MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Alder Bark	link	helps with pain that is caused by toothaches/gum pain/teething; might also heal gum/tooth infection and inflammation	gnawed or chewed found in boggy terrain
☐	Alfalfa	link	helps with pain that is caused by toothaches/gum pain/teething; might also heal gum/tooth infection and inflammation	gnawed or chewed found in boggy terrain
☐	Ashen Tree Sprouts	link	applied to adder or venomous snake bites to fight the effects.	gnawed or chewed found in boggy terrain
☐	Beech Leaves	link	used to carry herbs; its nuts can attract prey	favors moist soil
☐	Bindweed	link	mends sticks together for broken bones	fasten its vines around the sticks to keep the bone in place found almost anywhere
☐	Birch Sap	link	soothes sore throat and respratory issues, might cure yellowcough	dig your claws into the bark until the tree bleeds drink the sap
☐	Blackberry Leaves	link	brings down inflammation and swelling from bee stings	chewed into a pulp or poultice and applied to the bee sting found almost anywhere
☐	Blazing Star	link	rare herb used to treat an unknown but lethal disease	
☐	Blessed Thistle	link	increases blood circulation, especially useful for blood loss.	
☑	Boneset	rums/showpost.pl	useful for coughs and minor chest infections	
☑	Borage Leaves	rums/showpost.pl	helps queens produce milk, acts as an antibiotic, reduces fevers, tight chests, stomach ache, and infections.	eaten or ingested found in forests
☐	Bramble Twigs	link	used to aid with sleep	chewed into syrup
☐	Brighteye	link	useful for coughs and minor chest infections	mixed with loveage to treat cough
☑	Broom	rums/showpost.pl	used for broken legs and wounds	crushed and applied to the body found in forests
☑	Burdock	rums/showpost.pl	numbs minor wounds, eases small infections and sores, promotes healing	
☑	Burnet	rums/showpost.pl	gives strength; good for queens soon to kit	
☐	Catchweed	link	burrs are used to stop poultices from coming off	
☑	Catmint	orums/showpost.p	the best remedy for greencough and whitecough; can also help with stress and shock	ingested or shred into fine pieces to inhale
☐	Celandine	link	acts as a sedative/painkiller for the eyes. soothes damaged eyes and eyes that hurt	crush its bulbs to release its juice and then trickle into the eye found in forests and near water
☐	Chervil	link	treats infected wounds and stomachache; helps with nausea during kitting; looks similar to parsley	chew on its leaves or root to extract the juice to apply on wounds. eat the leaves for stomachache and nausea found in dry areas
☐	Chickweed	link	used to treat greencough when catmint isn't available	eat found in forests
☐	Clover	link	known to help with dry skin and mild coughs	found anywhere
☐	Cobnuts	link	used to thicken ointments	rodents frequent cobnut trees so keep an eye out while hunting
☑	Cobwebs	rums/showpost.pl	used to bind wounds, staunch bleeding, hold herbs together, and bind broken bones	found anywhere
☑	Coltsfoot	HkT1	helps troubled breathing and kittencough; helps soothe cracked or sore paw pads; works well for minor scratches	chew the leaves into a pulp and eat; chew into a poultice and apply to body found in wet areas

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☑	Comfrey	HkT1	**LEAVES** helps cough attacks; when mixed with tansy it's a soothing remedy for asthma; consuming it can relieve inflammation **ROOTS** repairs broken bones; soothes wounds; helps wrenched claws; itching; soothes inflammation; soothes muscle stiffness; soothes burns	chewed into a paste to be eaten or eat the leaves directly; roots can be eaten or applied directly found in damp, grassy areas
☐	Daisy	link	eases stiff joints and soothes sprains; good for back pain	hew into a paste and fastened with cobwebs to help ease joint pains; eat to soothe sprains; mix it with tansy for a backache remedy found anywhere
☐	Dandelion	link	soothes and heals bee stings; can be mixed with borage for a fever remedy; cures meadow saffron poisoning	the liquid is applied to bee stings; chew the leaves to act as a painkiller and reduce fever; eat the roots to cure meadow saffron poisoning found anywhere; more commonly found in meadows and fields
☐	Dock	link	soothes scratches, sore paw pads, and wound pain; used to vomit on; stings when applied to open skin; makes ones coat slippery; used for medicine cat apprentices to practice on	chewed up and applied to scratches and wounds; the leaves are large so it makes it easy to clean up vomit afterward found in grassy areas
☑	Elder	rums/showpost.pl	**LEAVES** soothes sprains and wrenched muscles, **FLOWERS** alleviates congestion and fever, stimulate appetite,	found in rocky terrain
☐	Fennel	link	eases pain in hips, such as during kitting; soothes stomachaches, hunger pains, and whitecough	the stalks are broken and the inner juice is squeezed into the patients mouth found in dry soil near the cost or rivers
☐	Feverfew	link	reduces body temperature; treats any common cold symptoms; used for aches and pains. best remedy for headaches/migraines	eat found on riverbanks
☐	Goat weed	link	calms anxiety or grief; use daily until the cat feels better	eat found in damp areas
☑	Goldenrod	rums/showpost.pl	heals wounds and sprains; its juice helps numb any wound pain	chewed into a poultice and applied to the wound/sprain; apply the juice directly to the wound found in moors
☐	Goosegrass	link	used to staunch bleeding when cobwebs are not available	
☐	Hawkweed	link	eases the symptoms of greencough; not as strong as catmint	eat
☐	Heather	link	its nectar makes herbs taste better	knead the flower to extract the juices and add it to mixtures
☑	Honey	rums/showpost.pl	works as an antibiotic so it will strengthen the immune system (colds, infections, energy, etc); cures smoke-damaged throats or sore throats; sweetens herbs; perfect for holding poultices together	eat; apply it directly onto the body for external infections and burns; put it on poultice mixtures to make them sticky
☐	Horsetail	link	treats infections and stops minor bleeding	chewed into a poultice and applied to wounds; the sap from the stems can also prevent infection
☐	Ivy	link	used to carry other herbs around or to keep herbs fresh	
☑	Juniper Berries	rums/showpost.pl	soothes stomachaches; gives strength and helps heavy breathing; its juice can be used to soothe flea bites; calms a cat from shock or distress. make sure to only give in small doses	eat; dab the juice onto the infected flea bites
☐	Lady's Mantle	link	used with skin issues, dryness, and shallow burns	apply directly to area after chewing or crushing
☐	Lamb's Ear	link	gives a cat strength	eat
☐	Laurel Leaf	link	used in herb wraps; especially when carrying honey	wrap herbs and bind with cobweb
☐	Lavender	link	cures fevers, chills, and headaches; can be used in bee sting remedies to soothe pain; hides the scent of death	have your patient inhale the herb constantly; crush and mix with a bee sting pulp; rub on dead body

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Lovage	link	cures coughs and minor chest infections	chew it into a pulp with bright-eye, then feed to your patient
☐	Lungwort	link	best known cure for yellowcough	eat the leaves
☐	Mallow	link	calms stomachaches	eat
☑	Marigold	ɔrums/showpost.pl	stops infections; stops bleeding; used for minor scratches; helps inflammation of stiff joints, broken bones, and flea bites	the petals, leaves, and juice can be made into a poultice and applied to the body
☐	Mint	link	hides the scent of death; deters fleas	rubbed onto the body; can also be placed in ones nest to deter fleas
☑	Moss	ɔrums/showpost.pl	used to soak up honey, water, mouse bile, and other	
☐	Mousebile	link	used to kill ticks and fleas found in cats pelts	the liquid is stored in moss and dabbed onto the fur
☐	Mushroom	link	bioluminescent mushrooms can be used to euthanize cats, though less humanely than deathberries	harvest at night to differientiate glowing from non-glowing; extremely toxic
☐	Nettle	link	leaves are used to treat swelling	
☐	Oak Leaves	link	stops infections	store the leaves in a dry area until wilted. chew into a thick poultice and apply to the wound
☐	Parsley	link	stops a queen from producing milk if they lose their kits. a whole stem is taken each day until the milk stops. do not feed to queens who are still nursing; soothes stomachaches	eat
☑	Poppy seeds	ɔrums/showpost.pl	acts as a painkiller; excellent for sedation; soothes shock, distress, and anxiety; do not feed to nursing queens, a queen that is giving birth, or newborn kits	eaten or chewed on; two seeds should be enough, but elders may need to take up to five if they have severe/chronic pain
☐	Ragweed	link	strength/energy booster	eat
☐	Ragwort	link	treats aching joints and gives a cat strength; acts as a painkiller	crushed and chewed on; feed to a queen after given birth; given to elders to keep their strength up
☐	Raspberry leaves	link	helps stop bleeding during kitting; works as a painkiller	eat; feed before or after a queen gives birth
☐	Rhubarb	link	used as a leaf-wrap to store items	found mostly in thunderclan territory
☐	Rosemary	link	helps hide the scent of death to prepare for burial; helps prevent fleas	rub on dead cats pelt; rub on pelt or nest to prevent fleas
☐	Rush	link	used to bind broken bones	use its hard stalks with cobweb casts to hold broken bones in place
☐	Sheep Sorrel	link	eases fever	found in moorlands
☐	Snake Root	link	used to treat poison	
☐	Sorrel	link	raises appetite. will suppress appetite when mixed into a traveling herb mixture	eat
☐	Sticks	link	recommended for queens who are giving birth; mends broken bones with poultices; distracts those who have dislocated bones	patients will bite on the stick when in pain to distract them; used as a splint for broken bones
☑	Stinging Nettle	HkT1	will make a cat vomit up toxins; brings down swelling; mixed with comfrey to heal broken bones; treats bruises; helps wounds and infections; the leaves can be used to carry herbs	the seeds are eaten to rid toxins and soothe swelling/bruises; the leaves are chewed into a poultice and applied onto wounds or broken bones; chewing on the stems stops infections
☑	Sunset Roses	ɔrums/showpost.pl	known to heal windclan's mysterious sickness	
☐	Sweet Sedge	link	acts as an antibiotic. eases internal infection	break its stalks in half and swallow the sap
☐	Tansy	link	cures whitecough and helps those who are recovering from greencough; cures wounds and extracts poison; prevents greencough; soothes sore throats and wretched legs; used to hide a cats scent; **NEVER** feed to pregnant queens	eat, but only in small doses; rub on cats pelt to hide their scent; crush the leaves into a poultice and apply to wretched legs

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☑	Thyme	forums/showpost.p	treats nervousness, anxiety, or shock	chew on the leaves
☐	Tormentil	link	treats wounds and extracts snake venom	chewed into a poultice and applied to the desired area
☐	Tree Sap	link	soothes sore throat and mild coughs	drank
☐	Watermint	link	soothes stomachaches; used to hide the scent of death; smooths coats	chew into a pulp and then eat; rub onto dead cats pelt to hide scent or to smooth ones fur
☐	White Clover	link	good for upset stomach and nausea	eaten found anywhere
☐	Wild Garlic	link	acts as an antibiotic. one of the best plants for fighting infection; prevents diseases that are carried in rat bites; used for disguising a cats scent	roll in it or chew it into a poultice and apply it to the infection or rat bite
☐	Willow Bark	link	eases pain	the juice inside the bark is consumed
☐	Willow Leaves	link	suppresses the urge to vomit; calms nausea	chewed into a pulp and then eaten
☐	Wintergreen	link	treats wound pain and certain poisons; be cautious when collecting it, it looks almost identical to holly	chew the leaves to extract the juice and apply it to the wound
☐	Wood Sorrel	link	draws out infection and dries up wounds	chewed up to a poultice and applied to treat boils and infections
☐	Yarrow	link	extracts poison from wounds; makes a cat vomit up toxic plants and cure stomachaches; cures mild coughs; heals cracked or sore paw pads	the leaves are chewed into a poultice and applied to the poisoned wound; chew into a pulp and then eat for coughs or toxic plants; make into an ointment and apply to cracked or sore paw pads; eat the leaves to cure stomachaches
☐	Yew	link	also known as death berries, used to euthanize cats; the flesh of the berry helps physical pain and specific infections	the seed is extremely toxic, kills within minutes, should only be collected as needed
☐	extra	link		
☐	extra	link		
☐	extra	link		
☐	extra	link		
☐	extra	link		
☐	extra	link		
	Toxic Herbs			
☐	Yew	link	also known as death berries, used to euthanize cats; the seed is the toxic part of the plant	kills within minutes
☐	Apple Seeds	link	seeds, stems and leaves are toxic; fruit is safe and sweet in small quanitity	large quantity required to kill; can cause vomiting and stomach upset in small doses
☐	Deadly Nightshade	link	so toxic that it can kill a full grown warrior in minutes, the whole plant is toxic	kills within minutes avoid handling with mouth and always rinse paws after touching
☐	Foxglove Seeds	link	rapid paralyisis and heart failure, death within 10-20 minutes	
☐	Holly	link	lethal for kits, will cause sickness in full grown warriors	
☐	Meadow Saffron	link	eating just a small bit of it will cause a disturbance in ones blood circulation, nervous system damage and, eventually, death	symptoms can be mitigated by dandelion, though the victim will still be lethargic and ill for 1-2 weeks
☐	Water Hemlock	link	the entire plant is toxic; sometimes mistaken for parsley; there is no cure for its poisons	garunteed death within 1-3 days with intense pain
☐	extra	link		
☐	extra	link		

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	extra	link		
	Illnesses		Description	Treatment
☐	Aching Joints	link	pain may be seen in the legs/paws/ankles, back, toes, muscles, or neck; bone or muscle stiffness/inflammation; swelling; fatigue	chew ragwort, goldenrod, and daisy leaves into a poultice. spread the poultice out thinly and add honey to it to help it stick. the patient should only chew on the poultice, because eating the whole thing will give an upset stomach; swallowing a little is okay. feed them juniper berries if they report loss of strength
☐	Allergies	link	for pollen: running nose, trouble breathing for other things: swelling, hives, asphyxiation	coltsfoot, thyme, and catmint together. feed to your patient
☐	Asthma	link	difficulty breathing; chest pain; coughing; wheezing; phlegm; rapid breathing; frequent respiratory infections; tight chest; throat irritation; trouble sleeping caused by shortness of breath/coughing/wheezing	coltsfoot, thyme, and catmint together. feed to your patient
☐	Anxiety/Panic Attack	link	fatigue; restlessness; sweating; hyperventilation; irritability; racing thoughts or unwanted thoughts; trembling; and possible nausea **Panic Attack** physical weakness; dizziness; tingling/numbness in paws; a sense of terror; sweaty or chills; chest pain; breathing difficulties; feeling a loss of control; and in extreme cases, fainting	poppy seeds, thyme, or goatweed should be administered as episodes occur
☐	Broken Bones	link	bruising; physical deformity; limping/inability to place pressure on the bone; swelling; tenderness; dizziness; blood from the affected area	**Mild** if your patient is walking funny or says they cant place any pressure down on their paw/leg, there's a high chance that it's broken. trace your tail over the patients body to check for any damage and poke your claw onto the damaged area. if they feel severe pain where you touch it or if you feel a crack, then, the bone is broken. feed your patient an appropriate amount of poppy seeds to dull the pain. feed them juniper or thyme if they are in shock. gather stinging nettle, comfrey root, and bindweed. soak the nettle and comfrey in water until soft. then, chew on both herbs to form a poultice. plaster the poultice onto the damaged area and wrap cobweb around the broken leg/paw like a cast. prop the leg/paw up on sticks and wrap with bindweed to keep it elevated. keep the cat from walking for a moon (1 month). once they start to heal, have them do small, supervised exercises, such as short walks and stretches. if it is an apprentice who has broken their bone, it can take a little over half a moon

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Broken Tooth	link	can happen when the tooth hits a hard object, biting a hard object, or cavities, which can cause tooth decay. in mild cases, the tooth will be chipped but still in the gums. moderate cases will have a piece of the tooth broken off but still intact. in severe cases, the tooth is completely shattered, which will leave nothing except a hole in the gum where the tooth used to be	**mild**, wash their mouth thoroughly to get rid of any blood or remains of the tooth. give them poppy seeds and have them rest. if mild, they should be back to regular duty after a day. feed them a daily dose of poppy seeds for a quarter to half a moon (1-2 weeks). **moderate**, only allow them to eat soft and plump prey such as mice and fish. if the tooth has a jagged edge, wrap it with cobweb to prevent it from cutting their mouth. have them rest for a few days until the worst of the pain fades. feed them a daily dose of poppy seeds for over half a moon (2-3 weeks) until the worst of the sensitivity is gone. it is possible that the tooth will decay **severe**, wash the cats mouth, preferably with running water, to clean the hole where the tooth used to be. dab a small amount of cobweb in the hole to rid of any debris and blood. feed them poppy seeds and only allow them to eat soft and plump prey. you must clean the hole with cobweb every time after they eat to prevent infection. the pain will last up to a moon (1 month). it is essential to give the hole daily care even after it has healed
☐	Burns	link	**First** mild inflammation; red skin; swelling; mild fever; peeling skin; rash; physical sensitivity; itchiness **Second** red, white or splotchy skin; fever; moderate inflammation; blistering; infection; possible scarring; all of the above for first-degree burn **Third** skin appears waxy or leathery; physical numbness; difficulty breathing; smoke inhalation poisoning; swelling; highly possible scarring; all of the above for second and first-degree burn	**First** apply honey to the burned area and wrap a thick layer of cobweb around the honey, adding a catchweed burr to the ends of the cobweb. feed them a honeycomb or honey painted onto a dock leaf if they ingested any smoke **Second & Third** lick the most damaged areas of their body as soon as they're away from the fire. immerse the damaged area in room temperature (not cold) water, or get a damp moss ball and lightly pat it onto the area. if your patient is in shock or has anxiety, feed them thyme. have them lay down in a flat, though comfortable position. do not have them lay down if they have an airway burn. gather honey, marigold, and comfrey root. chew the marigold and comfrey root into a poultice. paint the honey over your poultice and put it over the desired area, honey facing the injury, and wrap a thick layer of cobweb around the poultice. have your patient consume water, and feed them an appropriate amount of poppy seeds. feed your patient a honeycomb or paint some honey over a dock leaf to heal a throat that has inhaled smoke. your patient must rest for several days and you need to keep a close eye on them. remake the same poultice every day, and the cast must stay on at all times. it might take a whole moon to heal. don't break the blisters, and don't apply any type of ointments onto the burn as it will make it infected
☐	Chills	link	shortness of breath; wheezing; fever; severe coughing; stiff joints	feed them feverfew. soak lavender in water and then chew it into a thick poultice. apply the poultice on top of your patients head and wrap cobweb over the poultice and under the jaw to keep it in place. lick their fur and cuddle them to warm them up. if they fell in cold water, monitor them for any shock or fever, and keep them in your den until they're better

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Illnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Damaged Eyes	link	most commonly caused by fighting cats and other animals. their damage can range from minor blurriness to complete blindness. the harsher the symptoms are, the less of a chance the eyes will recover with full vision. cats with damage on the surface of the iris will never regain vision	gather a wet moss ball and thoroughly clean the patients eye out. recommended to flush it out with running water. chew on fennel stalks to release the juice that is inside of it and put it onto a clean moss ball and dab it onto the cats eye. feed them juniper and poppy seeds afterward. you will have to keep a very close eye on the cat even after you have treated them. there is a very strong chance that the victim will go blind. treat for infection and symptopms as they arise
☐	Fevers	link	usually accompanied by another sickness, such as a chest infection, cold, or falling into freezing water	look for cause of fever, then administer a fever reducing herb as needed
☐	Fleas	link	small, wingless insects that cling onto furry animals to suck their blood, which causes irritation/itchiness and creates very small wounds, which can develop into an infection, and possibly disease. some cats are even allergic to fleas; fleas are highly contagious. the legs, paws and neck are targeted the most.	apply mouse bile as needed
☐	Joint Dislocation	link	limited movement; physical deformity; swelling; bruising; severe pain; numbness; tingling; weakness down the arm and into the paw; possible inflammation if blood vessels are damaged, the arm and paw will feel cold and turn to a bluish color. a dislocated shoulder appears to hang lower than an uninjured shoulder	once you've determined that their limb has been dislocated, lay them down gently and instruct them to not move at all. moving even a bit can make the injury worse. the pain from a dislocated limb is very intense, so a dose of poppy seeds won't do much, but it's still recommended to feed them some so they can relax and take the edge off. have someone restrain the patients other legs so you can easily relocate the limb. give the patient a stick to bite on if the poppy seeds didn't put them to sleep. get your patient to lay on their back and have the injured arm move a little way from their body. firmly grab your patients paw and slowly, but firmly, pull on the arm at an angle. do this until you hear a click. afterward, immediately grab a comfrey root, ragwort and juniper poultice and put it on the shoulder. wrap a thick layer of cobweb around the poultice and shoulder and forearm. prop the shoulder up with sticks wrapped in bindweed; make sure the sticks aren't too high. feed them poppy seeds afterward. the patient must stay in their nest with hardly any movement/activity for a little over a moon (one month). remake the poultice every day and give them any painkilling herbs until they're better. they may return to very light duty after they're healed
☐	Greencough	link	a mild chest infection that manifests as green phlem and intense coughing fits. cats with greencough have white spots in their throat	catmint should be taken by the sick cat, along with tansy or borage if a fever arises crush catmint and coltsfoot together and add honey to it. add a bit of water to it and then begin to chew it into a pulp. sprinkle poppy seeds over it and feed to your patient. feed them feverfew if needed. keep them away from other cats and have them rest for several days until they're better. once they begin to recover, feed them a dose of tansy every day to ensure that the illness doesn't come back
☐	Kittencough	link	a very mild version of a chest infection affecting kits. happens if the kit was born naturally weak (runt) or born in the freezing cold. not life threatening, but can harm the kits immune system and lungs if left untreated. has a chance of turning into whitecough or greencough.	smaller dosage of greencough treatment
☐	Loss of Appetite	link	a disappearance of the cats desire to eat. it can be caused by stress or severe illnesses	treat the cause of loss of appetite

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Nausea	link	when a cat feels exceedingly ill and has an extreme urge to vomit. there are multiple things that can cause nausea, such as overeating, hunger, specific herbs, food poisoning, tainted water, intense fear/panic attacks, early pregnancy, migraines/headaches, and revolting smells. if a cat vomits, followed by diarrhea, it can cause severe dehydration. depending on the severity, nausea is a very easy fix	before you feed your patient any herbs, determine why they are nauseous. nauseous from hunger? get them a piece of fresh-kill. nauseous from dehydration? water. nauseous from too much activity? nap time! if none of this works, feed them a willow leaf
☐	Poison	link	being poisoned can be caused by eating or drinking unsafe substances, such as deathberries, tainted water, or rotten prey. inhaling too much smoke, and being bitten by a venomous animal are other ways cats are infected. depending on the severity of the poison/venom, a cat may or may not survive.	feed your patient stinging nettle or yarrow for painful stomachaches; allow them to vomit onto a dock leaf. since vomiting causes dehydration, immediately bring your patient to a water source. mild stomachaches can be treated with juniper or watermint, but give them a small dose of yarrow so they can puke up any poison, just to be on the safe side
☐	Redcough	link	a highly severe chest infection and is worse than greencough; it is named after its main symptom: coughing up blood; if not treated immediately, the cat will likely die	can not be treated with catmint
☐	Shock [emotional]	link	lack of emotion; lack of empathy; denial; difficulty concentrating; confusion; irritability; mood swings; lack of communication; panic attacks	poppy seeds, goat weed, thyme and paitence
☐	Shock [physical]	link	chills; rapid heartbeat; physical and mental weakness; confusion; lack of alertness; loss of consciousness; and rapid breathing	feed them a dose of wintergreen, thyme, comfrey leaves, and chamomile to calm the shock
☐	Snake Bite	link	depending on the species of the snake, the victim may or may not end up being injected with venom. the wound from the bite may become infected if not treated properly	**Non-Venomous** clean the wound thoroughly with a damp moss ball. if needed, put the wound into water. gather horsetail and soak it in water for a while (do this ahead of time) and once soaked, chew it into a paste. pour the paste onto a dock leaf and let it sit in a cool area. after a while the paste should have turned into an ointment. plaster the ointment over the scratch, then soak burdock root in water until soft. chew on it to form a poultice. put the poultice over the desired area, and feed your patient an appropriate amount of poppy seeds to dull the pain. your patient should be good to go by the following day **Venomous** flush the wound thoroughly with water until you are certain that the wound is clean. venomous snakebites can cause severe pain and potential death, so feed them a dose of wintergreen, thyme, comfrey leaves, and chamomile to calm the shock. chew yarrow into a pulp and feed to your patient to allow some poison to be removed. leave the wound open and allow it to bleed for an appropriate amount of time so the excess toxins can be drained out. gather tansy and more yarrow, and chew them both into a poultice. apply the poultice to the poisoned area, and swathe with cobwebs. feed them sweet sedge sap to help prevent infection. assuming your patient has a miracle and doesn't die, they should rest for a few days
☐	Sores	link	caused by rough activity. the skin will become red and raw	treat for infection and pain as needed
☐	Sore Throat	link	inflamed throat due to cold weather, smoke inhalation, allergies, or a cold	have the cat eat a honeycomb or let them lick honey off of a dock leaf. recommended to give them a small dose of tansy. let them drink plenty of water

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☑	Sprains	rums/showpost.pl	injuries to the ligaments of a joint, where the ligaments were stretched beyond their normal capacity. sprains are caused when too much force is placed on the muscle either by tripping, getting hit by something, or walking on uneven surfaces. the pain will vary from mild to severe and will decrease the ability to move the joint.	rest; possibly binding or splinting if severe
☐	Stomach Aches	link	eating crowfood (rotten food), eating too much prey, not eating enough, indigestion, nausea, or caused by an illness such as greencough. in most cases you won't have to give the cat any herbs for this since most stomachaches leave on their own.	have the paitent rest and treat for pain as needed; if necessary, feed stomach-calming herbs
☐	Weakness	link	a lack of strength in the body. the weakness only affects muscles that are irritated or compressed nerves, which can be caused by stress, aching joints, wounds, tiredness, or too much physical activity	treat the cause of the weakness first, then administer strenght-giving herbs
☐	Whitecough	link	whitecough and greencough are the most common chest infections known to the clans; whitecough is almost like greencough, but a milder version. if untreated, it will develop into greencough. cats usually catch this sickness during leaf-fall (autumn) and leaf-bare (winter); it is fatal for elders and kits if not treated immediately	incredibly infectious
☐	extra	link		
☐	extra	link		
☐	extra	link		

	Techniques		Used For	Extra
☑	Amputation	rums/showpost.pl	limbs that can not be saved/are necroting	
☐	Binding Broken Bones	link	broken bones, particularly on limbs/places of high movement	
☐	Birthing	link	proper treatment for kitting queens and newborn kits	
☐	Bone Realignment	link	setting broken bones so that they may heal better	
☐	Bone Removal	link	removing bone fragments from complex breaks so they do not impale the flesh	
☐	Cleaning Herbs	link	keeping herbs fresh and free of bugs & debris while in storage	
☐	-Cough Identification	link	identifying the first signs of white/green/redcough and distinguishing between the three	
☐	Cracked Pads	link	treating cracked paw-pads	
☐	Dealing with Stillborn	link	proper treatment for queens that birth stillborns, disposal of the bodies, and dealing with the mental stress on the queen	
☑	Diagnose Pregnancy	rums/showpost.pl	identify early signs of pregnancy in queens	
☐	Disembowelment	link	attempt to treat cats who have been disemboweled	survival is incredibly unlikely, and infection risk is incredibly high
☐	Drying Herbs	link	for herbs that do not focus on lushness, like poppy seeds and barks, to last longer in storage	
☐	Eye Removal	link	removing eyes that are swelling or damaged beyond repair	
☐	Fertilizing Herbs	link	taking care of local herbs by leaving prey scraps or dung near them	
☐	Frosting Herbs	link	preserving lush herbs during leafbare and late leaffall	

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐	Growing Herbs	link	aiding in the maintaining of wild herbs	
☐	Kit Checkups	link	proper check-ups for the clan's youth	
☐	Makeshift Splint	link	used to keep a broken limb from being moved	
☐	Physical Therapy	link	treating muscle atrophy from healed breaks, paralysis, and more	
☐	Planting Herbs	link	planting the seeds of herbs to promote more growth	
☐	Quarantine	link	isolating sick cats to prevent illness from spreading	
☐	Slit Throat	link	staunching the bleeding caused by a slit throat	survival is almost impossible unless the cut is superficial and does not puncture arteries
☐	Torn Muscle	link	tending to torn muscles	
☐	extra	link		
☐	extra	link		
☐	extra	link		
☐	extra	link		
☐	extra	link		

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & [everything a medicine cat needs to know]

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & [everything a medicine cat needs to know]

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & [everything a medicine cat needs to know]

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & [everything a medicine cat needs to know]

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & [everything a medicine cat needs to know]

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				

MED. KNOWL. TRACKER

you can also put t1 and t2 instead of link in learned if using herbal knowledge purrk

herbs obtained from the warriors wiki & everything a medicine cat needs to know

Herbs: 19/89

Poisons: 0/10 *Ilnesses: 1/30* *Techniques: 2/28*

✓	Name	Learned	Description	Extra
☐				
☐				
☐				