

Thompson-Nicola Nature Viewing Region

Thompson River Canyon & Area

Skihist to Lytton



Thompson River at Nicomen: photo by Thompson Nicola Film Commission

Thompson Canyon near Skihist Park: photo by Robin Willis

Spectacular canyon scenery; mountain goats and bighorn sheep on the cliffs along the highway.

[Lillooet Naturalist Society](#)

Geographical Description	Viewing opportunities along the Trans Canada Highway.
Area/ Trail Length	Approximately 7 km of highway; Skihist Provincial Park 386 hectares
Habitat	Interior Douglas-fir/Bunchgrass.
Viewing Highlights	Mountain goats and elk year-round Mule deer and bighorn sheep visible on the north side of the Thompson River, especially from May to early July Tagging of pink salmon near Skihist Park in September and October Kumsheen Rafting Resort offers tours of the Thompson and Fraser Rivers, and has interpretive trails and camping. Inquire at office before using their property
Other Features	Spectacular canyon scenery.

Main Access Skihist Provincial Park on Highway 1, 5.9 km north of north access to Lytton or 27.6 km south of Highway 8 junction at Spences Bridge . Campground on south side of highway, day use area on north side.

Kumsheen Rafting Resort on north side of highway, 2 km west of Skihist

**Secondary
Accesses**

Cautions Limited stops along the highway.
Please respect private land.

**Jurisdiction
Regulations**

Facilities Skihist Provincial Park has camping, toilets, picnic area.

Other Fishing, rafting.

**Recreational
Activities**

Other

Connections

History

FMI Park operator: Brandywine Environmental Management Ltd.
parkinquiries@telus.net 250 320-9305

Links [Lillooet Naturalist Society](#)
[BC Parks](#)
[Wildlife Viewing in the Thompson Region](#)