

	<b>Horaire / Schedule 2024-25</b>						
	Lundi / Monday	Mardi / Tuesday	Mercredi / Wednesday	Jeudi / Thursday	Vendredi / Friday	Samedi / Saturday	Dimanche / Sunday
<b>Beaconsfield</b>					20:00-21:00 <b>U12</b>		18:30-19:45 <b>U12- 4s</b>
					20:00-21:00 <b>U14 / U16</b>		19:30-21:00 <b>U14 / U16- 4s</b>
	21:00-22:30 <b>U18</b>				21:00-22:30 <b>U18</b>	19:00-21:00 <b>U14 &amp; U16</b>	21:00-22:30 <b>U18 - 4s</b>
<b>College Ste Anne</b>	17:00-18:30 <b>CSA &amp; Tiburon U14 / U16</b>		13:30-15:00 <b>CSA U14 / U16 &amp; Tiburon S - C</b>				
<b>Dorval</b>						18:30- 19:45 <b>U12</b>	
<b>Lasalle</b>				19:30-21:00 <b>U16 / U18</b>	19:30-21:00 <b>SR Women (Sirènes / Sirens)</b>		
	21:00-22:30 <b>Senior</b>	20:30-22:30 <b>U16 / U18 NCL</b>	21:00-22:30 <b>Senior</b>	21:00-22:30 <b>Senior</b>			
<b>Pointe - Claire</b>						10:45-12:45 <b>U16 / U18 Scrimmages</b>	9:45-11:45 <b>U16 / U18 / Sirens Scrimmages</b>
<b>St-Charles</b>	17:00-19:00 <b>U14 / U16</b>		17:00-18:00 <b>Initiations WP CASO</b>	17:30-19:30 <b>U14 / U16</b>	17:00-19:00 <b>U14 / U16</b>		
	17:30-18:45 <b>U12</b>		18:00-19:15 <b>U12</b>	17:30-18:45 <b>U12</b>	17:30-18:45 <b>U12</b>		
	Hybride Natation / Hybrid Swimming		19:15-20:45 <b>SR Women</b>	Hybride Natation / Hybrid Swimming			
<b>St- Hel</b>							

Guide pour pratiques / Practice Guide	
	Pratiques U12 / U12 Practices
	U12/ U14 -Hybride Natation & WP / Hybrid Swim & WP
	Pratiques U14 & U16 / U14 & U16 Practices
	Pratiques U18 / U18 Practices
	Joueurs LCC seulement / NCL Players Only
	Pratiques par genre / Gender specific practices ***Si & quand possible / If & when possible***
	Pratiques femmes seulement / Women only practices
	Pratiques Sénior / Senior practices