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|-----|-------------------|-------|--------|--------|-----|-----|-----|-----|------|-----|-----|-----|-----|-----|
| SF | Thairo Estrada | 9.70% | 37.70% | 47.40% | 42% | 24% | 1% | 17% | 17% | 37% | 66% | 91% | 21% | 13% |
| NYM | Brandon Nimmo | 9.70% | 40.60% | 50.30% | 23% | 40% | 70% | 17% | -53% | 47% | 64% | 85% | 22% | 24% |
| MIL | Sal Frelick | 9.70% | 42.50% | 52.20% | 34% | 24% | 1% | 17% | 17% | 39% | 58% | 92% | 15% | 6% |
| OAK | Seth Brown | 9.60% | 37.50% | 47.10% | 35% | 36% | 48% | 17% | -31% | 41% | 72% | 85% | 31% | 27% |
| TEX | Josh H. Smith | 9.60% | 41.30% | 50.90% | 29% | 33% | 28% | 17% | -12% | 41% | 62% | 88% | 22% | 19% |
| STL | Brendan Donovan | 9.60% | 41.70% | 51.30% | 26% | 37% | 53% | 17% | -37% | 44% | 63% | 91% | 15% | 19% |
| ARI | Josh Rojas | 9.50% | 41.80% | 51.30% | 31% | 31% | 17% | 16% | 0% | 43% | 62% | 85% | 24% | 5% |
| ARI | Corbin Carroll | 9.40% | 40.00% | 49.40% | 32% | 35% | 40% | 16% | -24% | 39% | 67% | 87% | 22% | 22% |
| CIN | Matt McLain | 9.40% | 42.60% | 52.00% | 30% | 30% | 13% | 16% | 3% | 41% | 59% | 83% | 28% | 24% |
| MIA | Jean Segura | 8.90% | 39.40% | 48.30% | 40% | 25% | 3% | 15% | 13% | 38% | 66% | 89% | 19% | 12% |
| WSH | CJ Abrams | 8.80% | 36.70% | 45.50% | 40% | 33% | 28% | 14% | -14% | 40% | 72% | 85% | 22% | 17% |
| HOU | Martin Maldonado | 8.80% | 37.80% | 46.60% | 34% | 33% | 28% | 14% | -14% | 45% | 67% | 77% | 35% | 23% |
| OAK | Jace Peterson | 8.80% | 42.10% | 50.90% | 26% | 35% | 40% | 14% | -25% | 45% | 61% | 86% | 25% | 12% |
| MIA | Garrett Hampson | 8.80% | 43.30% | 52.10% | 31% | 28% | 7% | 14% | 7% | 41% | 58% | 83% | 27% | 10% |
| BOS | Masataka Yoshida | 8.60% | 41.90% | 50.50% | 31% | 29% | 9% | 14% | 5% | 41% | 61% | 87% | 18% | 18% |
| KC | Nick Pratto | 8.60% | 43.10% | 51.70% | 30% | 29% | 9% | 14% | 5% | 43% | 60% | 80% | 35% | 19% |
| CHC | Cody Bellinger | 8.50% | 38.50% | 47.00% | 36% | 33% | 28% | 14% | -15% | 44% | 68% | 86% | 20% | 17% |
| DET | Zach McKinstry | 8.40% | 39.20% | 47.60% | 30% | 38% | 58% | 13% | -45% | 44% | 69% | 88% | 20% | 15% |
| TEX | Jonah Heim | 8.20% | 36.60% | 44.80% | 35% | 40% | 70% | 12% | -58% | 43% | 75% | 84% | 23% | 19% |
| DET | Eric Haase | 8.20% | 37.20% | 45.40% | 42% | 31% | 17% | 12% | -5% | 38% | 73% | 80% | 32% | 17% |
| NYM | Mark Vientos | 8.20% | 37.50% | 45.70% | 40% | 32% | 22% | 12% | -11% | 42% | 72% | 74% | 37% | 29% |
| MIN | Willi Castro | 8.20% | 37.90% | 46.10% | 38% | 32% | 22% | 12% | -11% | 41% | 70% | 83% | 28% | 16% |
| MIL | Owen Miller | 8.20% | 39.30% | 47.50% | 37% | 27% | 5% | 12% | 7% | 41% | 64% | 88% | 18% | 13% |
| ARI | Jake McCarthy | 8.10% | 37.20% | 45.30% | 34% | 38% | 58% | 12% | -47% | 42% | 72% | 89% | 22% | 7% |
| PIT | Josh Palacios | 8.00% | 35.60% | 43.60% | 35% | 38% | 58% | 11% | -47% | 45% | 73% | 82% | 27% | 20% |
| WSH | Keibert Ruiz | 7.80% | 38.90% | 46.70% | 39% | 29% | 9% | 11% | 2% | 41% | 68% | 93% | 14% | 11% |
| STL | Andrew Knizner | 7.70% | 36.20% | 43.90% | 41% | 30% | 13% | 11% | -2% | 44% | 71% | 80% | 28% | 20% |
| ATL | Eddie Rosario | 7.10% | 34.90% | 42.00% | 45% | 29% | 9% | 10% | 1% | 40% | 75% | 77% | 30% | 21% |
| PHI | Jake Cave | 7.10% | 39.40% | 46.50% | 33% | 33% | 28% | 10% | -18% | 44% | 66% | 82% | 27% | 21% |
| LAA | Mickey Moniak | 7.00% | 32.20% | 39.20% | 49% | 31% | 17% | 10% | -7% | 40% | 80% | 75% | 39% | 24% |
| CLE | Steven Kwan | 6.90% | 44.00% | 50.90% | 28% | 32% | 22% | 10% | -13% | 43% | 59% | 95% | 11% | 2% |
| HOU | Mauricio Dubon | 6.80% | 33.60% | 40.40% | 45% | 31% | 17% | 9% | -7% | 44% | 75% | 86% | 18% | 11% |
| SF | Blake Sabol | 6.70% | 37.90% | 44.60% | 32% | 44% | 88% | 9% | -79% | 44% | 76% | 76% | 36% | 26% |
| SEA | Kolten Wong | 6.50% | 40.50% | 47.00% | 30% | 40% | 70% | 9% | -61% | 41% | 70% | 91% | 22% | 7% |
| WSH | Ildemaro Vargas | 6.40% | 42.10% | 48.50% | 31% | 34% | 36% | 9% | -27% | 43% | 65% | 95% | 12% | 10% |
| SD | Jake Cronenworth | 6.30% | 39.70% | 46.00% | 30% | 38% | 58% | 8% | -50% | 46% | 68% | 91% | 16% | 16% |
| STL | Tommy Edman | 6.30% | 42.10% | 48.40% | 34% | 29% | 9% | 8% | -1% | 41% | 62% | 93% | 16% | 16% |
| KC | Matt Duffy | 6.20% | 40.50% | 46.70% | 34% | 32% | 22% | 8% | -15% | 44% | 66% | 86% | 22% | 7% |
| PIT | Tucupita Marcario | 6.00% | 38.10% | 44.10% | 31% | 42% | 81% | 7% | -74% | 45% | 73% | 92% | 15% | 16% |
| OAK | Nick Allen | 6.00% | 39.60% | 45.60% | 33% | 35% | 40% | 7% | -33% | 43% | 69% | 91% | 19% | 3% |
| PIT | Ji Hwan Bae | 5.90% | 41.80% | 47.70% | 32% | 34% | 36% | 7% | -29% | 42% | 66% | 83% | 25% | 10% |
| MIL | Tyrone Taylor | 5.80% | 38.00% | 43.80% | 38% | 32% | 22% | 7% | -16% | 45% | 69% | 87% | 25% | 22% |
| CWS | Yasmani Grandal | 5.70% | 42.40% | 48.10% | 31% | 31% | 17% | 6% | -10% | 43% | 62% | 84% | 25% | 15% |
| CLE | Myles Straw | 5.70% | 42.60% | 48.30% | 30% | 31% | 17% | 6% | -10% | 44% | 61% | 90% | 14% | 5% |
| COL | Jurickson Profar | 5.40% | 40.70% | 46.10% | 29% | 41% | 76% | 6% | -70% | 45% | 70% | 88% | 21% | 12% |
| ARI | Nick Ahmed | 5.40% | 40.80% | 46.20% | 35% | 33% | 28% | 6% | -23% | 44% | 68% | 81% | 28% | 13% |
| ATL | Michael Harris | 5.20% | 39.80% | 45.00% | 42% | 26% | 4% | 5% | 2% | 42% | 68% | 84% | 25% | 26% |
| CLE | Andres Gimenez | 5.10% | 38.80% | 43.90% | 44% | 27% | 5% | 5% | -1% | 37% | 71% | 84% | 25% | 11% |
| CIN | Kevin Newman | 5.10% | 42.30% | 47.40% | 32% | 31% | 17% | 5% | -12% | 47% | 63% | 90% | 15% | 10% |
| MIA | Joey Wendle | 5.00% | 42.80% | 47.80% | 36% | 26% | 4% | 4% | 1% | 43% | 62% | 86% | 25% | 12% |
| OAK | Aledmys Diaz | 4.90% | 39.10% | 44.00% | 37% | 35% | 40% | 4% | -36% | 45% | 72% | 86% | 22% | 10% |
| BAL | Adam Frazier | 4.80% | 41.10% | 45.90% | 35% | 33% | 28% | 4% | -25% | 40% | 68% | 90% | 19% | 7% |
| KC | Kyle Isbel | 4.80% | 42.70% | 47.50% | 34% | 30% | 13% | 4% | -9% | 41% | 64% | 92% | 21% | 15% |
| LAD | David Peralta | 4.70% | 36.50% | 41.20% | 38% | 38% | 58% | 3% | -55% | 44% | 76% | 87% | 22% | 18% |
| SF | Patrick Bailey | 4.10% | 42.50% | 46.60% | 31% | 35% | 40% | 3% | -37% | 44% | 66% | 84% | 26% | 19% |
| CHC | Nick Madrigal | 3.90% | 44.80% | 48.70% | 34% | 26% | 4% | 3% | -1% | 42% | 60% | 97% | 9% | 2% |
| CLE | Will Brennan | 3.60% | 37.30% | 40.90% | 44% | 29% | 9% | 3% | -7% | 45% | 72% | 87% | 18% | 8% |
| MIL | Victor Caratini | 2.80% | 44.10% | 46.90% | 32% | 35% | 40% | 2% | -38% | 39% | 67% | 84% | 21% | 19% |
| BOS | Reese McGuire | 2.60% | 41.80% | 44.40% | 44% | 19% | 0% | 2% | 2% | 43% | 63% | 83% | 23% | 11% |
| ATL | Kevin Pillar | 2.40% | 38.90% | 41.30% | 44% | 28% | 7% | 2% | -6% | 42% | 72% | 84% | 26% | 19% |
| LAA | Mike Moustakas | 2.30% | 37.80% | 40.10% | 44% | 31% | 17% | 1% | -15% | 42% | 75% | 83% | 28% | 17% |
| MIA | Luis Arraez | 1.70% | 41.00% | 42.70% | 38% | 32% | 22% | 1% | -21% | 42% | 69% | 95% | 8% | 4% |
| ARI | Alek Thomas | 1.30% | 44.10% | 45.40% | 39% | 25% | 3% | 1% | -2% | 40% | 64% | 88% | 25% | 19% |
| PHI | Bryson Stott | 1.00% | 46.40% | 47.40% | 32% | 26% | 4% | 1% | -3% | 46% | 58% | 89% | 15% | 11% |
| COL | Harold Castro | 0.40% | 40.70% | 41.10% | 47% | 24% | 1% | 0% | -1% | 38% | 71% | 86% | 29% | 9% |
| PHI | Edmundo Sosa | 0.30% | 38.40% | 38.70% | 45% | 32% | 22% | 0% | -22% | 44% | 77% | 81% | 29% | 20% |

| Team | SEAGER | Z-O Swing | Z-O Rank | SEAGER Rank | Rank Change | Z-Swing | Chase | Whiff/Swing | Damage/BBE |
|------|--------|-----------|----------|-------------|-------------|---------|-------|-------------|------------|
| HOU | 16.10 | 35.50% | 17 | 1 | 16 | 69% | 33% | 24% | 19% |
| ATL | 15.90 | 39.10% | 4 | 2 | 2 | 73% | 34% | 25% | 27% |
| TEX | 15.60 | 40.40% | 1 | 3 | -2 | 70% | 30% | 24% | 22% |
| LAA | 15.50 | 37.60% | 6 | 4 | 2 | 72% | 34% | 29% | 22% |
| LAD | 15.50 | 40.20% | 3 | 5 | -2 | 70% | 30% | 25% | 22% |
| TB | 15.40 | 34.40% | 23 | 6 | 17 | 70% | 36% | 28% | 20% |
| TOR | 15.20 | 40.40% | 2 | 7 | -5 | 71% | 31% | 24% | 19% |
| MIN | 14.90 | 36.70% | 9 | 8 | 1 | 68% | 32% | 28% | 24% |
| STL | 14.50 | 34.90% | 21 | 9 | 12 | 67% | 32% | 25% | 22% |
| NYY | 14.30 | 35.10% | 20 | 10 | 10 | 66% | 31% | 27% | 22% |
| PIT | 14.30 | 37.80% | 5 | 11 | -6 | 68% | 30% | 27% | 19% |
| MIL | 14.10 | 35.20% | 19 | 12 | 7 | 66% | 31% | 26% | 19% |
| SEA | 14.10 | 35.60% | 16 | 13 | 3 | 69% | 34% | 29% | 25% |
| CHC | 13.90 | 36.20% | 12 | 14 | -2 | 67% | 31% | 25% | 19% |
| SD | 13.70 | 36.40% | 10 | 15 | -5 | 66% | 29% | 24% | 21% |
| KC | 13.60 | 35.30% | 18 | 16 | 2 | 70% | 35% | 27% | 21% |
| DET | 13.60 | 36.30% | 11 | 17 | -6 | 69% | 33% | 26% | 20% |
| MIA | 13.30 | 33.30% | 29 | 18 | 11 | 67% | 34% | 25% | 18% |
| SF | 13.10 | 37.30% | 7 | 19 | -12 | 68% | 31% | 27% | 21% |
| CIN | 13.10 | 36.90% | 8 | 20 | -12 | 66% | 29% | 26% | 18% |
| BOS | 13.00 | 34.00% | 26 | 21 | 5 | 67% | 33% | 25% | 22% |
| BAL | 13.00 | 34.60% | 22 | 22 | 0 | 68% | 34% | 25% | 21% |
| COL | 12.80 | 34.20% | 25 | 23 | 2 | 70% | 36% | 29% | 18% |
| CWS | 12.80 | 33.30% | 28 | 24 | 4 | 70% | 37% | 28% | 18% |
| NYM | 12.50 | 35.80% | 15 | 25 | -10 | 67% | 31% | 25% | 20% |
| WSH | 12.50 | 34.40% | 24 | 26 | -2 | 69% | 34% | 22% | 15% |
| ARI | 12.40 | 35.90% | 14 | 27 | -13 | 66% | 30% | 23% | 17% |
| PHI | 12.30 | 33.60% | 27 | 28 | -1 | 68% | 34% | 27% | 22% |
| OAK | 11.40 | 36.00% | 13 | 29 | -16 | 68% | 32% | 29% | 17% |
| CLE | 9.80 | 32.40% | 30 | 30 | 0 | 69% | 36% | 22% | 13% |