

Men Teen		Log Press			14" Axle Deadlift			Farmer Carry			Sandbag & Sled Drag			Power Stairs			Order For:	Up Next:					
Name	Total	Place	Reps	Place	Points	Reps	Place	Points	Dist.	Time	Place	Points	Dist.	Time	Place	Points	Reps	Time	Place	Points	Last Event	On Deck:	
Bosco	Penner	12	2	19	2	2	28	2	2	120	14.04	2	2	120	22.25	1	3	9	14.84	1	3	Kolthof	The Hole:
Malachi	Kolthof	5	3	13	3	1	21	3	1	120	14.41	3	1	120	43.94	3	1	9	28	3	1	Penner	4th Out:
James	Werry	13	1	24	1	3	29	1	3	120	13.63	1	3	120	30.78	2	2	9	17.22	2	2	Werry	

Men Open		Log Press			14" Axle Deadlift			Farmer Carry			Sandbag & Sled Drag			Power Stairs			Order For:	Up Next:					
Name	Total	Place	Reps	Place	Points	Reps	Place	Points	Dist.	Time	Place	Points	Dist.	Time	Place	Points	Reps	Time	Place	Points	Last Event	On Deck:	
Josiah	Lipinski	17.5	19	6	16	5.5	0	0	0	18.1		20	2	120	51.22	18	4	6	24.2	16	6	Ziolkoski	The Hole:
Papa	McMullin	16	20	0	0	0	0	0	0	120	44.22	18	4	120	109.07	19	3	9	57.81	13	9	McMullin	4th Out:
Justin	Dufresne	44.5	14	8	12	9.5	0	0	0	120	21.62	6	16	120	47.12	17	5	9	36.12	8	14	Lipinski	
Tommy	Tran	55.5	9	10	7	14.5	7	11	11	120	23.34	8	14	120	36.28	9	13	4	26.64	19	3	Zanewich	
Carter	Krashel	73	5	10	7	14.5	16	6	16	120	22.53	7	15	120	36.29	10	11.5	9	30.44	6	16	Froese	
Chris	Chucky	53.5	11	7	14	7.5	6	12	10	120	30.47	13	9	120	37.65	12	10	9	23.94	5	17	Dufresne	
Chris	Krahn	53	12	9	9	12	0	0	0	120	28.03	10	12	120	35.37	6	16	9	36.87	9	13	Friere	
Andrew	Langelaar	103	1	18	1	21	27	1	21	120	16.1	2	20	120	24.31	1	21	9	16.92	2	20	Gerbrandt	
Matt	Froese	34	16	0	0	0	5	13	9	115.3		19	3	120	35.75	8	14	8	41.77	14	8	Corrigan	
Mack	Johnson	63.5	8	8	12	9.5	10	8	14	120	27.94	9	13	120	34.34	5	17	9	57.1	12	10	Chucky	
Jordan	Bowers	68	6	9	9	12	8	10	12	120	30.56	14	8	120	29.66	4	18	9	23.12	4	18	Krahn	
Adam	Ziolkoski	6.5	21	0	0	0	0	0	0	1.1		21	1	30		20	1.5	4	24.99	18	4	Bowers	
Owen	Corrigan	45.5	13	6	16	5.5	14	7	15	120	34.97	16	6	120	41.22	15	7	9	42	10	12	Humphries	
LeDainian	Tyrell	81	4	14	2	19.5	21	3	18.5	120	19.18	4	18	120	26.84	2	20	6	27.74	17	5	Tran	
Brian	Bergen	97.5	2	13	4	18	21	3	18.5	120	14.28	1	21	120	26.97	3	19	9	13.09	1	21	Johnson	
Florian	Schwickart	90	3	12	5	17	22	2	20	120	16.96	3	19	120	35.62	7	15	9	20.63	3	19	Lambert	
Ruben	Friere	33	17	4	18	4	1	15	7	120	29.41	11	11	120	39	13	9	4	44.89	20	2	Krashel	
Jared	Zanewich	31.5	18	7	14	7.5	0	0	0	120	32.37	15	7	120	46.88	16	6	9	51.61	11	11	Schwickart	
Chris	Lambert	55	10	14	2	19.5	18	5	17	120	19.25	5	17	30		20	1.5	0		0	0	Tyrell	
Wesley	Humphries	65.5	7	11	6	16	9	9	13	120	29.46	12	10	120	36.29	10	11.5	9	30.93	7	15	Bergen	
Jordan	Gerbrandt	40	15	9	9	12	4	14	8	120	37.93	17	5	120	40.25	14	8	8	48.09	15	7	Langelaar	

Women Teen				Log Press				14" Axle Deadlift				Farmer Carry				Sandbag & Sled Drag				Power Stairs				Order For:	Up Next:
Name	Gym	Total	Place	Reps	Place	Points	Reps	Place	Points	Dist.	Time	Place	Points	Dist.	Time	Place	Points	Reps	Time	Place	Points	Last Event	On Deck:		
Natasha McMullin (N)	Brickhox	5	1	12	1	1	16	1	1	120	15.94	1	1	120	37.03	1	1	9	21.1	1	1	McMullin (N)	The Hole:		
Open				Log Press				14" Axle Deadlift				Farmer Carry				Sandbag & Sled Drag				Power Stairs				Order For:	Up Next:
Name	Gym	Total	Place	Reps	Place	Points	Reps	Place	Points	Dist.	Time	Place	Points	Dist.	Time	Place	Points	Reps	Time	Place	Points	Last Event	On Deck:		
Candace Daher	Iron Ag	27.5	8	6	8	3.5	34	1	11	120	18.28	8	4	120	41.41	7	5	9	33.99	8	4	Parks	The Hole:		
Jasmine Porter		37	5	8	5	6.5	27	3	8.5	120	17.53	6	6	120	37.25	3	9	9	24.81	5	7	Morton	4th Out:		
Eryn Penner	The For	50	1	11	2	10	28	2	10	120	13.64	1	11	120	27.97	1	11	9	22.41	4	8	McMullin (S)			
Amy Louden	Atalo	37	4	7	7	5	24	7	5	120	16.16	4	8	120	32.6	2	10	9	20.06	3	9	Deher			
Abbey Harms		37.5	3	8	5	6.5	25	6	6	120	14.47	2	10	120	43.31	8	4	9	17.87	1	11	Serame			
Willow Parks	Iron Ag	8.5	10	1	11	1	6	10	2	120	19.56	10	2	30		10	1.5	9	57.04	10	2	Harms			
Kelly Giddings	Iron Ag	43	2	16	1	11	26	5	7	120	17.13	5	7	120	38.13	4	8	9	19.37	2	10	Grimolfsen			
Sabrina McMullin (S)	Brickhox	20.5	9	6	8	3.5	3	11	1	120	19.31	9	3	120	39.68	5	7	9	30.46	6	6	Louden			
Chartel Morton	The Fo	8.5	10	3	10	2	10	9	3	120	24.38	11	1	30		10	1.5	6	36.77	11	1	Porter			
Emma Grimolfsen	Tindall	32.5	6	10	3	8.5	18	8	4	120	15.47	3	9	120	40.56	6	6	9	31.22	7	5	Giddings			
Jian Serame	Iron Ag	28	7	10	3	8.5	27	3	8.5	120	17.97	7	5	120	44.59	9	3	9	36.24	9	3	Penner			

Overall	Time	Power Stairs
1	4:51	185
2	4:53	185
3	4:55	185
4	4:57	185
5	4:59	185
6	5:01	185
7	5:03	185
8	5:05	185
9	5:07	185
10	5:09	185
11	5:11	185
12	5:13	185
13	5:15	185
14	5:17	185
15	5:19	185
16	5:21	185
17	5:23	185
18	5:25	185
19	5:27	185
20	5:29	185
21	5:31	185
22	5:33	185
23	5:35	185
24	5:37	185
25	5:39	185
26	5:41	185
27	5:43	185
28	5:45	185
29	5:47	185
30	5:49	185
31	5:51	185
32	5:53	185
33	5:55	185
34	5:57	185
35	5:59	185
36	6:01	185
37	6:03	185
38	6:05	185
39	6:07	185
40	6:09	185
41	6:11	185
42	6:13	185
43	6:15	185
44	6:17	185
45	6:19	185
46	6:21	185
47	6:23	185
48	6:25	185
49	6:27	185
50	6:29	185
51	6:31	185
52	6:33	185
53	6:35	185
54	6:37	185
55	6:39	185
56	6:41	185
57	6:43	185
58	6:45	185
59	6:47	185
60	6:49	185
61	6:51	185
62	6:53	185
63	6:55	185
64	6:57	185
65	6:59	185
66	7:01	185
67	7:03	185
68	7:05	185
69	7:07	185
70	7:09	185
71	7:11	185
72	7:13	185
73	7:15	185
74	7:17	185
75	7:19	185
76	7:21	185
77	7:23	185
78	7:25	185
79	7:27	185
80	7:29	185
81	7:31	185
82	7:33	185
83	7:35	185
84	7:37	185
85	7:39	185
86	7:41	185
87	7:43	185
88	7:45	185
89	7:47	185
90	7:49	185
91	7:51	185
92	7:53	185
93	7:55	185
94	7:57	185
95	7:59	185
96	8:01	185
97	8:03	185
98	8:05	185
99	8:07	185
100	8:09	185

Power Stairs

185lbs, 160lbs, 185lbs Loaded to 18in



Overall	Time	Power Stairs
1	4:51	185
2	4:53	185
3	4:55	185
4	4:57	185
5	4:59	185
6	5:01	185
7	5:03	185
8	5:05	185
9	5:07	185
10	5:09	185
11	5:11	185
12	5:13	185
13	5:15	185
14	5:17	185
15	5:19	185
16	5:21	185
17	5:23	185
18	5:25	185
19	5:27	185
20	5:29	185
21	5:31	185
22	5:33	185
23	5:35	185
24	5:37	185
25	5:39	185
26	5:41	185
27	5:43	185
28	5:45	185
29	5:47	185
30	5:49	185
31	5:51	185
32	5:53	185
33	5:55	185
34	5:57	185
35	5:59	185
36	6:01	185
37	6:03	185
38	6:05	185
39	6:07	185
40	6:09	185
41	6:11	185
42	6:13	185
43	6:15	185
44	6:17	185
45	6:19	185
46	6:21	185
47	6:23	185
48	6:25	185
49	6:27	185
50	6:29	185
51	6:31	185
52	6:33	185
53	6:35	185
54	6:37	185
55	6:39	185
56	6:41	185
57	6:43	185
58	6:45	185
59	6:47	185
60	6:49	185
61	6:51	185
62	6:53	185
63	6:55	185
64	6:57	185
65	6:59	185
66	7:01	185
67	7:03	185
68	7:05	185
69	7:07	185
70	7:09	185
71	7:11	185
72	7:13	185
73	7:15	185
74	7:17	185
75	7:19	185
76	7:21	185
77	7:23	185
78	7:25	185
79	7:27	185
80	7:29	185
81	7:31	185
82	7:33	185
83	7:35	185
84	7:37	185
85	7:39	185
86	7:41	185
87	7:43	185
88	7:45	185
89	7:47	185
90	7:49	185
91	7:51	185
92	7:53	185
93	7:55	185
94	7:57	185
95	7:59	185
96	8:01	185
97	8:03	185
98	8:05	185
99	8:07	185
100	8:09	185

Winner **Abbey Harms**

























