

City	Address (Google Maps)	1928	1930	1935	1940	1945	1950	1955	1960	1965	1970*	1974-75*	1980*	1984-85*	1990*	1996-96	2001-02	2010	Notes
Oshawa	156 Adelaide St E								IGA (Dy's)	IGA (Dy's) Lucky Dollar (Kuch's)	IGA (Dy's) Lucky Dollar (Kuch's)	Lucky Dollar (Danyluk's)	Lucky Dollar (Danyluk's)						
Oshawa	329 Adelaide Av E																		
Oshawa	272 Albert St		Minns, J.E. & Son	Minns, J.E. & Son	Minns, J.E. & Son														
Oshawa	139 Alice St							IGA (Dy's)											
Oshawa	22 Alhol St E							Loblaws	Loblaws Whiteley's	Loblaws	Loblaws	Loblaws							
Oshawa	109 Bardin Av																		
Oshawa	151 Bloor St E																		No Frits (Agostino & Nancy's)
Oshawa	51 Burk St			Wilson, John	Wilson, John														
Oshawa	295 Court St								Whiteley's										295-297 (1960).
Oshawa	534 Cubert St							IGA (College Hill)	IGA (College Hill)	IGA (College Hill)	IGA (College Hill)								
Oshawa	481 Gibb St																Loblaws IGA (Grandview)	Real Canadian Superstore Foodland	
Oshawa	600 Grandview St S																	Real Canadian Superstore	
Oshawa	1385 Harmony Rd N																		
Oshawa	500 Howard St													Knob Hill Farms Dominion	Knob Hill Farms A&P	Knob Hill Farms A&P			
Oshawa	200 John St W										Dominion	Dominion	Dominion				A&P		Midtown Mall. A&P through ca 2011. Closed as Metro ca. 2016. 16 1/2
Oshawa	16 King St E	Kyle, J.S.	Kyle, J.S.	Kyle, J.S.															
Oshawa	272 King St E				Sproule's	Sproule's	Sproule's	Sproule's	Sproule's	Sproule's	Power Super Market	Power Super Market	Loblaws	Loblaws	Loblaws				
Oshawa	564 King St E							Grand Union Carrolls	Power Super Market Steinberg?	Power Super Market Steinberg?	Power Super Market	Miracle Food Mart	Loblaws	Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	A&P	FreshCo	560 (pre-1980).
Oshawa	600 King St E																		598 (1955, under construction). Was a Food Basics in 2009.
Oshawa	1300 King St E																		
Oshawa	22 King St W		A&P																
Oshawa	36 King St W	Dominion	Dominion	Dominion	Dominion	Dominion													
Oshawa	39 King St W						Dominion	Dominion	Dominion	Dominion									
Oshawa	237 King St W									A&P	A&P	A&P	A&P						
Oshawa	419 King St W								Loblaws	Loblaws	Loblaws	Loblaws?	Loblaws	Loblaws	Loblaws	Loblaws			419-507. Oshawa Centre, open 1956. May have relocated within centre at some point.
Oshawa	617 Kingston Rd E			Wilson, John	Wilson, John														
Oshawa	641 Kingston Rd E					Wilson, John													
Oshawa	146 Nassau St						Red & White (Winter's)												
Oshawa	191 Oshawa Blvd			Minns, J.E. & Son															
Oshawa	174 Ritson Rd S		Grocesteria	Grocesteria	Glecoff's Grocesteria	Glecoff's Grocesteria	Glecoff's Grocesteria	IGA (Glecoff)	Glecoff Supermarket										170-174 (1945-1955).
Oshawa	200 Ritson Rd S																		
Oshawa	501 Ritson Rd S									A&P	A&P							No Frits (Nadim's)	
Oshawa	555 Roseland Rd E																		
Oshawa	550 Roseland Rd W								Power Super Market	Power Super Market	Power Super Market			Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	A&P	Metro
Oshawa	19 Simcoe St N				A&P	A&P	A&P	A&P	Power Super Market	Power Super Market	Power Super Market								Rosland Plaza
Oshawa	39 Simcoe St N	Loblaws	Loblaws Eatons	Loblaws Eatons	Loblaws	Loblaws	Loblaws	Loblaws	Loblaws	Loblaws									
Oshawa	52 Simcoe St N																		
Oshawa	54 Simcoe St N																		
Oshawa	124 Simcoe St N	Beaton's Busy Stores																	
Oshawa	124 Simcoe St N					Sproule's	Sproule's	Sproule's	Sproule's	Sproule's									
Oshawa	802 Simcoe St N																		
Oshawa	1050 Simcoe St N																		
Oshawa	1150 Simcoe St N							A&P	A&P	A&P	Sunnybrook	Sunnybrook	Sunnybrook	Sunnybrook	Sunnybrook	No Frits	No Frits	No Frits (Chris & Beth's)	Safeway was probably new building.
Oshawa	19 Simcoe St S	Beaton's Busy Stores									A&P	Safeway	Safeway	Safeway	IGA	Price Chopper	Price Chopper		
Oshawa	27 Simcoe St S		A&P	A&P															
Oshawa	29 Simcoe St S				Loblaws	Loblaws	Loblaws												27 1/2 (1930), 29 (1935).
Oshawa	156 Simcoe St S		Loblaws	Loblaws															
Oshawa	432 Simcoe St S																		
Oshawa	458 Simcoe St S				Sproule, R.G.	Sproule's	Sproule's	Sproule's	Sproule's	Sproule's									
Oshawa	702 Simcoe St S					Power, E.W.	Power, E.W.	Power, E.W.	Power, E.W.	Sproule's									702-708 (1950 on).
Oshawa	782 Simcoe St S		Kyle, J.S.																
Oshawa	1188 Simcoe St S																		
Oshawa	385 Stevenson Rd N									IGA (Motor City) IGA (Braemor)	IGA (Jubilee Park) IGA (Braemor)	IGA (Jubilee Park) IGA (Braemor)	IGA (Simcoe St) IGA (Parkview)	IGA (Simcoe St) IGA (Parkview)	IGA (Simcoe St) IGA (Parkview)	IGA (Simcoe St) IGA (Parkview)	Simcoe Super Market IGA (Parkview)		
Oshawa	285 Taunton Rd E																		
Oshawa	200 Taunton Rd W																		Five Points Mall.
Oshawa	199 Wentworth St W																		Real Canadian Superstore
Oshawa	1377 Wilson Rd N																		1075 Cedar St (pre-1990).
Oshawa	120 Wilson Rd S								IGA (Eastview)	IGA (Blaky)	IGA (Blaky)	IGA (Wilson)							FreshCo
Oshawa	377 Wilson Rd S											Red & White Foodmaster							
Whitby	728 Anderson St																		Foodland
Whitby	5859 Baldwin St S																		FreshCo
Whitby	223 Brook St N									A&P	A&P								East side.
Whitby	204 Brook St S									IGA (Dy's)									
Whitby	303 Brook St S									Dominion	Dominion	Dominion	Dominion	Dominion	Mr Grocer (Chall's)	No Frits (Bill's)			Whitby Plaza. 329 (1960).
Whitby	350 Brook St S														Mr Grocer (Chall's)	Price Chopper	Price Chopper	FreshCo	Mr Grocer relocation of 303 (1990)?
Whitby	114 Dundas St E								Steinberg	Steinberg	Sunnybrook								
Whitby	1615 Dundas St E																		
Whitby	1645 Dundas St E																		Open before 2009.
Whitby	1650 Dundas St E																		
Whitby	1801 Dundas St E																Price Chopper	FreshCo	May have opened as Dominion but there is no listing of one in 1970.
Whitby	601 Dundas St W											Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	A&P		
Whitby	920 Dundas St W																		
Whitby	3100 Garden St																	No Frits (Frank's) No Frits (LaRosa's)	
Whitby	70 Thicksen Rd S											Miracle Food Mart	Miracle Food Mart	Miracle Food Mart	A&P	A&P	A&P	Metro	Whitby Mall.
Whitby	3555 Thicksen Rd																		
Whitby	4111 Thicksen Rd																		No Frits (Conroy's)
Whitby	619 Victoria St W																		Metro