

	July 1, 2019 Estimate	2019 50- State Rank	July 1, 2018 Estimate	2018 50- State Rank	Raw Population Change, 2018- 19	% Population Change, 2018-19	July 1, 2017 Estimate	2017 50- State Rank	2010 Census	2010 50- State Rank
United States	328,239,523		326,687,501		1,552,022	0.5%	324,985,539		308,745,538	
Alabama	4,903,185	24	4,887,681	24	15,504	0.3%	4,874,486	24	4,779,736	23
Alaska	731,545	48	735,139	48	-3,594	-0.5%	739,700	48	710,231	47
Arizona	7,278,717	14	7,158,024	14	120,693	1.7%	7,044,008	14	6,392,017	16
Arkansas	3,017,804	33	3,009,733	33	8,071	0.3%	3,001,345	32	2,915,918	32
California	39,512,223	1	39,461,588	1	50,635	0.1%	39,358,497	1	37,253,956	1
Colorado	5,758,736	21	5,691,287	21	67,449	1.2%	5,611,885	21	5,029,196	22
Connecticut	3,565,287	29	3,571,520	29	-6,233	-0.2%	3,573,297	29	3,574,097	29
Delaware	973,764	45	965,479	45	8,285	0.9%	956,823	45	897,934	45
Florida	21,477,737	3	21,244,317	3	233,420	1.1%	20,963,613	3	18,801,310	4
Georgia	10,617,423	8	10,511,131	8	106,292	1.0%	10,410,330	8	9,687,653	9
Hawaii	1,415,872	40	1,420,593	40	-4,721	-0.3%	1,424,393	40	1,360,301	40
Idaho	1,787,065	39	1,750,536	39	36,529	2.1%	1,717,715	39	1,567,582	39
Illinois	12,671,821	6	12,723,071	6	-51,250	-0.4%	12,778,828	6	12,830,632	5
Indiana	6,732,219	17	6,695,497	17	36,722	0.5%	6,658,078	17	6,483,802	15
Iowa	3,155,070	31	3,148,618	31	6,452	0.2%	3,141,550	30	3,046,355	30
Kansas	2,913,314	35	2,911,359	35	1,955	0.1%	2,908,718	35	2,853,118	33
Kentucky	4,467,673	26	4,461,153	26	6,520	0.1%	4,452,268	26	4,339,367	26
Louisiana	4,648,794	25	4,659,690	25	-10,896	-0.2%	4,670,560	25	4,533,372	25
Maine	1,344,212	42	1,339,057	42	5,155	0.4%	1,334,612	42	1,328,361	41
Maryland	6,045,680	19	6,035,802	19	9,878	0.2%	6,023,868	19	5,773,552	19
Massachusetts	6,892,503	15	6,882,635	15	9,868	0.1%	6,859,789	15	6,547,629	14
Michigan	9,986,857	10	9,984,072	10	2,785	0.0%	9,973,114	10	9,883,640	8
Minnesota	5,639,632	22	5,606,249	22	33,383	0.6%	5,566,230	22	5,303,925	21
Mississippi	2,976,149	34	2,981,020	34	-4,871	-0.2%	2,988,510	33	2,967,297	31
Missouri	6,137,428	18	6,121,623	18	15,805	0.3%	6,106,670	18	5,988,927	18
Montana	1,068,778	43	1,060,665	43	8,113	0.8%	1,052,482	44	989,415	44
Nebraska	1,934,408	37	1,925,614	37	8,794	0.5%	1,915,947	37	1,826,341	38
Nevada	3,080,156	32	3,027,341	32	52,815	1.7%	2,969,905	34	2,700,551	35
New Hampshire	1,359,711	41	1,353,465	41	6,246	0.5%	1,348,787	41	1,316,470	42
New Jersey	8,882,190	11	8,886,025	11	-3,835	-0.04%	8,885,525	11	8,791,894	11
New Mexico	2,096,829	36	2,092,741	36	4,088	0.2%	2,091,784	36	2,059,179	36
New York	19,453,561	4	19,530,351	4	-76,790	-0.4%	19,589,572	4	19,378,102	3
North Carolina	10,488,084	9	10,381,615	9	106,469	1.0%	10,268,233	9	9,535,483	10
North Dakota	762,062	47	758,080	47	3,982	0.5%	754,942	47	672,591	48
Ohio	11,689,100	7	11,676,341	7	12,759	0.1%	11,659,650	7	11,536,504	7
Oklahoma	3,956,971	28	3,940,235	28	16,736	0.4%	3,931,316	28	3,751,351	28
Oregon	4,217,737	27	4,181,886	27	35,851	0.9%	4,143,625	27	3,831,074	27
Pennsylvania	12,801,989	5	12,800,922	5	1,067	0.0%	12,787,641	5	12,702,379	6
Rhode Island	1,059,361	44	1,058,287	44	1,074	0.1%	1,055,673	43	1,052,567	43
South Carolina	5,148,714	23	5,084,156	23	64,558	1.3%	5,021,268	23	4,625,364	24
South Dakota	884,659	46	878,698	46	5,961	0.7%	872,868	46	814,180	46
Tennessee	6,829,174	16	6,771,631	16	57,543	0.8%	6,708,799	16	6,346,105	17
Texas	28,995,881	2	28,628,666	2	367,215	1.3%	28,295,273	2	25,145,561	2
Utah	3,205,958	30	3,153,550	30	52,408	1.7%	3,101,042	31	2,763,885	34
Vermont	623,989	49	624,358	49	-369	-0.1%	624,344	49	625,741	49
Virginia	8,535,519	12	8,501,286	12	34,233	0.4%	8,463,587	12	8,001,024	12
Washington	7,614,893	13	7,523,869	13	91,024	1.2%	7,423,362	13	6,724,540	13
West Virginia	1,792,147	38	1,804,291	38	-12,144	-0.7%	1,817,004	38	1,852,994	37
Wisconsin	5,822,434	20	5,807,406	20	15,028	0.3%	5,790,186	20	5,686,986	20
Wyoming	578,759	50	577,601	50	1,158	0.2%	578,931	50	563,626	50
District of Columbia	705,749		701,547		4,202	0.6%	694,906		601,723	

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

Suggested Citation:

Table 1. Annual Estimates of the Resident
Population for the United States, Regions,
States, and Puerto Rico: April 1, 2010 to July
1, 2019 (NST-EST2019-01)
Source: U.S. Census Bureau, Population
Division
Release Date: December 2019

Table 3. Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico and Region and State Rankings: July 1, 2018 to July 1, 2019

Geographic Area	Population Estimate (as of July 1)		Change, 2018 to 2019		National Ranking of Regions and States			
	2018	2019	Number	Percent	Population Estimate (as of July 1)		Change, 2018 to 2019	
					2018	2019	Number	Percent
United States	326,687,501	328,239,523	1,552,022	0.5	(X)	(X)	(X)	(X)
Northeast	56,046,620	55,982,803	-63,817	-0.1	4	4	4	4
Midwest	68,236,628	68,329,004	92,376	0.1	3	3	3	3
South	124,569,433	125,580,448	1,011,015	0.8	1	1	1	1
West	77,834,820	78,347,268	512,448	0.7	2	2	2	2
Alabama	4,887,681	4,903,185	15,504	0.3	24	24	20	26
Alaska	735,139	731,545	-3,594	-0.5	48	48	43	50
Arizona	7,158,024	7,278,717	120,693	1.7	14	14	3	3
Arkansas	3,009,733	3,017,804	8,071	0.3	33	33	28	27
California	39,461,588	39,512,223	50,635	0.1	1	1	12	36
Colorado	5,691,287	5,758,736	67,449	1.2	21	21	7	8
Connecticut	3,571,520	3,565,287	-6,233	-0.2	29	29	47	45
Delaware	965,479	973,764	8,285	0.9	45	45	26	12
District of Columbia	701,547	705,749	4,202	0.6	49	49	34	17
Florida	21,244,317	21,477,737	233,420	1.1	3	3	2	9
Georgia	10,511,131	10,617,423	106,292	1.0	8	8	5	11
Hawaii	1,420,593	1,415,872	-4,721	-0.3	40	40	45	47
Idaho	1,750,536	1,787,065	36,529	2.1	39	39	14	1
Illinois	12,723,071	12,671,821	-51,250	-0.4	6	6	50	49
Indiana	6,695,497	6,732,219	36,722	0.5	17	17	13	19
Iowa	3,148,618	3,155,070	6,452	0.2	31	31	30	30
Kansas	2,911,359	2,913,314	1,955	0.1	35	35	38	39
Kentucky	4,461,153	4,467,673	6,520	0.1	26	26	29	34
Louisiana	4,659,690	4,648,794	-10,896	-0.2	25	25	48	46
Maine	1,339,057	1,344,212	5,155	0.4	42	42	33	25
Maryland	6,035,802	6,045,680	9,878	0.2	19	19	23	33
Massachusetts	6,882,635	6,892,503	9,868	0.1	15	15	24	35
Michigan	9,984,072	9,986,857	2,785	-	10	10	37	40
Minnesota	5,606,249	5,639,632	33,383	0.6	22	22	17	18
Mississippi	2,981,020	2,976,149	-4,871	-0.2	34	34	46	44
Missouri	6,121,623	6,137,428	15,805	0.3	18	18	19	29
Montana	1,060,665	1,068,778	8,113	0.8	43	43	27	15
Nebraska	1,925,614	1,934,408	8,794	0.5	37	37	25	22
Nevada	3,027,341	3,080,156	52,815	1.7	32	32	10	2
New Hampshire	1,353,465	1,359,711	6,246	0.5	41	41	31	21
New Jersey	8,886,025	8,882,190	-3,835	-	11	11	44	42
New Mexico	2,092,741	2,096,829	4,088	0.2	36	36	35	32
New York	19,530,351	19,453,561	-76,790	-0.4	4	4	51	48
North Carolina	10,381,615	10,488,084	106,469	1.0	9	9	4	10
North Dakota	758,080	762,062	3,982	0.5	47	47	36	20
Ohio	11,676,341	11,689,100	12,759	0.1	7	7	22	37
Oklahoma	3,940,235	3,956,971	16,736	0.4	28	28	18	23
Oregon	4,181,886	4,217,737	35,851	0.9	27	27	15	13
Pennsylvania	12,800,922	12,801,989	1,067	-	5	5	41	41
Rhode Island	1,058,287	1,059,361	1,074	0.1	44	44	40	38
South Carolina	5,084,156	5,148,714	64,558	1.3	23	23	8	6
South Dakota	878,698	884,659	5,961	0.7	46	46	32	16
Tennessee	6,771,631	6,829,174	57,543	0.8	16	16	9	14
Texas	28,628,666	28,995,881	367,215	1.3	2	2	1	5
Utah	3,153,550	3,205,958	52,408	1.7	30	30	11	4
Vermont	624,358	623,989	-369	-0.1	50	50	42	43
Virginia	8,501,286	8,535,519	34,233	0.4	12	12	16	24
Washington	7,523,869	7,514,893	-9,024	-1.2	13	13	6	7
West Virginia	1,804,291	1,792,147	-12,144	-0.7	38	38	49	51
Wisconsin	5,807,406	5,822,434	15,028	0.3	20	20	21	28
Wyoming	577,601	578,759	1,158	0.2	51	51	39	31
Puerto Rico	3,193,354	3,193,694	340	-	(X)	(X)	(X)	(X)

(X) Net applicable.
 Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographic-terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. For population estimates methodology information, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.
 Suggested Citation:
Table 3. Estimates of Resident Population Change for the United States, Regions, States, and Puerto Rico and Region and State Rankings: July 1, 2018 to July 1, 2019 (NST-EST19-03)
 Source: U.S. Census Bureau, Population Division
 Release Date: December 2019