| | DATE | START | Team | HS/MS or Both | LOCATION | |
|------|------------|-------------|------|--------------------|---------------|---------------------------------|
| Wed | 9/4/2024 | 4:00/4:30 | хс | With Middle School | Lyndon | |
| Sat | 9/7/2024 | 3:30 | хс | With Middle School | Hard'Ack Rec | Danville Only |
| | | | | | | |
| Wed | 9/11/2024 | 4:00/4:30 | хс | With Middle School | St. Johnsbury | |
| | | | | | | |
| Tue | 9/17/2024 | 4:00/4:30 | XC | With Middle School | North Country | |
| Sat | 9/21/2024 | 10:00 | хс | With Middle School | Danville | |
| | | | | | | |
| Wed | 9/25/2024 | 4:00/4:30 | XC | Middle School Only | Burke | |
| Sat | 9/28/2024 | 10:00 | XC | With Middle School | U-32 | NVAC Required |
| | | | | | | |
| Sat | 10/5/2024 | 10:00 | XC | With Middle School | Thetford | |
| | | | | | | |
| Thur | 10/10/2024 | 4:00/4:30 | XC | High School Only | Missisquoi | NVAC Required |
| | | | | | | |
| Tue | 10/15/2024 | 4:00/4:30 | XC | With Middle School | Hazen | |
| Sat | 10/19/2024 | 10:00/10:30 | XC | With Middle School | U-32 | NVAC Mountain Div. Championship |
| | | | | | | |
| Sat | 10/26/2024 | | XC | HS State Ch'ips | Thetford | |
| Sun | 10/27/2024 | | XC | MS State Ch'ips | Hard'Ack Rec | |
| | | | | | | |
| Sat | 11/2/2024 | | XC | VT Meet of Champs | Hard'Ack Rec | |
| | | | | | | |
| Sat | 11/9/2024 | | хс | New England Ch'ips | TBD | |
| | | | | | | |