| mestamp | Your name | Your Reddit username | Your BJJ experience | Your healthcare/PT provider ex | Any specialties? | Do you provide free consu | Your email address | Your IG username? | Verified? |
|---------------------|-------------------|----------------------|-------------------------------|----------------------------------|-----------------------------|------------------------------|----------------------------|------------------------|-----------|
| 11/9/2023 13:03:07 | Tobar MacPhail | Quicknote | Brown belt, training for 14 | MSK specialist physiotherapist | t Injury rehab | no, as most problems do | admin@castelphysio.com | 1 | Yes |
| 11/9/2023 19:41:54 | Andrew Zhao | Backalleydoc | Purple belt in bjj (with Bla | Board certified sports medicine | Sports Medicine | No, I just like to stalk Red | Backalleymd@gmail.com | N/A | Yes |
| 11/9/2023 21:30:54 | Brandon Zeeben | Bmzeeb | 7 years, forever blue belt | Optometrist. Practice in Calgar | Contact lenses, eye disea | Medical exams (ex injurie | Zeebenbrandon@gmail.c | om | Yes |
| 11/9/2023 22:51:19 | Mike Piekarski | Dr_Kickass_DPT | 17 years - black belt | doctor of physical therapy / ort | forthopedics / sport | Yes - Free consult | michaelpiekarskidpt@gm | doctor_kickass | Yes |
| 11/10/2023 1:36:08 | Kye | u/ktantone | Purple belt | Bachelor of Physiotherapy, new | w graduate | No | | @the_grappling_physio | Yes |
| 11/11/2023 18:36:05 | Selina | Cualli_nutrition | Black belt/ 14 years training | Nutritionist/ masters degree in | Healthy aging/weight main | I provide one time consult | Selina@cuallinutrition.com | Cualli_Nutrition | Yes |
| 11/11/2023 21:20:46 | Laura Sheridan | Laura Sheridan | 2 stripe blue | Licensed psychologist | First responders/trauma | I offer brief consultations. | drsheridan@lsassociates | BJJ.running.slothing | Yes |
| | | | | | | | | | |
| 4/24/2024 14:23:02 | Jérôme Fennell | espritdecork | Purple belt, training on an | Purple belt, training on and off | Clinical microbiology | Free advice when I find the | jfennell@tcd.ie | @espritdecork | Yes |
| 4/25/2024 18:06:13 | Joseph Siko | YeetedArmTriangle | Approx 8 years, 5 years w | Emergency room RN for one y | Just been mildly obsesser | Pay me in nose beers | joseph.siko1@gmail.com | Jpsycho29 | Yes |
| 5/3/2024 0:20:46 | Nick Porter | dukemacmanus | Purple Belt | Registered Nurse | 14 Years | I don't really know how to | nickporter25@gmail.com | | Yes |
| 5/3/2024 5:27:01 | Dino Del Mastro | Just_Being_500 | Purple Belt competing 3-4 | Primary Spine Practitioner / Do | I have a very large patien | Yes free online consultation | Dino.DelmastroDC@gma | dino.delmastrodcpsp | Yes |
| 5/4/2024 5:09:36 | Austin | Ninjaustin | 12 years - purple belt | Physical Therapist since 2016 | Vestibular | I'll screen my team mates | abloomberg@gmail.com | TheRealNinjaustin | Yes |
| 5/5/2024 3:55:07 | rayner chia | hasmynamebeentaken | purple belt | Hospital; in-patient PT | General PT leaning towar | yes. but if you like to, pay | rayner.cwl@gmail.com | rayner.cwl | Yes |
| 5/5/2024 22:41:20 | Matko Kmezic | Mtkkmzc | White belt, training on/off | 1 year working as a physiothe | Not particularly, but my st | Yes I provide a free intake | matkokmezic98@gmail.c | matkokmezic | Yes |
| 5/18/2024 20:52:22 | John | RNSundevil | 2nd degree black belt in E | RN | Emergency medicine | Yes | | | Yes |
| 5/26/2024 9:56:59 | Michal | Technical-Swim-8193 | 15 years, Black Belt, Coa | 12 years MD | Anesthesia, intensive care | Depends on the problem | sharktank.lab@gmail.con | sharktank.md | Yes |
| 6/1/2024 14:40:59 | Eugene Tsozik | JiujitsuPT | 16 years (Black Belt) | Doctor of Physical Therapy (Si | Orthopedics and BJJ | Free consults through zoo | Jiujitsutherapist@gmail.o | the_jiujitsu_therapist | Yes |
| 6/16/2024 2:32:16 | Patrick Fulgencio | sugar_m1lk | Blue belt | Family Medicine Physician - Be | Hospitalist, Family Medici | First consultation is free | p.fulgencio89@gmail.con | deepf | Yes |
| 7/6/2024 19:54:22 | Kenny Gu | shugu216 | Purple belt, wrestling coad | 3 years physical therapist, athl | Sports medicine, combat | Yes, can book via https://c | thegrapplingdoc@gmail.c | grappling_doc | Yes |
| 7/27/2024 19:42:08 | PJ Sharma | docliftalot | Purple belt | Family Medicine | Outpatient medicine, obes | Depends | priyanjaymd@gmail.com | | Yes |