

Borough	Assistance Provided	Name of Provider	Address	# Number	Contacted	Website Link	Additional Info.
<b>Harlem</b>	Food	Food Bank for NYC	253 W 116th St, New York, NY 10026	212-566-7856			
		Project Hospitality City Relief	151 Amsterdam Ave, New York, NY 10023 151 Malcom X Blvd 13th st, New York, NY 10037	212-721-5880			
	Clothing	St Marys Thrift store	522 W 126th St, New York, NY 10027	212-864-4014			
		Goodwill Donation Center Project Hospitality	2232 3rd Ave, New York, NY 10035 151 Amsterdam Ave, New York, NY 10023	212-410-0974	Contacted		Student discount (must show student email or ID)
Mental Health	989 hotline CASES Nathaniel Clinic	N/A 2091 Adam Clayton Powell, Jr. Blvd, New York, NY 10027	989 (Text and Call) 212-553-6709				
<b>Manhattan</b>	Food	Holy Cross Church Crossroads Hunger Free NYC	329 W 42nd street 50 Broadstreet Suite1103	(347)-852- 0274 (212)-825-0028	Not Contacted Not Contacted	<a href="https://www.nyc.gov">https://www.nyc.gov</a> <a href="https://www.christinj">https://www.christinj</a> N/A	Map for free foods Pantry Opens Sat. 11AM-1PM Pantry/Soup Kitchen + provides clients w government assistance
		Clothing	Housing Works Thrift Shop Ephesus 7th Day Adventist Cathedral Community Cares NEON	2570 Broadway, New York, NY 10025 102 W 123rd st, New York, NY 10027 1047 Amsterdam Ave @ 112th St, NY 10025 100 Centre Street 10th floor	212-222-3550 212-662-5537 212-316-7583	Not Contacted	<a href="https://www.stjohnsdc">https://www.stjohnsdc</a> <a href="https://www.nyc.gov">https://www.nyc.gov</a>
	Mental Health		Institute for Family Health NAMI	231 W 17th st, New York, NY 10011 307 W 38th st, 8th Floor, New York, NY 10018	212-206-5201 212-684-3264		
		<b>Brooklyn</b>	Food	RiseBoro	518 Bushwick Ave, Brooklyn, NY 11206	917-810-3156	Not Contacted
Clothing	The Salvation Army		23 Quincy st, Brooklyn, NY 11238	718-622-7167	Not contacted		
Mental Health	Jewish Board of family serv.		1055 Saint Johns Place, Brooklyn, NY 11213	718-773-2080	Not Contacted	<a href="https://jewishboard.org">https://jewishboard.org</a>	Requires payment depending on income / accept medicaid + Medicare
<b>Bronx</b>	Food	Catholic Charities	403 E 152nd st, Bronx, NY 10455	718-292-9091	Not contacted		
	Clothing	Catholic Charities	403 E 152nd st, Bronx, NY 10455	718-292-9091	Not contacted		
	Mental Health	VSN Health Astor Services	488-493 E 153rd st, Bronx, NY 10455 750 Tilden St, Bronx, NY 10467	800-675-0391 718-231-3400	not contacted		
<b>Staten Island</b>	Food	Reach out & touch Ministries Staten island Community Partnership	51 Cottage PL, staten island 10302 119 Tompkins ave, staten island 10304	347-399-8562 917-485-7708	Not Contacted Not Contacted		Open on Saturdays 12PM-1:30PM open on tuesdays 1pm- 3pm requires appt send text SICIP to 726-879
	Clothing	Staten island Community Partnership	120 Tompkins ave, staten island 10304	917-485-7709	Not Contacted	<a href="https://www.helponyc">https://www.helponyc</a>	Check website 4 Availability
	Mental Health	Nami NYC staten Island	n/a	718-477-1700	Not Contacted	<a href="https://namistatenisland">https://namistatenisland</a>	Confidential and free crisis Counseling Text "NAMI" @741741
<b>Queens</b>	Food	The River Fund	89-11 Lefferts Boulevard, Richmond hill, NY 11418	718-441-1125	Not Contacted	<a href="https://riverfund.org">https://riverfund.org</a>	Site provides food Wednesdays for Seniors and Saturdays for all individuals. Also provide
	Clothing	The Salvation Army	9023 161st, Jamaica, NY 11432	718-297-4860	Not Contacted	<a href="https://easternusa.s">https://easternusa.s</a>	N/A
	Mental Health	Elmhurst Hospital	79 -01 Broadway Elmhurst, NY 11373	718-334-6209	Not Contacted	<a href="http://www.iberlasc">http://www.iberlasc</a>	must complete requirements see page
<b>New Jersey</b>	Food	Center For Food Action	192 W. Demarest Ave, Englewood, NJ 07631	201-589-1804	Not Contacted	<a href="https://www.cfaj.org">https://www.cfaj.org</a>	ALSO provides referrals and counseling
	Clothing	Community Outreach Group	96 Kings Hwy Middletown, NJ	732-671-8775	Not Contacted	<a href="http://monmouthco.org">http://monmouthco.org</a>	Provides Clothing and food Each Wednesday
	Mental Health	Enroot Mental Health & Wellness	617 E Palisades Ave. STE 101 Englewood Cliffs, NJ 07632	201-919-5351	Not Contacted	<a href="https://enrootmh.com">https://enrootmh.com</a>	Accepts insurance ONLY Blue Cross Blue Shield or Cigna other wise will require Payme

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<b>misc.</b>	Work Shops for parents	little essentials	63 Flushing Ave BLD 131, brooklyn 11205 WARE HOUSE	646-850-3611	Not Contacted	<a href="https://www.littleessz.com/">https://www.littleessz.com/</a>	also provide donations to children 5yrs and under
	Suicide Prevention Line	1-800-273-8255	SPANISH 1-888-628-9454				
	LGBTQ+ support line	1-866-488-7386	Text "START" - 678-678				
	Access NYC	888-692-9355	N/A	N/A	N/A		Provides virtual mental health support