

Race Details		http://www.lakelandtrails.org/marathon/										
Entry Page		http://www.lakelandtrails.org/marathon/entryform.php										
Dates		Friday 1st June - Sunday 3rd June										
Accommodation		https://www.brathay.org.uk/brathay-hall/our-location										
Name	Email	Race Choice	Signed up?	Need transport?	Where from?	prefer to depart Friday morning?	prefer to depart Friday evening?	Staying in Brathay Hall £62 for two nights	Dietary requirements	We have a huge kitchen to cook group meals - if you want to opt out put 'no' here	Friday transport (AM/PM)	linen
Alex Coyle	abcoyle@gmail.com	Half	Yes	Yes	London	Yes	Either	Yes	N/A			
Alex Moylett	alex.moylett@gmail.com	10k	yes	Yes	Bristol	Yes		Yes	N/A		PM	
Arne Malcolm	arne_online@hotmail.co.uk	10k	yes	yes	London	yes? will travel same time as Lorna Blake		yes	veggie		AM	
Becky Moylett	BeckyMoylett@hotmail.com	half	yes	yes (transport but car)	York	yes	yes	yes	veggie			
Ben Cooper	benco@goodgym.org	Marathon	yes	yes	London		Yes	Yes	N/A		AM	
Beth Hoskins	beth@goodgym.org	10K	yes	yes	London	Yes		yes	veggie		am	
Caroline Townsend	carolinetownsend7@gmail.com	Half	Yes	Yes	London	Yes- anytime		Yes	N/A			
Chris Howson	chrishowson@goodgym.org	10K	Yes	No	London	Yes		Yes	N/A		PM	
Claire Choe	choe.claire@gmail.com	10k	Yes	Yes	London		Yes	Yes	No			
Clara Breakwell	clara.breakwell@gmail.com	Half	Yes	Yes	London	Yes (although either is good)		Yes	N/A			
Damian Mitchell	damian@goodgym.org	Half	Yes	No				No		No		
Dan Smith		10k	yes	yes	London	yes		yes	veggie		AM	
David Linares	daluie@hotmail.com	Half	Yes	No (making own way)	London	-	-	1 night (Saturday)	N/A			PM
Emily Clark	ecj3083@gmail.com	10km	Yes	No	Sheffield	-		Yes	N/A			PM
Frances Powrie	frances@goodgym.org	10k	yes	yes	London	yes		Yes	hash browns, cake			
Francis Bradley	francisbradley@fastmail.fm	Marathon	yes	yes	London	yes		yes	N/A			
Graham Atkins	graham@goodgym.org	Marathon	Yes	Yes	London	Yes		Yes	Veggie		AM	
Jackie Shirley	jackieshirley152@gmail.com			would use	London			yes	vegan			PM
James Gilbert	jamesdwlgbent@gmail.com	Half	Yes	Yes	London		Yes	Yes	No			Yes please
James Laverne	jamesl@goodgym.org	10k	yes	no	Colchester			no		no		
Jenny Spencer-Nairn	jennynairn@yahoo.co.uk	half challenge	yes	yes	Bristol	yes		Yes	No			
Jess Cowan	jcowan@hotmail.com	10K	Yes	No	London	Yes		Yes	N/A			
Jim Davies	jedavies53@gmail.com	Half	Yes	No (making own way)	London	-	-	1 night (Saturday)	N/A			
John Shirley	john.shirley@yandex.com	Half	yes	would use	London			yes	vegan			PM
Justin Welters	justin@goodgym.org	Half	Yes	No	Buckingham/MK	yes		Yes (possibly only Sat dunno yet but save me a bed for Friday)			PM	
Leanne Allsopp	leanne@goodgym.org	half	yes	No	York		Yes	Yes	None			
Lisa Elliott	lisacm5315@yahoo.com	Half	Yes	No								PM
Lizzie Kershaw	elkershaw@hotmail.co.uk	Half	Yes	No	York			No		Staying with Egg in the van, not sure where yet		
Lorna Blake		10km	Yes	Yes	London	Yes		Yes	N/A		AM	PM
Lucy Jeczalik	lucyjeczalik@gmail.com	Half	Yes	Yes	London	Yes		Yes	Pescy, lactose intolerant and gluten free			PM
Mark Clijssad	markglyead@hotmail.co.uk	Half	Yes	No	London			Just 1 please	None			
Matt Garnett	mstgarnett@gmail.com	Marathon	Yes	No	Bristol	Yes		Yes	Veggie			
Michael Pirrie	michael.c.pirrie@gmail.com	Half	Yes	Yes	Brighton (Can get to London)	Yes		Yes	N/A			
Neil Macey	njmacey@hotmail.co.uk	Marathon	Yes	Yes	London	yes		yes	nothing special		AM	
Nick Griffin	Nickg@goodgym.org	Marathon	Yes	No	York	N/A	N/A	No		B&B somewhere nearby		
Nykolette Wallace	nszwallace@gmail.com	Half	Yes	Yes	London		yes	Yes				Y
Rosie Ashworth	rsalind.ashworth@gmail.com	Half	Yes	Yes	London	Yes		Yes	N/A		am	
Sarah Kappel	sarahkappel09@gmail.com	Half	Yes	Yes	Bristol	Yes		yes	vegan			
Sarah Moore	sarahm@goodgym.org	full	yes	yes	London	yes		yes	vegan		am	
Simon Fitzmaurice	simonfitzmaurice19@gmail.com	Marathon	Yes	Yes (if not too late)	London	Yes	Either	Yes	Vegan			
Steve Lee	steve@goodgym.org	Half	yes	yes	London	Yes		yes	veggie			
Steve Moody	moodicus80@hotmail.com	Half	Yes	No (I'll be coming fro Middlesbrough)		-		Yes	N/A			
Tim Wheatley	timwheatley3@gmail.com	10k	Yes	Yes	London	Yes		Yes	N/A		AM	
Tim Woodhead	tim.j.woodhead@gmail.com	Half	yes	Yes	Bristol	yes		no		no		
Tom Benson	tomb@goodgym.org	Marathon	yes	yes	London	Yes		yes	N/A			
Tristan Featherby	tristanfeatherby@hotmail.co.uk	Half	Yes	No	York		Yes	Yes	N/A			
Vickie Burns	vickie@goodgym.org	Marathon	Yes	No				No				
Victoria Molenkamp	v.i.molenkamp@gmail.com	10k	Yes	No (making own way)	London			1 night (Saturday)	N/A			

