Supplementary Tab	le 1. Prevalence of past-	month anxiety by age	: from 2008 to 2018 ()	NSDUH, US persons a	ages 18 years and old	er.)															
Anxiety was quar	tified using a self-rep	ort measure of past	t-month anxiety. Th	is variable was asse	ssed with the item,	how often did yo	u feel nervous	during the	e past 30 days" w	ith five response (	options: all of the t	ime, most of the t	time, some of the tim	e, a little of the tim	ne, and none of the t	time. For these an	alyses, the five res	ponse options were	recoded into two c	ategories: no anxiety	/ (i.e., none of the ti
A 02																					
	2008	2009	2010	2011	2012	2013	2014		2015	2016	2017	2018	2019	2020	2021	2022					
18.75	7.97	7.4	7.62	7.16	7.7	8.3		9.93	11.07	11.84	13.69	14.66	16.54	15.93	18.2	19.9					
26.14	5.36	5.07	5.91	5.59	6.44	7.1		6.43	7.24	7.84	9.71	9 39	10.34		11.81	12.25					
15.49	5.50	5.51	5.01	5.50	6.44			6.45	1.54	( 11	(.07	1.00	(17	7.3	7.8	7.0					
33-47	3.69	3.62	3.03	3.42	3.04	3.6	,	3.18	3.37	3.01	8.07	3.98	6.17	1.33	1.8	1.34					
347	3.8	3.38	4.04	3.39	4.10	4.0		3.9	3.93	3.91	3.63	3.76	4.14	4,24	3.12	4.24					
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% U.S.	Anxiety Preva	alence																			
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15			-				18-25		2010	2022	% Change										
-									7.6	19.9	161.1548556										
-							26-34		2010	2022	% Change										
10									5.81	12.28	111.3597246										
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Supplementary Table	I. Prevalence of past	-month assisty by ap	thom 2008 to 2018	NSDUIL US persons ages 18 years and el	dati (												
	Total	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	Linear trend				
Age							Prevalence of past- month anxi	iety by age					Unadjusted ORa (95% C	i) T-test (p-value	justed ORa,b (95%	C T-test (p-value)	
18 to 25 years old unweighted n	17264	1453	1447	1425	1470	1475	1558	125	1663	1644	1912	2040					
weighted %	9.77	7.97	7.4	7.62	7.16	7.7	8.35	9.93	11.03	11.84	13.69	14.66	1				
weighted s.e.	0.1	0.26	0.29	0.22	0.25	0.22	0.25	0.3	0.32	0.41	0.41	0.42	1.089 (1.082, 1.097)	t=24.259 (p=0.00	1) 1.094 (1.087, 1.102	) 1=25.283 (p=0.001)	
26 to 34 years old anweighted n	56.59	323	356	349	124	345	361	562	697	706	802	834					
weighted %	7	5.36	5.97	5.31	5.58	6.44	7.15	6.43	7.34	7.54	9.23	9.39	1				
weighted s.e.	0.13	0.45	0.42	0.41	0.47	0.35	0.6	0.33	0.3	0.37	0.36	0.38	1.063 (1.049, 1.076)	t=9.442 (p=0.00	1) 1.059 (1.054, 1.083	) t=9.670 (p=0.001)	
35 to 49 years old unweighted n	6259	469	455	463	441	391	476	61	650	787	752	707					
weighted %	5.58	5.69	5.62	5.05	5.42	5.04	5.66	5.11	5.3	6.44	6.07	5.98					
weighted s.e.	0.05	0.33	0.3	0.27	0.31	0.41	0.35	0.24	0.2	0.5	0.26	0.28	1.012 (1.001, 1.022)	t=2.253 (p=0.02	5) 1.022 (1.011, 1.033	) t=3.968 (p=0.001)	
50 years and older unweighted n	3203	204	211	341	255	274	273	39	35	353	338	1 339					
weighted %	3.84	3.6	3.58	4.04	3.59	4.18	4.07	14	3.9	3.91	3.63	3.76					
weighted s.e.	0.07	0.34	0.32	0.32	0.29	0.35	0.32	0.21	0.2	0.29	0.25	0.26	1.002 (0.989, 1.015)	t=0.300 (p=0.76	5) 1.010 (0.997, 1.023	) t=1.532 (p=0.128)	
Differential time tro	nd												F(3)=65.40	5 (p-0.001)	F(3)=70.227 (p=0.)	01)	
18 to 25 years old vs	26 to 34 years old												F(1)=3.166	(p=0.002)	F(1)=3.416 (p=0.0	0)	
18 to 25 years old vs	35 to 49 years old												F(1)=11.13	5 (p=0.001)	F(1)=11.285 (p=0.0	01)	
18 to 25 years old vs	50 years and older												F(1)=11.45	2 (p<0.001)	F(1)=11.831 (p=0.1	01)	
Abbreviations: CI, o	ulidence interval; N3	SDUII, National Surve	ry on Drug Use and I	lealth; OR, odds ratio; s.e., standard error;	US, United States.												
aOdds ratios are for	continuous calendar	war term in a logistic	corression with past	month anxiety as the outcome.													
bAdjusted for meeter	nicity (non-Illismois	White non-Hispanic	Black Historic Of	ter): wender (male, female): total annual fa	mily income (-\$20.000, \$20.000 to \$49.999	>\$50.000): marital status (married, widew	red/separated/divorced, never married/c and	deducation (less than high school, high sch	ool graduate or equivalent, some college, c	ollege graduate or greater education).							

Anxiety by 3	Sex. NSDUH 2008 -202	2																						
Anxiety was	quantified using a self-r	port measure of p	ast-month anxiety.	This variable was	assessed with the	item "how ofte	n did you feel nerv	ous during the pa	st 30 days" with fi	ve response opti	ons: all of the tim	a, most of the time	, some of the tir	ne, a little of the time	e, and none of the	time. For these	analyses, the fiv	e response options we	are recoded into one c	ategort: high anxiety (	i.e., most of the time	e, all of the time). On	ly participants ages	218 were asked this question.
Weight: pers	on-level analysis weight	(ANALWT_C). Th	is weight is designe	d to adjust for a ra	ange of factors incl	uding how like	ly a person was to	be selected for th	e survey (some p	ople might have	a higher chance	of being selected	than others due	to the survey design	n), and the rate of	nonresponse ()	people who were	selected for the survey	/ but did not participat	or complete it). Each	weight component,	, or factor, within the	person-level analy	sis weight corrects for a specific
Ages 18-25																								
	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022									
Males	6.66	6.45	5.66	5.8	6.36	5.99	7.82	8.99	9.03	9.95	10.43	11.88	10.25	12.66	15.3									
Females	9.24	8.35	9.6	8.48	9	10.7	11.94	13.02	14.47	17.24	18.67	21.22	21.62	24.64	24.5									
-							-																	
	Percent of US	A 18-25 Ye	ar-Olds with	High Anxiety	v		Percent of USA 18-25 Year-Olds with High Anxiety								2010	2022	% Change							
					,									Walks	5.00	15.3	170.32%							
		••	Males - Pemale	63										remates	9.0	24.0	100.2176							
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	Feeling Nervous **	fost of The Time" of	or "All of The Time" i	in Past Month (US	SA 18-25 Year-Old	5)																		

Anxiety by Sex.	NSDUH 2008 -20	21													
18 to 25 years old															
	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	
Age															
Males (Weighted C	1102410	1069228	97610	9960	0 110	104490-	1370795	1576312	1566882	1715540	1781239	2007911	1718031	2027941	
weighted %	19.76	19.56	17.3	18.1	3	7.62 15.5	20.18	21.65	20.63	28.63 21		21.75	18.43	29.26	
Females (Weighted	1512288	1387704	161171	145186	0 155	396 185443-	2077277	2261755	3 2491238 2943992		3165670	3571913	3616324	2776242	
weighted %	24.19	23.52	26.1	24		3.95 27.81	30.37	31.26	31.25	35.87	37.36	38.50	39.57	40.03	
High Anxiety															
high anxiety (i.	e., most of the	time, all of the	time)												
Arodety was quar	when we as quartified using a self-apport measure of past-most annihy. This variable was assessed with the term "how define ddy ous bed nervous during the past 30 days" with the response options and of the time, and of the time, "or these analyses, the time response options were recorder into two categories no annihity (i.e., row of the time, a Tell of the time) and trigg a number of the time, and other of the time, and the time, an														
Weight: person-le	step men quantum curry a sen-space manage unit water or provide a step of a curry end to a curry end on a curry end to a curry sen on a curry end of a curry of a curry of a curry of a curry sen on a curry end on a cu														