

TEAMS	TRACK	LINK	DESCRIPTION/REASON
Team 1 Mary, Ann, Shuting, Yangjijing	070 Shake - Flight319	070 Shake - Flight319 (Official Audio)	Futuristic, fits Academy theme.
	UMI Says	UMI Says	Remembering black liberation
	Stay Alive by Jose Gonzalez	José González - Stay Alive	Hopeful
	Jorge Ben Jor - Obá, la vem ela	Jorge Ben Jor - Obá, la vem ela (Audio Oficial)	Intro to Brazilian language and culture
	We all try by Frank Ocean	Frank Ocean - We All Try	Faith and belief
Team 2 Emerson, Sarah, Cam, Desiree, Shreya	This Feeling, Alabama Shakes	Alabama Shakes This Feeling - YouTube	This song was agreed upon by all of us because of its lyrics and Brittany Howard's soulful, soothing vocals. Howard sings about the comfort that comes in choosing to believe that everything will be alright, even during some of the most difficult moments we may face. Additionally, the song emphasizes the importance of feelings, especially some like hope and optimism; Howard begs the listener to DON'T take these feelings away.
	Landslide, Fleetwood Mac	Landslide - YouTube	This song was selected in part because it was well-known and beloved by all of our group members, but also because of what the song means. The song is about the changes and challenges life brings upon us and although we cannot stop change from happening, we can choose how we react to it.
	Heroes, David Bowie	David Bowie - Heroes (Live Aid, 1985) - YouTube	Another beloved track, this song was chosen not just because of its origins (Bowie wrote the song about a couple, one from East Germany and one from West Germany, who, despite the political climate, came together and met at the Berlin Wall and dreamt of their freedom) but also because of the potential that we, too, could all come together and be heroes, even just for a little bit.
	Where You From, Riz Ahmed	Riz Ahmed - Where You From - YouTube	Shreya selected this song because of the way Ahmed honors where we all are from; another song that celebrates learning across differences.
	Yesterday, Noname	Yesterday - YouTube	Emerson picked this song because not many people have heard of Noname (listen to her whole first mixtape, "Telefone") and because of its message. The poet-turned-rapper-turned-activist wrote this song after her grandmother's passing as a reminder that the things we cherish most in life are not material but are the people, places, things, and experiences we all share together.
	Feels like Summer, Childish Gambino	Childish Gambino - Feels Like Summer - YouTube	This song was picked because of its playfulness and summer-y fun! Des (and many other group members) loves Childish Gambino and wanted to acknowledge the fun that we can all have in a usually intense learning environment. We may be doing hard work, but it's still summer.
Team 4 Mary Grace, Rika, Marisa, David, Manuel	Love is overtaking me - Arthur Russell	Arthur Russell - Love Is Overtaking Me	We chose these songs because they reflect our identities and our experience in Salzburg. They also capture our sentiments and emotions regarding this opportunity and what we have all created through our connections and time spent at the Schloss.
	Hallelujah - HAIM	HAIM - Hallelujah	
	Princess Monoke - Legend of Atishaka	Princess Mononoke - The Legend of Ashitaka	
	Us and Them - Pink Floyd	Pink Floyd - Us And Them (2023 Remaster)	
	Let the light in - Lana Del Rey	Lana Del Rey - Let The Light In (Audio) ft. Father John Misty	
	Merry-Go-Round of Life - Jo Hisaishi	Joe Hisaishi - Merry-Go-Round of Life (from Howl's Moving Castle)	
Team 5 Mellie, Madison, Mollie, Violet, Tessa	"Love Nwantiti (Ah Ah Ah)" - CKay	CKay - Love Nwantiti Remix ft	This song is about love and affection. It speaks of a desire for a special kind of love that seems difficult to find, and the repetitive "Ah Ah Ah" might signify the passion and intensity of the feelings involved.
	"Imagine" - John Lennon	IMAGINE. (Ultimate Mix, 2020) - John Lennon & The Plastic Ono Band (with the Flux Fiddlers) HD	This iconic song by John Lennon imagines a world without divisions, where people live in harmony, without religion, nationalities, or possessions, and where the focus is on unity and love for all humanity.
	"Better Together" - Jack Johnson	Better Together	This song emphasizes the idea that life is better when shared with someone you love. It advocates for togetherness and partnership, suggesting that things are more meaningful and enjoyable when experienced with another person.
	"Loch Lomond" - Runrig, The Tartan Army	Loch Lomond Lyrics - Runrig Ft. The Tartan Army	This Scottish folk song is about the unity and love of the Scottish people for their homeland, Loch Lomond. It represents a strong bond and a sense of shared identity among the community.
	"Free Bird" - Lynyrd Skynyrd	Lynyrd Skynyrd - Free Bird (Official Audio)	While this classic rock song might not explicitly be about love, it conveys a sense of freedom and unity through its music. It has become a symbol of independence and togetherness for many fans over the years.
Team 6 Julia, Jackie, Shreenath, Keziah, Meghan	Cornfield Chase - Hans Zimmer	Cornfield Chase (Piano Ver	Instrumental, Timeless
	Hurricane - I Prevail	I Prevail - Hurricane (Official	Mental Health Issues
	Scenes from an Italian Restaurant - Billy Joel	Scenes from an I	The passing of time
	Tunak Tunak Tun - Daler Mehndi	Tunak Tunak Tun Video C	Talent Show Memories
	Just Being Friendly - Tilly Birds	เพื่อนเล่น ไม่เล่นเพื่อน (Just Be	Thai song, about Love+Relationship+Growth+Confusion
Korans Anthem - Thakara	Thakara - Koran's Anthem	Malayalam song, encourages you to speak up against the ills of the system	
Team 7 Daughn, Belén, Tobias, Madison, Mai	Little Lion Man - Mumford & Sons	Mumford & Sons - Little Lion Man (Official Music Video) - YouTube	We chose these songs because some of the songs represent overcoming struggles and that failing along the way is okay. We went around and noticed the abundance of songs we wrote down were similar since we resonated with those the most. The other songs are songs that remind us of our time here and just a fun memory that brings us back to building and creating memories. These songs related to all of us by making us laugh, cry, dance, or reflect.
	Sign of the Times - Harry Styles	Harry Styles - Sign of the Times (Official Video) - YouTube	
	The Climb - Miley Cyrus	Miley Cyrus - The Climb - YouTube	
	Haru no uta - Spitz	スピッツ / 春の歌 - YouTube	
	Nobody's Perfect - J. Cole, Missy Elliot	J. Cole - Nobody's Perfect ft. Missy Elliott (Official Music Video) - YouTube	
	Dale Don Dale - Don Omar	Dale Don Dale - YouTube	
Team 8 Christina, Yiru, Winona, Abigail, Antonia	KT - Tunstall Suddenly I see	KT Tunstall - Suddenly I See (Official Video) - YouTube	They are all representative for ourselves and for our future and what we're hoping for in the future. The connecting thread through each of our songs is hope - hope for a better future.
	Maverick City - Jireh	Jireh - Elevation Worship & Maverick City (Lyrics) - YouTube	
	Ikimonogakari - Sakura	一首好聽的日語歌《SAKURA》生物股長いきものがかり【中日字幕】 - YouTube	
	seventeen - circles	[SPECIAL VIDEO] SEVENTEEN (세븐틴) - 돌고 돌아 (Circles)	

	Dounia - They upset	Dounia - THEY UPSET - YouTube	
Team 9 Carla, Nishant, Lauren, Florencia, Martyna	Love & war in your Twenties - Jord	Jordy Searcy - Love & War in Your Twenties	not just about your 20s, it's about growing up and being on our own timelines
	I will survive - Gloria Gaynor	Gloria Gaynor - I Will Survive	We're amazing people & will survive
	The Shire - Howard Shore	Lord of the Rings Symphony - The Shire (Concerning Hobbits) HD	A song about inspiring hope, going on adventures, and finally arriving at a place you can call home—the place where everyone wants to arrive at eventually :)
	un velero llamado libertad - jose luis perales	Jose Luis Perales - Un Velero Llamado Libertad	A song about a man finding adventure but deciding to come back home to his love ones
	Soy Pan, Soy Paz, Soy Mas, Mercedes Sosa	Mercedes Sosa en Argentina - Soy pan soy paz soy mas	A song to encourage people to be open about their emotions and give some space to vulnerability and honesty. (Pd: Mercedes Sosa is one of the best Latin American singers and composers).
Team 11 Aya, Maxim, Naomi, Yau, Junaid	que sera sera by Doris Day	Doris Day - Que Sera, Sera [lyrics]	I hold this song close to my heart, whenever I stress or think about the future and what I should be doing and try to answer all the what-ifs in my head. All I needed was this song to reassure me that I am not alone in this and that I will be okay.
	I Have a Dream by ABBA	ABBA - I Have A Dream (Official Lyric Video)	this song gave me a hope and sense of security, that you can make it and that anything is possible. It's one of the first songs that stuck with me, I remember singing it at the top of my lungs when I was in middle school. As a young girl trying to thrive in a dead-end country, holding hope and consistent passion for my dreams and goals was and still is quite difficult. I can confidently say that this song motivated me that no matter what the outcome is, even if I failed I can still have a good future: "You can take the future even if you failed."
	awake my soul by Mumford & Sons	Mumford & Sons - Awake My Soul (Live from Denver) ft. The Milk Carton Kids	At the end of a long drive, me and my dad will put this song on in the car, about 4 minutes long with the first two poetically building up to the ultimate crescendo of acoustic guitar and banjo jamming where three words "awake my soul" are repeated at least 9 times, each time getting louder and more passionate until we reach home. No matter how exhausted we are, those minutes are ours and it never gets old.
	just a little while by the 502s	The 502s - Just A Little While (Official Video)	This song just makes me feel pure joy. It came to me in one of the darkest of times and ultimately helped me meet the friends that I became closest with at school, something that really defined the trajectory of my first year at university. It helped me see the light in the dark, create beautiful memories, and brings joy to me no matter where I am. I am reminded of friends, family, and the beautiful planet we share.
	fast car by tracy chapman	Tracy Chapman - Fast Car (Official Music Video)	this song is associated with memories and reflections. they speak to the experience of life, characterized by change and the passing of time.

SI no	NAME	Track	Link	Description/Reason	Lyrics
1	Surja	ONLY THE YOUNG, by Taylor Swift	Taylor Swift - Only The Young (Featured in Miss Americana / Lyric Video)	The future belongs to the youth, and not all age groups care enough to nurture and develop more inclusive and equitable futures for young people. Glitter-pop star Taylor Swift surprised fans and critics with this seemingly provocative, poignant, and powerful (still very pop and mainstream in terms of the sound) track that holds older generations accountable for the decline of democracy and freedoms in the USA. As a protest song, it discusses subjects such as school shootings, Donald Trump, and vote-tampering concerns. But most importantly, it urges young listeners and voters to become politically involved civic actors who safeguard their own futures, so their dreams and aspirations could be actualized. Written after the 2018 elections in America, Swift departs from her usual neutrality on partisanship to openly and strongly endorse two Democrats, in several public and media appearances. The song went on to be used by the Biden/Harris campaign and also influenced the Filipino presidential election where young voters turned out in large numbers (Swift enjoys massive popularity in the Philippines). This was Swift's coming-of-age moment. But it is also an eye opener for those old people who judge and criticize young people (or pop stars) for having a political consciousness that's a work in progress, in spite of being the ones responsible for all that's wrong with the world, and in more ways than one.	"So every day now You brace for the sound You've only heard on TV You go to class, scared Wondering where the best hiding spot would be And the big bad man and his big bad clan Their hands are stained with red Oh, how quickly they forget They aren't gonna help us Too busy helping themselves They aren't gonna change this We gotta do it ourselves They think that it's over But it just began. Only one thing can save us Only the young. Can run. So run."
2a	Anthony	Enola gay	Orchestral Monocues in The Dark - Enola Gay (Official Music Video)	An anti-war song about the bombing of Hiroshima. Enola Gay was the name of the aircraft that carried "Little Boy", the first atomic bomb used in war. The name was chosen by the pilot, who gave his aircraft the name of his mother. "Fun" fact: The song was released in 1980. Some interpreted it as a gay anthem and the BBC banned it from child	"- 'Is mother proud of Little Boy today?' - Alluding to both the bomb's nickname and the fact that the pilot named the aircraft after his mother - 'It's 8:15, and that's the time that it's always been. We got your message on the radio, conditions normal, and you're coming home' - 8:15 was the time the bomb exploded.
2b	Anthony	Temptation	https://www.youtube.com/watch?v=xv0Dy_R1tLQ		Oh, you've got green eyes, oh, you've got blue eyes Oh, you've got red eyes And I've never seen anyone quite like you before No, I've never met anyone quite like you before Each way I turn, I know I'll always try To break this circle that's been placed around me From time to time, I find I've lost some need That was urgent to myself, I do believe Bolts from above hurt the people down below People in this world, we have no place to go Up, down, turn around Please don't let me hit the ground Tonight I think I'll walk alone I'll find my soul as I go home
3a	Gustavo	"Changes, everything"	Everything Changes (Mercedes Sosa - Todo Cambia, English Lyrics)	a song popularized by the Argentine singer Mercedes Sosa. She is an icon in South America and in the world. This song talks about how everything is changing: the superficial, the deep and the ways of thinking. Therefore, it is not strange that people change. What does not change is love or memory for people. The song is in Spanish with English subtitles:	"The beast changes its fur The hair of an old person changes and just as everything changes: the fact that I change it's not in the least strange" "But my love doesn't change no matter how far away I find myself neither the memory nor the pain of my country and my people"
3b	Gustavo	"I only ask God" ("Solo Le Pido A Dios")	Solo Le Pido A Dios (English Lyrics)	The song says that the pain of others and injustice should not be indifferent to us. Give a message against war. This song is an icon in South America. The song is in Spanish with English subtitles:	"I only ask god that the pain doesn't be indifferent to me that the city (painful) death doesn't find me empty and alone, without having done enough". "I only ask god that war doesn't be indifferent to me, it is a huge monster and tramples on hard all the poor innocence of people"
4	Sam	"It's Not Your Fault - Ch"	方皓玟 - It's Not Your Fault (AI Video)	I have chosen a new song that came out this May, but kind of captures the structure of feeling among young HK protesters since 2019. This song is in a good dialogue with Surja's choice. Some young folks in HK have started blaming themselves for the terrible things that we, adults, did. The song reminds them that, "it's not your fault". The song uses parents' divorce as a cover story (see the second line of the lyrics) to comment on political regression. Of course, the government also knows how to read between the lines. So when the singer held her concert in May, it was well attended by police who told the singer publicly: "We are listening to every word you sing on the stage." My brother was there and told me this. p.s. I was not able to find any English translation, so the following translation comes from Google Translate/ChatGPT/my brain.	(Originally in Cantonese, translated by Google Translate, ChatGPT 3.5, and human intelligence) Why did you shed tears when you were just born? Who do you hate? How do I explain to you? The once sweet lovers ended up separated. Everywhere, there is evidence that there are no more fairytails. Who made you understand heartbreak at such a young age? It's not your fault. Don't say that your birth has caused corruption. It's the world itself that's so bad, that's why as soon as you came, you had to clean up these debts. And then you see all the cruelty of the world. That's why you were led to think that you pushed down the first piece of the dominoes.
5	Karen	Fragile - Sting	Sting - Fragile (Live In Paris At The Pantheon)	This song speaks to me because it reminds us of the fragility of human life. Sting composed it in 1988 as a tribute to a young civil engineer, Ben Linder killed in Nicaragua whilst working on a hydroelectric project -- and has dedicated it since to -- for example the people of Ukraine, the women of Iran and opened performances with it after 9/11. It has been translated into many languages. A few weeks ago, I watched Sting perform "Fragile" live near Verona, Italy. I was with my daughter; it was an incredibly hot night, and he chose this as the final song of the concert -- I am sure with philosophical intent. I was so struck -- once again -- by the power of this song that I have always loved, as I listened in the intense heat and at a time when life does feel fragile for us all. 35 years on from first hearing it .. as a young journalist, Fragile continues to resonate for me more than ever and walking back from the concert with my daughter, there was an unspoken understanding and connection between us -- created by the power of this song. I will never forget how this song made me feel at that time.	If blood will flow when flesh and steel are one Dying in the colour of the evening sun Tomorrow's rain will wash the stains away But something in our minds will always stay Perhaps this final act was meant To clinch a lifetime's argument That nothing comes from violence and nothing ever could For all those born beneath an angry star Let us forget how fragile we are
6a	Bobbie	G.L.O.S.S. (We're From)	https://youtu.be/SmvZ5Pxb9Bg	Because what is the point of a future that is not distinctly Queer? G.L.O.S.S. is a trans-fem punk band of women who declare in both name (and this song) they are "Girls Living Outside Society's Shit." The message is clear and incredibly explicit.	"Our femininity doesn't fit / We're fucking future girls / Living outside society's shit / we're from the future / not from the past / we live our own way not up history's ass"
6b	Billie Eilish (2017) - My Future	Billie Eilish - My Future - YouTube	Eilish's voice is just powerful, period. But I love the way the song discusses her love affair with her future	"Cause I, I'm in love / With my future / Can't wait to meet her / And I, I'm in love / But not with anybody else / Just wanna get to know myself"	
7	Stephen Reese	"From a distance" is a song by Julie gold	https://open.spotify.com/album/7UjZPH1F8T7Cz6bWb9K17szQwCfR8AgwJLJH-8BCQ	this rendition is by the late nana Griffith from Austin, whose voice has an unmistakable sound. From a distance it's hard to see why we should be so conflicted in the world. "God is watching us" emphasizes that we all have a sacred duty to be in the business of conflict resolution and peace, for Tikun Olam (to heal the world).	
8a	Heejin	Simple Gift	Simple Gifts - Yo-Yo Ma and Alison Krauss	A song written and composed in 1848, generally attributed to Elder Joseph Brackett (1797-1882). Simple Gifts is a statement of the ideal of simplicity that the Shakers believed was a divine attribute. The Shakers were one of several societies in the early to mid-1800s that tried to create "utopian" communities. They participated in religious rituals that featured singing and dancing, a practice which was meant to cast out the devil and take them to a new level of redemption and communion with Eternity. These rituals included dances and marches, but more often a whirling dance, otherwise known as a "quick dance," of which "Simple Gifts" is an example.	'Tis the gift to be simple, 'tis the gift to be free 'Tis the gift to come down where we ought to be, And when we find ourselves in the place just right, Till we be in the valley of love and delight When true simplicity is gained, To bow and to bend we shan't be ashamed, To turn, turn will be our delight, Till by turning, turning we come 'round right.
8b	Blackbird	Beatles - Blackbird (Lyrics)	Blackbird, a well-known Beatles song, serves as a clear metaphor for a deeper awakening. In 2018, McCartney went into more detail about the song's meaning, saying that in the context of the civil rights struggles in the southern US of the 1960s, "blackbird" should be understood to mean "black girl".		
9a	Paul	A House is A Home by Ben Harper	A House is A Home	This song is about home, not as a physical place, but a place in the heart. It speaks to what we bring and seed here in Salzburg.	
9b	Daughter by Loudon Wainwright	Daughter	Daughter	This song is about devotion, love and caring. It's sung to a daughter, and in the context of what we've been talking about, the true engagement around the power of mothers everywhere, this speaks to us at the academy.	
10	Sangita	"I want to dance in the winter and summer" from the popular Czech group Mirai	Mirai - Chci tančit	It is a strikingly optimistic song, one that invites us to imagine and celebrate the small things while simultaneously reaching for something just beyond our reach.	Zivot plne dni - life goes on Nedus promane ha v jistotach - I don't want to dwell on uncertainties Ned bych na brehu stdi - standing on the waters edge Radsi stokrat bych si na dno sdi - I would rather touch the bottom Tak si pili sctat sveho osudu - I am writing the screenplay of my destiny A ve f mi dokud dycham, jeni komparz nebudu - as long as I breathe, I won't stand by Chci tancit zimu / letem - I want to dance through winter and summer Prjiti bez stazest celym srncem - walk worry free through the whole world Veder pit vino, na nebe se divat - drink wine in the evening, watch the night sky Rocet hodby dokud nezachce svitat - count the stars until the day dawns Your glory was tainted with humiliation and defeat, When the south stood up to resist. The history of dignity is wide awake. It's writing in our land stories of triumphs. I'm the definition of Will when the word is employed. My sword hails your fall in every battle. Every single soul in my nation embraces resistance. Won't settle for less than glory. Never bowed to humiliation, never bargained. We triumphed despite your aggression. Let the whole free world see, How glory is made in nations.
11a	Jad	Julia Boutros: مقومة Moqawama (resistance)	JULIA BOUTROS - MOQAWEM (HD)		
11b	Fayga Younan: موطني ماوليني (my homeland)	موطني ماوليني Mawtini, Fayga Younan	"Mawtini" (Arabic: موطني, lit. "My Homeland") is the national anthem of Iraq, being adopted as such in 2004. The song formerly served as an unofficial anthem of Palestinians and other colonized peoples of the Middle East for much of the 20th century. In 1996, Palestine formally adopted it as the official national anthem.[1][2] though it has since been superseded by an official national anthem there, many Palestinians still identify strongly with it and consider it an unofficial second national anthem of their country. It is considered one of the Arab national anthems, including two periods where it was the national anthem of Iraq.		

12	Roman	Feed the People' by boostive	https://youtu.be/4b3i8B_wVwA	<p>- I first saw boostive live at Burning Man, which as a temporary autonomous zone and a fugitive space with its <u>10 principles</u> of immediacy, radical inclusion, radical self expression, decommodification and 'leave no trace' amongst others, encapsulates and practices the Academy's vision and values</p> <p>- boostive 'believes very strongly in the energy created by a group of people collaborating to create a unique experience on stage. Boostive performs to preserve the organic roots of music using live instrumentation while still incorporating the influence of electronic music that is ever so prevalent in our culture'</p> <p>- the song is called 'Feed the People'. While some of the global challenges we're facing require leaps of the imagination, making sure that no one goes hungry is possible today - there is enough food going around to feed everyone, so we could change that today.</p>	
13	Pablo	Temporal Control of Light Echoes by Moor Mother (Camae Ajewa)	Moor Mother - 'Temporal Control Of Light Echoes'	I think she is one of the most luminous artists working today, she incarnates with great coherence the values her music stands for.	
14	Jamie	"Do You Realize??" by The Flaming Lips	The Flaming Lips - Do You Realize?? (Official Music Video) [HD Remaster]	I've seen The Flaming Lips several times since 2004 and each time, revisiting the song and live concerts at each new age enables me to hear the song in a new context - and emotional state. Interestingly, Wayne Coyne and the band wrote a piece for The Guardian in April this year about the track in an article titled "A song for heavy times" and Coyne writes, "We wrote the song, but what we made is not what it's become. We're so grateful, lucky and blown away to have one of those songs that people play at heavy, heavy times, the heaviest you can endure. But at lighter occasions too, when babies are born or at a cousin's wedding. We always thought that ruined music but we were wrong. It doesn't. It's the greatest thing music can do."	
15	Julian	Salt Coast by Kae Tempest	Kae Tempest - Salt Coast (Official Visualizer)	There are some deeply personal reasons, but also ... the song seems to intersect ecology, identity, and the strongly mixed feelings about this strange island I live on...	<p><i>I love the way you crumble into chalk at your edges</i> <i>I love the way you fade into a sky that is as endless</i> <i>As your willingness to try</i> <i>Keep going and it will get better</i> <i>I love the way you push to get clear</i> <i>I love the way you dance to get strong</i> <i>Ancient</i> <i>Slick clay, rock-formed, wet sand, moss-borne</i></p>
16	Andrea	Mr. Blue Sky (Electric Light Orchestra)	Mr. Blue Sky	This song makes me feel optimistic and hopeful. It my escape song when I am having hard times. It makes me float when I hear it and get out of my own head. It's a great song for the soundtrack of our imagined futures.	
17a	Manny	Our House. By Crosby, Stills, Nash & Young	Our House (2021 Remaster)	As an optimist, this song gives me hope that despite difficulties we can value what we have.	
17b		Around the Sun. By Poolside and Amo Amo.	Around The Sun	A song to make us happy and thankful.	
18a	Carol	The Circle Game by Joni Mitchell.	Joni Mitchell - The Circle Game	A turning carousel of painted ponies is a metaphor for passing seasons in time, reminding us that although we can look "behind, from where we came," we can't return to the past...but we can keep going. Our lives can be filled with wonder and dreams, and although our dreams may change as we age, we can indeed still dream/imagine and still have hope for the future.	
18b	Carol// Aidan	Eensy Weensy Spider		The nursery rhyme about never giving up.	
19	Sanjeev	A Luta Continua by Miriam Makeba	A Luta Continua	in the spirit of continuing struggle	
20a	Chris	Slave Song by Sade	Sade - Slave Song (Audio) - YouTube	Slave Song is the sixth song off of Sade's Lover's Rock album that was released in 2000. In this song Sade voices the prayers and thoughts of the Africans who were kidnapped into the transatlantic slave trade as they were being forcibly sailed toward an unknown fate. I listen to this song several times a year to make sure I stay grounded. As a scholar in the Black Radical Tradition I take pride in the reality that Black responses to enslavement and oppression were and continue to be rooted in an intensely human worldview which Sade speaks to when she sings, "let us not do unto him what he has done to us." The humility and strength it takes to hold that perspective in light of the long legacy of affronts to our humanity is breath taking. I also find comfort and motivation in this song when Sade alludes to how my ancestors took the time to pray for me/us in midst of all the brutality and pressure they were suffering. It moves me to imagine that type of love and foresight.	
20b	Chris	Worth the Weight by Jidenna	Jidenna - Worth the Weight ft. Seun Kuti - YouTube	Jidenna's Worth the Weight is a song that has been speaking to me for a couple years now. The title strikes me as a profound response to the ancestor(s) Sade embodies with her lyrics in the first song I suggested. Jidenna lets her/them know that we are still here, empowered by a deep sense of their love for us, and pushing to make our lives "worth the weight" of their sacrifice.	
20c	Chris	Aquamarine by Black Thought, Danger Mouse, & Michael Kiwanuka	Danger Mouse & Black Thought - Aquamarine feat. Michael Kiwanuka (Official Video) - YouTube	This is motivation music for me and just a good representation of my current head-space/worldview	
21	Leonard Apcar	You Never Can Tell by Bruce Springsteen	Bruce Springsteen - You Never Can Tell (Leipzig 7/7/13)	My daughter and I plan to lead her wedding party in this I never get tired of watching and listening. It's about love. That's all that needs to be said.	
22	Pramath	Both Sides Now by Emilia Jones	Emilia Jones - Both Sides Now - BAFTAs 2022 Performance (from CODA)	It is a song that looks back and ahead, has sadness and hope, and so many nuances of opposites, paradoxes and yet is dreamy and uplifting. I also like it because of the association with CODA which is so much about inclusion, with resilience and compassion. And finally it appeals to me because it is like a passing of the baton from Toni Mitchell from the older generation of singers to Emilia of Gen Z (I think) — as we must all entrust the world in the able hands of the next generation.	