

## MOUNT BAKER - COLEMAN-DEMING / NORTH RIDGE | gear list

### pack + sleeping system

- BACKPACK** 50-75 liter internal frame pack.
- SLEEPING BAG** Down or synthetic, rated between 15° and 30° F.
- COMPRESSION STUFF SACK**
- SLEEPING PAD** Closed cell foam or inflatable. Bringing a second pad is recommended for climbs in May or June as we'll likely be sleeping on snow.

### technical gear for all climbs

- ICE AXE** Lightweight 50-70cm mountain axe.
- CRAMPONS** 10-12 point mountaineering crampon.
- HARNES** Lightweight alpine harness.
- 1 LOCKING CARABINER** Pear shaped recommended.
- 1 NON-LOCKING CARABINER**
- TRANSCEIVER\*** Modern, digital transceiver. \*Only required for climbs prior to July 15th.
- POLES** Ski poles or trekking poles with powder baskets.
- HELMET**

### technical gear for North Ridge climbs only:

- TECHNICAL MOUNTAIN AXE** 50-60cm hybrid mountaineering axe.
- SECOND ICE TOOL** 50-55cm, hammer recommended
- TETHERS/UMBILICALS OR LEASHES** Umbilicals are preferred, as they allow for leashless climbing without the risk of dropping a tool.
- CRAMPONS** 12 point steel mountaineering crampon.
- 2 LOCKING CARABINERS**
- 3 NON-LOCKING CARABINERS**
- DOUBLE LENGTH SLING** 120cm length.
- BELAY DEVICE**

### upper body

- BASELAYER TOP**
- INSULATING LAYER(S)**
- SHELL JACKET with HOOD**
- INSULATED PARKA**

Fleece, softshell, or light puffy.

Warm down or synthetic puffy jacket with a hood.

lower body

- BASELAYER BOTTOMS**
- SOFTSHELL CLIMBING PANTS**
- SHELL PANTS**

These must have full side zips.

head

- SUNGLASSES**
- GOGGLES**
- WARM HAT**
- SUN HAT**
- FACE PROTECTION**

Buff® or similar.

hands

- LIGHT GLOVE**
- SKI GLOVE**
- EXTRA GLOVES**

Extra medium weight pair.

feet

- APPROACH SHOES (optional)**
- MOUNTAINEERING BOOTS**
- GAITERS**
- SOCKS**

If you'd prefer to carry your mountaineering boots on your pack for the approach.

Boots must be specifically designed for mountaineering - no hiking boots.

2-3 pairs.

misc

- HEAVY TRASH BAG**
- SUNSCREEN / LIP BALM**

Lightweight, waterproof lining for your backpack.

- WATER BOTTLE(S)**
- WATER PURIFICATION**
- THERMOS (optional)**
- CAMERA**
- EXTRA BATTERIES**
- HEADLAMP**
- LIGHTER**

Screw top lids recommended.

Steripen or small bottle of iodine tablets.

For your transceiver, camera, etc.

food

- SEE DETAILS**

eating utensils

- INSULATED MUG**
- BOWL**
- SPOON or SPORK**

personal first aid/toiletries

- PERSONAL TOILETRY KIT**
- PERSONAL FIRST AID KIT / MEDS**

optional items

- EAR PLUGS**
- CHEMICAL HAND WARMERS**
- PERSONAL ENTERTAINMENT**