano	matt.quijano@lmusd.org

SUPPORT STAFF

Administration:	Rocio Palacios	rocio.palacios@lmusd.org
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Attendance:	Dawn Lewis	dawn.lewis@lmusd.org
Lead Custodian:	Jay Delory	jay.delory@lmusd.org
Activities Director:	Shannon Hurtado	shannon.hurtado@lmusd.org

HEAD COACHES - FALL SPORTS

Boys' & Girls' Cross Country	Trevor Bales	trevor.bales@lmusd.org
Fall Cheer	Trina Robbins	trina.robbins@lmusd.org
Football	Stephen Field	stephen.field@lmusd.org
Girls' Golf	Claudia Souder	claudia.souder@lmusd.org
Girls' Tennis	Mekayla Landers	mekayla.landars@lmusd.org
Girls' Volleyball	Bryan Stickland	strickdad@gmail.com
Boys' Water Polo	Russell Peterson	russell.peterson@lmusd.org
Girls' Water Polo	Steven Allen	steven.allen@lmusd.org

HEAD COACHES - WINTER SPORTS

Boys' Basketball	Robiy Ellison	robiy.ellison@lmusd.org
Girls' Basketball	Tim Cramer	bigditchbasketball@gmail.com
Boys' Soccer	Eliseo Romero	eliseo.romero@lmusd.org
Girls' Soccer	Matt Carinio	mattc2@yahoo.com
Boys' Wrestling	Zachary Zimmer	zachary.zimmer@lmusd.org
Girls' Wrestling	Ralph Rea	ralph.rea@lmusd.org
Winter Cheer	Trina Robbins	trina.robbins@lmusd.org

HEAD COACHES - SPRING SPORTS

Baseball	Steve Tolley	steve.tolley@lmusd.org
Boys' Golf	Frank Schiro	frank.schiro@lmusd.org
Softball	Jose Ramirez	pacificmayhem@gmail.com

Boys' & Girls' Swimming	Russell Peterson & Kevin Virnig	russell.peterson@lmusd.org
Boys' Tennis	Mekayla Landers	mekayla.landiers@lmusd.org
Boys' & Girls' Track & Field	Michael Hartman	michael.hartman@lmusd.org
Boys' Volleyball	Tyson Kerr	tyson.kerr@lmusd.org
Beach Volleyball	Bryan Strickland	strickdad@gmail.com
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