

Nurse Assistant 135 Hours

For information on registering and enrolling visit mlatc.edu/start
 For information on tuition, fees and costs visit mlatc.edu/costs
 For information on delivery methods visit mlatc.edu/delivery
 For information on MATC Certifications visit mlatc.edu/certifications
 For questions please email matcinfo@mlatc.edu or call 801-753-MATC (6282)



51.3902

Upon program completion, students may be eligible to sit for the state Certified Nurse Assistant written and skills exam to become a licensed Certified Nurse Assistant (CNA). CNAs work under the supervision of licensed nursing professionals. CNA's are the health professionals that patients encounter most often. They are a very important part of the Health Care Team.

CNA's are qualified to care for patients in:

- Assisted Living Centers
- Long Term Care Centers
- Home Health Agencies
- Hospitals

The primary duty of a CNA is for direct patient care including:

- Attending to daily needs such as bathing and other tasks for hygiene
- Assisting patients with eating difficulties
- Helping patients with range of motion exercises
- Recording and monitoring vital signs
- Remaining alert for any changes in the patient's behavior or condition that might signal that the patient is having any trouble.

Students are trained under the direction of a licensed nurse in a patient's physical, emotional, and social care. This program will cover:

- Professional ethics
- Basic safety and emergencies
- Communication skills
- Body mechanics
- Nutrition
- Patient mobility
- Restorative care
- Vital signs
- Infection control
- Body systems and diseases
- Personal care of the patient
- The patient's environment

Both classroom theory and clinical experience in a health care facility are provided. The clinical experience may not be scheduled at the same time as class. Health Care Provider BLS and First Aid certifications through the American Heart Association are included in the program.

OUTCOMES	Delivery Method	DE/DE - Traditional ILT
MATC Nurse Assistant Program Certificate	Enrollment Availability	High School Juniors, Seniors, and Adults (12/20)
Students are prepared to sit for the State of Utah Certified Nurse Assistant Certification Exam	Financial Aid Available	No
Healthcare Provider BLS and First Aid Certificate	VA Qualified	No

PREREQUISITES

As part of the admission process students are required to complete the Career Ready Entrance Assessment. The Career Ready Entrance Assessment is free and takes approximately 1 hour to complete. You can take this assessment at anytime prior to registration. You only need to take this assessment once upon first registering at MATC. You do not need to retake it for each program or additional course. For additional information or to schedule please visit mlatc.edu/testing

Students must be 16 years old prior to the first day of class.

Students must have TB testing and a Hepatitis B vaccine, or sign a waiver form.

Students may enroll in ONE of the following sessions:

SESSION	LOCATION	ROOM	START DATE	END DATE	START TIME	END TIME	DAYS	INSTRUCTOR	NOTES
Summer 2017	Lehi	208	6/5/2017	8/10/2017	9:00 AM	12:00 PM	M-F	Arlis Svedin	
Summer 2017	Spanish Fork	105	6/5/2017	8/10/2017	7:30 AM	10:30 AM	M-F	Cindy Bradford	
Fall 2017	Lehi	208	8/22/2017	12/20/2017	7:30 AM	10:30 AM	Alpine A Days	Marlece Anderson	12 hours of clinical will need to be completed outside of class; this will be arranged by the clinical coordinator
Fall 2017	Lehi	208	8/22/2017	12/20/2017	7:30 AM	10:30 AM	Alpine B Days	Marlece Anderson	
Fall 2017	Lehi	208	8/22/2017	12/20/2017	11:30 AM	2:30 PM	Alpine A Days	Marlece Anderson	
Fall 2017	Lehi	208	8/22/2017	12/20/2017	11:30 AM	2:30 PM	Alpine B Days	Marlece Anderson	
Fall 2017	Orem	113	8/22/2017	1/12/2018	7:15 AM	8:45 AM	M-F	Patti Billings/Arlis Svedin	
Fall 2017	Orem	113	8/22/2017	1/12/2018	1:15 PM	2:45 PM	M-F	Patti Billings/Arlis Svedin	
Fall 2017	Spanish Fork	105	8/22/2017	1/12/2018	7:30 AM	10:30 AM	Nebo A Days	Cindy Bradford	
Fall 2017	Spanish Fork	105	8/22/2017	1/12/2018	7:30 AM	10:30 AM	Nebo B Days	Cindy Bradford	
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Fall 2017	Spanish Fork	105	8/22/2017	1/12/2018	11:45 AM	2:45 PM	Nebo B Days	Cindy Bradford	
Spring 2018	Lehi	208	1/16/2018	5/8/2018	7:30 AM	10:30 AM	Alpine A Days	Marlece Anderson	12 hours of clinical will need to be completed outside of class; this will be arranged by the clinical coordinator
Spring 2018	Lehi	208	1/16/2018	5/8/2018	11:30 AM	2:30 PM	Alpine A Days	Marlece Anderson	
Spring 2018	Lehi	208	1/16/2018	5/8/2018	11:30 AM	2:30 PM	Alpine B Days	Marlece Anderson	
Spring 2018	Orem	113	1/16/2018	5/24/2018	7:15 AM	8:45 AM	M-F	Patti Billings/Arlis Svedin	
Spring 2018	Orem	113	1/16/2018	5/24/2018	1:15 PM	2:45 PM	M-F	Patti Billings/Arlis Svedin	
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Spring 2018	Spanish Fork	105	1/16/2018	5/24/2018	11:45 AM	2:45 PM	Nebo B Days	Cindy Bradford	
Summer 2018	Lehi	208	6/4/2018	8/9/2018	9:00 AM	12:00 PM	M-F	Patti Billings/Arlis Svedin	
Summer 2018	Spanish Fork	105	6/4/2018	8/9/2018	7:30 AM	10:30 AM	M-F	Cindy Bradford	

TUITION /FEES	COST	NOTES
Registration Fee	\$40.00	This \$40 is a one time only, non-refundable fee when enrolling in the college for the first time.
Facilities Fee	\$50.00	Includes parking pass
Program Fees	\$150.00	Program fees may not include all textbooks, materials or certification costs. Please see additional required/optional materials.
Tuition	\$270.00	
Total Tuition and Fees	\$510.00	Tuition and fees are due at time of registration.
REQUIRED PROGRAM MATERIALS	COST	NOTES
Textbook Hartman's Nursing Assistant Care, The Basics 4th	\$29.00	ISBN # 978-1-60425-050-3
Workbook Hartman's Nursing Assistant Care, The Basics 4th edition	\$13.00	ISBN # 978-1-60425-051-0
Scrubs	\$22.00	
Missed Clinicals	-	Missed clinicals will result in fines of \$10 the 1st time, 2nd \$25, 3rd \$50 and so on
Total	\$64.00	

OPTIONAL PROGRAM MATERIALS	COST	NOTES
CNA State Exam	\$75.00	Strongly recommended; required to work in the State of Utah as a Certified Nursing Assistant (CNA)
Blood Pressure Kit	\$35.00	
Missed Clinicals	-	Missed clinicals will result in fines of \$10 the 1st time, 2nd \$25, 3rd \$50 and so on
Total	\$110.00	

PROGRAM COMPONENTS	LAB	LECTURE	HYBRID	TOTAL	NOTES
Unit 1				0	
Certification				0	
Nursing Assistant Job Description				0	
Nursing Assisntn Code of Ethics (Professionalism)				0	
CNA Scope of Responsibilities/Orientation				0	
Sub Total		3		3	
Unit 2				0	
Infection Control	3	6		9	
Unit 3				0	
Measuring Vital Signs				0	
O2				0	
Sub Total	6	8		14	
Unit 4				0	
Hygiene and Grooming				0	
Vision & Hearing				0	
Sub Total	3	8		11	
Unit 5				0	
The Patients and Residents Enviroment				0	
Linens and Bed making				0	
Height and Weight				0	
Admission, Discharge & Transfer				0	
Sub Total	3	3		6	
Unit 6				0	
Basic Safety/Emergencies/CPR				0	
Restraints				0	
Dressisng Change				0	
Sub Total	3	3		6	
Unit 7				0	
Body mechanics/Ergonomics				0	
Assisting the Patient with mobility				0	
Decubitus Ulcers				0	
Rehabilitation & Restorative Care				0	
Bedcradle, footboard, trocater roll				0	
Pain				0	
Sub Total	3	6		9	
Unit 8				0	
Nutrition				0	
IV's and I & O				0	
Sub Total	1	5		6	
Unit 9				0	
Elimination/Toileting				0	
Urinary & Digestive System				0	
Specimens				0	
Sub Total	3	6		9	
Unit 10				0	
Death and Dying	1	2		3	
Unit 11				0	
Communication				0	
Basic Human Needs				0	
Sub Total		6		6	
Unit 12				0	
Cognitive Impairment and Mental Illness		3		3	
Unit 13				0	
Body systems				0	
Diseases and Conditions				0	
Sub Total		8		8	
Unit 14				0	
Job Seeking/Professionalism		2		2	
Unit 15				0	
CPR	6			6	
Final Lab	10			10	
Clinical Externship	24			24	
Total	66	69	0	135	Average 2.25 months or 45 days excluding wknds and holidays

***** Additional Information *****

MATC provides training for students to prepare to take and/or receive MATC or 3rd party licensures and certifications such as state, national or industry certifications. MATC does not guarantee MATC or 3rd party licensures and certifications such as state, national or industry certifications upon completion of MATC Programs. State/national licensure or industry certifications are required for employment in some occupations and it is the responsibility of the student to obtain them. In order to receive a MATC certificate students must demonstrate all competencies.

Financial Aid availability may be based on program locations and/or scheduling requirements.

High school students must approve enrollment start and end dates with their high school counselor before registering with MATC. Please Note: If high school students or their high school class graduates and they have not finished all program hours prior to their high school graduation date, tuition will be charged for the remaining hours needed for completion.

The time it takes to complete this program is based on clock hours. Based on how many hours per day and how many days per week your program meets you can determine your targeted completion date.

Classes not meeting the minimum enrollment may be cancelled or rescheduled. Minimum enrollment requirements vary per program.

Information, including but not limited to, times, dates, locations, tuition, fees, prerequisites, etc. are subject to change without notice. It is the viewer's responsibility to verify the timeliness and accuracy of this information prior to enrollment.

This Program is COE approved

Min/Max enrollment