•	Welcome to the SQSHBook. This resource is a collection of information for a variety of resources, currently mostly based near or around the St. Louis MO-IL Metropolitan area, though we hope to expand across the MO-IL bi-state area in the future.	Last Updated: 12/30/2020	
	WHO IS SQSH?		
	We are a community-based, grassroots organization focused on creating opportunities and spaces for LGBTQIA+ individuals in St. Louis and beyond to lead fulfilling lives . We have experienced firsthand the isolation, stigmatization, and fear that can arise from lack of understanding and acceptance by the people around us. Many of us would have led different lives or made different decisions if we had a supportive, empathetic LGBTQIA+ peer to talk to when we were going through a hard time. Our mission is to serve and strengthen the St. Louis LGBTQIA+ community—by providing an empathetic listening ear, by connecting folx safely and reliably to LGBTQIA-affirming resources , and by advocating for LGBTQIA+ needs in the St. Louis region and beyond.		
	WHAT DOES SQSH OFFER?		
	Peer Support Helpline Service - Request a Call		
	2. SQSHBook Resource Spreadsheet/Database		
	3. Training & Education (Peer Counseling, Protest Support, Facilitation) - Request a Training		
	4. Call Data & Advocacy - Request a Presentation		
	5. Volunteering & Community - Submit an Application		
	DI FACE MOTE.		
	PLEASE NOTE: THIS WORKBOOK IS STILL UNDER CONSTRUCTION		
	Updates are being done in a separate "copy" and changes will be updated into this public facing workbook on a monthly or as needed basis. You can see when it was last updated in cell C1.		
	BEST PRACTICE is to create a "NEW FILTER VIEW" You can find this option under the Data Menu near the top. This allows multiple people to sort and filter the same data without interrupting one another.		
	Have any questions, feedback, or suggestions about our SQSHBook resource spreadsheet? Contact sqshbook@thesqsh.org and our SQSHBook Editor would be happy to chat with you!		
	COMPONENTS OF THE SQSHBOOK The RESOURCE sheet is the main sheet. There, you will find an incomplete list of resource information we have gathered for the St. Louis Area. - Under Columns B-J, you will find category codes which can be referenced in the CATEGORY sheet.		
	- Under Column K, you will find vetting codes which can be referenced in the VETTING sheet.		
	The CATEGORY sheet is The VETTING sheet is		
	The SOURCES sheet is		
	The God No.		
	HOW DO I USE THE SQSHBOOK?	Tips for FILTERING	Tips for SORTING
	Are you looking for relevant resources in or near the St. Louis MO-IL metro area? You've come to the right place! The SQSHBook is one of the most comprehensive, searchable resource spreadsheets in the area. Follow these steps and you can find information on organizations/services to meet your needs, as well as find out if they pass any LGBTQIA+ vetting done by local queer-led organizations. Note: We cannot guarantee that you will find a resource that fits your needs; we are only catalogueing existing resources that we have found and consolidated.	Tips for FILTERING If you need help with how to sort and filter in general, click here for more help. (link pending)	Tips for SORTING
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Category	ID#	Sub-Category				
		Local LGBTQIA+ Organizations		Category		
General Resources & Spaces	2	National LGBTQIA+ Organizations		General Resources & Spaces	1-4	
General ssources Spaces	3	Safe Spaces for QTPOC (Queer & Trans People of Color)		Basic Needs: Housing & Food	5-10	
Gesc	4	Safe Spaces for LGBTQIA+ Immigrants		Healthcare		
	5	Basic Needs: Overview		Recovery from Violence & Harm	11-15	
	_			Economic & Legal	16-22	
	6	Transportation Transportation for Older 9 Disabled Adults			23-27	
	6.1	Transportation for Older & Disabled Adults		Specific Populations	28-38	
	6.2	Transportation for Veterans		Support & Well-being	39-43	
	6.3	Medical Transportation		Additional Resources	44-46	
	6.4	Public Transportation				
	6.5	Cabs				
poc	7	Housing Options & Shelters				
Basic Needs: Housing & Food	7.1	Brokers & Real Estate Agents				
sing	7.2	Longer-term Housing				
nop	7.3	Emergency / Temporary Shelter				
ds: F	7.3.1	Shelters for Youth				
l ee	7.3.2	Shelters for Men				
sic	7.3.3	Shelters for Women				
Ba	7.4	Drop-in Centers				
		Housing Discrimination				
	8	Food Options & Pantries				
	8.1	Emergency Food				
	8.2	Meal Providers				
	9	Clothing & Furniture				
	10	Utility Assistance				
	10.1	Pest Control				
	11	Medical Health & Wellbeing				
	11.1	Information on LGBTQIA+ Health				
	11.2	Medical Healthcare Providers				
	11.3	Medication / Prescription Drugs / Medical Equipment				
	11.4	Medical Doctors				
		Adolescent Medicine				
		Internal Medicine				
		Pediatric Endocrinology				
	_	Pediatrician				
	11.5	Pharmacies				
	11.6	Hospitals				
	11.7	Dental Care				
		Eye Care / Vision Resources				
	11.8	Health Insurance				
	11.9					
	12	Trans Healthcare				
o o		Hormone Replacement Therapy				
ıcar	12.2	Gender Clinics & Centers				
Healthcare	12.3	Surgeons				
Ĭ		OBGYN				
		Plastic Surgeons				
		Transition Services				
		Binders, STPs, Packers, etc.				
	13	Mental & Behavioral Health				
		Advocacy Groups				
	13.2	Provider Networks				
	13.3	Health Care Providers [1]				
		Co-Counseling				
	13.5	Counselors & Therapists	<- Under construc	ction, recommend using Psycholo	gy Toda	y instead
	13.6	Online Resources				
	13.7	Apps				
	13.8	Hotlines				
	14	Sexual Health				
	15	Reproductive Health				
		Emergency Contraception				
	15.2	Abortion Care				
	16	Crime Victim Services				
	17	Gender & Sexual Violence				
	17.1	Intimate Partner Violence				
	17.1					

			1		
		Obtaining an Order of Protection			
		Evidence Collection Kit			
E E	17.1.3	Legal Resources for IPV			
I I	17.1.4	Educational Resources for IPV			
Recovery from Violence & Harm	17.2	Child & Elder Abuse			
oler	17.3	Human & Sex Trafficking			
<u>;</u>		Shelters for Survivors			
l oi					
l y		LGBTQIA+ Survivors			
900		Other Population-Specific Survivors			
. Š	17.7	Perpetrators			
	18	Addictive Behavior & Substance Use			
	19	Disordered Eating			
	20	Self-Harm			
	21	Suicide			
		Natural Disasters			
		Legal Resources			
		Transgender Custody			
		-			
		Name & Gender Marker Changes			
		Insurance Providers			
		Educational & Advocacy Resources			
		Schooling Resources			
	25.1	Anti-Bullying Support			
	25.2	Schools (St. Louis)			
<u></u>		Going to College			
Economic & Legal	25.4	Online Education			
ಹ ೮	_	Scholarships			
o E	26	Financial Resources			
con		Financial Planners			
ш	26.1				
	26.2	Tax Preparation			
	26.3	Insurance			
	26.4	Consulting Firms			
	27	Employment Resources			
	27.1	Job Postings			
	27.2	Tips for Job Seekers			
	27.3	LGBTQIA-Friendly Employers			
		LGBTQIA-Hostile Employers			
	28	Resources for Immigrants & Refugees			
		Language & Translation Resources			
	30	Resources for Inmates			
				00411	
		Child Molestation Treatment and Early Detection Sites	Doesn't seem like	e 30.1 belongs under 30, but 17.7?	
	30.2	Prisoner Services			
	30.3	Legal Service providers			
	30.4	One Stop Career Centers			
	30.5	Information on Missouri Sex Offender Registries	Doesn't seem like	e 30.5 belongs under 30, but 17.7?	
Specific Populations	31	Re-Entry Resources			
ılati	31.1	Resources for ID Documents			
Jopt	32	Resources for Veterans			
fic F	33	Resources for Parents			
Deci	34	Resources for Dads			
Ισ	_	Resources for Women			
	35				
	36	Resources for Youth			
		Helplines for Youth			
		Youth-Staffed Helplines			
		Youth-Friendly Adult-Staffed Helplines			
	36.2	For Youth Aging Out			
	37	Resources for Older Adults			
	20	Disability Resources			
	38				
	38	Religious & Spiritual Resources			
	39				
	39 39.1	Faith Organizations			
	39 39.1	Faith Organizations Welcoming & Affirming Congregations in Illinois			
	39 39.1 39.2	Faith Organizations Welcoming & Affirming Congregations in Illinois UCC (United Church of Christ) Open And Affirming Congregations in STL Region			
	39 39.1 39.2 40	Faith Organizations Welcoming & Affirming Congregations in Illinois UCC (United Church of Christ) Open And Affirming Congregations in STL Region Funeral & Burial Assistance			
	39 39.1 39.2 40 40.1	Faith Organizations Welcoming & Affirming Congregations in Illinois UCC (United Church of Christ) Open And Affirming Congregations in STL Region Funeral & Burial Assistance Funeral & Cremation Services			
	39 39.1 39.2 40 40.1 40.2	Faith Organizations Welcoming & Affirming Congregations in Illinois UCC (United Church of Christ) Open And Affirming Congregations in STL Region Funeral & Burial Assistance Funeral & Cremation Services Cemeteries			
	39 39.1 39.2 40 40.1 40.2	Faith Organizations Welcoming & Affirming Congregations in Illinois UCC (United Church of Christ) Open And Affirming Congregations in STL Region Funeral & Burial Assistance Funeral & Cremation Services			

	40.4	Additional Services		
gu g	41	Support Groups		
-pei	41.1	Conflict Resolution		
Well	42	Lifestyle & Interest		
Support & Well-being	42.1	Social Groups & Events		
odd	42.2	Self-Care & Wellbeing		
So	42.3	Salons and Barbershops		
	42.4	Chiropractors		
	42.5	LGBTQIA+ Friendly Restaurants & Food Providers		
	42.6	LGBTQIA+ Friendly Neighborhoods		
	42.7	LGBTQIA+ Friendly Nightlife		
	42.8	LGBTQIA+ DJs		
	42.9	LGBTQIA+ Friendly Wedding Spaces		
	42.10	LGBTQIA+ Friendly Attractions		
	42.11	Pets		
	43	LGBTQIA+ Art, Media & Publications		
	44	School-Specific Resources		
nal	44.1	Washington University in St. Louis		
Additional Resources	45	Resources for Friends, Family & Allies		
A de	46	Resources Beyond St. Louis City and County		
	46	Quick Facts		

	PLEASE READ	1-4 :	5-10 11-15	16-22	23-27	0-30 29-43	44-45		NT W	/ARNING - DO NOT MAKE ANY ADDTIONAL CHANGES IN THIS WO	ORKSHEET -							
March Marc	AND USE A FILTER VIEW!							CHANG	ES W	VILL BE OVERWRITTEN - USE ONLY FOR SORTING/FILTERING	1	1						
	Business/ Organization Name	Peronical Resources S Spaces	Task Ne eds: No using &	Recovery from	oping See See	Specific Support &	Additional Resources	Category	VersedB	Select column first □ Select column first	Website	Phone	Address/ Location	Email	Social Media	Mours	Accessibility Notes	Notes Link
			12.1			42.4	-	12.1, 42.4									,	
	University Club Medical		17.4			42.2		42.2.12.4			University Club	314-862-7711	1520 S. Brentwood Blvd, St. Louis 63144		by-Club- Medical/150102858 349568	Mon - Fri: 7:30 AM - 4:30 PM		
Marcha M										Jen Jaynes, Non-Binary employee Student rate: \$600mmr								
Marcha M	Wellness		12.4			42.3		42.3, 12.4		related concerns	https://www.onesixonestl.							
Table									CA	Transition Services Electrologist	COME							
	Electrolysis, ETC.								CA	Sunyutta McDermott, electrologist	mha-em.org http://www.	(314) 727-8313	141 N. Meramec Ave. #23, Clayton, MO 63105 63104 - ST LOUIS: The Gate, Lafayette Square, Near Southside. Soutard. Kosciusko. Soutard. Mckinky					
	BRIDGES PROGRAM		13.3	121		41		171, 41, 13.3		Services: Free 10-week education course and support groups for adults with mental itiness Free individual and group counseling for survivors of all genders, ages 12 and up, who have experienced	mha-em.org/self-help- groups.html	314-773-1399	Heights, Fox Park, Compton Heights 1905 South Crand Boulevard					
										AND THE RESIDENCE OF THE PROPERTY OF THE PARTY OF THE PAR								
										business days. High volume of peer support calls (not crisis intervention) not a lot of people disclose queen/trans identity. TS-20 minutes calls with a safety plan, try to keep line open because only one person is answering								
										at once. Not therapists – not a processing line. Cently redirect to BHR. "Would you be open to seeing a counselor" and taking thru options for phone or in-area counseling for sliding scale staff. Not dropping a caller but referring to BHR by affirming errollomal experience; I get the feeling you really								
										want to unpack some of this Unfortunately that I not within our lines capacity right now but I do have this great resource to BHI or counseling referral notely. Emphasize safety planning because shelters are 90% full If everything is full or closed, how can we help facilitate, a come to make the crisis a little lass elegeneous cities have. We had not of the city as sever in								
										google mapping nearest 24/7 place to be warm or get A/C/ Service: A domestic and sexual abuse 24-hour helpine (not intended for child abuse cases), and compaling and support mounts for victime of internetic shares determ victions, as a small assault or rane. All								
										middle and high school students. Services: Support groups for survivors of all genders, professional therapy for women and children,								
										for teen girls, Farsi and Hebrew fluency.								
												314-646-7500 Crisis Helpline: 314-531-2003 (314) 646-7500	63139 - ST LOUIS: Hi-Pointe, Franz Park, Clayton- Tamm. Ellendale. Ciffon Heichts. Southwest Garden.				All services are free; must identify as a survivor; offered to all genders; not easily accessible via metro. Long waiting list for individual counseling. Therapists are really great. Therapists Word on the Street: individually are good with	
	Safe Connections St. Louis Queer+	1, 3, 4	13.8	17.5		42.2	45, 46	1, 3, 4, 13.8,	B, C,	violence. "All of our therapists are trained to support clients of all identities, and there is a specific therapist dedicated to queer fort." Bright Welch (2103/24) Grassroots, correranity-based organization based in St. Louis Metro Ana, offering 4 programs:	safeconnections.org www.thesqsh.org	24 Hour Crisis Hotline: (314) 531-2003 314-380-7774 (toll-free:	Lindenwood Park, Northampton 2165 Hampton Ave Confidential location.	general@thesqsh.	Facebook, Twitter,	8AM-8PM M-Th, 8AM-5PM Fri, 8AM-1PM Sat Fridays-Mondays, 1-7pm	queer identities. Hiring a queer-specific therapist right now. Staff is more diverse than other resources in area.	
	(SQSH)							46	a, E	1. Peer support registrative foreign free, commonating, interestly-attenting emotions support and resource referrals, by aird for the first substitute of the first substitute for the first subs		044-703-7774)		org	(Sthesqsh			
										individuals in their lives: 344-380-7774 (toll-free: 844-725-7774), open Fridays-Mondaya 1-7pm. Request a call from a trained LOBTICA-48fming peer counsalers at								

Barri Together Barri Marris Carl Carl Carl Carl Carl Carl Carl Carl	427 427 427 427 428 429 429 420 420 420 420 420 420 420 420 420 420		Solicit column first. A posterer muse opportunities the greate St. Louis area providing mused apportunities to members of the CORTA commons of the CORTA c	tree-fluores chydinarst.	618-465-4773	Address/Lacidin 4579 Lactoria Annus, 4555, Saint Losis, MO 63393 700 Sauth Boostery, St. Losis, MO 63391 507 Reseal Brid. St. Losis, MO 63391 6554 Dainer Brid. St. Losis, MO 63390 605 Belle Street, Albur, 8 62002 128 S. Jafferson 63304 4451 Losis Brid. St. Losis, MO 63398 3399 Sauth Garol Ann. St. Losis, MO 63398 3390 Sauth Garol Ann. St. Losis, MO 63398	Const	https://www. facebook. com/BALIANCES TURNINGS. mmm.facebook. com/BALIST. Stroys. 207564302759	Hauris Al concents are on distriction University Crip, 100 (2013) University Crip, 100	Accessibility Notes Free Wednesday, Thursday, and Salanday plan 5 SOgm	Notes Link
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Forest Park Grand Center Grand Center Grand Farm Gong Fac Pub 3 GROOMER AMERICAN YOUTH Martinet Golfine Markins Vinega 72 Milliago 2851 Rosportance Place Rosportanc	4210 4210 427 41	4210 4210 42.7	Has cultural institutions, fandmarks, natural abas, and necreational areas. Various events year round. Various and facilities.						Tuesday: CLOSED Wednesday: 5 pm to 8:30 pm		
Forest Park Grand Center Grand Center Grand Farm Gong Fac Pub 3 GROOMER AMERICAN YOUTH Martinet Golfine Markins Vinega 72 Milliago 2851 Rosportance Place Rosportanc	4210 4210 427 41	4210 4210 42.7	Has collusal institutions, landmarks, natural sites, and recreational areas. Various events year round. Varietimes and locations.						Thursday: 5 pm to 8:30 pm		
Forest Park Grand Center Grand Center Grand Farm Gong Fac Pub 3 GROOMER AMERICAN YOUTH Martinet Golfine Markins Vinega 72 Milliago 2851 Rosportance Place Rosportanc	4210 4210 427 41	4210 4210 42.7	Has cultural institutions, landmarks, natural sites, and recreational areas. Various events year round. Varientimes and locations.	http://www.		4145 Manchester Avenue (between Vandeventer &			Friday: 5 pm to 8:30 pm Saturday: 12 pm to 8:30 pm		
Grand Centar Grand Centar Grand Centar Gray For Dub 3 GROWING GROWING	42:10 42:7 41	42.10 42.7		d https://www. forestparkforever.org/	314.367.7275	Kingshighway)			Sunday: 12 pm to 8:30 pm		
Count's Furm Glory for Pub 3 SECONDO SECON	42.7 41	42.7	Visit site for more details on location, hours, and phone number.	http: //firstfridaysgrandcenter,		SSUS orants brive in Porest Pairs, St. Louis Mill GS112 Locations include: At at the Mid, CEL Center for Architecture + Design, International Photography Hall of Farne, Kranzberg Art Center, Public Mark Commons, Sheldon Art Celleries, the Dark Room.			Free admission after 9 pm to multiple art exhibits every First Friday of the month.		
GEOWING GEOWING AMERICAN VOITH Herbrid Coffee Hecker's Gorge Hecke	43		Visit site for more details on location, hours, and phone number. Honoring both the 18th president and the basof family legacy, the Farm is a refuge for more than 900 animals, representing more than 100 different species. Free admission, parking fee	ozo! www.grantsfarm.com		10501 Gravois Road St. Louis, MO 63123	manday estás '		First Friday of the month. Hours vary by season.		
Hartford Coffee Herbork Vintage 22 Holiday 925 / Holiday 925 / Holiday 925 / Holiday 925 / June 100	42.5		F Features cabaret / a plano, and regular dring shows A social support organization for youth who live in or near 3t. Louis, are 21 and under and may identify as leablan, gar, bitesoul, transpende, assecut or questioning.	www.grayfoxstl.com/	314-772-2150	3503 South Spring Ave. St. Louis, MO 63116	greyfoxsti@gmail. com				
Hartford Coffee Herbork Vintage 22 Holiday 925 / Holiday 925 / Holiday 925 / Holiday 925 / June 100	425		Support group for Queen/LOSTQIA (including questioning) youth up to 21 years of age who live near St.								
Hardsord Coffee Hardsord Virtuge 22 Holiday 285 / J Aut 2 Coffee State Sta	42.5		Louis. Meets on Tuesdays at 7pm in St. Charles and Thursdays at 7pm in the Central West End, St. Louis. 314-669-5428 Location: St. Louis, St. Charles Serves: Youth up to 21								
Hartford Coffee Herbork Vintage 22 Holiday 925 / Holiday 925 / Holiday 925 / Holiday 925 / June 100	42.5		A social support organization for youth who live near St. Louis and who are 21 and under and may identify as lashian new historical transparator assumption may intention or marrier identity.	www. growingamericamouth.			prowingamericanyou			During COVID-19: Still operating digitally, Zoom Meeting Room Code: 208-222-3542. While operating digitally, open to involving youth pairticipants from out-of-state. (Luke updated 04/52/20)	Presented to Helpfine Team on 01/01/20
Herbink Vistage 72 Holdey Vistage 73 Holdey State 75 Holdey State 75 Holdey State 75 Holdesext Museum JJ's Chichouse and Bat Just John		42.5		growing americ amouth, gro	314-669-5428 (LGBT)	Trinity Church 600 N. Euclid 63108	growingamericanyou th@gmail.com	https://www. facebook. com/hartford. coffee/		youth participants from out-of-state. (Luka updated 04/15/20)	01/11/20
Holocaust Museum JJ's Clubhouse and Bar Just John	42.5		Queer owned and operated Cafe with patio seating & a play area for kids offering sandwiches, salads & house-rossted coffee. F	https://www.order. hartfordcoffee.com/ http://herbies.com/	(314) 771-5282 (314) 789-9595	3974 Hartford St, St. Louis, MO 63116 405 N Euclid Ave St. Louis, 63108					
JU's Clubhouse and Bar Just John	42.7	42.7	Florist shop by day, gay club by night. (Holiday is the florist shop, Independence is the bac.) Vibe: Dance		573-334-2939	Five S. Henderson, Cape Girardeau, MO 63701		www.facebook. com/indpendenceP lace	Dra Dandamir		
Just John			Preserves the legacy of the Holocaust, educates about its causes and empowers to make the world a mon tolerant by rejecting hate, racism and bigotry.	www.hmlc.org	314-432-0020	12 Milistone Campus Drive St. Louis, MO 63146			Pre-Pandemic: Monday -Saturday: 9:30am -5:30 pm Sunday: 11:00 am -5:30 pm		
Just John Kitchen House (aither to stire)	42.7 42.7	42.7	F Vibe: Gay Men, Leather	https://www. jsclubhousenn.com/	314-535-4100	3858 Market St. St. Louis, MO 63110	jisclubhousebar@sb cglobal.net justjohnsclub@gmail. com	https://www.			
	42.5	42.5	F Vibe: Gay Men	www.justjohnsclub.com	314-371-1333 Shenandosh: (314) 732.0009	4112 Manchester Avenue, St. Louis, MO 63110 Tower Grove East: 3149 Shenandoah Avenue St. Louis, MO 63104	com	com/JustJohnClub/	WEDNESDAY-SUNDAY 7AM- 1PM		
	42.10	42.10							Monday -Sunday: 8:00 am -4: 00 pm		
									Offers indoor galleries: Currently Closed Tuesday -Friday: 10:00 am -5: 00 pm		
Laumeier Sculpture Park Legacy	42.9	42.9	Opportunity to engage in art and nature. Word on the Street: A cool Black owned reception type spot	www.laumeler.com	314-615-5278 (314) 361-2182	12580 Rott Road St. Louis, MO 63127 5249 Delmar Blvd, St. Louis, MO 63108			00 pm Saturday -Sunday : 12:00 pm -5:00 pm		
Livery Company	42.7 42.10	42.7 42.10	Word on the Otreet: Diverse and inclusive of all races, sexual orientations, and genders, cash-only, 18+, firepit out back, small dive bar		(314) 643-8758	6728 S Broadway, St. Louis, MO 63111, Carondelet			Emerson Free Family Nights		
Magic House	42.5	42.5	Enable a family (no more than 2 adults and 4 children) enjoy hands-on exhibits.	www.magichouse.org	314-822-8900	516 S Kirkwood Road St. Louis, MO 63122			every third Friday of the month from 5:30 pm to 9:00 pm. Mon – Thur 11AM - 10PM		
Mango	42.5			https://www.mangoparu.		1101 Lucas Ave St.Louis, MO 63101 (77)	info@mangoperu.	https://www. facebook. com/Mangoperu/	Fri - Sat. 11AM - 11PM Sunday 4PM - 9PM		
Maryann's Tea	42.5	42.5	F Staffed almost exclusively by LOST people Mary Am's Tea Sporm is a traditional Tea Room, with High Tea Service and dining, connected to a high- end retail store for a compilete expressor.	han liwas	(314) 621-9993	1001 Washington Ave. Saint Louis, MO 63101	com	tribs://www. facebook. com/maryannstear com/	Sunday 4PM - 9PM		
Room	42.5	42.5	and retail store for a complete experience.		(314) 361-5303	4732 McPherson Ave, St. Louis, MO 63108		oom/ https://www. facebook.			
Marchaus Cat Café	42.10	42.10		https://mauhauscafe.com	(314) 384-2287	3101 Sutton Blvd, Maplewood, MD 63143		com/mauhauscafe/	Pre-Pandemic: Free before noon on Wednesdays and Saturdays for St. Louis City and County		
									residents.		
Missouri Botanical Garden									Children 12 and under are free. During summer, admission		
Garden Missouri History Museum	42.10	42:10	F National Historic Landmark and a center for science, conservation, education and horticultural.	www.mobol.org	314-577-5100	4344 Shaw Boulevard St. Louis, MO 63110 5700 Lindell Blvd St. Louis, MO 63112 Lindell and DeBaliviere, Forest Park St. Louis, MO 63112			During summer, admission after \$100 pm is free. Monday, Wednesday and Sunday: 10:00 am -6:00pm		
Museum Museum of Contemporary Religious Art	42.10	42.10	F General admission is free. Costs apply to special exhibits.		314-746-4599				Sunday: 10:00 am -6:00pm Tuesday: 10:00 am -6:00pm Pre-Pandemic: Tuesday -Sunday: 11:00 am -4:00 pm		
Religious Art 1		1, 42.1	Admission is free with a suggested donation For over thirty years, Pride St. Louis. has been working to raise understanding and acceptance of LOBTO+ individual in our community. We are not a political group, but rather a community-based organization that	mocra.slu.edu	314-997-7170	3700 West Pine St. Louis, MO 63101					
			envisions a world where diversity can be celebrated and prejudice has been eradicated. We welcome you to pin us for a meeting, a workshop, or a special event. Mission: to foother an understanding of and equality for the LOST community in the general population by raining awareness through educational programs and events ultimately leading up to the annual Priodifest in 31. Losts.								
PrideSTL			in St. Losis Services: Resources, events, advocacy. PrideCenter open from: 12pm-7pm, Wed-Sun.	htting / furthers		9738 ("Produces door 01 I made table commo		www.fronter	Joristanti		
	42.10	42.10		Annual Property of GI		3738 Chouteau Ave, St. Louis, MO 63110			Pre-Pandemic: Wed/Sat: 10 am -5 pm Thurs/Fri: 10 am -8pm		
Pulitzer Arts Foundation Rehab Bar and	42.7	42.7	Admission to the Pulitzer is free, and public parking is available	https://pultzerarts.org/	314-754-1850	3716 Washington Boulevard St. Louis, MO 63108			Currently Closed		
Nightclub	42.5	42.5	F	usp://rehabsti.com/		4054 Chouteau Ave St. Louis, MO 63110		https://www. facebook. com/RiseCoffsare-			
RISE Coffee House	42.5	42.5		https://risecoffeestl.com/	(314) 405 8171 South Grand: 314-772- 3447	4176 MANCHESTER AVE. ST. LOUIS, MO 63110 South Grand: 3150 S Grand Blvd, St. Louis, MO 63118		use/			
Rooster On Grand	42.10	42.10		constersti com		Downtown: 1104 Locust St, St. Louis MO 63101			Pre-Pandemic: Monday =Saturies 9: War-		
Science Center	42.5	42.5	F General admission is free. Fees for parking, tickets to shows and special exhibits.	www.shic.org	314-289-4400	5050 Oakland Avenue St. Louis, MO 63110			Pre-Pandemic: Monday -Saturday: 9:30am -5:30 pm Sunday: 11:00 am -5:30 pm Café Hours:		
									Case Hours: Monday 8a – 10p Yuasaday CLOSED Wednesday 8a – 10p Thursday 8a – 10p Friday 8a – 10p Saturday 10a – 5p Sunday 10a – 5p		
									Friday 8a - 10p Saturday 10a - 5p Sunday 10a - 5p		
Shameless Grounds				https://shamelessgrounds com/	(314) 449-1240	1901 Withhell Ave. Saint Louis, MO 63118			Kitchen Hours: Daily 10a – 1 hour before café close	18+ w/o parent/legal guardian.	
SLU Museum of Art	42.10	42.10		sluma slu.edu	314-977-2868	3663 Lindell Boulevard St. Louis, MO 63108			Wednesday -Sunday: 11:00 am -4:00 pm Currently Closed		
SLU Museum of Art Soulard Bastille Bar And Cobalt Grill	42.7	42.7			314-977-2886	3863 Lindell Boulevard St. Louis, MO 63108 1027 Russell Boulevard, St. Louis, MO 63104	soulardbastille@sbc global.net	erww.facebook. com/pages/Bastille /178603778845135	Mon - Sun: 1100 AM - 1:30 AM		
Souland Coffee Garden Cafe	42.5	42.5		http: //souterdcoffeegarden. com/	(314) 241-1464	910 Geyer Ave. St. Louis, MO 63104			Mon-Fri: 6:30 am - 2 pm		
	42.10	42.10							Sar & SUN 6 am - 4 pm Phys-Pandemic: Tuesday, Thursday, Saturday, Sunday: 10:00 am -5:00 pm Friday: 10:00 am -6:00 pm Closed Thanksgiving and Christmas Day		
St. Louis Art Museum											
Museum St. Louis Art Supply	42.5	42.5	F	www.slam.org	314-721-0072 (314) 884-8345	One Fine Arts Drive, Forest Park, St. Louis, MO 63110 4532 Olive St. St. Louis, MO 63108		https://www. facebook. com/stlartumetal	New Pandemic Hours	Word on the Street: Super trans friendly, much of the staff is queer	
St. Louis Art Supply St. Louis Public Library	42.10	42.10	Variety of locations and hours. Hosts variety of events for children, teens, and adults. Has computer training, book discussion, and arts (crafts groups. Hosts story time for children. May check out books, DVDs, music, and videogames.								
Library St. Louis Walk of Fame	4210	42.10	Acrafts groups. Hosts story time for children. May check out books, DVDs, music, and videogarnes. F	https://www.slpt.org/	(314) 241-2288	1301 Olive Street St. Louis, MO 63103 6504 Delmar Blvd St. Louis, MO 63130					
	42.10	42.10							PTW-Plandemic:		
St. Louis Zoo									Pre-Pandemic: Sept-May: Monday -Sunday: 9:am -Spm Summer hours: Monday -Thursday: 8 am -S		

	1-4 5-10 11-15	16-22 23-27	28-38 39-43	44-45	CURRE	NT W	VARNING - DO NOT MAKE ANY ADDTIONAL CHANGES IN THIS V VILL BE OVERWRITTEN - USE ONLY FOR SORTING/FILTERING	ORKSHEET -							
AND USE A FILTER VIEW!					CHANG	JES V	VILL BE OVERWRITTEN - USE ONLY FOR SORTING/FILTERING								
Business/	Spaces Spaces Spaces ask: e eds: o using &	om Om Common a Common a come a com a compon a come a come a com a come a come a come	pecific opulation upport & ref-being	Additional Resources	Category	Bbedg	₹ Select column first	Website	Obana	Address/Location	fmel	Social Media	Marina	Accessibility Notes	Notes Link
	020102121	100000	42.7		42.7					308 E. Washington Street Springfield, IL 62701		www.facebook. com/Club-Station- House-		,	
Station House									217-525-0438	Joo L. Hastington Street Springress, IL 02701		130240560359094			
That Uppity Theatre Company			42		42			https://www.uppityco. com/							
			41		41		A discussion and resource group for family and partners of folks who identify as transgender. Trans identified folks who are partners of another trans identified person, who are seeking support, are very								
The Family Room						C	welcome here. Contact by email			St. Louis	thefamilyroomsti@g				
The Family Room The Fellowship			42.9		42.9	В	Serves: Family and partners POC owned			St. Louis 2607 Potomac St. St. Louis, MO 63118	mail.com				
			41		41		Anyone who identifies on the feminine end of the gender expression/identity spectrum is welcome! Contact FemSpec for specific information about meeting times and locations								
The FemSner						C	Server-Trans.feminina intentifiert			St. Louis	femspec@stimetrotr ans.com			*	
The PerrSpec			42.6		42.6	В	Serves: Trans-termine identified 42. Lifestyle & Interest - 42.6 LGBTQIA-Friendly Neighborhoods			St Louis	ans.com		Every Wednesday Evening	Trans-feminine support group ages 18+	
The Grove							Queer-affirming, but a predominantly White queer neighborhood								
The Grove			42.4		42.4							https://www.			
							The Joint offers an alternative approach to healthcare, based on the age old practice of restoring balance					facebook. com/TheJointClayt			
The Joint Chiropractic							by promoting your body's ability to heal itself. Predicated on the vision that quality of life can be improve through routine chiropractic care. No insurance needed	1	(314) 643-9714	Have many locations 8853 Ladue Road, St. Louis 63124	thejointadueclayton comail.com	onLadue/			
стиоргасис			41		41		under construction to the territorian interest		(314) 043-2714	DECIG CARDE PORC, Dr. COMB CO124	g-granton.	https://www.			
							Anyone who identifies on the mesculine end of the gender expression/identity spectrum is welcome!				locker.	facebook com/groups/24257			
The Locker Room						C B	Serves: Trans-masculine identified			St. Louis	room@stimetrotrans com	(closed group)		Trans-masculine identified ages 18+.	
			42.10		42.10	-	Emerica's ridest and largest outrinor musical theater				-	(casta grap)			
The Muny							Free seats for every Murry performance, firstcome/first serve. The entrances to free seating: top of the theatre.	www.muny.com	314-361-1900	The Muny, Forest Park St. Louis, MO 63112			Gates open at 7pm. Summer only.		
			42.10		42.10								Pre-Pandemic: Monday -Sunday: 8:00am -4:		
							Was built between 1839 and 1862. A place where Dred and Harriet Scott sued for their freedom and	https://www.nps.					30pm		
The Old Courthouse							Virginia Minor fought for women's right to vote.	gov/seff/planyourvisit/oct htm	314-655-1700	11 North 4th Street St. Louis, MO 63102			Currently Closed		
			42		42		42. Lifestyle & Interest								
							Produces theater that explores gender, sexuality, and romantic orientation, and emphasizes developmen								
The Q Collective							of local playwrights and composers.	http://thegcollective.	314-252-8033		info@theqcollective. theater				
The Q Collective			42.2		42.2			theater/ tomandhuckspaps.com	314-252-8033		theater				
								https://www.manta.							
Tom & Huck Soaps and Gifts						G	LGBT-owned business Owner: Christopher Fleming	com/c/mhbtrk2/tom-hucl	573-520-4247	2108 Broadway, Hannibal, MO 63401	tomhucksoaps@gmi				
			41		41					For times and locations, see: https://transperentuse.					
										org/chapters/missouri/ Missouri Chapters: Kansas City, Springfield, St.					
							Support group for parents/caregivers of transgender and gender independent children. Meets on one Thursday a month.			Charles, St. Louis					
						В	Serves: Parents A St. Louis-based organization dedicated to providing connection and support resources to parents and		Contact Information: Kim	Location: St. Louis Children's Hospital, 1 Children's Place, St. Louis, MO 63117	kim.				
TransParent						c	caregivers of transgender and gender-independent children of any age. Programs available for children and beens apad 5-15.	https://transparentusa. orp/	Hutton 636-288-5810	Parent Meeting Room: PL27 Kids Meeting Room: 19c34	hutton@transparent		Meeting Details: 3rd Thursday, 6:30-8:30 p.m.		
THE STATE OF THE S			42.5		42.5	- 1	and seem ages 31 to	Wage.	030 200 3010	note meeting room. Teach	anoy	https://www.	maraday, 0.30-0.30 p.m.		
												facebook. com/Tree-House-			
												Vegetarian- Bestaurant			
Treehouse								https://www.treehousest	(314) 696-2100	3177 S Grand Blvd. St. Louis. MO 63118		13634422320444	1		
Ulysses S. Grant			42.10		42.10				(314) 030 2100	317 3 Grand Live, 31. Local, NO G316					
National Historic Site							Free interpretive visits to the Main House offered every 30 or 60 minutes. Video at visitor center, option t walk the historic trace, interpretative museum.	https://www.nps. gov/usg/index.htm	314-842-1867	7400 Grant Road St. Louis, MO 63123			Monday -Sunday: 9:00 am -5:00 pm.		
Urban Buda			42.9		42.9		Word on the Street: Not an event space but provides flowers. They're POC and Queer owned and their flowers are amazing!		(573) 999-6293	4736 Termessee Ave, St. Louis, MO 63111					
Urban Chestrut			42.5		42.5			https://www. urbanchestnut.com/							
Brewing Company Family Healthcare			42.4		42.4	F	In The Grove	urbanchestnut.com/	(314) 222-0143	3229 Washington Ave. St. Louis, MO 63103					
on Manchester							Dr. Sturgeon								
			42.1		42.1		Hosts free events for young gay/bi guys and transwomen in the St. Louis area Some education-based events, most social events								
							Opportunities to volunteer and get involved in community We try to focus on the entire "gay experience," not just the bar/club scene, and we're all about helping								
MpowerSTL			41				guys maintain healthy minds, bodies, and relationships 41. Support Groups								
			41		41		41. Support Groups								
							Are you someone who self identifies as a person of color (POC) and LOSTQIA (Lasbian, Gay, Bisexual,								
							Transgender, Queer/Questioning, Infersex, Asexual)? Are you looking for a space to connect and build community? Come to these meetings to discuss what we need as a community! For event details, find us								
							on Facebook or contact us at otpoc@stimetrotrans.com or otpocsti@gmail.com https://www.facebook.com/otpocsti/								
							Location: St. Louis Serves: Queer and trans people of color								
QTPOC: STL															
			34 41		34, 41		33. Resources for Dads 41. Support Groups								
							http://www.anniemalone.com/programs.html								
							334-531-0120 Parent education and support group								
Annie Malone															

ID CODE		
(used in	ORG	Details
		Details
A	PrideSTL	
В	Metro Trans Umbrella Group (MTUG)	"This list contains resources, including medical practitioners, who have been recommended by community members and vetted and/or trained by MTUG with assistance from Trans Education Service, LLC. Individual experiences may vary. Please contact info@stlmetrotrans.com regarding any errors or omissions. MTUG assumes no liability for the use of any listed resource."
С	Trans Education Service, LLC (TES)	"This list represents resources, agencies, practitioners, professionals, and organizations that are Trans and LGBTQIA+ welcoming and affirming based upon community recommendations. While each has been recommended or referred by at least two community members, individual experiences may vary. If any mistakes, errors, or omissions have occurred, please reach out via info@transedservice.com for correction/addition. TES assumes no liability for the use of any listed resource. The presence of a provider on this site does not constitute a TES endorsement of that provider."
		"TransParent resource list is a starting point in your search for medical providers who are experienced in working with gender independent children. TransParent does not endorse, certify, or guaranty the work or credentials of any of the individuals described in the list. In no event shall TransParent be liable for any decision made or action taken in reliance on such list."
		Peter Seay: "We have historically used parent experiences to vet our resources, but now use an interview process to include new ones. There is not yet a formal set of questions we ask. The few interviews I've done have mostly been to investigate motives and understanding. Especially when working with non-binary kids, we want to know they have a contemporary understanding of the community with some sense that they are continually educating themselves on the issues and challenges faced by our families.
D	TransParent	We also don't recommend any drug/alcohol treatment groups. We have found in our research that there are a lot of very predatory organizations out there and finding good ways to vet them is not something we have the bandwidth to take on."
E	PROMO	Old vetting system (pre-Aug. 2019): Meets following criteria: 1. Originally partnered with PROMO or had reached out to PROMO to be put on their Resource Directory 2. Included gender identity and sexual orientation in their non-discrimination policy New vetting system (post-Aug. 2019): Meets at least two of the following criteria (TBD):
F	Trans Spectrum Conference's Resource List	Amy Cislo: "The affirming spaces list was provided to us by PROMO. I am not sure how they make the decision to add establishments, but I trust them and I was able to get feedback from people I know who confirmed that they found the places affirming. The other resources listed generally had one or more past TSC participants in their organization. In other words, they are vetted through conference participation."
G	Gateway Business Guild	Contact gatewaybusinessguild@gmail.com
	Pride Pages	Contact tim@thepridepages.com, anthony@thepridepages.com
	Uncle Joe's Peer Counseling at WashU (as of Spring 2019)	Vetted resources exist and are running as of Spring 2019 Vetted & Researched by Uncle Joe's Resource Manager (who visit / call / meet with the Resource to scope it out) to determine it to be an unbiased counseling / support resource; Edited & Fact Checked by Members of Uncle Joe's during their regular General Body Meetings)
	WashU's Relationship & Sexual Violence Prevention (RSVP) Center	
K	LGBT-Affirming Counselors (compiled by WashU students)	
L	LGBTQIA-Affirming Counselors Specializing in Transgender Issues (compiled by WashU students)	
М	NA	The Center Project

The resources catalogued in the SQSHB	ook were sourced fr	om the following lists	/directories:				
Metro Trans Umbrella Group website (ve	etted)						
Trans Education Service website (vetted	1)						
PrideSTL website (vetted) (taken down e	early June 2019)						
It Gets Better Project, Resource Directory (not vetted)							
TransParent, Resource Directory (vetted)							
Washington University in St. Louis, Safe	Zones, List of Resou	rces (not vetted)					
STL Area Resource Directory website (n							
Gateway Business Guild Directory (vette	ed)						
Pride Pages Directory (vetted)							
Trans Spectrum Conference, Resources	(semi-vetted)						
ACLU-MO, Resource Directory							
Youth In Need, Resources							

[1] Rename: Organizations?